

Biggest international yoga meet begins at Siri Fort Auditorium, Delhi

New Delhi, March 17: The capital's biggest international gathering of yoga practitioners today saw people from 70 countries come together to highlight the benefits of Rajyoga meditation, which they called "India's most valuable gift to the world".

The yoga experts from abroad, among them doctors, professors, business leaders, and voluntary workers, shared their insights and experiences of how spiritual practices that originated in India are shaping their lives.

They were speaking on the theme, 'Call of Time for World Peace', during a two-day International Conference on Yoga for Universal Peace and Holistic Wellbeing, organised by the Brahma Kumaris, at Siri Fort auditorium.

Photo captions:

Photo 1: Well-known motivational speaker BK Shivani speaking during the International Conference on Yoga for Universal Peace and Holistic Wellbeing, organised by the Brahma Kumaris,

at Siri Fort auditorium today.

Photo 2: Delegates from India and abroad lighting a lamp during the inauguration of the International Conference on Yoga for Universal Peace and Holistic Wellbeing, organised by the Brahma Kumaris, at Siri Fort auditorium today.

Photo 3: Delegates from India and abroad lighting a lamp during the inauguration of the International Conference on Yoga for Universal Peace and Holistic Wellbeing, organised by the Brahma Kumaris, at Siri Fort auditorium today.

Photo 4: Kim Wainer, a yoga instructor from Australia, performing a yoga dance during the International Conference on Yoga for Universal Peace and Holistic Wellbeing, organised by the Brahma Kumaris, at Siri Fort auditorium today.