Dr Nirmala visits Mauritius, 24 – 30 September 2012

In 1975, she sowed the seed of service in Mauritius, prepared spiritual saplings, sustained them, made them grow and when their roots had become sufficiently firm, Baba called her to other lands in 1978 to prepare similar spiritual saplings. One could imagine how emotionally charged and sweet would be the meeting, after 34 years, between the Master Gardener, Didi Nirmala, and the former saplings, (now full bloom flowers) who have themselves become spiritual Gardeners looking after and sustaining other saplings on the land!

The Conference ‘One God One World Family’ provided the perfect alibi for that meeting to be made possible with the blessings of Dadi Janki.

Didi Nirmala accompanied by Sister Shobhna from Mumbai set feet on the land on 24 September and was royally welcomed on the same day by all the spiritual flowers of the island and most especially by the very special flowers (Centre Instruments) who made their debut on this spiritual path under her direct guidance and sustenance, more than 30 years back. The meeting were moments of sweet reminiscences of the yagya’s humble beginnings in a small rented house. Introduced as Nirmal Ashram, Didi Nirmala spoke on the need to understand the call of the present time and be ever-ready. To be able to face the fearsome forms of matter, she prescribed stabilizing on the Immortal Throne and becoming the image/embodiment of Master Great Death (Mahakaal) and experimenting with the power to pack up.

True to her royal sanskars of punctuality and value for time, she started and finished sharp in time and without wasting a second, proceeded to Baba’s room for the evening meditation.

The Conference on ‘One God One World Family’, took place on Saturday 29 September at the University with the aim of fostering peace and harmony among the different religions and to promote national unity. The President of the Republic of Mauritius, His Excellency Mr K. Purryag honoured the event in the presence of eminent speakers of the island.
In his opening address, His Excellency Mr K. Purryag, President of the Republic of Mauritius, emphasized the great need for the revival of spirituality at a time where the world is facing various challenges at social, economic, cultural levels. “Without peace, a nation cannot progress”, he said. He paid tribute to Dr Nirmala for having been instrumental in establishing the first branch of the University in Mauritius and for her 50 years devoted service to mankind. He was equally elogious for Didi Chandra for subsequently taking the helm, making the University a Centre for Spiritual Learning par excellence and helping the organization to obtain the first National Unity Award in 1999.
Mr Yusuf Abdullatif, eminent Writer termed the Conference as a “breath of fresh air and a hope for humanity”. He exhorted people to use the language of the heart and to be more compassionate to promote the concept of One World Family.

Mrs Kim Darga, HR Director, said that, irrespective of our origin, we all belong to One World Family and we all aspire to have happiness in our life. The path to happiness, she believed, can be reached through reflections and going inwards.

Mr Yvan Martial, well known Journalist, pointing to the bouquet of flowers in the auditorium, invited the audience to feel the pleasure of looking at the beauty of the variety flowers (that is, people of different cultures) compared to looking at a single flower. He praised the BK organisation for being an excellent postman for sending invitation for God. To get to know God, he exhorted the audience to first know themselves and find answers to fundamental questions such as: who are we? What are we doing here? What is our aim in life? Where will we go after death?

Professor V.P. Torul, President of the Commission for Conciliation and Mediation referred to the Vedic philosophy which promotes the belief of One God being the Centre of Unity. He said that the concept of globalization is a vedic one: One God, One Universe, One Eternal Dharma, One Family of humanity (Vasudev Kutumbakam)
Dr Nirmala mentioned that people have been in search for God since long time by studying the scriptures, going on pilgrimage and through gurus. “It is not possible to find God intellectually. It is not possible to connect to him unless we know him”. God is light, she said, and He incarnates when there is irreligiousness to give His own accurate introduction and to establish a nice garden of living flowers. “When we have the realization that we are brothers and sisters, our consciousness, attitude and action change and we are then able to lead a peaceful and harmonious life”. She concluded that she is
“pleased to say that the days are close when there will be heaven on earth and to get there, we have to follow the teachings of heavenly God Father”.

The Conference ended with the signature by the President and the speakers of a pledge to promote the Concept of One God and One World family. The public also signed the same pledge collectively on a large piece of paper.
Signature of pledge by the public.

Didi Nirmala looking at the collective pledge.
She delivered talks at two other public functions on

(i) “Adding Values to Villages” in front of a crowd of around 500 persons and in the
presence of Hon. D. Kamajeet, member of the Legislative Assembly and Parliamentary
Private Secretary and

Didi Nirmala addressing the audience in front of a crowd of around 500 persons.

View of the audience.
(ii) “Overcoming Stress” to a selected group of personalities belonging to the Gujrati Community.

Didi Nirmala had the opportunity to conduct classes and meet the Brahmins at each of the main centres – Quatre-Bornes, Curepipe, Central Flacq, Khoyratty and Rose-Belle. Additionally classes were arranged with specific groups: Kumaris, Brothers, Couples, Centrewassis, Centre Co-ordinators.
For instance, some 70 to 80 kumaris were convened for class in a cool, natural atmosphere on a plot of bare land of several acres at Wooton Curepipe, graciously leased to the yagya by the Government. To the Kumaris, Didi Nirmala drew attention on the subject of complete purity. She elaborated extensively on the subtle signs of the impurities of ego, body consciousness, anger, carelessness, greed, laziness. To be able to achieve complete purity, she advised the Kumaris to remain introvert and be prepared to die: die from all relationships and all sanskars.

With the brothers, she took up the subject of ‘Balance between Lokik and Alokik life’. Transform your awareness into alokik, be a good example wherever you are, make your every activity a means of service, use time in a worthwhile way through study, yoga and service, do not entertain materialistic desires, attend lokik functions only when there are opportunities for service, were some of her advices to them.

Conclusion: The 7 day visit of Didi Nirmala, was felt as a 7 days’ refresher course in the essential dharnas and practical spirituality for the family. We can but be grateful to Baba, Dadi Janki for so much care.