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SUPREME OO

ATHER

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Abo Road (Shantivan): HE Draupadi Murmu, the President of India is inaugurating a program on 'Rising India through Spiritual Empowerment' along with Mr. BD Kalla, Rajasthan Minister, BK Brijmohan, BK Munni, BK Karuna and BK Mruthyunjaya.



Abo Road (Shantivan): Mr. Manohar Lal Khattar, CM of Haryana is addressing a program on 'Social Transformation through Spiritual Empowerment'. Mr. Sanjay Bhatia, MP from Karnal, BK Santosh, BK Brijmohan, BK Mruthyunjaya are also seen on the stage.



Kota: Mr. Om Birla, Speaker of Loksabha is being presented Godly gift by BK Arti.



Panaji: Dr Pramod Sawant, CM of Goa is being felicitated by BK Dr Banarasi Lal and BK Shobha.



Amritsar: Ms. Anmol Gagan Maan, Tourism Minister of Punjab is being presented Godly gift by BK Dr Kiran.



Gurugram(ORC): 21st Annual Day of ORC is being inaugurated by Dr. Virendra Kumar, Union Cabinet Minister, Dr Vikas Madhukar, Pro VC of Amity University, BK Brijmohan, BK Asha, and others.



Nawapara Rajim (CG): Mr. Tamradhwaj Sahu, Home and PWD Minister of Chhattisgarh is being presented Godly gift by BK Narayan, BK Pushpa and BK Vivek.



Jaipur: Ms. Jaya Kishori, famous spiritual orator and motivational speaker is being felicitated with bouquet by BK Poonam and BK Pooja during her visit to BK centre.

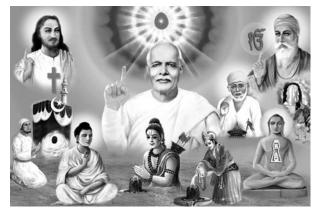
From the mighty pen of Sanjay

SHIVRATRI DIVINE DESCENT AND DIVINE BIRTH OF GOD

How and when does the Supreme Soul actually appear to perform His self-assigned beneficial functions?

t is a pity that, today, all believers consider God to be formless in the sense that He is totally devoid of any shape, form or image, but this belief is simply incompatible with the concept of Yoga/Bhakti or Gyan. How, it may be asked, can the soul be said to mentally unite with the Supreme Soul, or in other words, how can a love-relationship be established between the two, if both were absolutely without any form? How can the soul enter into loving union with the Supreme Soul and experience or revel in the divine bliss which is supposed to flow from such union? Again, if God is nameless, how can one remember Him by the attributes He has, and enjoy the super-sensuous bliss which is believed to be the richest reward of yoga? It, therefore, logically follows that God has both form and name - in fact, a special form, and a special name, as distinguished from the

name of a deity or a human being, because the Supreme Soul, as the very title indicates, is Supreme among all souls, owing to His



attributes, though, not different from them in form or shape. The concept of Father-son relationship between God and man simply cannot be reconciled with the concept of God as the formless and the nameless Entity.

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Repeat, Revise, Realise

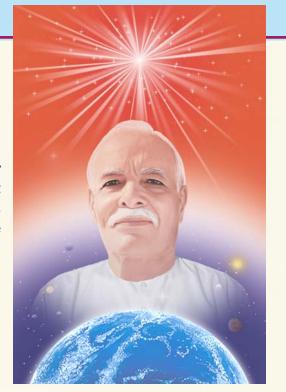
Editorial

FULFILLING BRAHMA BABA'S PURE WISHES

Every night before going to sleep, check your inner chart of the mind and heart to see what extent you were able to channel your energies towards self-progress and world service throughout the day.

ur hearts were filled with pride and gratitude, as Brahma Kumaris and Brahma Kumars. Centre Coordinators and Students in Bharat and across the globe came together on 18th January 2023, in their respective regions and countries, to honour the 54th anniversary of Pitashri Brahma Baba's ascension to the angelic world. Pitashri Brahma has bestowed us with unparalleled spiritual legacy, teachings, guidance, and powers. Every January, we the mouth-born spiritual creation are inspired even further to walk in **Pitashriji's footsteps**; just as he was the Spiritual Moon to reflect the beauty, truth and power of the Supreme Being, we the spiritual stars will follow Shrimat (God's Elevated Directions) to reveal the Almighty Authority and His greatness to the world, and remain seated on God's mighty heart-throne.

At the present time, the need in all



four directions is to strengthen unity amongst ourselves, and along with that, steadiness in the remembrance of the One Supreme Parent. This unity can be built upon by applying the special *tilak* of the depths of awareness on our foreheads, of Incorporeal God Shiv Baba and Pitashri Brahma Baba, who are BapDada in the combined form, and visualise that same *tilak* on others' foreheads as well. Although 54 years have passed since Sakar Brahma Baba transcended to the angelic realm, we continue to see how Avyakt BapDada continue to carry out the service of sustaining all souls, with the consciousness that 'They have to make the spiritual children (human

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souls) equal to Themselves', that is perfect and complete. If we children do not become equal to our Supreme Parents, then it is not possible to accomplish the task of establishing the Golden Age. Instead of engaging one's mind in other matters, continually ask on e self: Do I stay in God's remembrance or not? Am I seated on Baba's heart-throne or not? Am I experiencing the bliss of God's powers, love and care?

There are a variety of Maya's attractions in this world, and many situations come to deceive human beings; in order to recognize these and safeguard oneself, connect the intellect in a very subtle way to Baba (Supreme Being) continually, for only then can one remain safe, and help protect others as well. Otherwise there is the inclination towards remaining trapped in little mundane issues. It is time for souls to pack the bag and baggage, that is, disconnect mind, intellect and heart from the temporary illusions and attainments of the old world, connect the mind deeply and lovingly with God, and sing praise of God's virtues at every step. We can then remain intoxicated and healthy, and looking at us others will be able to witness an example of how to lead a spiritual life.

In the Godly versions of 17th January Sakar Murli, Baba shared the contrast between the patterns of the present time: what is to be found on the Path of Bhakti, and what is to be found on the Path of Knowledge. Having understood the vast differences in the quality of attainments received on latter path, it is necessary that we make ourselves divine and virtuous through Spiritual Gyan, mould ourselves towards completion, and stabilize ourselves in the stage of an **Angel.** The more we stabilize ourselves in soul-consciousness, and the avvakt form, to that extent we will recognize the lines of our fortune as to what we are today, and what we will become tomorrow.

Baba has often shared that He has brought heaven on the palm of His hands, and along with that God has promised that He will take us back to the Subtle Region Himself, and further bestow on us the fortune of the goldenaged kingdom. How can one not have pure intoxication when God is personally sharing that heaven is being established for us children! That is, the pure and complete world is for those who maintain the courage and strength to live a life of commitment, discipline and principles. Let us make this aspect firm: If not now, then

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never. Now is the time to make ourselves perfect. Check your inner chart of the mind and heart every night before sleeping to see what extent you were able to channel your energies towards self-progress and world service throughout the day. Then, every morning, bring the aim before you that within no time 'I have to transform from a human into a **deity'.** Over a short period of time, the more you practice staying in remembrance accurately, and visualize yourself always with God, you will feel coloured by the Supreme Parent's company; the heart will then sing, 'I have attained all that I wished for, and there is no need to attain anything more.'

Times are such that Maya (negativity personified) is constantly on her rounds. Every day you hear about or see some new issue or incident through which Maya tries to drag human souls away from spirituality, virtues, spiritual wealth, and spiritual fullness. Those following the spiritual path are God's firm and real children, and real children are always the 'masters'. We are engaging in spiritual endeavour to transform the old, impure world into the future golden-aged world, and in this regard we will become 'masters of the pure and peaceful world and five elements'. God and nature are presently asking us human beings to cooperate and uplift ourselves, as this in turn will benefit the physical world and its inhabitants, therefore we human beings have to make ourselves complete and elevated. As much as possible, let's spend the maximum amount of time with the Supreme Being in a very entertaining and loving way. The more we stay close to God, to that extent we will become equal to Him, and then one day He will say, "You are now worthy of the golden-aged world, so begin preparations for the coronation..."

In whichever corner of the world we may live in, and whatever circumstances we face, let's recall the wave of spiritual efforts made by Sakar Brahma Baba in the final period of his life: "I have to remain in remembrance for 8 hours". When we keep the aim of having remembrance for 8 hours, we will become Constant Rajyogi and Easy Yogis.

When you become this, and I become this, we will go on to dance the divine *raas* together in the ensuing magical world of Paradise on earth!

– B.K. Nirwair

HAPPINESS IS A CHOICE NOT A RESULT

Being Happy is the Only Way to Give Happiness

B.K. Chirya Risely, USA

o you believe it is possible to feel happy and fulfilled constantly? It is possible, but it requires us to pay attention. Happiness is not determined by what's happening around you, but rather what's happening inside you. Happiness is something we souls are, and it comes from the way we think. Happiness is a choice, not a result. Choose to have positive thoughts and a happy face and you will remain full of the treasures and healthy with the nourishment of happiness. What more does one need? What we do for people does matter, but what matters most is how happy we were, while doing everything. Your treasures of happiness are unlimited. The more you spend, the more they increase. When you look at each other, just smile. When we smile sweetly from the heart and then speak to others, their hearts and our hearts become happy. Don't judge others; stop seeing their defects or their old ways of behaviour. Don't keep anything of the past inside you, and don't worry about the future.

The enemy of happiness is worry. Instead, what to do to stop yourself from thinking wasteful thoughts:

- Make your happiness a decision and not a dependency. No matter what happens, whether it is through the state of one's own mind, other souls or the elements or atmosphere, I must not lose my happiness. Even if someone insults you or tries to bring you down, remember, 'I must remain happy'.
- Create thoughts and speak words that give

peace and happiness and you will feel and receive the same. Our response to the situation determines our happiness. The response begins with the thoughts our mind creates. Feed the mind with good thoughts to begin the day and nourish it continually with peace and love.

