

To the Lights of BapDada's Eyes, Loving greetings from Shantivan!

Dadi returned to Shantivan on Monday, 22nd afternoon after a 6-day trip to Andhra Pradesh, South India. The main purpose of the trip, as you have heard, was to receive honorary Doctorate degree from GITAM University, Visakhapatnam. It is truly amazing how Baba works through His instruments. It's Baba's work that is being acknowledged and respected in every corner of the world.

Dadi returned to welcome 4000 Teachers (who have been dedicated for 11 years and above) for their annual bhatti. This group was specially invited to Abu during Dadiji's 4th anniversary of ascension, as many had expressed their desire to be present for 25 August. All of them have taken immense sustenance from Dadiji, and are eager to make this bhatti very, very memorable. Dadiji's powerful mantra: Nimit (Instrument), Nirman (Humble), and Nirmal Vani (Pure Speech) is sounding in our ears time and again.

The scene in Diamond Hall yesterday evening, at the Opening, was unique. Dadi Janki, Dadi Ratan Mohini, Mohiniben, Munniben, Ishu Dadi, Sarla Didi, Didi Nirmala, Santoshben (Mumbai) were on stage to welcome the sisters.

Dadi Janki's loving address: My day and night are based on three Om Shantis: 1) Who am I? 2) Who do I belong to, and Who belongs to me? 3) What do I need to do? Every breath, thought and second is being used in a worthwhile way in this manner. You have attended bhattis many times, but now claim the stamp of perfection and completion. Remember the sustenance, study and attainments received over the years. You are here to bring those teachings into practical form. The practical form of knowledge and yoga is our dharna. The God of Gita says, 'The one who is knowledgeable is loved by Me.' So check, am I really loved by God?

With attention on the self, there won't be any tension. Check to see that nothing of the past or old sanskars remains on the memory track, face or behaviour. Let no one say, 'You too are this way....!' Negativity or waste remaining on the memory track does not get erased easily. It automatically emerges in my smriti (consciousness). Then I forget what Baba is telling me face-to-face, and I only remember the situation or person. Allow spiritual love to determine your actions.

Do service like never before. Keep busy in effort-making and service, and you will be all right forever.



No one should look at us and say, 'What a pity! She can't move ahead in life, her progress is so hindered...' You are a lighthouse, so do your job by drawing in power from the One.

You normally come to Madhuban for refreshment and recharging of the battery, but now sit in this bhatti with the aim of ending all falsehood, sorrow and peacelessness. Free yourself from all remaining accounts. Baba had once said it is possible to become karmateet while living in this body, so Dadi wishes for you to experience this now.

Dadi Ratan Mohini shared the aim of the bhatti: "What will the world feel when it sees all of us come on stage in our angelic forms? Do we have the intoxication that God bestows His own titles of us instruments? You have come to Madhuban to enhance your stage of tapasya. The final stage of purity we aspire to is where no weaknesses remain. Everything that is old has to be sacrificed....swaha!"

Mohinibehn of Madhuban shared her good wishes saying, "Our Dadis and Dadas established the yagya with sadhna (spiritual endeavour), knowledge, renunciation, tapasya and service (in that order). But somewhere along the way service has taken precedence in most of our lives. Let us use this time to strengthen our renunciation, and fill our relationships with deep, spiritual love."

Dadi Gulzarji arrives in Abu on 24th morning. 25th morning after Murli, we will stand by Prakash Sthamb and offer our respects to Dadi Prakashmaniji in silence for 10 minutes. Around 10.30am, Dadi Gulzarji will offer bhog to Baba and Dadiji.

25th evening is a special programme for VIP contact souls of Abu Road and different parts of India, in Shantivan, in honour of Dadiji.

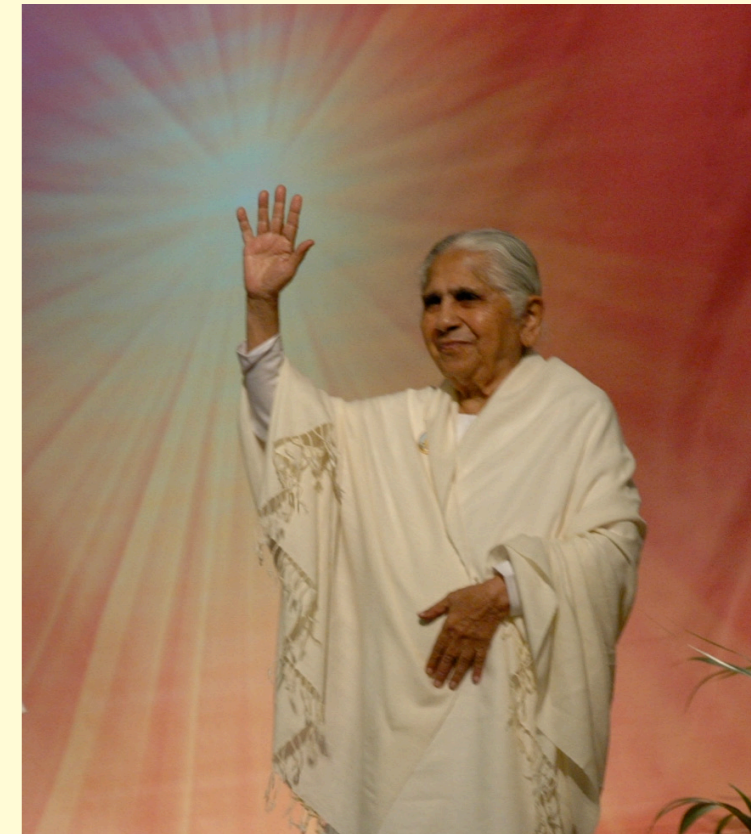
In Baba's sweet remembrance,
BK Janki



Brahma Kumaris - Dadi Magazine - September 2011

In this issue

- 2 *Remain happy and give happiness*
- 3 *Let there be benefit in everything*
- 4 *Celebrating Purity*
- 7 *Self sovereignty through divinity*
- 8 *What do I need to do now? (with teachers)*
- 10 *Am I my own friend?*
- 11 *Creating the Right Mind Set*
- 13 *Rakhi, meeting students of ORC & Gurgaon centres*
- 15 *I like drama*



Dadi Janki – 4th September 2011 (On the 20th anniversary of the inauguration of Global Cooperation House)

Dadi's one and only concern is that the whole world should know that we are going to the land of peace. Everyone needs to experience the benefit of the Confluence Age. Today is a day of great happiness and now Global Cooperation House is 20 years old. We are all dancing in happiness. Baba has given us such a wonderful House. What is cooperation? Baba has taught us and has made us easy yogis and cooperative. Each one look and see how much power, happiness and peace you have so that the stage becomes and remains blissful. Baba has come into our nature and sanskars and body consciousness has finished. Baba has made us light and continues to fill us with might. Having becomes Baba's and with the power of purity we receive might.

This light and might makes us into world benefactors and we become so fortunate. Those who are sitting in front are sweet and lovely and keep Baba in front. I could rotate the rosary of names of everyone, and each one accept love and remembrances from Madhuban, Baba and the whole family. The whole world's attention is on Global House. From Global House many big centres have emerged for Baba. In

the UK, GRC, Worthing and now Manchester. So the UK is OK. Baba makes the whole world a united kingdom.

It is the wonder of those who have come and gone from Madhuban. Let the jewel in the forehead sparkle and be victorious, and there will be no problems of the mind, relationships nor the body. Those who keep Baba in their heart, will give visions from their foreheads. Congratulations to everyone.

Baba says: 'you are in Baba and Baba is in you'. Each one sees the wonder of Baba. Keep the thoughts yogyukt so the feeling of fortune and happiness continues because Baba is making us so fortunate. Our faces should be such, they remind others of Baba.

Keep smiling with happiness and don't get tired... Have no name or trace of tiredness.

