

# Sacramento News

19 April 2025

West Sacramento, CA

## West Sacramento Spring Earth Day Celebration

Brahma Kumaris Sacramento participated in the vibrant West Sacramento Spring Earth Day Celebration — a free, community-focused event hosted by the City of West Sacramento and Waste Management. Through a peaceful and inspiring presence, the center shared the message of “Healing the Earth through Healing the Self”



## Spring Sustainence

As the world celebrates Earth Day, we turn inward to reflect on our responsibility as stewards of this living planet.

We offered virtue-based games, guided meditation experiences, and interactive displays on the connection between inner peace and outer sustainability.

## Pure Mind Nourishes a Pure Planet

April is a beautiful reminder of renewal — a time when nature awakens, and so can we. As spring blossoms around us, it invites us to heal not only the earth but also ourselves. The message given to the community was subtle yet profound.



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# Sacramento News

20 April 2025

Sacramento, CA

## Easter Day - Reignite the Light within

Easter Day gathering filled with light, laughter, and spiritual upliftment. The event featured fun-filled games like musical chairs, engaging icebreaker activities, a soul-nourishing spiritual talk, and a serene guided meditation session. It was a beautiful coming together of community at the Rajyoga meditation center, playfulness, and inner reflection—celebrating new beginnings through joy and elevated consciousness.





# Sacramento News

26 April 2025

Folsom, CA



## City of Folsom Earth Day

Joined the City of Folsom's 2nd Annual Earth Day Celebration held at the beautiful new Prospector Park to promote environmental awareness. Booth visitor included Congressmen Kevin Kiley

27 April 2025

## Sacramento Earth Day

At this year's vibrant Sacramento Earth Day Festival held on April 27 at Southside Park, Brahma Kumaris Sacramento brought a unique offering— from meditation to mindful action



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# Sacramento News

27 April 2025

Sacramento, CA



## Peace Walk at Capitol Hill

Conducted silence meditation for the victims of Pahalgam attack, sending healing peaceful vibes for all the souls affected and inviting community leaders to the Rajayoga meditation center for a silence moment.

# GOLDEN HOUR



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