- Become a spiritual weight watcher! Too many waste thoughts make us mentally overweight, unhappy and physically tired. Happy thoughts create positive energy and attract happy experiences. Remain constantly light. Pure, peaceful thoughts are light. Waste, worried thoughts are heavy.
- Maintain faith that everything is beneficial. The world is filled with worry and sorrow. Do something different. Focus instead on pure powerful thoughts, often choosing one thought and concentrating on it. Thought is the most powerful energy and reaches others in a second.
- Love enables us to feel happy. To flourish, love needs nourishing with spirituality, because when we demand love from the world around us, we destroy our ability to receive it. The most elevated place to focus our minds and receive happiness and love is on God. First, consider yourself to be a soul, a subtle being of light, and then connect your loving thoughts with God. Create a natural relationship with God with your mind and heart and be happy and fulfilled. Remember nothing will make you happy until you choose to be happy!

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Heaven is the materialization of God's divine thoughts.

Spiritual Study

THE LAST CHANCE FOR INTENSE SPIRITUAL ENDEAVOUR

Diligent attention and practice of meditation in solitude should be given the highest priority.



B.K. Surendran, Bangaluru

t may be the experience of many of us that when we came to the institution, we never knew that God the Supreme was practically teaching in the role of the Supreme Teacher and the Supreme *Satguru*. Initially it was thought that it was a spiritual gathering. But, as time passed by, we came to understand that this is not the so called spiritual gathering but it is a place of higher learning. In Bhakti cult Saints, savants and hermits' resort to penances of various kinds to get a glimpse of the God, they were yearning to have *darshan*. And once they get the glimpse of the God, they stop their entire spiritual effort making. Then they start publicising that they had the vision of God and they start preaching.

The real spiritual path

But our study starts when we came to know and experience that God the Supreme is on the earth and that He is our Supreme Father, Supreme Teacher and Supreme Satguru, who is teaching us the real spiritual knowledge which is Sarva Vidhya Pratishta. We have been taught regularly by our Supreme Teacher with a specific aim and object. We should practically become the embodiment of the teachings. The teachings evolve us to a stage of Sri Lakshmi and Sri Narayan. Many of us have been spiritual effort makers for quite some time. Our Supreme Teacher has been constantly teaching us with a lot of love, respect, good wishes with a specific aim to make our future life healthy, happy, prosperous and outstanding. He has been revising certain points of study every day because we could not catch up with our illustrious teacher so far. Such points of knowledge need to be practically implemented in our life then only we will be able to pass the final examination.

All of us know that some of the very important and pivotal points of knowledge and practice which we need to inculcate in life are found to be: Soul consciousness, warding off the waste, negative and vicious thoughts, constant meditation practice, purity in thoughts, words, deeds and relationship, locating the mind and intellect on a particular point of knowledge along with putting full stop at any point of time to our negative and waste thoughts; above and all within a second experiencing our incorporeal light form, the divine point of light and to travel to the incorporeal world and stay with the Supreme; assuming the angelic form and travel to the subtle world and to stay with the Angelic Brahma. Practice of controlling the mind, intellect, sanskar and sense organs to become the self sovereign are the final goals.

Refine your sense and sensibility on the basis of spirituality.

The World Renewal

The challenges

When we came in knowledge, we were first taught that we are souls, the tiny point of spiritual immortal light. This consciousness when practiced in life will enrich us to a level of overcoming the influence of body consciousness. Body is like apparel, which we wear in the world. But we are not this visible physical body, the apparel of the soul. This is the divine knowledge of physical body and divine entity soul. Even though we have been imbibing this kind of consciousness, our practice is not found to be constant and intact. Body consciousness emerges forcibly in us and drives us unconsciously. Since we are always being in the midst of male and female, many a time the soul consciousness used to be merged. It is true that we are not physical beings but spiritual beings. We must realize and practice to remain, strictly and constantly in soul consciousness at any cost. When our Supreme Teacher in His sermons often and often repeats this point, it is high time for us to experience and acquire this state of life. When we take a step in His remembrance, with determination it is going to happen. Since we have been taught this practice almost daily for decades, we feel ashamed to sit through the golden versions of the Lord, without completing the task of soul consciousness.

Purity

The foundation of this spiritual life is purity. But our purity goes beyond the worldly understanding of purity. We strictly adhere to *Brahmcharya* which is almost focused on body purity. In fact the vices are in the mind. Hence we should clean away our mind and intellect from waste, negative and vicious thoughts. Again we should give attention to our words. The words should be smooth, royal, sweet, and little and spell like: dropping of flowers from the plants. We should not hurt the feelings of others neither should our words give sorrow to others. We should spell words of wisdom and blessing. At the same time our actions should be helpful to others, to uplift others life and relationships. Our actions should be helpful to create a world of happiness and peace. We should look at the goodness of others and our eyes should not be criminal. Our eyes should spread the feelings of brotherhood and soothe others feelings. Our eyes should spread blessings. Our ears are meant to listen to the sermons of the Lord. The ears should be used to hear the goodness in others, listen to the greatness of others so that we can enrich such greatness in our life. Our karma should elevate our life. We should dedicate our karma to the betterment of the world. We should not do karma for the sake of pecuniary advantage or name and fame. Our dwelling place should be clean, neat and orderly. Similarly, our dress should be clean, simple and elegant. Our contacts and relationships should be friendly, peaceful, respectful and lovely. Our attitude should be honest and sincere. Waste, negative and vicious thoughts are impure. Hence, regularly we should listen to the sermons of the Lord so that very powerful and virtuous thoughts will be slowly absorbed by the intellect and accordingly the waste, negative and vicious thoughts will be replaced. We should listen to the versions at the centre where specific place is meant for this purpose. The vibrations of the place will help us to absorb points of knowledge very easily. Every version of the Lord is charged with power and love; hence the listener will develop interest to listen through the sermons. Slowly our mind and intellect will become pure.

Study of Godly knowledge and meditation

Godly knowledge and meditation are the most important subjects for a Godly student. This is higher learning than worldly study. This study qualifies one to become the emperor of this world. The teacher is the Almighty Himself. It is stranger than fiction. But it is a fact and true.

The power of Rajyoga meditation provides the proof of God's existence.

The World Renewal

When we listen and read the Godly knowledge it appears to be very easy, soothing and understandable. But, after sometime we forget the knowledge because we have so many other things to do in life. We should adhere to the directions of Lord from time to time. We should have high reverence and love for the Lord from the heart. Absolute obedience is another self-discipline we should have. As much as knowledge we absorb, it will be easier for us to remember the Lord for longer period of time. We are expected to remember Him at all times then only, when the last moment comes we will able to be in His remembrance. Any moment can be the last moment for us because we do not know when the body leaves us due to various defects in the body.

Therefore, we cannot treat the subject of remembrance of God lightly. Diligent attention and practice of meditation in solitude should be given the highest priority. If we are satisfied in these two subjects, inculcation of divine virtues and Godly service will become a normal practice in our life. We cannot remain without doing Godly service.

The study of Godly knowledge is closely related to the subject of meditation. Remembrance of the Lord makes us happy, happier and happiest. As we stick to meditation, steadfast for about 8 hours in a day, it helps us to absorb the Godly knowledge. The Godly knowledge and meditation helps us to inculcate all the virtues and powers, we become all

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SUBSCRIPTION INFORMATION

From April 2023 onwards, the annual subscription rates of the '**THE WORLD RENEWAL**' and '**GYANAMRIT**' magazines in India will be Rs. 120/- and in abroad will be Rs. 1500. The lifetime subscription scheme for new members has been discontinued from this month (Feb.2023). However, membership fee can be deposited for up to 10 years at a time. If for some reason you do not receive the magazines, you will have to deposit registered postage separately so that we can send the magazines by registered post.

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O Remember that the ultimate protection from all evils and illusions is God-communion. **Feb. 2023**

Inner Reflection

BEAUTY IN CHARACTER

Being deeply loved by someone gives you strength, while loving someone deeply gives you courage.

very important part of our lives is meeting each one with love and good wishes at every step. We all know what a good-natured person is and that we should be one and give happiness to everyone. We all also know that people all over the world, who are nice natured, differ from the rest of the world and stand above everyone else. They are respected more & also they get the blessings of everyone much more. How often do we say, such a person is extremely kind hearted, is always giving care and support to all those whom he or she comes across. Have you ever thought of becoming pure in character? We all know that a person who speaks and acts with purity is seen as someone with higher sanskaras or inner personality.

What use is physical or material success, if the person who has succeeded does not fulfil the criteria of a good person, with nice mannerisms and a nice nature? Such a person may win material wealth, fame and a tag of success. But does he or she win everyone's heart and blessings? Because, unless you are loved and respected as a person, you will never experience inner joy and satisfaction even if you have succeeded externally. After all, isn't it often said - "The one who wins hearts is the blessed one?" On the other hand, the one who wins praise but not love does not receive the gift of blessings and will always remain discontented and unhappy. So, to fly high in love, keep taking the blessings of each one by having a



B.K. Manjula, Bangluru

beautiful inner personality and being a positive person, gifting virtues to everyone. Let there not be a single person, whom you dislike or who dislikes you.

A person with a good heart will always carry good and pure intentions for everyone. Before performing any action, check how honest and how innocent your intentions are. A person who is of good character will not perform any action with any false desires in his heart and mind. Am I the type of person who is jealous of the other or am I a person who is keen that the other person move ahead, so much that he or she can even go ahead of me in any field? Am I so bighearted? When seeing someone in pain, that someone who has harmed me or insulted me in the past, am I able to empathize and sympathize with such a person? Or do I internally, somewhere in the corner of my heart, feel slightly pleased when such a person goes through pain. These and many more are some of the guestions to which I need to give honest answers. These answers are never revealed to anyone, but we know them inside.