Love and remembrances to everyone throughout the world.
BK Janki



DADI JANKI – 30 AUGUST 2011 (PM) – SHANTIVAN REMAIN HAPPY AND GIVE HAPPINESS



When there is a gathering for meditation, many souls are pulled by the string of love to come and sit in the gathering. As soon as we walk into the room, we start remembering Baba because of the vibration of others sitting in remembrance. It is love that pulls the soul and when there is love the soul experiences happiness. As Baba's children we don't want temporary happiness; we have been shown by Baba how to achieve permanent happiness. There is a deep connection between peace and happiness. If I am not happy I cannot be truly peaceful. My face should reveal my happiness. Happiness is not something that remains hidden. Nobody should need to ask whether you are happy or not. So, see your own face. When someone else speaks, my face reveals my feelings and intentions. Whether I am speaking or not, there are other aspects of me which speak for themselves and one of them is the expression on my face. When I speak, my heart and mind speak along with my mouth. On becoming Baba's we learned what real and total happiness is. The type of happiness which we receive from God is unlimited. As much as I give it, I receive more. No-one can reduce my happiness because it comes from God. Anyone can take as much happiness as they like from Him. Baba can pull the soul into happiness in one second. Some souls get tired of taking happiness but Baba never gets tired of giving. Some may get tired of listening but our sweet Baba will then give happiness through vibrations.

In fact, if you keep taking you will automatically become one who gives. You will become a 'giver'. You will have such happiness and give such happiness that you become a charitable soul. So, my attention should now be on remaining happy and giving happiness.

ness. Remain in the intoxication of what you have been given and who has given it to you. It is not a small thing! God Himself has given me so much! Think about what He has given you. You will then be able to stay in intoxication. Even if someone says something to bring you down, when you are in that intoxicated state, they will not be able to affect you. Stay in this true intoxication and you will be constantly content. You will then not need situations or people to satisfy you temporarily so that you can feel contented. Rather, you will remain in a constant stage of peace-filled contentment. No-one will have to be concerned about such a soul. They will always be in a state of fulfilment. Why is Dadi telling you this? Because there now needs to be a deep love to create such a stage. I need to light this type of fire within myself. When the soul makes this type of effort, Baba gives a lot of deep, subtle help. If you don't create this stage now then... you never will. It really is, as Baba says, 'If not now then never'. It is the time to remain in deep peace and happiness.

Even if you made a mistake yesterday, it is yesterday's mistake so forget it and move on. Make it a stepping stone for you to leap forward. To remember things of the past is a big mistake. Baba tells us again and again that we are on a pilgrimage. Whatever I am doing, I am on a pilgrimage and thus I have to keep the constant awareness of reaching my destination and merge everything else. I have to only remember that which is useful. I am on a pilgrimage, I am travelling light, I don't have to worry about anyone and I have to be such that no-one worries about me. I have to make sure that my last thoughts are right and so I have to make sure that I am following Shrimat at every step. I have to keep checking in every situation:

What is Shrimat? And I have to use my mind accordingly. It is Shrimat that can make my mind peaceful and my intellect pure. If I am not following Shrimat, there will be some waste or impure thoughts which emerge in the mind, affect the intellect, and cause a loss in the income that I have accumulated. And this will happen even if a great deal of income has been accumulated. Check: If there is no happiness inside then where is everything disappearing to?

The foundation of our effort is based on our thoughts. I first have to make my mind peaceful; my physical organs will then become cool. If we do this then the rest of the world can follow suit. Remember; Baba has come to construct a new world. Destruction of the old world is automatic – everything happens at the right time. But we are all his helpers in the work of construction. As much as I make effort, so I will receive the return in the new age. On the path of bhakti very important people clean the temples. By doing Yagya service, we receive the reward. Clean the hall for an hour and not only will you be accumulating in your account but you will get very good exercise! Wash and iron your clothes, clean your room with love and you will feel good. Keep yourself clean inside and you will naturally keep everything outside you clean.

Dilwara Baba has come so that we may live with Him. Are you living your life in such a way that you are truly living with Dilwara Baba? Have you made your heart a true, merciful, kind and sweet heart? If so, then you will understand Dilwara Baba and you will be able to live in His heart. You will then be very strong and immovable.

Om Shanti

DADI JANKI -1 AUGUST 2011 – GCH, LONDON I LIKE DRAMA



People don't know that we have to go home. To return home we have to pack up and prepare to go to the golden age. If we don't pack up how will we go to the golden age?

As Gulzar Dadi reminded us yesterday, we need to have an attitude of unlimited disinterest. However, this attitude will only work if I apply it to myself first. I then do service through my attitude. If I tell people through words, they may not listen but they will observe my attitude. We need this attitude of renunciation and being free from attraction. Then we won't feel like giving any excuses for being pulled.

This is the rehearsal we need to do, because within the drama we have a special part. Baba makes it very clear that the duration of the cycle is 5000 years. We didn't know this before. So we have to change now from tamopradhan to satopradhan. Don't get stuck in the rajo stage. The purest stage is that when you pick up virtues from everyone. You have realised the difference between what is a stone and what is a diamond. When you see defects in anyone your heart becomes heavy.

There is no question about how we should fly – it is a bird's duty naturally to fly. If they were to sit on the same branch all the time they would get shot by the hunters. Don't hold onto the branches and forget to make that One your support, your Teacher, Companion and Surgeon. He knows what my illness is and gives me an injection accordingly.

Once I said to Baba: 'You make you move along' and He replied: 'It's because you are moving that I am helping you to move.' Don't ask: how should I move? The word 'how?' causes a lot of damage; it shows that you haven't understood anything. One minute you have two eyes and the next minute you

are the one with the third eye. So don't let the third eye close and so forget the beautiful moments of confluence age.

“Yesterday I asked someone: ‘Who do you like - drama or Baba?’ They said Baba but I said: ‘I like drama.’”

Because Baba has given us such wonderful knowledge of the drama; this is why we like Baba. Baba gives us patience and says: Let the past be the past. We have to listen to drama. Past is past; we are now in the present and the knowledge we have of the present has put the future in our hands. People always look at the lines in your hands.

Drama and Baba - they are like the mother and Father. When you say 'Baba', you can't put a full stop but when you say drama, you put a full stop and finish the past. When you think of the past you cannot remember Baba. So what do I have to do now? Drama is saying continue to move along and fly and, when you start to fly, others start to fly too. So fly and continue to make others fly. You all know that such is the time we are in.

Have faith in the intellect and you will be victorious. Some come forward and then go backwards and leave Baba. Some don't have the full knowledge of the drama in their intellect so then they develop doubts. Baba is so attracted to us and he makes us the garland around our neck. We embrace Him

and He embraces us till we embrace each other. Those who have good character don't wander around the streets; they stay around Baba's neck. He is the Lord of life.

If there are things stopping you move forward and not allowing you to use your time and thoughts in a real way, it means there is still something of the past. When you become body conscious, the old sanskars begin to work. Recently, Baba asked us to burn all old sanskaras. So ask yourself: Which old sanskaras are not allowing me to be pure and peaceful?

You have to move along with both feet of zeal and enthusiasm - keep walking left right, left right! Those who are slack will say one thing and do something else. So have such happiness that we only do what Baba is making us do.

Continue to accumulate in your account of charity. We may not have the account of sin but we do not even have the account of waste now. If you commit a small sin, it will continue to become bigger. So knowledge means to be cautious of the actions we perform and so the Fathers teachings are on our heads.

Whatever scene comes in front of us, don't forget what you have to do. Don't become tired. When there is tiredness, stop for a second and reflect. Because in a state of tiredness you will not come for murli and will miss amrit vela and, if you miss once, it becomes an obstacle.

It is the time now for forgiveness, so if you have done something then ask everyone for forgiveness. Why should I tell you what is wrong with you? You should be able to tell me what is wrong with you! So remember the right things and forget the wrong things.

Om Shanti.

