

The National Conference on the “Call of Time towards Holistic Environmental Excellence” was organized at the prestigious venue of Vigyan Bhawan, New Delhi on 27th and 28th. This was to celebrate the 25 years of service of Scientists and Engineers Wing, Administrators’ Wing and Medical Wing of Rajyoga Education and Research Foundation.

This important venue is under high security. There was prior online registration and on spot registration for the event. Only people having entry passes were permitted. Car passes were also issued to enter the venue gate.

The two day event took place in the main Auditorium having 1200 seats. The stage was beautifully decorated with pink, red and yellow roses. Volunteers were guiding the audience to take their places in the hall. The program started on time. At 10 am we had a joint inaugural of all three wings. This was followed by a panel “Mind management for disaster management” in which Dr. Ashok Mehta represented the Medical wing, Mr. Sita Ram Meena from Lucknow represented the Admin wing and Sister Shivani represented the Scientists and Engineers Wing. Actor Suresh Oberoi was also one of the panelist. Lunch was made by Brahmins in a tent outside Vigyan Bhawan in the parking area for 1500 people.

The afternoon session post lunch was for Administrators “Spiritual Empowerment for Managing Disaster” in which 800 people took benefit. The stage was Honoured by Ms. Krishna Tirath, Union Minister of State for Women and Child Development; Ms. Nita Chawdhury IAS, Secretary, Ministry of Youth Affairs, GOI; Ms. Sujaya Krishnan IAS, Joint Secretary, Ministry of Health and Family Welfare, GOI. Senior BKs, Asha behn, Brij Mohan bhai, Avdesh Behn, Bhopal and Harish Bhai from Mt. Abu were also present. A book titled “Insights into Good Administration” containing articles on administration and experiences of senior administrators was released by Mrs. Krishna Tirath on the occasion. She has lots of love for the BKs and adjusted her schedule to be with us for 30 min before going to another programme.

It was the first time Sister Nita was a part of a BK program. Through her experiences she highlighted how bravery, clear intentions, pure heart, will power, truth, courage, the power to face challenges, the bhawna to serve the people and faith in God have helped her in challenging situations in her career as an IAS officer. Sister Sujaya shared the holistic approach and initiatives taken by the Ministry of Health. Brij Mohan bhai emphasized that we need to raise our consciousness to become soul conscious to maintain stability in turbulent times and be an effective administrator. He said we need to have a clean mind for decision making in times of chaos. Asha behn said that there are two attitudes – to give and to get. We need to cultivate the “to give” attitude like the deities. She also shared the importance of blessings. Avdesh behn who is the National Coordinator of Administrators wing shared through her experiences the power of mediation to save her life during Bhopal Gas Tragedy and also when she once encountered a tiger near Nakki lake. Harish bhai who is the H.Q. coordinator shared sewa news. He mentioned that training for IAS officers has been conducted at Andhra Pradesh, Tripura, Goa, Gandhinagar, Ahmedabad and other places too.

Dadi Janki’s video message from Madhuban specially sent for the conference was also showed on the second day of the conference in which topics like Holistic Health, Renewable Energy sources, Holistic R & D and Science of Mind Management for Harmonious Living were also covered.

On 28th Morning, after Murli class, the Committee Members of Administrators wing who came from all over India to participate and offer their services, were welcomed and felicitated at ORC.

On 28th Oct a Meditation Retreat on “Overcoming Ego & Anger – the Enemies of Administration” was organized at Om Shanti Retreat Centre. This was attended by 180 people including Govt. officials and those from private sector. Brij Mohan bhai introduced the topic for about an hour. He said that the antidote for Ego is Humility. When we bow with humility it makes others bow in front of us. He used the example of the tree that the more a tree is laden with fruits the more it bends similarly the more qualities we have the more humble we become. He said that the main reason for anger is our unfulfilled expectations and the antidote for anger is Mercy. Brother Rakesh Mehta, State Election Commissioner of Delhi shared how the practice of regular meditation has helped him. He said that we should deal with others as we would want to be treated. Brother Bharat Trivedi of Atul Industry from Valsad and Sailesh bhai from Godra also shared their experiences with the gathering. Asha behn said that we need mutual love and respect to overcome anger. She also mentioned the slogan ”Bow-bow, die- die, learn-learn”. This was followed by Questions and answers. Later Prem behn from Mohali conducted powerful meditation.

25 programs at various organizations in and around Delhi have been organized on 29th and 30th Oct to mark the Silver Jubilee of the Wing. Senior committee members are with us as faculties and to facilitate these seminars and workshops.