Am I a nice person just on the outside or am I truly sweet not only in my words and actions but in the inner corners of my heart? This is the space where no one enters and only I am a witness to what is happening. **Purity in character means no trace of revenge or**

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Death is immaterial to a man, who is conscious of spirituality.

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anger or jealousy or hatred for anyone, even in my thoughts and feelings. Am I truly like that? Your mannerisms are external and visible but your character is not just what is visible but what only you know and are aware of. So, do a check – Do I reach up to God's definition of a good person, which we have explained in this message? Do remember one thing. Everything we think about others, the slightest negativity in thoughts and feelings as well as attitudes reaches the other, even if we hide it from them externally. So be a good person with nice mannerisms and purity in character not only in words and actions, but in your thoughts also.

We live in a world where we are all closely connected with each other. We all want to have a good nature but what is stopping us from changing ourselves? Is it a lack of determination or is it because we see everyone around us performing different types of negative actions which prevent us from seeing our own weaknesses. We think its fine to make mistakes and that's the way the world works. Is it not high time we took on the responsibility of self change and bought positive changes inside ourselves, which others can see and we also know and realize are happening inside us?

So, let's make a promise to ourselves that we will look inwards and check where we are making mistakes especially for not loving someone. We will check deeply and not only on the surface. And then we will take the help of God and use our own spiritual strength to bring those changes in ourselves. Let's do this favour on ourselves. Good human beings are few but they will always get the love and respect of all those whom they come in contact with, so love them in abundance to make them feel that how important they are in someone's life for inspiration.

So, to check ourselves, let's perform a simple

practice for the next few months. Take one quality which you want to see in yourself and for one week, keep attention on yourself that you will bring that quality in your thoughts, words and actions. Then in the week after that, take one weakness and ensure that is not seen in your personality for that particular week. Do this for some time and see the difference it makes to your personality. Choose different qualities that you like and different weaknesses that you dislike and work on them separately. This will make you a perfect person. Of course, the tools that will help you in this process are introspection, spiritual wisdom and methods like meditation. So, let's make a start today. When we change, the world changes. Self transformation will lead to world transformation.

Last but not the least would like to quote:-

"We are most alive when we are in love. The only thing we never get enough of is love; and the only thing we never give enough of is love. There is only one happiness in this life, to love and be loved."

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virtuous, completely vice-less, absolutely nonviolent, filled with 16 celestial arts and an embodiment of perfect code of conduct.

We are all the luckiest among the creations of the world. The Almighty Himself is teaching us with a lot of love, regard, encouragement, boosting our self confidence constantly, being with us all through and helping us in all respect. Therefore, we cannot ignore His directions. We must seriously and honestly strive hard to come up to His expectations at any cost. All through our 84 births we could not find a father like Him. He wants to make all of us great people who will be self-worthy for 2500 years and 2500 years worship worthy.

When you learn and like to live for others, they will live for you.

AS ABOVE SO BELOW

You can create what you want in life through your Divine Self and your connection to the Divine Spirit.

s above...so below! As we are connected to each other, connected to nature and the life that exists on this planet, so are we connected with the universe, portraving all of its mysteries, wonders, and

portraying all of its mysteries, wonders, and beauties within our own hearts. Find your light within the darkness and manifest yourself in a place of wonder and amazement in everything you do in your life, and you will find your spiritual and personal growth!

Your physical being is only half of who or what you are. You are basically a spirit. As such, when you think or do things, you are affecting both parts of self; the Above spirit and the Below physical being. One of our first lessons of understanding is the importance of balancing our natures and living in balance. In order to accomplish the miracles in your life, you can't sit back and wait for Divine Creation to manifest. Without your physical intervention to put action into motion, you are only working on one level of being. The Christians have an analogy for this "God helps those, who help themselves". When you work toward merging your spiritual energy with physical action, you are giving form to your dreams and goals.

As Above, So Below tries to explain to us that we have the ability of Divine Creation within ourselves. We create our day, which affects our week, which affects the month and years ahead. We create our path based on our thoughts, words and actions. So it's important to be conscious of how you start your day, express yourself and how you put those thoughts and actions into practice.

Farha Sayed, (Tarim, Yemen/Mumbai)

You can go around feeling poor and create a state of being. Or you can explain that you're broke today, and establish a temporary situation that you will overcome, especially, if you put a limitation on that negative expression. Being poor is a state of mind that creates a state of living and struggle. Being broke today is a temporary condition that you are working on to resolve.

Being compassionate to others is a good thing, unless you're so compassionate you harm yourself by trying to take care of someone else. When we hold respect for ourselves, we also hold others accountable for their actions toward us. Good, bad or indifferent, their actions toward us are also part of that balance. We are the Star of our own life and it's necessary to treat yourself with respect first and foremost. When you respect yourself, others will respect you. When you love yourself, others will love you. When you give to yourself, others will give to you and then you have extra to share with those in need.

Putting as above, so below into action through Raja yoga Meditation

Even little changes in thoughts can make a big difference in the world you create around you. When you put your spiritual approach and beliefs into Action you begin the process:

- Setting your day with positive energy. Each morning, before you get out of bed spend about 5 minutes creating the positive spiritual outlook for your day.
- 2. Creating supports for your daily activities. The (Contd. ... on page no. 18)

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Health and illness of the body are influenced by human thoughts.

Goal of True Education

INTEGRATING SPIRITUALITY IN EDUCATION AND LIFE

True education is one which helps us to understand our inner conflicts, encourage creative and constructive use of mind, and learn how to optimize life and not be a victim of situations.

"Education is the great engine of personal development, it is what we make out of what we have, not what we are given, that separates one person from another." – Nelson Mandela

ducation is of two types – knowing about the world and knowing the self. Our current system of education is focused on teaching us about the world. But as one grows older, he realizes that it is even more important to understand the self - to learn about the fears and anxieties. One should be aware of one's weaknesses, to bring out the best in the self. Our ancient system of education seemed to have balanced these two aspects well. But current education systems are designed to give us qualifications to secure a job and seem to have lost the focus on 'inner education'. True education is one which helps us to understand our inner conflicts, encourage creative and constructive use of mind, and learn how to optimize life and not be a victim of situations. True education enables us to be creative and to grow in our life. Education is just not for giving us livelihood but giving us the art of living wholly and joyously.

God has endowed all human beings with the gift of mind which is the initiator of all our aspirations and ambitions. It is the quality of mind that differentiates human beings from the brutal. Hence, the training of mind is of



B.K. Sujoy, Kolkata Museum

paramount importance in our life. But it has been vastly observed that our educational institutions, which impart education to young ones, hardly put any emphasis on the moral and spiritual education of the young folk.

Bertrand Russell, a great philosopher of the twentieth century, believed that the aim of education is to form positive mental habits and outlook on life and the world. He said that education should not stuff our mind with facts but it should develop our mind because this world is to be understood through the mind. The real aim of education is to broaden the area of human mind and human nature. It should help build up a strong and disciplined mind which would control our activities and channelize our desires and impulses. It will enable us to beautify our life to experience infinite peace and harmony.

Learning from experience, letting go of the past, and connecting to people despite differences are the important ingredients that come from true learning. Walt Disney failed many times but learned the right lessons and, hence, turned failure into success. If we cultivate the uplifting meaning of experience, then, we can learn a lot from failures.

Also, one has to learn the art of ending one's past and not constantly fret and fume over it. Instead of carrying the pain of failure we should

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In man reason predominates but in woman feeling predominates. Fe

Healthy Lifestyle

REPEAT, REVISE, REALISE

One must take full benefit of God's company at this time. He is here to help us. Whatever is within, if you tell Him honestly about it, He will forgive, His grace will work within and you'll be able to really move forward.

od Shiva enables us to understand what our thoughts, words and actions should be like. To make dough, both water and flour are mixed together; you cannot just eat flour. Similarly, there has to be that deep love and connection with Shiva Baba, as we look at our thoughts, words and actions. Shiva Baba has so much love for each and every one of His children. He never says that He has less love or even less inheritance for anyone.

What is knowledge? It isn't about speaking about long and complicated things. Keep yourself free from all that. Shiva Baba has given us so much love and taught us so much and we have attained so much from the education that He has given. It is not a matter of putting it into words but experiencing it in our practical lives.

There is nothing to worry about. My duty is just to remember. Whatever action we perform, we need to do the same whilst being detached from the body. Baba has kept this soul in the body and is keeping this body moving. The power of the Almighty Authority is making me move along. We have to guarantee that our final moments should be very good. Baba has said: My children must not have any weaknesses left in them. Baba cannot bear to see weaknesses of the children. I have the experience that God's versions are the only truth that one needs to know and experience. I ask myself: Do I have any weaknesses or defects? I have one weakness - I can't bear to see anyone in the Godly family having any weakness. Is that attachment or love? Baba has truly become a



Detached Observer now and has made me His companion.

There are three words: faith, trust and emotion. Baba has spoken in recent *Sakar Murlis* (Flute of Knowledge spoken by God Shiva) about faith: faith in the self, Baba and drama. When there's faith, there's love and then questions cease. Does Baba have any desire or hope for all of us? Whatever Baba has said has happened practically. How will Bharat become heaven? When all the souls scattered all over the world come together. Now, there's no time left to waste doing anything else.

When there's honesty and truthfulness in relationships, there's equality with the Supreme Father. It's my desire that everyone comes together with God's love – through that relationship with Almighty Authority God. Just as I become like Baba, everyone else can too. Dadi doesn't hesitate to share what Brahma Baba was like. Although the Incorporeal One is doing everything; He's doing it through Brahma Baba. It's been easy to follow the Incorporeal One, seeing him doing it. We don't' have to do anything else; we're completely free.

Shiva Baba advises us to become 'Carefree Emperor, as well as to be 'Bodiless, Egoless Vice-less'. Am I a carefree emperor? Ask

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Keep your eyes clean because they are the windows of the soul.