Continued from page 13

Dadi Gulzar, 10 August 2011 – ORC

Rakhi, meeting students of ORC & Gurgaon centres



little money. Baba comes according to the discipline so it is important for us too to follow the discipline by going to the centre.

Only if it is a genuine reason; not that I don't feel like going, I was tired hence I did not go. It is God's Murli – and you say you were tired! Those who have never missed a Murli since they have come in gyan raise your hands. (very few raised their hands) Never mind, past is past. Delicate times are about to come. Corruption is so much and it is increasing by the day.

It is a lot in the news nowadays. They are doing hunger strike to eliminate corruption. Will that finish corruption or it will finish through yoga power. They will do the strike for sometime and then leave it but through yoga it will be permanently eliminated. You should have mercy on them, what those poor people are doing. Baba has chosen us so we have to do service, be it brothers or sisters. Even if you can't go out to do service, you have neighbours, serve your neighbourhood.

Do you know how we did service? In the early days of service, we used to wear white sarees and go on service which is not considered to be good in India. So they used to close the doors on seeing us from far away, they didn't even let us give them the invitation. Then what we used to do is, we used to put it in the post box. They would definitely see the post so at least they would get the message. The service that we have done was very difficult, they didn't even see our faces. They used to think that we make people leave their homes.

Service has increased more because of you people. The foundation of service became strong through us and Baba's few lovely children

emerged. You stay with your family and have belonged to Baba, so they too get the courage that they don't make people leave their families. It is possible while staying at home. So the numbers have increased so much, so you are those who became instruments of service. Those who stay at homes, Baba calls them a lotus flower.

“What is the specialty of a lotus flower? It stays in the water and there is not a drop of water on it”

Do stay in your families but there should not be a drop of vice. This is said to be a trustee, or being loving and detached. Are you all like this, your intellect doesn't go anywhere? Or little towards children, towards money. The more the intellect does not get pulled the more Baba helps.

If you use your intellect, why this, what is this, then see what your face becomes like. Therefore be a complete trustee, a trustee never has anything of their own. You are taking care while being a trustee. It is your specialty that the service has increased by seeing you.

Do you consider yourselves to be householders? You are not householders but trustees. Today you have come for Rakhi, what blessing Baba gave you right from the time you were born.

Be holy, be yogi. So Baba tied the Rakhi of Purity as you came. Even if someone ties Rakhi for one birth, one

has to remove it if it gets spoilt. But our Rakhi of purity will last for how many births? Baba ties such a big Rakhi that it is a guarantee of 21 births.

Has anyone ever tied such a Rakhi to you? No. only Baba does. So check there should not be the slightest trace of impurity. Purity just doesn't mean celibacy (brahmacharya). But Brahmachari. i.e. to become Baapsamaan. Whatever task you perform, thoughts, speech, actions, check what did Brahma Baba do? First compare later do the task. Did Brahma Baba speak such words? So to become brahmachari (celibate) means to become brahmachari i.e. equal to Brahma Baba. So first check and then do. It is very easy.

Not that you do and then later check. If you do and then check, then the mistake is already done, so first check then do, then it will be right. Else it may be sometimes right or sometimes wrong. Whatever has happened what you can do about it, it cannot be erased.

Even if you create a thought, first check did Baba have such thoughts? You all know Baba's timetable. You have made Baba your Baba so you know everything, don't you. So today on rakhi, brahmachari and brahmachari (following the footsteps of Brahma), you have to become both. It is easy to raise hands, but have the determined thought. You raise hands in the physical but in reality it is the hand of the mind's thought.

Baba gave us the lesson in childhood; I have to do it, not that should we do it or not. We have to become. You have become BKs, your sign has BK in it, now add determination to this. Determination is the key to success.

Om Shanti.

DADI JANKI – 24 AUGUST 2011 – HARMONY HALL, SHANTIVAN LET THERE BE BENEFIT IN EVERYTHING

The power of being lost in the love of One will enable you to fulfill your responsibility. Continue to see how much power you receive in your relationships when you interact with truth and cleanliness. Let there be a great deal of love and honesty within your relationships. When I become full of love then others in my company will also become complete. It won't take time. You have already become clean and strong, now it's time to become complete. You should be so strong that no weakness remains in you: this is my elevated wish for all. If you see anyone else's weakness, then that will splash on to you. If you listen to it or speak about it then the damage is caused to yourself too. It is a simple thing. Never allow there to be any wrong thoughts. No matter what happens, with your mind and intellect, let your sanskars become peaceful. Let your sense organs become cool. The sense organs make the mind dance around, but the mind needs to keep them in order and then the intellect can assimilate knowledge. If mind does not keep the sense organs in order then the intellect loses time in thinking waste. It may be able to relate knowledge, but it is not able to assimilate knowledge within. Then they do not relate knowledge based on the intellect, but what they have heard with their ears is then repeated through the mouth. Sweet Brahma Baba says that when Shiv Baba relates knowledge, in that instant, in a subtle way it is imbibed, churned upon and related to us. Our intellect should be so clean and elevated. The mind and sense organs should be in order. When the intellect imbibes knowledge, only then will our yoga be connected. Never allow there to be any such weakness in your dharna that you would have to bow your head. Let there be humility within. If there has been some mistake made, although you seem fine outside, this mistake won't allow you to come in front of Baba. I have a list of the

things that Baba does not like and so I make sure that I don't do that.

Let there be control over my tongue, drishti and ears. Transform your sanskars through your intellect and burn them completely so that no name or trace is left. The intellect should not work on the basis of sanskars. Rather, my sanskars should be created on the basis of my mind and intellect. Keep the awareness of whose child you are, how elevated your study is, how much you have received from Baba. Baba has also taught us how to continue giving – without the thought that I have given. I am neither a teacher nor do I have any students, no centre or zone. I am free. See Baba and follow Him, making your intellect like His. You have a right to copy Him. Shiv Baba made Brahma Baba an instrument to transform human beings into deities, so who is doing the hard work? Shiv Baba made Brahma Baba an instrument and has given us so much sustenance from the heart.

Never call this an association as that has members. This is a yagya. To continue to see and speak of the disservice of someone is disservice itself. Drishti and attitude are subtle things. Attitude has a connection with the mind; awareness (smriti) has a connection with the subconscious (chit - memory). Whatever is in the chit is what remains in our awareness. Now let my mind become peaceful/silent, let my intellect become pure, and my awareness become one that brings benefit. Let there be benefit in everything, nothing of the past should now be remembered, just be aware of what needs to be done now. It is a big mistake to think about what has happened in the past or what is to happen in the future and thereby lose the present moment. If it does not happen now then it will never happen. Such a big gathering has come together in order to make elevated

effort to become complete and sacrifice any weakness that remains.

Shiv Baba is our boss. The Lord is pleased with one who has an honest heart. When the children have courage then the Father helps. This relationship has been continuing very well. When you keep hold of courage, then on the basis of trust and a truthful heart you can realise how multimillion times fortunate you are to experience His company. If we do something that doesn't please the Lord, even though He never becomes displeased, but if we do something, then we won't be able to bring our thoughts into action. When there is cleanliness within then the Lord is present. This is the time now when many things are becoming successful. The work is done by the Father, but the name of the children is glorified. Make sure that you have an honest heart. It is this that pleases the Lord. Never do anything which would make you have to bow down to Dharamraj. Sometimes the fruit of karma is such that at the time of suffering there is no help available and this is difficult to see. We have to finish the suffering of our negative past actions, finish all our karmic accounts and continue to accumulate the fortune of performing elevated actions. This is purity, cleanliness and truth. The sanskars have now been formed on the basis of what Baba has filled in the mind and intellect. There is a difference in how we use the word 'I'. God has taken my intellect and does whatever He wants to through it. If you use your intellect, you will have either arrogance or feel hopeless. These are two enemies. Go into the depth and let there be no trace of impurity, this is what it means to be Brahmin. A Brahmin is a server, one who becomes the support to uplift all, and an example that uplifts all. I am a child of Brahma, born through the mouth. We are now going home. Now forget all other things, service is happening and will continue to happen.

