

## International Women's Day Nariv Darshan

Radio Madhuban 90.4 FM has always focused on women empowerment and social integration of women in all spheres of life. To mark the occasion of the International Women's Day, Radio Madhuban Community Society organized a 10 day community development program which was concluded at a grand celebration in Shantivan on 8th March' 14.

The theme of the entire project was rightly chosen as 'Nariv Darshan' to celebrate the joy of womanhood and awaken the inner beauty & inherent abilities of the women. The outreach programs included innovative activities & games, creative workshops and wide-ranging training sessions to promote inclusive growth in the local community. Public discussions and dialogues with experts and experienced facilitators were also held on stimulating topics like personal and public hygiene, family values, health and child care, building relationships and the power of women.

During the 10 day long community programs, women and girls came in large numbers to actively participate in different activities and showcase their talents. It was an opportunity for all the ladies to come together and share their ideas and express their opinions about different topics of social importance. A lot of the participants commented saying that the programs reminded them of their childhood and they felt really happy to have indulged in such informative and creative activities on such an encouraging platform.

The concluding ceremony, held in Shantivan, was graced by the eminent presence of Smt. Padma, Pradhan, Revdar, Smt. Uma, President, Inner Wheel Club, Smt. Vijay, Manager, Shivmani Home, Abu Road and BK. Rajni, Director, BK Centers, Japan. Over 150 women from different villages in Abu Road had also gathered to celebrate to occasion. A group of 10 children of Revdar Public School presented a heart-touching play on 'female infanticide'. A panel discussion was also conducted with our esteemed guests to share their experiences and motivate the community. Their life experiences proved to be very thought provoking for everyone present. During the celebrations, a declamation competition was also organized on topics like 'Nariv darshan', 'Achhi Parvarish' and 'Nari Se Lakshmi'. Participants were given 3 minutes to express their views. Out of 20 contestants, Ms. Rashmi from Raj Hans Colony stood 1st, the 2nd prize was taken by Ms. Shakuntala of Shivmani Home and 3rd prize was bagged by Ms. Lalita of Gurunank Colony.

The winners were felicitated by our guests and awarded certificates and exciting prizes for their achievement.

While sharing her experience, Smt. Uma, President of Inner Wheel Club emphasized that tolerance is the most crucial virtue for women. She recalled her own mother, who encouraged them to study and never expected children to help in domestic work even though she remained ill for a long time. That, she said, moved her very much and became a lesson in her life forever.

Smt. Padma, Pradhan, Revdar said that the beauty of a woman is enhanced if she remains within the various limitations or 'lakshman rekhas'. They add to her dignity and respect. She further added that while living comfortably and acclimatizing to these boundaries, women can enjoy all sorts of freedom and progress.

BK. Rajini, Director, BK centers Japan guided every one through a meditation experience and shared her spiritual wisdom. She urged everyone to never worry and always be happy. She reiterated that the regular practice of meditation helps us live happily.

The Station Manager Mr. Yashwant Patil and Programme Head Mr. Tulsi, wished everyone a Happy Women's day from Radio Madhuban's side. They said that Radio Madhuban, as a community radio, is a platform for the community to show their talent and use it for the public benefit. The team Radio Madhuban thanked everyone for their presence and coming together for the celebrations.