(The World Renewal)

yourself this question. Who can stay in this stage for an hour? I'm carefree because I'm accurate. Then be incorporeal, vice-less and egoless. One needs to sit in this stage for an hour and experience it. Faith is something for the intellect to work with but my emotion/feeling, which is for the whole world, is that it's already accomplished.

A teacher may have been an instrument for one but one must have love for Baba's Murli. Let go of any feeling of 'I or mine'. How did expansion take place in the world? It happened through feelings and emotions. People may not have heard much knowledge but on the basis of 'my' feeling, they are moving along. Then there's trust: knowing that it is destined to happen. Matter has given me so much cooperation. Because when there's honesty and love, there's faith. I see the body, knowing that Baba is the Companion. With matter there's also the question of feelings, nature, etc. - but I don't have a problem with these either. If people accept, fine; if they don't, it is OK too. Baba has made many souls belong to Him and made them cooperative. I say 'Wonderful Baba' and Baba says: 'It will happen - it's not a big deal.' Baba will make it happen it's His duty. An instrument has love, cooperation, and equal vision (not seeing any weakness in anyone). God's work of world transformation is already accomplished. Very little time remains. We move along happily like angels, according to how Baba makes us move. This is the wonder of honesty, love and cooperation. If anyone gets disheartened or arrogant, there is an inferiority or superiority complex. Instead of holding on to such nature, with love and cooperation, it must be finished then and there. You shouldn't see anyone's weakness. Then no one will see yours - this is a

subtle karmic account.

Baba says: Have remembrance, such that all your sins are destroyed and no questions arise in your mind. Don't remember anything else. Then there will be no karmic accounts with anyone. Everyone is good. This is the stage of completion and perfection. Who else is going to achieve such a stage, if I don't? With the cooperation of love and honesty, completion and perfection can come. Open your heart and see. Let everyone feel that you are honest and truthful. God is the Truth. Knowledge of the drama makes us truthful. With love, transformation takes place. When there's lack of love, there's no transformation. There's no hope of transformation in me, if I don't have hope for others.

When the child has courage, the Father helps. There are so many examples of this. God is present to help us. Dadi has not let go of courage. Courage - and Baba's company have brought me here. The Lord is pleased with an honest heart. If the Lord is pleased, whatever we hope for becomes practical. The feeling is that it was meant to happen and it did. Baba is taking us even beyond thoughts now. Time cooperates, Baba helps. The divine activities of God are really wonderful. My feeling is that everyone should experience Baba's company. Keep the heart happy; let there be no trace of any feeling of being upset. To create such a stage, I have to have deep attention. Calamities are taking place around the world but Baba's children are safe. When you are clean, you are safe. So, there's no worry about what's going to happen.

The other qualities a spiritual aspirant needs to inculcate are that of Renunciation (*Tyag*), Penance (*Tapasya*) and Service (*Seva*): That's the feeling of 'I don't need

Integration of science and spirituality will make world-transformation easy.

(The World Renewal)

anything'. When you have renunciation, you can have penance and only when you do penance, you can serve. A man of renunciation and asceticism serves like Baba, without getting caught up in the limitations of 'I and my'. I am Baba's child and a student. Godly study is my life and brings benefit. It's not just about reading or sharing the Murli; it's our practical life. We have to finish the ego and become soul-conscious. Some people do everything for regard and respect, and so also feel insulted. They don't even realise that they are seeking name and fame. The feeling of remaining honest will keep you free from being insulted. We have the example of Dadi Prakashmani. Everyone had so much regard for her yet she never had any desire for regard.

The ancestor souls show on their faces such deep faith in Baba. Their faces also show that they have faith in the self. Being an instrument of the Supreme Soul is about five 1) 100% purity then: 2) Truth things: automatically works. The Father is the Truth, knowledge is the truth and so I have to become truthful: 3) Total patience: thinking and speaking slowly, with care. 4) Humility and 5) Sweetness. One needs to go into the depth of each of these and see practically how one receives Baba's help. Then He'll be able to give so much help to others. Repeat, revise and realise these things internally. With realization, you'll be able to draw reality into yourself.

So, one must take full benefit of God's company at this time. He is here to help us. He is kind, compassionate, the Ocean of Forgiveness. Whatever is within, if you tell Him honestly about it, He will forgive, His grace will work within and you'll be able to really move forward.

Understand what the power of realization is

and experience that. Keep the aim not just to pass but to pass with honour. Be quick to come into the flying stage and let others benefit from seeing that.

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end that incident in our mind. If we carry the burden of yesterday, the present will be spoiled.

The third point is connecting to people despite differences. If we can still bond with the person we disagree, it builds our maturity. Such a person is effective in communication; he is truly an educated person.

But what we see today is that young people finish their academic courses, get degrees from institutes and colleges, grow in age, and yet do not know the fundamentals of life or its meaning. The socalled educated man shows a complete lack of real goodness and virtue. The goal of education is not merely material comfort and asset accumulation, but inner growth and culture to help cultivate virtues of humility, self-control, compassion, patience and forgiveness. These can be cultivated only when one realizes his real true nature of peace, purity and love. It is high time that the educational institutions strive to attain the goal of true education, viz., integrating spirituality in education and life.

A hero of Copper Age (*Dwaparyuga*) or Iron Age (*Kaliyuga*) is of course praiseworthy; but they are not worshipworthy. It is the hero and heroines of Golden Age (*Satyuga*) and Silver Age (*Tretayuga*) who are not only praiseworthy but also worship-worthy. They are double crowned kings and queens.

The stage of shudra is the senses-bound state of human existence.

Holy Land

MADHUBAN THE ABODE FOR THE ANGELS

B. K. Subramanian, Avadi

uring a particular season different kinds of birds from different parts of the world flyover to Tamil Nadu and assemble at Vedanthangal in Kanchipuram district for relaxation, rejoice and rejuvenation. The assemblage of different kinds of birds looks very beautiful, since such kind of variety of birds cannot be seen in Tamil Nadu. Most of the birds are white in colour.

Similar is the Concept in respect of human beings in soul conscious state who fly over to Madhuban, Mt. Abu in aeroplanes from different countries of the world and assemble at Madhuban in white and white. They fly back to their native, places/ countries after spending a specified period in Mt. Abu. During their stay at Madhuban they are freed from their *laukik* jobs in their respective countries. Even mothers too are freed from their kitchen work.

As such they can relax themselves completely. They rejoice and rejuvenate since all types of family bondage have been cut away at that time. Very rich vegetarian food is served to them in a completely different atmosphere. Neat, clean and tidy conditions exist in all places of Madhuban. Such a clean sanitation with full positive powers cannot be seen and experienced in any country across the world.

The Power of purity is very rich because of Dadijis, Dadajis and all Madhuban *Sevadharis* who abide by *Shrimat* (Godly direction) in their thoughts, words and deeds. Even during the worldwide infectious contagious disease, the Madhuban



Sevadharis never stopped their day today activities. Though Bharat is the Charitable Land of the God, Baba, Bapdada, and God's divine descent takes place only in Madhuban. Centpercent protection of God is experienced in Madhuban.

The Souls who stay at Madhuban for a specified period, like the birds, fly back to their native countries with the hope that they could come back during the next season. Madhuban is the only Retreat centre in the world where absolute positive powers could be experienced.

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atmosphere you place yourself in during your day is also important. Take time to clear and cleanse the space around you, at home, in your car, or at work. And set some protective shields after your cleansing.

3. Ending each day with thanks and gratitude. Each night before you lay down for sleep; close your eyes and connect with your Divine Self and give thanks to not only the Divine force in your life, but to your own higher Divine spirit. You worked hard, give yourself credit and some appreciation to and for you as well.

You can create what you want in life through your Divine Self and your connection to the Divine Spirit balancing above and below physical beings.

The stage of vaishya is the business or creative stage of human being.

Shiv-Jayanti Special

THE GITA WAS SPOKEN BY GOD SHIVA

Shivratri is the most important event in world history as this signifies the transformation of the old Iron Age world *(Kaliyuga)* to the new Golden Age world (Satyuga).

od Shiva is the Supreme Soul. He is the only Soul that is not subjected to birth and death. God Shiva's form is a point of oval-shaped conscient white light, incorporeal, imperishable and eternal. That is why He is remembered in the form of the 'Shiva Lingam'. He resides in *Paramdham* or Soul-World. Human souls are subjected to birth and death. Human beings come on earth to play their human part for at least one birth up to a maximum of 84 births, in a cycle that lasts exactly 5000 years.

Why does Shiva Incarnate?

God Shiva incarnates once at the end of every cycle to protect the virtuous, destroy irreligiousness and re-establish righteousness or dharma. By incarnating into the body of an ordinary human being renamed as Prajapita Brahma, God Shiva imparts the divine knowledge and teaches the original ancient Raja Yoga in order to re-establish the Brahmin clan and then the deity dynasty of the Golden Age, ruled by Shri Lakshmi and Shri Narayan. This is fixed in the predestined eternal world drama that is cyclical and repeats itself identically every 5000 years.

When does Shiva Incarnate?

Shiva's incarnation takes place in the last 100 years of the cycle in *Kaliyuga* which period is called auspicious Confluence Age. Revelation of God's descent is in C4V7 of Gita: "Arjuna, whenever there is decline of righteousness and

B.K Khem Jokhoo, Trinidad

irreligiousness is in ascendant, then I body Myself forth". It is important to note: He says to "body myself" and not to "take birth". This is referred to as Shiva's "divine birth" and is celebrated as Shiva Jayanti. Shiva's descent and incarnation at the end of the Iron Age is called Shivratri. God Shiva advises in chapter 4, and specifically verses 1-5 that this immortal ancient yoga was taught to, quote verse 5, "I taught this immortal yoga to Vivaswan, the Sungod, Vivaswan conveyed it to his son Manu who taught it to his son Ikswaku". He continues to advise that this yoga disappeared with the efflux of time and He descends once more to teach this "supreme secret to Vivaswan whose birth is at the beginning of creation".