Om Shanti

MOHIBIBEN'S – 3 SEPTEMBER 2011 – NEW YORK CELEBRATING PURITY



When you want to celebrate, what will you do? (“get everyone together”) You send an invitation to everyone and say, “come,” but when you get everyone together, what do you do? (“Clean. Decorate. Prepare. Afterwards is a state of bliss.”) Everything begins inside, yes? So the real step is that I am celebrating inside. Those who understood the song would have known it was about celebrating purity. There is a connection between celebrating and purity: the goal is the fruition. The confluence age is what purity is. There are certain things we experience because of purity. Sometimes these things are not so obvious because we are caught up in certain bondages or sanskars. Real celebration is mukti and jivan mukti. This is the real celebration. The confluence age is our first birth, so we are creating the sanskars for the golden age now. We are creating the sanskars of celebration in every stage in our life.

First we get liberated from vices, second we get liberated from our past, and third we become liberated from negative thoughts --vikarma (negative actions), then vi-kalpa (thinking of negative actions). Why did this thought come? Getting discouraged is not in the Brahmin dictionary. The thoughts should have three qualities – purity, cleanliness and elevated. A pure thought is always an elevated thought – a thought that elevates you. There is no enthusiasm or thoughts of celebration in a negative thought. With an elevated thought your energy is creative. Creation comes through purity. With purity what you are creating is elevated; it is truthful, transparent, clean. This is a deep connection between purity and creation.

Always keep in mind Baba's message that the first step is liberation and the second step is fruition;

fruition is celebrated. In a country that has just gotten its freedom, the people sing and dance. In yesterday's murli, Baba said the task is to help souls to be liberated. If they are stuck or in bondage, if we are sitting with certain things, these things need to be liberated. How do we get that flow of pure energy?

“We need to pay attention to complaints, to waste thoughts, to excessive thoughts, and to the unnecessary use of the intellect”

Purity manifests as virtues and as a personality of purity. Purity brings beautiful qualities. Two of these are truth and trust. These are present where there is purity. Baba talks about super sensuous joy. We operate a lot through our senses. To experience super sensuous joy, we need to come from the deep experience of the Supreme, from a deep internal feeling.

Other qualities that are important are a combination of humility and greatness. A pure person will have more virtues -- more patience, sweetness, and gentleness. Purity has to be celebrated in virtues. Purity is incognito, but people can experience vibrations. Someone who is becoming pure should have natural virtues in life. When you are pure, you are happy, in joy and in a blissful state --- “suk”. Suk is something where internally you are

so comfortable and content. There is no sorrow, no regret, no disappointment. Those things come from subtle impurities.

There is remembrance, and there is remembrance of One: this is unadulterated remembrance. Sometimes in remembrance there is an agenda, but there should be some times in Remembrance when there is just pure remembrance of One. Deep within there would be this feeling of just remembrance of one Baba. From there we become pure and then “satopradhan.” Alloy is being removed --- first of iron age, tamo, then of rajo, and then finally we become satopradhan.

Remember Baba's words: you come here to claim your inheritance for mukti and jivan mukti. Consider how quickly one liberates one's own mind so it is not trapped or conditioned. How do we pay attention so that every thought is a clean thought? Celebration comes when there is inner joy. When you are happy, you will make others happy. Celebration is good. We do it in a physical way. In Madhuban we do a lot of celebrations. That is important, but internally the stage of celebration is such that every moment every thought, and every breath is celebrated.

The confluence age is very short, and so my every moment should be full of joy. So celebrating purity really means when we look at our degree. What degree are we getting? 16 celestial degrees. This means purity in such fullness that it is everlasting. Full means not becoming empty and then full again. Yesterday Baba said “you become fully soul conscious with no body consciousness at all.” Now we are practicing soul consciousness. Even if we are celebrating, there still has to be attention on my

Continued on next page

DADI GULZAR, 10 AUGUST 2011 – ORC RAKHI, MEETING STUDENTS OF ORC & GURGAON CENTRES

Om Shanti. Gurgaon has received blessing of BapDada. When establishment took place in Delhi, it also happened in Gurgaon quickly. The specialty of the mothers of Gurgaon is that they used to dance with Baba with a lot of intoxication. Baba too used to be happy, in a gathering he used to ask where Gurgaon's mothers are? Old mothers used to dance like even the young one's would not. Second specialty of theirs was – alms (mado-giri). After a year, when we used to go to meet Baba, he used to ask what have the mothers of Gurgaon brought? They made bags of grains and spices and collected them into one and brought it along with little money too.

Baba used to be so happy, he used to see each thing one by one with interest and ask what else have you brought? They used to bring things with a lot of love. Baba was pulled by their love, things are common, it's not a big deal. It was the love of Gopis, they used to go into trans, intoxicated they would say Baba, Baba, Baba. When it was Delhi's turn, Baba used to remember Gurgaon a lot and used to call them specially and asked them to show to the entire gathering what they have brought. Money is no big deal but Baba used to like their love from the heart.

Gurgaon is Guru's gaon (village). Baba used to praise Gurgaon a lot since the beginning. You are merged in Baba's eyes, so by seeing you I remember Baba's words. He used to take special time out to meet Gurgaon. Baba used to remember why the mothers of Gurgaon have not come in a particular group? They used to be so intoxicated and made Baba dance too, they just would not let go of his hand. So you have to glorify Baba's name. You have to become No. 1, this is Baba's gift, and these

branches of ORC are no less. What was Gurgaon earlier and what has it become now - a city of palaces. Those who have come today, what is your special luck? Baba has chosen you. There are many doctors, government officials, people in your neighborhood, or even your family but why did Baba like you, that he made you belong to Him? Why did he keep you in His vision, He loved you? Why He chose you - the secret is that last cycle too we became His children.

“So Baba recognized us, that we are His children of the last cycle.”

You must have so much intoxication that we'll belong to Baba every cycle, He will find us, we did not look for Him, we didn't even know where He was! But Baba recognized us and found us out.

His vision fell on us, is there anything greater than this? So have intoxication, not ego but self-respect. Self-respect will help you move forward. Which is our highest self-respect? Few days ago in Murli, Baba said you are Masters of God – such a big title. Child and a master. You have made God your sevadhari, have so much intoxication. Change ego into self-respect and you will become obstacle free. Baba has chosen me so I have that power in me hence Baba chose me. Therefore never become disheartened.

Seniors get chance to be in front, we don't get that chance. Baba came to your home and put his drishti on you, what else do you want? Is this self-respect any less!

This is not ego, so remain in your self-respect. Ego (abhi-maan), self respect (saw-maan); maan (respect) comes in both the words but just change 'a' to 'swa'. The language of maya is of questions (why, when, how, what). When people get respect they get intoxicated, God himself has given me self-respect. God's vision fell on me so this is a matter of happiness. Keep some or other point of happiness in your awareness. You listen to Murli daily isn't it? Murli is our life. If there is a genuine reason, not laziness, important work, office etc, still you can get some arrangements. Baba said, science came 100 years before Baba came, earlier it wasn't there. So it is for you. You can watch Baba when He comes. You can do service in villages through radio. You can't go there but you can spread the message through it. Phone too, so much work is done through it.

This is also science. Even though it is a different department, but it has been invented for us. Ours is silence, theirs is science. Baba is so merciful for us; he makes all arrangements for us. So to miss the Murli means I have less love for Baba. BaapDada come early morning. Brahma Baba comes from subtle regions and Shiv Baba comes from the Supreme abode. Can anyone calculate the distance of subtle region or the supreme abode? Why do they come from so far? To teach us, and we have to go within the same city.

