

**PROGRAM TOPIC** : Internal Transformation Retreat

**DATE** : 18.06.18(Monday)

**VENUE** : Sakthi Sarovar Tapovan, Madurai, Tamil Nadu

**GUEST NAME AND DESIGNATION:**

- 1.B.K. Meenakshi behnji, Director of Madurai sub-zone
2. BK.Uma, Sub zone co-ordinator, Madurai
3. BK.Beena, Co-ordinator, Tamil Nadu, South Kerala, Pondicherry zone,
4. BK.Muthu Mani, Senior Rajyoga Teacher
5. BK.Yashwanth, IT wing co-ordinator
6. BK.David, Art dept., Gyan Sarovar, Mt.Abu
7. BK.Thulsi, Audio Dept., Mt.Abu

**PROGRAM ORGANISER:** Vishwa Shanthi Bhawan, Madurai, Tamil Nadu

**PROGRAM SPEAKER:**

- 1.B.K. Meenakshi behnji, Director of Madurai sub-zone
2. BK.Uma, Sub zone co-ordinator, Madurai
3. BK.Beena, Co-ordinator, Tamil Nadu, South Kerala, Pondicherry zone,
4. BK.Muthu Mani, Senior Rajyoga Teacher
5. BK.Yashwanth, IT wing co-ordinator
6. BK.David, Art dept., Gyan Sarovar, Mt.Abu
7. BK.Thulsi, Audio Dept., Mt.Abu

**CENTER INCHARGE'S NAME:** B.K. Meenakshi behnji, Director of Madurai sub-zone



**The retreat started with KuthuVilaku ceremony by the guests. (From left to right)BK.Bala Kishore, BK.Shanmuga Vel, BK.Uma, Sub zone co-ordinator, Madurai, BK.David, Art dept., Gyan Sarovar, Mt.Abu, B.K. Meenakshi behnji, Director of Madurai sub-zone, BK.Yashwanth, IT wing co-ordinator, BK.Bharathy, BK.Banu, BK.Thulsi, Audio Dept., Mt.Abu, BK.Beena, Co-ordinator, Tamil Nadu, South Kerala, Pondicherry zone, BK.Muthu Mani, Senior Rajyoga Teacher**



**BK.Yashwanth, IT wing co-ordinator, BK.Uma, Sub zone co-ordinator, Madurai, BK.David, Art dept., Gyan Sarovar, Mt.Abu, B.K. Meenakshi behnji, Director of Madurai sub-zone initiated the session with blessings, BK.Thulsi, Audio Dept., Mt.Abu, BK.Beena, Co-ordinator, Tamil Nadu, BK.Muthu Mani, Senior Rajyoga Teacher**



**A short and warm welcome address has been given by Senior Rajyoga teacher BK.Senthamarai.**



**“How to balance Service and Professional life with Spirituality” -A message filled, encouraging session given by BK.Bala Kishore.**



**An energy filling in a morale morning experience has been given by the senior teachers for the gathering. All Brahmins sat before Dadi photos and inculcated their specialities in yoga.**



**Followed by it, the gathered IT Brahmins sat before Mamma and meditated and experienced silence for nearly 15-20 minutes.**





**To embark in God's heart a small spiritual game had been conducted for the participants of the IT retreat. All the IT participants participated in the game with full energy.**



**Panel discussion with IT heads of Brahma Kumaris with the participants.**



**BK.Dhilip gave a session under the title of balanced and detached service endures blessings for the present and the future.**