Who is Vivaswan?

Vivaswan is Adi Dev Prajapita Brahma, whose next birth is that of Prince Krishna who is renamed Emperor Narayan, when he gets married to Radhe in the Golden Age or Sun dynasty. The Sun-god, also called "Surya Narayan", refers to the god Narayan of the sun dynasty. The Sun dynasty is the Golden Age or *Satyuga*, just as the Moon dynasty is the Silver Age or *Treta*. Surya in this context does not mean the planet 'sun'; it means the sun-dynasty. Shiva incarnated and 'bodied Himself' into Brahma to impart this immortal ancient yoga and the divine knowledge referred to as 'the supreme secret' in Gita c4v1-9. God says that when He incarnates, "a few out of millions and a

Be attained to God only, because everything else will lure you from Him.



(The World Renewal)

few out of that few" recognize Him. His incarnation will receive great defamation because Ravan would have done an excellent job by creating confusion in casteism, religion, languages, people as well as distribution of wealth and power. In the end of Kaliyuga, there will be innumerable religions and countless languages. He said that there would be great scepticism, doubts and suspicion and that the false prophets will be honoured instead of the genuine One. For it is written that "those with eyes will see and those with ears will hear".

Revelation of the Gita

The original, ancient, authentic Shrimad Bhagavat Gita was revealed by God Shiva when He incarnated into Brahma in the auspicious Confluence Age. Shiva spoke this Gita in the Confluence Age at the end of Kaliyuga, but it was written some 2500 years later in the Copper Age. This makes the Gita the "Mother of all Scriptures" as Shrimad Bhagavat means the elevated versions of God. Shiva, through Brahma, destroyed the vices with the 'code of ethics' of the Gita and that was the condition for Krishna to be born in a pure world. Brahma followed "the pilgrimage of remembrance of Shiva" as guoted in the Gita as "Manmanabhav". This is easily the greatest mantra in the Gita that means to "fix your mind on Me" and it is the easiest method and path to attain liberation or mukti.

God Shiva and the Trimurti

In the path of devotion, God Shiva has been left out of the pictures depicting the Trimurti. The Trimurti includes Shiva and his three divine acts of Brahma as re-creator, Vishnu as sustainer and Shankar as transformer.

The Role of Brahma

Shiva creates and recreates through Brahma; that is why Brahma is referred to as the creator. Shiva transformed Brahma as the first Brahmin. All other Brahmins are mouth-born progenies created by Brahma through Shiva. The Brahmin clan is created and exists only in the Confluence Age.

The Role of Shankar

Deity Shankar is the transformer or destroyer of evil. His only function is to give inspiration to destroy the forces of evil and to assist in the purification and transformation of all souls and the restoration of the environment. Shankar is always shown in a meditative posture depicting his constant remembrance and having yoga with Shiva. This is why Shankar is always shown with a Shiva Lingam in the palm of his right hand. His clear message is that only the 'power of yoga' can burn the vices and remove the veil of Maya that has eclipsed the third eye. At the end of every chapter of the Gita, it gives the type of yoga required.

The Role of Vishnu

The third aspect of the Trimurti is the fourarmed Vishnu whose function is to give sustenance to the austere souls. This is a very subtle aspect and must be clearly understood. Vishnu is the dual or combined form of Shri Lakshmi and Shri Narayan. The four arms represent the two arms each of both Shri Lakshmi and Shri Narayan. Therefore, Vishnu possesses both the masculine and feminine divine qualities, virtues and attributes of Shree Lakshmi and Shree Narayan. Maha Lakshmi and Vishnu are one and the same with different names and similar imagery.

The Complete Trimurti of Shiva

What is missing in the picture of the Trimurti in the path of devotion is God Shiva at the top of



A person of strong and determined mind can be whatever he wants to be.

(The World Renewal)

the picture as a point source of light spreading the divine rays of purity on Brahma, Vishnu and Shankar. This is the main reason that Shankar has been mistaken for Shiva.

God is not subjected to Birth and Rebirth in Gita

The devotees and lovers of the Gita must be immovable in their belief that God is not subjected to the cycle of birth and rebirth. God is 'abhogta' meaning that He is above the bondage of karma, nature and matter. Therefore, if God is 'abhogta', He surely does not have a mother or father nor does He ever take a human birth. In Gita c9v11, God tells Arjuna, "Fools, not knowing my supreme nature, think low of Me, the Lord of creation who have put on the human body. That is, they take me, who have appeared in human garb through my Yogamaya (divine potency) for the deliverance of the world, to be an ordinary mortal".

God continues to advice in Gita c10 v3, "He who knows me in reality as without birth and without beginning, and as the supreme Lord of the universe, he, undeluded among men, is purged of all sins". The Gita continues to point out to the devotees that God is never in human form; quote Gita c7v24, "Not knowing My unsurpassable and un-decaying supreme nature, the unintelligent think Me, the Supreme Spirit beyond the reach of mind and senses, the embodiment of Truth, Knowledge and Bliss, to have assumed a visible human form".

Shivratri and the Mahabharata War

The Mahabharata war took place in the Confluence Age. The Mahabharata war has a subtle part as well as a physical part. The conquest of the vices is the subtle part done through the pilgrimage of remembrance or yoga. The physical part is through nuclear wars, plagues, pestilence and natural calamities. Shivratri signals the beginning of the Mahabharata War.

Shivratri is the most important event in world history, yes world history, as this signifies the transformation of the old *Kaliyugi* world to the new world or the Golden Age. God Shiva establishes the deity religion of 'Sanatan Dharma' now called the 'Hindu Religion'.

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WORDS OF WISDOM

- Excellence is possible without perfection.
- If you love life, don't waste time, for time is what life is made up of.
- Freedom begins with owning your flaws and disowning your fears.
- Leaders create results by letting others shine.
- If you can dream it you can build it. If you can build it, you can live it.
- Life becomes easier when you learn to accept an apology you never got.
- Mistakes are the stairs we climb to reach success.

Feb. 2023

Performing worldly works while concentrating mind on God is called Karmayoga.

GOD: THE OCEAN OF LOVE

Considering lust as true love is quite an illusion. Instead of running after physical love, people must understand true love in its real sense and make it the adornment of their life. B.K. Yogesh Kumar, Delhi

ove is considered to be a great power, which is said to give a new life to people. It turns impossible into possible. It is also believed that true and unconditional love leads one to happiness. Experience says that when one's expectations of love are not fulfilled, one tends to commit immoral acts such as infidelity or extramarital affairs, divorces, murders, suicides etc.

False Notion of Love

All these acts happen because human beings have failed to understand true love in its true sense. In the mirage of modernity, today, due to body-consciousness most people consider physical love to be real love. Obscenity in films is also largely responsible for it. Even though such a love fulfils one's sensual desires, but, in the long run, it proves to be dangerous. Today, people have become so busy and self-centred that they cannot fulfil the love at even emotional level as the soul has become completely weak. Since death is considered to be the only truth and inevitable in man's life, it must be realised that everything that one sees including one's body is temporary. Therefore, considering lust as true love is guite an illusion. Thus, instead of running after physical love, people must understand true love in its real sense and make it the adornment of their life.

Understanding True Love

One may ask: What is real love? We often say 'God is love' or 'Love is God'. This is a very common belief because God is love-full and never hates anyone. He is called the Ocean of Love, the Ocean of Purity, the most Benevolent, the Almighty and our Supreme Father. His love is divine and spiritual. He doesn't want us to live a distressed and depressed life which we, in general, are leading at present. He too wants us to be the Master Ocean of love and love each other as divine beings, which is possible only if we understand and experience what true love is all about. And, then, we can have a peaceful, joyful, and happy life.

Valentine's Day

The 14th day of February is celebrated to commemorate the death anniversary of a great lover of mankind, Saint Valentine of Rome, Italy. People exchange gifts, spend special moments with each other and some express their lovefilled feelings to their loved ones. But, despite celebrating this festival for years, real love is found wanting in our lives. There are very few couples in the world today who are leading a life of mutual trust and love in today's world.

Love is one of the basic virtues of souls. It is a finer emotion among family members, friends, colleagues, classmates, students, and teachers, etc. From a broader perspective, **true love is the expression of love towards every human being; it is divine love that is devoid of any bodily or physical feeling** because body is mortal whereas pure or divine love is eternal. Selfless love inspires us to love all the human beings equally and unconditionally. It is due to absence of this love that, today, we are witnessing the world fallen apart due to the



In soul-consciousness, you can reflect God's goodness and beauty through you.



The World Renewal

undue and evil expression of the feelings of hatred, anger, mistrust and violence in us.

Knowledge bestowed by God, the Ocean of Love

The Supreme Soul, God Father Shiva, reveals our original identity and secrets of the World Drama through the corporeal medium of Prajapita Brahma. He reminds us that originally, we were divine souls; but during the process of taking birth after birth, we started identifying ourselves with bodies and began to depend on sensual pleasures to attain happiness and peace. It is because of body-consciousness that we souls have already become vicious, thereby losing our basic essential virtues such as Knowledge, Purity, Peace, Love, Happiness, Bliss, and Power. The impurity of vices has made us impure, sorrowful, and sinful, thus, completely weak. Rajyoga practice helps to realise the self as a soul and remember God, the Supreme Father, constantly even while performing actions. This mental link of soul with the Supreme Soul strengthens the soul.

God further reveals that due to our ignorance on the path of *Bhakti* we mistakenly called Him omnipresent and, thus, believed Him to be present in all the creatures of the world, and, thus, started belittling Him. Yet, being the Ocean of Forgiveness and Love, He forgives all our faults and accepts us as we are. He lovingly teaches us so that we can become completely virtuous like Him. As the Supreme Teacher, He teaches us the art of pure and spiritual love.