So never miss the Murli. If there is a genuine reason too, still take time to go to the centre later in the day or take a copy of the Murli from the centre and read it at home. It is better to go to the centre and hear it because the teacher will draw our attention, but don't miss Murli. Now you get Murlis at homes too even though you have to spend a

Continued on page 14

Continued from page 9
Dadi Gulzar – 11 August 2011 - ORC
What do I need to do now? (with teachers)

time. Therefore it will create waste thoughts and clashes of sanskaras will happen because this is a battle. I cannot afford to let my mind be free and to think that whatever goes on in it is ok. At the end of the day I need to check whether I did the homework I set myself in the morning. This is very important! Make a habit of checking the self and you will find it easy to progress. There are points for service in each Murli too. You may be busy during the day and not get the chance to do the service you would like to do but that doesn't mean you cannot churn on the points of seva. Be aware that if your mind is free because you allowed it to be, then maya will come and test you.

Check your face: Is my face constantly cheerful? If any problem arises does my face change? If a poor man were to receive a lottery would his expression not change? Baba is giving me treasures daily so what should my face be like? My face should be cheerful. The method to feel cheerful and for that expression to come on my face is to remain Manmanabhav

and to keep my mind busy in churning gyan. These are the methods to remain stable and cheerful.

It is time to become ever-ready. If a huge paper were to come to you tomorrow – would you pass? Remain aware; anything can happen at any time. Baba has told us clearly about 'suddenly'. Am I ready for the 'suddenly' which is going to come? In the early days Baba showed us that at the end the attitudes of people will be very negative. He showed a scene: A kumari was sitting somewhere – people approached with wrong intentions – as they came near they could not see her – only light was visible. Baba has told us to put on an angelic dress. He has told us to wear the dress of deity sanskaras. The dress means the stage. Baba has told us many times that we need to practice this now and then He will be able to help us at the end. At that time none of us will be able to do anything. Effort is not made at the time of taking an exam – it is made beforehand. Check yourself in the mirror of the Murli – has everything become prac-



tical in me? There will be no chance at the time of destruction and Baba tells us again and again that times of great change are coming and we need to be ready at every moment. At the end there will be no margin to make up that which is lacking.

So what do we need to do now? I, as an individual, need to give my co-operation of becoming obstacle free through following Baba's directions and staying in His remembrance. Let me be one who gives my co-operation in making my relationships with my companions, my centre, my region and further, my country, obstacle free. This is the task that needs to be done now. This is my family and where there is a family there is love. This is not an ordinary family – it is my Brahmin family. Ask yourself: Do I have enough love to see only virtue in everyone? Remain aware that if you see only virtue, not only will others benefit but you will remain constantly happy yourself. This is what Baba wants from His beloved Brahmin family.

Om Shanti

Continued from page 11
Sister Jayanti – May 2010 GRC
Creating the Right Mind Set

not to be found by a bigger house or a bigger car or a larger television set. It is actually found by going within.

I am not talking about something which is abstract and I sit in a corner and I meditate on my own. I am instead talking about something which is very practical and it is very much needed for today's world. It is simplicity. The ability to reduce our personal needs so that we are able to reduce our carbon footprint, so that we can find the happiness that we need within ourselves and not think that happiness involves things outside.

The moment we discover that real treasures lie within, we will have an

open heart, a generous heart, a heart that is able to share. We will then know that things really do not belong to us. We are here at this moment and we can care for things, but also they exist to be shared with all others around us. I believe that this is the change that that can bring about a transformation within society. It is a change that has to happen within ourselves, but as it happens within us, it can also be shared with the world.

Finally, I want to close with an experience from the UN Millennium Peace Summit in 2000. It was the first time that spiritual religious leaders were called to UN. When everyone came together they spoke about one thing;

they all had the same story, every single one of them. We have more resources, more technology, more information, more money, etc., but the problems of the world have multiplied in each one of these areas.

At the summit we came to the realization that it is only when human consciousness changes that these problems will be able to improve. For me that was a very powerful defining moment that a political body should come to the awareness that there is a need for a change in consciousness. But of course consciousness cannot change by a blanket edict. It can begin to change when I reach to that awareness myself.

Om Shanti

Continued from page 4
Mohibiben's – 3 September 2011 – New York
Celebrating Purity



internal experience of liberation. When I am aware that I belong to Baba, then I can help other souls to be released from whatever trap or bondage they are in.

If you go back to your own place and think of good days of the past, that is not enough. We have to make every day like that:

**“how can I have
a wonderful time
every day?”**

Every day is a celebration. It helps us to keep to Baba's original words that are spoken in the murli. So when you are 16 celestial degrees, you are completely viceless. As much as you keep increasing your fullness internally, becoming full of love and full of peace, then there will be no space for vice or for sadness. We say “all virtuous.” Every virtue should be there. That is where celebration begins. God's task is done with virtues. If a soul is not trustworthy, but has a lot of capacity...if there are skills, but not honesty, then we cannot fulfill God's task.

Finally as you are doing everything, you are maryada proshutom. You will experience dignity and elevation. So to get that elevated degree I must not only be in activity. I must ask myself, how do I combine it with being maryada proshutom, so I am qualifying myself for that degree? Every retreat for Brahmins should revise that degree.

Sometimes we dilute our words in order to explain to people. But we need to remember what is the aim? For us it is good to review our aim, so that the quality of effort remains sacred. For everything there is a social, moral and a spiritual as-

pect. To have a spiritual aspect within the social is very important. What we are doing today is a social aspect, but our consciousness has to be deeply spiritual. I really want to celebrate that purity. Yesterday Baba said, can you surrender every moment and every step to Baba? If you can, then your capacity to give blessings increases. It is a big exercise, but as each thought comes, you have to ask yourself, did I surrender that thought to Baba? It is not just that you are detached, but that you surrender the thought and know that it is in the right hands. In surrendering, you are offering it to Baba.

Keep that deep spiritual consciousness this whole weekend, so that whatever activities happen, Baba's wish for all of us is fulfilled. Then there will be more fullness, more purity, and more harmony. Getting together is a side effect. Like when we had the floods, everyone was helping. Calamity brings everyone together. Harmonizing naturally happens when there is purity. It brings a kind of closeness. There is a very lovely result when everyone is following Baba's directions. The Dadi's remain close because of natural purity.

Brahmins have to take so much from the murli. Everything we plan, we should take from the murli. We can use methods from the outside, but deep within Baba's words should be ringing in our ears. In the end the arrows that finally are shot to me and to others have to come from God. People don't surrender because we are shooting our own arrows. We choose words that are good on the outside, but what about Baba's original words? We have to keep reminding ourselves, of our aim. Then there will be more who come closer to God and claim their inheritance.

Service should come from deeply within so when Baba looks at us, He sees that we are not only improved but we are also moving towards our destination, towards our attainments.

When you make sure that everything comes from the murli, then you definitely will get awards.

**“How do I
remember some of
Baba's words and
then create from
there?”**

There is purity, and there is power: purity is power. And power is for victory of the self and helps others to be victorious. You have to take a direct route. You can't go round about and take a long time. Use the words today of “liberation” and “liberation in life.” That is real celebration. Baba is saying “when can I get the doors open?”

We are using Baba's resources, so we do it by making souls move towards liberation. Think about Baba's original words in all programs. Then you know that it is coming from Baba: there will be deep contentment and closeness with Baba and we are aligned with what Baba wants us to do.

So celebrating purity is a life of fullness, a life free from vices and all virtues. But the biggest one is maryada prushotum. Celebrate Baba's versions so there is power in the soul. Then we are able to accomplish what we want to accomplish for the self, for the family, for the world

Om Shanti

DADI JANKI – 1 AUGUST 2011 – MID-MORNING CHIT-CHAT

WHAT IS BABA'S RESPONSIBILITY AND WHAT IS MINE?

