



Alokik Service News from Ukraine

The situation in Ukraine remains very tense, and the war continues. There is very heavy fighting in the east, and almost all but one region is periodically attacked by missiles and drones. Every night we hear the air alarm siren.

However, Baba keeps a veil of protection over us and all Brahmins are safe and healthy. All Brahmins are listening to murli every day in the centres or online and continue to do service.

In Kyiv, the students of Brahma Kumaris participated in the Vedalife Yoga Festival (1). The BK Centre representatives were also invited to the flag hoisting ceremony at the Indian Embassy on India's Independence Day (2).

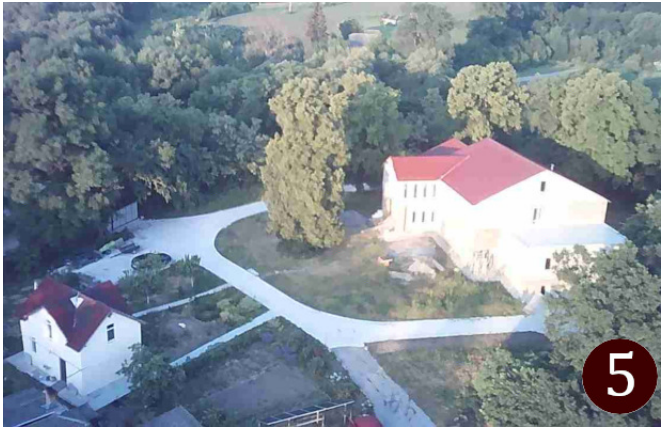


In Ternopil, the Central Scientific Library hosted a successful programme on "The Art of Harmony of Life", during which Brahmins shared their experience of a spiritual, healthy way of life (3).



In Lviv, the BK Centre has changed its location and its students are now working every day to improve the new premises (4).

At the Sangam Retreat Centre, construction is constantly going on (5). There are 4 BKs from Odesa and Mykolaiv there now (6). They are busy with karma yoga, listening to classes, churning knowledge, enjoying the silence and yoga.



In Odesa, we practice a special yoga bhakti in order to smoothly continue the task of Baba, maintain the elevated state of the Brahmins and purify the atmosphere.

We listen to Murli from our seniors online every day. Some BKs are actively involved in the construction of the Sangam Retreat Centre and also support daily activities.

Every day we have an online meditation broadcast for half an hour in the morning and an hour in the evening.

We are now preparing for International Yoga Day on the third Sunday. And we are also planning a retreat to celebrate the Rakshabandhan festival.

We stay in constant connection with our seniors and are very grateful for their love and care.