Love – the only lesson to make us complete

The process of World Transformation has to happen at a fast pace now. In order to make us pure and eligible to have a good status in the forthcoming new age, God is advising us to have our intellect constantly and lovingly linked to Him through constant and regular Rajyoga practice.

The most important lesson that God wants us to learn is to develop pure and spiritual love. A beautiful vision of love is to develop a pure consciousness of realising the self and others as spiritual beings (i.e. souls) and, thus, not getting influenced by the physical form. Love for God can change our vicious propensities into positive ones and it changes the way we look at others. By developing true love for God, all our negative weaknesses and shortcomings can be conquered easily and transformed into positive powers.

Let us recognise and understand the Supreme Father, God Shiva, the Ocean of Love, and experience His Love, always remaining under His canopy of protection and making the self as loving as He is. That will be the true celebration of Valentine Day.

So, from now onwards, let us make God Shiva, our true and most beloved Valentine! Wish you all a Godly Valentine's Day!

Life Changing Advice

- Accept what is, let go of what was, and have faith in what will be.
- As you start and end the day, be thankful for every little thing in your life. You will come to realize how blessed you really are.
- Think of what has been unthinkable until now. This is how you create a new you.
- Be Brave, Be Bold! Never allow fear to dictate your choices. Use your voice & trust in your abilities.
- Enjoy life, remember to be grateful for the little things, be kind to the people around you and follow your heart.

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Your spiritual activity can keep the thought of God alive in man of this world.

Secret of Life

... contd. from last issue

MY DAD'S 10 BANJOS

Would you agree that it's far better to be able to play one banjo very well rather than playing 10 banjos badly?

B.K. David, Paignton, England

an you see that it's better to have one prized banjo with which you feel comfortable and can play many tunes on it very well, as opposed to having many banjos that sees a person only able to play the same old few tunes on them time and again - and rather badly?

Yes, the meaning of life is not quantity but quality. They say the sun shines on the righteous, and they are right.

Some lives are bathed in sunshine whilst that same sun for others remains stuck behind a thick grey cloud.

Most live in darkness behind an eclipsed sun as the moon of vice is prominent in their lives.

Even when the sun is totally eclipsed behind the moon, it still can be seen shining behind the moon. It is this glimmer of sunlight (of truth, goodness and happiness) that all people chase after in their life, even if they cannot see it themselves. Everyone tries to cling on to happiness in some form or another. All have a faint recollection of this sun (God) of goodness that radiates happiness and peace.

The difference between a jam jar and a museum

The sad reality of life is the soul and its treasures within are worth little today and are kept in the cardboard box of the body where the body takes centre stage and gains everyone's attention.

When people start to see their soul and clean

it daily and make it like a shining diamond, they start to fully understand its value. They then keep it in a totally different place befitting such a valuable diamond as what the soul truly is when it's on the road to recovery and purification.

Although the world is walking down a road they think is called SUCCESS, they do not realise it's a circular road they are walking on.

People keep very busy and also try to remain positive in the troubled world. They move very quickly in what they think is the right direction but seen in the bigger picture called SPIRITUALITY that has a solid 24K gold frame.

Man will argue that his picture is also gold but without knowledge and a spiritual viewpoint from above, he cannot see that his picture is framed by fool's gold and easily melts from the heart of vice. Most of the paints used by people to paint their life in bright colours have vice as one of the main ingredients in their paints with which they paint their pictures.

Their pictures can turn overnight from that of beauty to a blurred, grotesque scene where people are unhappy, in great sorrow and despair.

Their portrait might look good and fun but in most cases the happiness is short lived if it was ever present at all.

Behind most photos and selfies, behind their fake smiles, whitened teeth, false eyelashes and lips, is their real sorrow and discontentment.

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In deep meditation state you can realize that as soul you are a reflection of God.

(The World Renewal)

Difference between a tin of beans and a stack of gold bars

A stack of gold bars, are kept under great security in a bank and a stack of tinned beans are found at the entrance of a supermarket as a common item and are always on offer as nobody really wants them. They are seen as a basic necessity whose taste is experienced as mere average at best. It takes less than a second to make a cardboard egg box, yet years to make and perfect a Faberge egg. Which container best resembles you?

The questions most people never even think to ask themselves are: is my life full of virtue and good wishes for all? Am I consumed by elevated habits that are clean and spiritual that leave my mind peaceful, happy and content? Is my life based on making constant efforts in the right direction and not wasting my precious time here and there on meaningless aspects?

Has my life become one that is now an invaluable tool to help the world? Am I on the right road to victory that will see me garlanded in success? Have I become priceless and deserve to be kept in a Faberge egg on display and removed from the cardboard egg box in which I once lived in the fridge getting cold and always in the dark and out of sight? Do ask yourself today some of the above questions?

No one wants to live in a tin or cardboard box and with care and attention, anyone can elevate themselves to be worthy of living in an exhibition where all come to see and marvel at them as today, divinity is unseen, and in great need.

My mother's 50 pairs of shoes and countless other 'things' that glitter and can be worn, are also forever on the increase but that's another story. After all, who is not guilty of having stuff stashed away, unworn or unused, which they should never have bought? My Dad's off to exchange his latest banjo at some shop. I bought this banjo for him quite recently and he said he liked it. It sounded really good after I got it repaired, shedding a lot of money and time. Actually, I think the next banjo will be Dad's number 20 and not number 10.

Still, it keeps Dad happy whilst my laukik mother and I talk of God and His wonder, cleverness, tasks, power and virtues and how the end of the world is now very much here and is very evident for all to see; and one doesn't even need the third eye of knowledge or realisation of the soul and Baba (God) in order to realize that this world must be ending soon.

And finally, if you think my dad sounds normal and lovely and you feel you want to invite him to live with you and keep his company and want to give this sweet 93 year old man a home, feel free to send your invite soon as he can be with you next week.

I am sure after six months of living with my sweet Dad, you'll be returning him to us, along with his many new collections he'd buy and store in his room you give him with love, which he'll have turned into a second-hand shop or resembling a car boot stall.

After dad has left, you'll be able to enjoy the peace and quietness that will descend on your house as you'll no longer have to be subjected to his constant repetitive songs that would have started to drive you crazy as they easily sped up and are not even played well.

Applications for Brain and accommodating him are now being taken.

Feel free to apply for Brain. A word of caution – Dad does not believe in God, Raj Yoga, the cycle and God's decent into this world and its imminent new beginning with a golden age and thinks strongly that we have descended from apes.

As you'll also find out: Dad goes to bed late, likes potatoes very much and has tea and toast for breakfast. (Conclude)

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Rajyoga, which unites soul and God, is the only medium of uniting science and religion.

From the Melodies of Mateshwari Jagdamba Saraswati

DON'T BE CARELESS

It is easy to make efforts if we realize that the One who is giving us this knowledge and teaching Rajyoga is the Supreme Father.

n the Gita, God said to Arjun: 'You do not know about your own births, but I know. You are the one who comes into the cycle of death and birth, and so you do not know about your births. I know about all your births, because I am beyond birth and death.' Only the One who does not come into this cycle, can know about everyone's births. One who takes births comes down, and so as he continues to take births, he forgets. The God Father Shiva says: 'I don't come in the cycle, so I don't forget. I have knowledge of everyone. Only one who has knowledge of the whole cycle, can explain that knowledge. One will give what one has. And so, I'm called the Ocean of Knowledge, Ocean of Peace, Ocean of Happiness. I come and show the way of peace and happiness, so I am praised.' All these things must be understood.

The Father tells us – don't be careless. Today, the entire world is in carelessness. We were also careless before. It isn't that we have come from above; we also belong to this world. But now, having received the light of Knowledge from the Father, we have understood the things accurately, When the Father is telling us accurate things, we should pay attention.

Despite listening and understanding, if we are still careless, it is like being a great fool. One should not become that. The Father says: 'Children, understand all these things and continue to increase your efforts.' Time is now little, and even of that little time, little is left. As a great many days have passed, so the lifespan

continues to reduce. Even in devotion it is said: 'Look how foolish the human is – he thinks he is growing, but doesn't understand



that as he grows, his life becomes shorter.' The Father explains to the children that as time is passing by, the time remaining is less. So do not think that there is more time left. The days are fleeting past so one must be cautious.

Check Yourself

Before destruction, at least we should prepare something for the future. We should also see: Am I ready? If I were to breathe my last now, have I earned something? Do I have accumulated stock of spiritual earnings? One should take care of one's spiritual stock. One must understand that if one leaves his body now, he will again take birth, and take the knowledge again i.e. begin from the scratch. The Father says: 'Whatever you want to take from Me, take it now – take it in this very birth.'

One must also realize that if one were to die now and take birth again, it will take him at least 15-16 years to be able to listen to this Godly knowledge and understand it well. Even if one acquires knowledge in childhood, it will take time to imbibe it and to become complete and perfect. How will one find so much of time? One

Man is the best creature, who is bestowed by God with the divine power of thought.

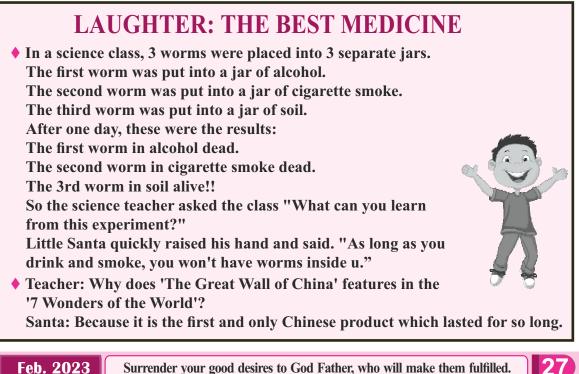
(The World Renewal)

has to work hard for this. One needs time to be perfect and complete even after receiving knowledge. Is it that one gets ready in a day? We have the burden of sins of many births on our head: we need time to clear that.