Some souls have such a subtle connection with Baba that, without my calling them, they come in front of Baba when I sit with Baba. This subtle connection has been helping them move along since the time they came to Baba. Which power is bringing you all close? (Someone said: honesty). Having no ego about the self keeps you safe. You are able to be good and protected inside, because you don't have unnecessary, waste thoughts. Whoever you see will become just as good.

If we value time, then everything we do in service becomes accurate. I once said to Baba: 'I don't want to miss out on anything' and Baba said: 'You never will.' And I've experienced that, wherever there is a need, I become present. I had no idea that I would live in foreign lands and then later become a Bharatwasi again. I have taken benefit of everything that has happened everywhere and have not missed out on anything.

Someone at the religious leaders' retreat asked Dadi: If God is responsible for everything, what is my responsibility? Baba is responsible for me and I am completely carefree. The drama is totally fixed and by having faith in the intellect I remain free and carefree. This is very deep and subtle: to have that faith that Baba is responsible is my responsibility. It is also my responsibility also to be worthy of Baba's care. It is my responsibility to be a sample by remaining simple. If I don't live simply and become a sample, who will say that Baba is looking after me? God is responsible for making me move but I am responsible for the way I am moving and to reveal God through that.

Whatever Baba is giving, am I taking it fully or am I missing out on something? If my intellect is full of doubts and my feelings are not elevated, it's as if I don't have the wisdom to take from God.

In the early days we would clean out dirty pots with an alum stone to purify the water, so that it's clean and fresh to drink. It is my responsibility to clean myself and keep myself under the tap. If you don't put the pot under the tap to cool, then the pot will crack and break easily. If the pot develops cracks, the water will drip out and it will never be full. If there's a hole, everything pours out fast. So make sure there's never any hole. There's the hole of doubts. Any bad feeling creates cracks.

***“If the intellect
isn't working
you're not able to
take anything in”***

Just sit under the tap upside down. If the pot is under the tap, it fills up with water and others can take that water too. But if the pot is upside down, at least it will be cool; it won't break in the heat. If there's a crack or a hole make sure it's repaired instantly. Make sure that your pot isn't cracked or have a hole in it. When you buy an earthenware pot, you tap on it, to check if it's solid. If it sounds hollow, you know it's not of good quality; the sound it makes tells you if it's good or not.

The absolute basics for a well-functioning home are: thread, a needle, scissors and a pot. There's so much technology these days that we forget these essentials. You may have scissors to cut the cloth but no needle and thread to sew it together. With needle and thread but no scissors, you can't cut the cloth to make the garment. You need the right material for the right garment. Have these basic essential things for yourself and put the waste aside. Don't throw the extra material away but make something else useful out of it.

A lot of recycling happens these days. Whatever isn't right is recycled in some way. A lot of materials are made from recycled paper. If silence can do so much, what can silence not do? Silence makes us very sensible.

It frees us from 'I' and 'mine'. If my nature is according to my sanskars, it means my old sanskars are still working. In the early days our sanskars were according to our mind and intellect. Now with our mind and intellect we are creating those godly sanskars. God gave us the knowledge of ourselves as souls and clearly explained the mind, intellect and sanskars.

Now with our mind and intellect we are creating those sanskars. People give excuses but there is no reason for us being what we are. Instead of blaming others for whatever we are going through, we are blaming ourselves even more. If I'm constantly blaming others, I can't see that in myself but others see it in me. These are very subtle matters for making very refined effort. If you make such refined effort, you receive so much power and Baba recognises the depth of your inner effort and that you are becoming a complete self-sovereign.

Be the one with all rights – not the one who is dependent. Understand clearly which one you are. Dependency is damaging, no matter what the reason for it is. Baba is with those who make honest effort from their heart and they have a very good experience.

Over a long people of time, just have the one thought of how you are going to leave the body – with the love of the gathering, the nectar of knowledge in your mouth and Baba in front of you. When you have such a thought Baba fulfils that.

Om Shanti.

SISTER JAYANTI –MAY 2010 GRC

CREATING THE RIGHT MIND SET



What spirituality has taught me is that you can't simply say let me change things out there. Instead you have to see what you can do to change yourself in order to make a contribution towards a better world. Similarly, sustainability is much more than the planning of cities, the planning of housing, etc. It involves three fundamental levels: sustaining the self, sustaining relationships, and sustaining communities.

Sustainability from the inside out

We need to first be able to spend time going inwards creating the right awareness, the right attitude, and the right consciousness. It is only then that we can start thinking about how to have a sustainable lifestyle and a sustainable world.

How then can I sustain myself? The most important word that comes to mind is "respect". If I value and respect myself I will be able to sustain myself. As I develop that self-awareness, I am also going to be able to respect you and on that basis build a sustainable relationship.

Have you ever seen, known, or experienced a relationship that lacked respect? I may love you later on, but first at least let me develop the capacity to respect you. Only then can I start the process of getting to know you better—maybe even reaching to the point of loving you. This level of respect can further lead to respecting the community as a whole—not only some individuals, but the community in its entirety because I believe in the strength of the gathering.

The multiplication of energies when the gathering comes together is far greater than what I can accomplish on my own. Ten people spending three hours together can achieve something quite amazing. I could spend thirty hours on my own and still would not come any way near

what we could have done together. Thus, respect for the collective gathering, the community is absolutely the foundation of progress for the future. And as we look further and develop this concept of respect, then we'll think not only of the community but also of the world at large and the entire planet.

We need to ask ourselves, to what extent do we respect this home that has been provided for us? We haven't created it, but it has come to us as a gift. It has been described as the very precious blue pearl. That the astronauts were able to see from way out from a distance and the only blue pearl as far as we know up until now...this very precious space is our home. On a personal level we also need to ask, to what extent have I been able to respect my home, care for it and tend to it? Within my home, within my planet, am I able to have respect for all forms of life?

Finally, the best way to accomplish these three levels of sustainability is through meditation. I will be in a better position to do something about sustaining the planet and the world around me by starting with myself and creating the right mindset, which ultimately means accepting responsibility. If I think that the world out there is somebody else's responsibility—how they've done that, they shouldn't have done this, why did they do that, etc. — then I will not be able to make any contribution to creating positive change. However, if we stop for a moment and ask what role did we have to play within all this, we will then be able to see that we have a responsibility to help create a better world.

Unsustainable materialism

In my visits to cities around the world what strikes me the most is inequality. It is rapidly on the rise and showing no signs of decreasing. I believe

that it is not government plans that will change inequality, but only human awareness, human consciousness. We need to change a mindset of hot heads and cold hearts. Instead warm hearts and cool heads can create a huge amount of difference.

The root causes of inequality today are materialism. It is rampant and exists not only within the rich elite; materialism also exists within the poor. I have seen shantytowns with color televisions. It was quite a surprise for me, something I had not expected at all. Materialism also touches upon the subjects of consumerism, climate change, and the depletion of resources. I do not need to tell you more about that picture; there has been enough research and you know about such things.

However, I do want to connect the word materialism with something else. Materialism is very much connected to matter. Instead of understanding that life is about cooperation and living together, human beings' desire for the conquest of external matter has led to a sad state of affairs.

We have become slaves to matter, and I am thinking particularly about the matter that makes up this physical body of mine. From the moment that I try to possess matter I become a slave to my own physical senses and my desire to gratify my senses. So, materialism and a conquest of matter have actually led to forgetting the inner being and allowing this matter to take over my consciousness and my mind.

Awakening human consciousness

The solution to materialism is the awakening of the human heart, the awakening of human consciousness, so that I can really understand that the happiness that I am seeking is

Continued on page 12

DADI JANKI – 30TH AUGUST 2011 - SHANTIVAN AM I MY OWN FRIEND?



We say 'Om shanti' three times; firstly to remind us of our original state of peace. Secondly to remind us of Baba because remembering Baba gives the soul power. Thirdly, 'Om shanti' reminds us of the drama and it is by remembering the drama that we remain patient. Drama also teaches us to remain happy. It is through the connection with the Supreme Soul that we get power. That power brings happiness. In fact, remaining happy also brings power. I therefore need to know how to keep myself happy internally. My thoughts, words and actions should be such that they create nothing but happiness. Happiness does its own work naturally.