One Who Does Good Receives a Good Return

The Father says: 'This is your last birth in which you have to take this divine knowledge so you have to be careful that if you leave the body before destruction, you have enough stock.' If I leave this world, can I claim the complete birthright from the Father? The time to claim this is now. Make efforts, pay good attention, and claim your rights. We are awake now, whilst people in the world are asleep, so we shouldn't be careless like them. Those who are awake, have their eyes open. Those who have their third eye open, those who have received the light of knowledge, have to be very careful and cautious. One must understand these aspects, make good efforts, and receive good fruit. So, all that one needs to do is to get the knowledge of good and bad. Those who do good will get good. Therefore, following the elevated advice of God Shiva, one must purify oneself: remove all the evils, and do good.

People speak of purifying water so that they mightn't be afflicted by diseases. There, they purify the water; here we have to purify the soul. We catch diseases from impure things - so people in the world give purified water. Today, they have so many machines; they labour so hard to purify water. The Father says, the soul also needs to be purified. If it is dirty, it cannot go back to its Soul World along with God Father Shiva. Which is the machine to purify the soul? Knowledge and yoga. In the world, people have to spend so much money to purify water. We are getting purified without any expenses; and we get everything purified in Heaven. The elements, water, earth, air, everything will be pure and in perfect order.



Surrender your good desires to God Father, who will make them fulfilled.

THE VIRTUE OF **GIVING**

B y donations, we usually think about donating physical things like food, clothes, wealth, blood, organs, etc. This is very important no doubt, but it's just one aspect of giving.

There's also a more subtle level of donations; which is the donation of knowledge, virtues& powers.

The most wonderful aspect of this subtle donation is the more we donate, the more it increases within us. Hence, sharing knowledge makes our understanding more refined; speaking sweet makes us the first to feel good inside, etc. And this is one wealth which each & every one of us can donate. And since it's this wealth of virtues which is in most scarcity in today's times, by giving these, we're doing the most elevated service to everyone around us.

This underlies the fact that life is all about giving, sharing &co-operating. Like when water is flowing as a river, it keeps nurturing all the plants in it's way. However, when the same water gets locked in one place, it becomes stagnant & dirty. Similarly, life is all about continuing to give, that's where our beauty& true growth lies

Every aspect of nature e.g., the sun, trees, water, earth, etc always gives. All saints, great souls& esteemed personalities have the virtue of giving. The deity in a temple is always shown giving blessings. Devta means dene wala i.e., the one who gives. God is also the eternal Bestower; the One who unconditionally gives love, blessings & sustenance to all. Hence, we have numerous examples of the virtue of giving



in front of us.

When we benefit others with a true heart, it builds our stock of good karma & earns us lots of blessings. Hence, when we encourage or help others to progress, it actually boosts our progress multifold and we end up reaching much higher than we had ever aimed alone. Hence today, let's aim to give at our homes & workplaces. Let's share some of our skills & talents, give appreciation & positive feedback &good wishes, and keep giving love trust & respect in all our actions & interactions.

Indeed, this is the purpose of our life. All of us have the original divine qualities of purity, peace, love & happiness within us. However, only when we use & express them, do we experience them. And the more we express, the more we experience, surrounding our life with goodness all around!

Going a step further, let's connect directly to God to fill ourselves with His divine qualities of Purity, Peace, Love& Joy. Keep taking from God and giving to all. By continuously taking from the Unlimited Source God, we constantly remain full. And the more we keep giving to others, the more these treasures keep increasing within us. Hence, this is the most elevated approach of keeping ourselves and everyone around full of these divine qualities, making each day of our life a festival, a celebration, the way our life was meant to be!

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It is not harmful to possess things, but it is harmful to be possessed by them.

Looking inside

FULFILLING LIFE

Only when I have good and harmonious relations, when I have no trace of anger and ego in my life, only then can I have a fulfilling life.

B.K. Mahima, Gwalior

hiv Baba says, 'To see bad in bad makes the soul weak and poor, whereas to see good in bad makes it healthy, wealthy and wise'.

Why? Because goodness is richness. You feel happy only when you have goodness in your heart. If I have a black heart i.e. the one with cunningness, dishonesty, artificial love then I can never be happy.

Shiv Baba says - Fulfilment is the key to be happy. How can I have a fulfilling life? Only when I have good and harmonious relations, when I have no name or trace of anger and ego in my life, can I have a fulfilling life.

One can keep decorating his body, but if effort is not made to decorate the soul with values and virtues, life becomes an un fulfilling race, which doesn't include any treasure of contentment; where one feels that they're running and reaching somewhere, only to realize that they have been on a treadmill, at which people run but could not reach anywhere at the end of it.

Life can be said to be valuable, only when there are values in it, just like a diamond is valuable because of its sparkle. More the shine more is its value. Those values enable us to value our own life. Shiv Baba says – 'Values like honesty, cleanliness, accuracy, simplicity, truthfulness bring shine on the soul'.

Like, when someone shifts to a new house, he does the best possible interiors to decorate the house, similarly, we should decorate ourselves with values.



Shiva Baba says - your practical life must reflect those innate values. If I dress well, earn well and live luxuriously but behave arrogantly and get angry easily, then who would want to sit with me? That is why it is said, "When character is lost everything is lost". And, character is what I am and how I am when, I am alone, when there is nobody to watch me.

People can talk endlessly about the latest fashion, technology and trends; but they don't have the time to look inside and make themselves beautiful from the inside. All the focus is on the outside. Why? Because, 'outside' is the gross visible part and the inside is the subtle invisible part. My feelings, thoughts, emotions etc. are inside, which are invisible. So, we have found a shortcut of focussing only on the visible part, because it is easy to fake that part.

Transformation inside requires truthfulness and honesty. It demands my time, attention and discipline. It requires steady effort, but the fruit I get is very sweet.

Respect

When we create a thought that someone is wrong, we are disrespecting them. When we understand that they are different, we are respecting them and their perspective.

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23 As God's child you are endowed with unlimited strength to overcome the trials of life.

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Shivratri – Divine Descent And Divine Birth Of God

Contd. from page ... 3 The Divine Abode

The Divine Father. God Shiva, is also the Creator of the three angelic deities viz. Brahma, Vishnu and Shankar, who have a separate abode far-far away from this corporeal solar system and through whom He accomplishes His three self-assigned tasks of Creation, Sustenance and Destruction of this world respectively. He is, therefore called the 'Trimurti' - the Creator of the three deities and is not to be confused with Shankar. Still further away from the subtle region is Shiva Puri, the eternal abode of the Supreme Soul -named also as Param Dham or Nirvan Dham - to which all human souls revert after the destruction, to lie in the state of Nirvan, i.e., in a peaceful state of speechlessness.

In short, God is not Omnipresent, as is popularly believed. He is only a subtle invisible point of light (*jyoti bindu*), whose abode is far away in the sixth element named *Brahma Tattva*. His real sweet name is Shiva, the Doer of Good, which is symbolic, in the sense that the Supreme Soul stands to the human soul in the three fundamental relationships of Supreme Father, Teacher and Guide – all in one, which, even in the worldly sense, are essentially beneficial. And that is why, He has been sung in the scriptures as:

Thou art Mother and Father Supreme, Thou art our Teacher, Giver of knowledge Supreme,

Thou art our All, O Soul Supreme! Descent of the Supreme Soul Shiva

The question that arises is: "How and when does the Supreme Soul actually appear to perform His self-assigned beneficial functions?" The answer is that being incorporeal and free from the bondage of birth and death, He adopts a corporeal medium, through whom He imparts knowledge about Himself and acts as a Guide, Teacher and Preceptor. In other words, He descends onto the body of an ordinary old man and gives His teachings through him. He names this person as Prajapita Brahma and endows him with divine vision and qualities to create a powerful impact on those of His children who are drawn to Him, as it were, like a needle to a magnet.

And this Divine Descent or Birth of God Shiva takes place at a time when He is needed the most, i.e., when the world touches the lowest depths of degradation, sin and misery and the appearance of the Redeemer is urgently called for, as is also written in *The Gita*. The Supreme Soul appears at the end of every 5000 years to bring about the re-establishment of the order of *Satyuga*, the era of peace and felicity and annihilation of the order of *Kaliyuga*, the era of sin and vice, in the *Purushottam Sangam Yuga*. This divine descent, advent or divine birth of God Shiva into the body of Prajapita Brahma is celebrated as "*Shivratri*".

Divine Functions of the Supreme Soul

As a result of these divine acts performed by God Father Shiva, most sinful souls, after suffering punishments, attain *Mukti* (liberation) and revert to *Param Dham* or *Nirvan Dham*, where they lie dormant in a state of peace and silence. The few souls, who, after receiving the Godly knowledge through Prajapita Brahma, have purified themselves and extinguished their sins by constant remembrance of God Father Shiva, attain *Jeevan Mukti* or, in other words, are elevated by Him to deity status, as a reward of their earnest endeavours to uplift themselves. They also revert to *Param Dham*, from where,

The stage of Brahmin is the wisdom state in which man remains immersed in God. Feb. 2023

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after a short while, they pass on to the *Satyuga world* to relive through 21 lives in perfect peace, purity, bliss and felicity according to the status they have attained in the celestial hierarchy.

At the head of this spiritual hierarchy stand Prajapita Brahma, and also Jagadamba Saraswati, who are subsequently reborn in Satyuga and reign together as sovereigns in the beginning of the Satyuga as Shri Narayana and Shri Lakshmi, succeeded by eight generations of their descendants. This Golden period runs uninterruptedly for 1250 years, under the name of Suryavanshi dynasty. Then follows Treta Yuga with the peaceful reign of Shri Rama and Shri Sita, which is proverbial even to this day under the name of 'Ram Rajya'. Twelve generations of their dynasty, known as Chandra Vanshi, rule Bharat undisturbed for another 1250 years. With the passage of time, however, this bliss and felicity begins to deteriorate gradually at first, but sharply thereafter, as a result of their godliness becoming diluted by the inroads of body-consciousness.