No one in the world but Baba can teach us to be soul conscious. Remaining soul conscious is very enjoyable because it automatically creates happiness inside. Knowledge gives a certain type of power and knowledge brings another type of power. I have to use both gyan and yoga to make sure that my power never diminishes. If a soul is both knowledgeable and yogi he is practicing the true Raja Yoga and his actions will be karma yoga. There will be yoga in his relationships.

Baba gives us teachings in every Murli that show us how to accumulate the power to remain happy regardless of what is going on externally. In fact, Baba is happy on seeing me and He is there to give me happiness. It is time to make a pledge: I will not give sorrow and I will not take sorrow. No matter what happens I need to have pledged not to take sorrow. The method for this is to keep Baba as my companion and to watch every scene as a detached observer. In my every word and in my every action I need to remain as the detached observer. Sorrow first comes in the mind. It can then reach the words and spread

further to affect my actions. I have to therefore make my mind very sweet and very loving. Make both your mind and Baba your friend.

***“When I say
'Baba' I mean
sakar Baba,
avyakt Baba and
incorporeal Shiv
Baba.”***

Dadi keeps all three with herself. Now, make yourself your own friend. It is written in the Gita that one can become one's own friend or one's own enemy. In fact, people think that others are their enemies but in reality I am the one who can become my own enemy by using my mind in the wrong way. I have to stop getting caught up in the giving and taking of sorrow. This is the work of a knowledgeable soul and Baba likes souls that don't get caught up in this way.

This is why I need to keep checking myself throughout the whole day. Every half an hour I should check if I got involved in any negativity. I have to check and fix this. Say 'Baba' internally, in your heart, and the problem will finish immediately. Baba will then say, "Child this is drama" and you will have understood. In fact, for any scene that comes in front Baba would say it is drama. Once we actually apply the knowledge of drama, the mind becomes quiet. The scene then passes with me smiling through it. I can be free from the thoughts of 'why' and 'what' which are thoughts that create sorrow.

Baba is sustaining all of us through this Yagya. I need to remain aware

of this. Baba has taught us how to become pure and thus able to travel to the soul world. I need to remain aware that no soul will be able to travel to the soul world until it has become pure. Most souls have now arrived from the soul world and are standing on the stage.

Each soul comes into its own religion and own kingdom. Where will I come? We have so much knowledge of the cycle. The knowledge of the cycle helps us a great deal to be inspired for remembrance. Through the power of purity we have become clean physically and mentally through our attitude and our drishti. We have become incarnations of purity, truth and mercy. Only where there is truth can there really be mercy. Love and mercy are based on truth.

Maintain the attitude that each soul in this world is my brother and sister. As is my attitude so will be my drishti. Through my attitude I create my world...

Dadiji had placed her hand in Baba's hand and had moved with him at every step. She gave everyone this experience. Shiv Baba is the Purifier of the impure: Brahmins have become firm in purity but we also need now to become peaceful and loveful. In fact, peace and love are the practical proof of purity. Baba is in the avyakt form but He continues to serve and sustain us in a very good way.

Dadi always remembers one of the teachings which Mama gave: The whole world is watching me. It was Jagadama herself who gave us this teaching! Dadi also feels that Baba is looking at me all the time. Keep these two aspects in your awareness and you will pay attention to yourself at every moment.

Om Shanti

DADI JANKI – 26 AUGUST 2011 – GYAN SAROVAR SELF SOVEREIGNTY THROUGH DIVINITY



One 'om shanti' is who am I? The second is Who belongs to me? And the third 'om shanti' is What do I have to do? It is simple. This is called the Godly University. That same One is our Father, Teacher as well as Satguru. There is the happiness that the highest on high God, the Satguru is my friend! There are four words for love - pyar, prem, sneh and preet. The Mother and Father have love (pyar) for you. The gopis have prem for God's versions. God, the Supreme Soul Himself fills us with His spiritual love (sneh). Become the beads of the rosary that are threaded on the thread of love. A needle that is free from rust is needed in order to create a rosary. Bhavna (lovely feelings) is developed when there is some attainment and experience. These words don't need to be written down, the voice of the heart is heard. Only an intellect that is free from wandering will be able to understand these things. We have received this time to stabilise the intellect and become introverted. Our external sense organs display whatever is going on inside. Anger will finish when you understand the damage it causes. When someone gets angry, others don't forget it for six months. We have received such a refined study. God, in the form of the Mother, Father, Teacher, Friend, Satguru teaches us in such a way that we become deities from human beings. On the path of devotion, there might be the rosary in the hands, and the name of God on the lips, but what about the mind that may have wandered off? With Godly love, all our weaknesses are finished. We are God's children, we have to become very beautiful beads and come very close to God. You are sitting in the home of the One who is called 'Ishwar, Allah'! You are sitting here to study with that One.

There should be true love. The love of the gopis made them forget everything else. It is love which makes a soul become of a high calibre. There

is internal effort and we become complete on the basis of God's love. It is a weakness to look at anyone else's weakness. Sometimes people keep a whole shop of other people's weaknesses which they then distribute everywhere. The transformation of not seeing anyone's weakness is now very essential. Baba wants us to become 'satoguni' (one with the highest quality of truth). Someone who is 'rajoguni' (middle quality) will see both weakness and strength. One who is 'tamoguni' (lowest quality) will see that which is wrong as good and won't be able to see that which is good.

Our dharma is peace. Our dharma is elevated action. Patience, truth and love should be present. The gopis bring God in their midst and love Him. God has played such a beautiful Murli that by understanding it, we develop love for each other. This true love is born in the soul and it becomes close, first class quality, there is royalty and reality in the personality. When there is purity in behaviour, company, food and drink, then the mind also becomes elevated and time is used in a worthwhile way. After hearing this knowledge you may have the same body as you did before, but there is now the realization that I the soul and am a child of God the Supreme Father. He has made me belong to Him and taught me how to smile. Wherever you go, let the Ganges of love flow. To become complete on the basis of God's love means that no weakness remains in us and any one else's weakness will disappear in our company. Until we have good company, our thoughts cannot become elevated.

Seeing your transformation, others around you should say, 'What you heard must have been very good'! When God is with you then one and one becomes eleven. Let wisdom develop and all questions will finish and you will be amazed by God, your fortune, God's children and by

the benevolence of time. The world now needs to see this. Destruction is just ahead and nature is showing it's upheaval - the bombs have been positioned to go off. What do we need to become before this happens? It shouldn't be that we are shocked by sudden death and have to cry out in sorrow. Everyone has to leave their body. The five vices have five other companions: jealousy, passion, irritation, laziness, carelessness and making excuses. Those who stay in their self-respect do not look for respect from others. Those who sit on the seat of self-respect that God has given and who maintain a true heart are able to please God. When you serve through your body, it becomes healthy. When you serve through your mind it becomes filled with happiness. If you want to keep your mind fine, keep three powers with you and keep a strict eye on yourself: Firstly, there should be patience. Stop changing your mood by being impulsive. When there is patience, it is easy to follow Godly disciplines. God has set up these disciplines and we follow them with love and it is this that is making us move forward. The second is the power to tolerate. We have tests in our body, mind, wealth and relationships. Instead of having the feeling that you have suffered a lot, have the attitude of learning. Thirdly, to remain satisfied. No need to worry about where you will eat from tomorrow. You remain satisfied with simplicity. If you know how to eat, you should know how to perform good actions. One who performs good karma will never die of starvation. Don't worry about anyone and don't let anyone worry about you.

Perform good actions, fill virtues into your life, let your life be an example, become true, obedient to God, a sample. Fill these three powers in you and finish all other weaknesses then others will see the magic.