Maya, the great temptress, continues corrupting the lives of people until at last, they begin to succumb to the five great vices - sex, anger, avarice, attachment and last but not least, arrogance. These vices bring sin, misery and pain. To get released from them, people resort to the practice of all kinds of sacrifices and austerities and seek relief in the fruitless study of scriptures — Vedas and Shastras and practise various cults and forms. The Bhakti cult, in course of time, comes to dominate all the rest. Despite all this, the moral and spiritual decline of man continues progressively during the next 2500 years until, at last, he reaches the end of Kaliyuga in his moral dismal, degenerated and degraded state. At this crucial stage, the Incorporeal Supreme Soul Shiva, for the purpose of reviving the divine faith and reestablishing the reigns of righteousness, Himself descends from His eternal abode, and uses a human conduit to impart training of Rajyoga meditation to human souls, thereby restoring them to their former state of pristine glory and celestial sovereignty. At the end of the cycle, the world undergoes transformation through natural calamities, endemic civil strife, and through nuclear and thermo-nuclear bombs and missiles - the self-created engines of ultimate self-destruction.

God Shiva – Our Loving Father, Guide and Teacher, All in One

Summing it up – God is our Teacher, because He teaches us *Gyan* and Yoga. He is our Guide and Preceptor because He teaches us to attain *Mukti* and *Jeevan-Mukti* and above all, He is our loving Father, because He actually comes to take us back to our real abode. It is a great pity indeed that while we keep chanting His name as such through the ages, we are so sadly unaware of the significance of this vital Father-Guide-Teacher relationship, as also the fact that He does come to meet us at a scheduled period. Is it any wonder then that, due to lack of this sublime knowledge, we cheat ourselves of the rich rewards that might be ours, if only we know?

From the foregoing, it is clear that the present time is the fag end of the Iron Age and the dawn of the Golden Age, in that the human souls are in the firm grip of sins and vices and have become totally devoid of Godliness in consequence. The human world has become enveloped in misery due to lack of peace and its destruction is imminent. The Supreme Soul Shiva has already descended and is imparting divine knowledge. It is for us to be awake and to take our divine inheritance from the Father. This is the real significance of "Shivratri".

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The only temple God loves most is the temple of devotee's inner silence and peace.



Ahmedabad: New Community Radio Station 'Radio Sabarmati' is being inaugurated by Ms. Bhavini Jani, film actress, Mr Maulin Munshi, Deputy Director of All India Radio, BK Karuna, BK Chandrika, BK Lalit and BK Yashwant.



Mohali: Brahma Kumari sisters organized seminars on 'National Girl Child Day' in various schools. BK Aditi and BK Harbeen are seen here in group photo with students.



Sambalpur: BK Arati, BK Deepa and BK Suryanarayan are with Sufi Singer Padmashri Kailash Kher after a spiritual discussion.



Badaun(UP): Mr BL Verma, Union Minister of State is being presented Godly gift by BK Saroj.



Hardoi (UP): Mr. Ravinder S Baghel, Director of DIET is being presented Copy of 'World Renewal' by BK Onkar and BK Malti after conducting programs for students in 20 Colleges and Schools.



Mumbai (Ghatkopar): 'Maharana Pratap' Fame - Actor Sharad Malhotra is with BK Nalini and BK Nikunj after celebrating his birthday at BK Centre.



Warangal (AP): BK Savita is presenting Godly gift to Mr. Ranganath Garu, Commissioner of Police along with BK Sudhakar and BK Devi.



Azamgarh: Mr Dineshlal Yadav, MP is being presented Godly gift by BK Geeta.

Big Concern

better.

ANXIETY: THE ROOT OF STRESS AND DISEASES

A person suffering from anxiety dies many times before death. So stop worrying, be patient, wait a little, tomorrow will be good.

a person has misunderstood someone, then it

becomes like a mountain by worrying. Suffering,

troubles, difficulties come in everyone's life, but

think and focus only on those actions that you

need to do, and then everything will start getting

if you wait a little, then it becomes green again. In

other words, stop worrying, be patient, wait a

little, tomorrow will be good. What once was

predicted as the future is happening now, what is

happening now will become past. So why worry?

No matter how much a human may worry about

a problem, can his thinking solve the problem?

Remember - a person suffering from anxiety

It is natural to have anxiety in life, but if it lasts for a

long time, many diseases start. All diseases arise

in the mind out of worry. Nothing manifests in the

body until a mental state is created corresponding

anxiety reduces the immunity of the human body.

Anxiety is the root of stress and diseases:

dies many times before death.

Every difficulty in life is like a red light in traffic,

B.K Ram Singh, Rewari here is a saying: Worry so much that the This increases the risk of all kinds of diseases. work gets done and not so much that life Anxiety and stress are the roots of all diseases. reaches the verge of ruin because at The diseases caused by anxiety are: heart present people worry more than their limit. When disease, arthritis, ulcer, diabetes, blood pressure, someone worries every moment, then his speed thyroid, tooth decay, paralysis, kidney problems, of thinking accelerates. If a person worries about loss of eyesight, hormone disorders, loss of problems which are not there yet, then by beauty, early aging etc. thinking in vain such problems start emerging. If

You do not get ulcer only from what you eat and drink, ulcer is also caused by what you are eating, that is, anxiety. America's famous physician, Mayo Brothers said that more than half of our hospital beds are filled with people suffering from mental and emotional illnesses. Their emotional and mental illnesses are not caused by nerves or loss of nerves, but by feelings of worry, frustration, waste, anxiety, fear, defeat and frustration.

Regarding anxiety, Plato said that the biggest mistake a doctor makes is that he tries to treat only the body without treating the mind. So, the best way to combat worries is to use one's time to achieve in a fair and unbiased way, and then worries will usually blow off like steam in the light of that knowledge. Second, we should identify negative mood states like anxiety and jealousy i.e. whenever any negative emotion comes in the mind then immediately become a spectator. By doing this the feeling will come and go like a cloud.

Learn to Fight Anxiety: Doctor Alexis Carell says, "Persons who don't know how to fight anxiety die young". That is, it is obvious that everyone worries. But worry can do nothing to a

By self-realization through Rajyoga, you become free from mental and physical pains.

to it. Anxiety surrounds man like a black wall, from which there is no way of escaping. Any kind of



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person who knows how to fight anxiety. That's why we should come to fight with anxiety. To fight with worries, first of all, find the real cause of worry. Three things are necessary in this: First, consider the practical side of worry because most of the worries are worldly. If you move forward thinking like this, then worry will not be fatal. Second, adopt a spiritual method that I am not a body but a soul and God is always my companion then the same worry will not come again. Therefore, concerns should be dealt with the contemplation of spirituality and the world.

Big cause for concern: In fact, when a person is worried, he cannot do anything, whereas the only way out of worry is: Doing something. The longer a person lives in anxiety, the more time he loses to improve his life. Therefore, in order to overcome anxiety, it is important to know the cause of worry first. There can be many reasons for worry, but the biggest reason is confusion. This confusion or uncertainty scares many people. Therefore, the confusion can be removed with a single process. Write down the problem, writing down concerns breaks the mental cycle of worrying. Check the fact and take immediate decision and solve it. Remember: Whatever happened is good, whatever is happening is happening for the best, and whatever will happen will be very

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good, then what is there to worry about?

Anxiety doesn't allow it to work at full capacity: It has been seen that individuals keep blaming their own troubles for their failures and keep embroiled in the shortcomings and weaknesses of their past, on the other hand, the worry of the future keeps them from taking big decisions and moving forward. But the time has passed, no matter how sad you are, you cannot change it. But no matter how much you worry about the future, nothing can be achieved, that is, worrying about the future is like repaying the loan that you ever took. Now, it is the present that can be lived. But the past can be learned from. Tomorrow is ahead, preparations can be made for this.

Eliminate the problem at the beginning: Do the work you dislike immediately, your anxiety will automatically reduce. The longer you postpone the work, the more the pain will go on because the fear of delay increases. Fear and anxiety are eliminated by doing karma. Do the works you are worried about today and now, then you will feel that your fear or worry will end. But as long as we keep postponing that work, we will stay worried longer, so any problem should be ended in the beginning because by postponing our confidence also decreases.

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Jagannath Puri: HE Prof Ganeshi Lal, Governor of Odisha is being presented Godly gift by BK Nirupama and others.



Sonipat(Hry): HE Acharya Devvrat, Governor of Gujrat is being presented Godly gift by BK Ramdevi.



Jaora (MP): HE Thavar Chand Gahlot, Governor of Karnataka is being felicitated with bouquet by BK Savitari.



Kohima: Mr. J Alam, Chief Secretary of Nagaland is being presented Godly gift by BK Roopa.



Bengaluru (Yelahanka): Inaugurating a program on New Year are Dr. S.V. Suresha, VC of University of Agricultural Sciences-Bangalore, BK Subhadra, BK Vijayalakshmi, BK Surendran and Dr. Venkatesh.



Narora (UP): Pandit Dhirendra Krishna Shastri, head of Bageshwar Dham Sarkar is being presented Godly gift by BK Ragini.

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New Delhi: HE Draupadi Murmu, the President of India is being felicitated by BK Chakardhari, BK Dr Savita, BK Harilal, BK Shikha and BK Leena at President House.

Gurugram (ORC): Inaugurating the program "Celebrating the Legacy of Brahma" are HE Bandaru Dattatreya, Governor of Haryana, BK Asha, BK Shukla, BK Pushpa, BK Monika and others.



Bhopal:

HE Gangu Bhai Patel, Governor of MP is inaugurating the campaign 'My Madhya Pradesh, Addiction Free Madhya Pradesh' along with BK Avdhesh, BK Neeta and BK Dr. Banarasi.

Gandhinagar: The newly elected Chief Minister of Gujarat Mr. Bhupendra Patel is being felicitated by BK Kailash after the swearing-in ceremony.