Om Shanti

DADI GULZAR – 11 AUGUST 2011 - ORC

WHAT DO I NEED TO DO NOW? (WITH TEACHERS)

The words of the song say: Your love is deeper than the ocean. Ask yourself – does my heart experience such love? If a soul receives love which is deeper than the ocean then it becomes loveleen. It is time to remain in the ocean. Don't come out of the ocean... stay inside like a fish which stays happy and contented in the sea.

Baba has told us that there are two types of His children: Firstly those who are lovely and secondly, those who are loveleen. Now check yourself and see what type of child you are. Am I sometimes lovely and sometimes loveleen, or am I always lovely and loveleen? Those who are always loveleen, raise your hands! According to me, all of you are lovely because you have left everything in order to belong to Baba. Check: If I am lovely then am I always lovely?

When my love for someone is not based on name and form but rather on their virtues or specialties, I can't forget them easily. If you love someone due to their specialties then do you remember Baba when something happens or do you remember that person? Do you communicate with Baba at that time or do you share with the person... ask for their opinion etc.? A number one effort maker will remember only Baba even during and after a challenging situation.

Never forget the One whom you love. It is not the time to be labouring to remember Him. When you say 'My Baba' then Baba's love will emerge. Baba has told us to take benefit from using the word my. Would you ever forget anything that is yours? Do you not remember what is yours the whole day? Whether it is something big or something small, do you ever forget what is yours? Even if you drop your handkerchief somewhere, you will remember it when you go there again, won't you? Even if the place has been cleaned/ swept, you will remember it, because there is

love for that which is mine. This is why we should say 'My Baba'. When there is an examination of waste thoughts, do you remember My Baba at that time? Baba needs to be remembered at that very moment.

Why should we practice remembrance? Because we absolve our sins through remembrance. Baba tells us with great love, and repeatedly, to become the conqueror of sin through remembrance. It is through remembrance that our sins are resolved and we can claim a high status. Through remembrance we become Rajyaadhikari with Brahma Baba (the one who has the right to the kingdom.). Thus we have love for both the fathers, not just Shiv Baba, but also for Brahma Baba. Why? Who does Shiv Baba meet us through? Shiv Baba speaks but Brahma speaks more. How then can I forget Him? You do forget Him sometimes, don't you? You may not forget the handkerchief but then why do you forget Baba? How can we remember Him constantly? Why do we forget Him? Baba has given us the direction to do actions whilst being karma yogis. When we come into action we leave aside yoga. We get engrossed in a task. Remember, Baba is Karankaravanhar. He is getting every action done through me. My hands may be carrying out the action but Baba is getting it done. I am just the 'doer' following His orders. Baba has told us to do every action whilst being both detached and loving. I can only be detached and loving whilst I am in His remembrance. Now make effort for this.

We are teaching all the time. We don't just teach at the time of class or whilst doing any other type of service. In fact, only one who reveals the Teacher through their face, features and behaviour can be called a teacher. As delicate times come close we will not have time to speak and people will not have time to listen. We will do service through our faces

– through our drishti. A smiling face speaks volumes. It reveals what you have received. Attainment is visible on the face. So check your face and behaviour. The effort of a teacher is not the same as the effort of a student. A teacher has to reveal the aim to the student. So make sure that your face is always cheerful. Is my face revealing the future? Is my stage revealing that I will become rajyaadhikari (one who has a right to the kingdom)?

Baba has told us that there is knowledge and there is love. There are these two things. You may give a good class and that is great because knowledge is the seed but remember; the water is love. If you don't water the seed, will fruit emerge? So you have knowledge but does it receive the water of love? Is there less love, love of the heart, love of belonging... that feeling of 'My Baba'..that intoxication? Knowledge is separate, it is no doubt is the seed, but you will receive the fruit when it gets the water of love... Therefore, now make effort to increase your remembrance of Baba and you will receive love.

Another aspect that Baba repeatedly brings to the attention of teachers is nature and sanskaras. This is important because a teacher is one who has connection with everyone – those coming to the centre and with companions. A teacher needs to keep a connection with everyone. Therefore, check whether you are able to harmonise your sanskaras. Ask yourself: Do I clash with anyone? Do I not communicate with someone? Do I say, 'So and so is like this'. If you answer 'yes' to any of these it means that there is a lack of love in your heart. It is very important to give regard to everyone. It is important to have heart-felt love for everyone. We need to harmonise our sanskaras and the time to do it is only now, at the Confluence.

Continued on next page

Continued from page 8

Dadi Gulzar – 11 August 2011 - ORC

What do I need to do now? (with teachers)

There are two rosaries which are the memorials of the results of Brahma's efforts. Why is one person number 1 and another number 108? What made him come in the Rosary of 108 rather than the Rosary of 8? Ask yourself: What aim am I keeping? The aim of the 8 will be to be with Baba at all times...as His companion. Do you have the courage to keep such an aim?

You may keep thinking about what others are doing – about what they are saying etc. but do you realise and remain aware of what I should become and what I am actually becoming? Why should I pay attention to others when it is so important to pay attention to myself and to become what I have to become? Why do you even need to think about what others are saying and doing? This is why it is said to be 'numberwise'. Yes, in a school everyone studies but does everyone receive the same marks? There is a difference and there has to be a difference because this is a drama and everywhere in the world people take different positions and roles. But what do I have to do? Even if you see the negative aspect of someone's nature, even if you see someone's mistake... don't see it because you are not seeing that which is good and clean. Learn to be detached and see from the point of view of knowledge. If someone did something or if someone gives you something which is not good, is it not up to you whether to accept it or not? Their job may be to give but whose job is it to take? If someone offered you something physical which was not useful to you would you take it? For the sake of giving regard you may take it but you would then put it to one side – you would not use it. The task of a teacher is to check what to give, what to take and to compare what you are doing to what Baba is telling you to do. To be a teacher does not just mean to read the Murli and to give lectures. A teacher is

one who teaches at every moment through his/her face, behaviour and activity. If a teacher does something wrong then don't think nobody would notice. In fact, everyone would see that mistake and would realise that it is a mistake. Do you adopt any wrong activity? Any wrong thinking? Any wrong way of speaking? Do you even keep anything negative in your intellect? If anything wrong does come inside you then don't keep it with you... let it out of your mind and intellect. We have to learn not to be affected by anything. Someone may defame you but don't keep stepping away – embrace it and imbibe what is good in your heart. Use that situation to become better yourself. Give this co-operation. Don't get stuck in the queue of questions. I have to do what Baba says – that is it! Realise that it is and will continue to be numberwise and don't let another's weakness sit in your heart. Will everyone become number one? Baba has everyone's account. It is not my task to keep a tab on anyone. My task is simply to do what Baba says and to pick up virtues. This is a family. In a family there is love and because of that love family members co-operate with each other. Yes, co-operation sometimes means to draw someone's attention gently if they make a mistake but it does not mean to ask 'why' or 'what' or to make them feel bad. I can only do this if I have truly benevolent feelings for others. Only if there are benevolent feelings will there be an effect on others.

Remember that a teacher is one who has only Baba in their heart. They do not keep situations or the good or bad traits of people in their hearts. Baba knows that we have love for Him but He is now telling us to make Him our companion. To become His companion He needs to be sitting in your heart. Baba does not want us to be alone. If you are Baba's companion then as soon as you call Him, He will be present in



front of you with His great power of co-operation. So has your heart become the Dilwala temple? When you make Dilwala Baba sit in your heart it becomes the Dilwala temple. Do you have the habit of seating Him in your heart? For this my heart has to be clean. It is Shiv Baba, the Highest on High God who is going to sit in my heart and so... is my heart clean enough for Him to sit in? Check this. If your heart is not clean then no matter how hard you try, God will not be able to sit in it.

If you were to walk with a policeman would you not feel safe? Now, the Highest of High Baba is offering to be my companion and not only that... He has offered to sit inside my heart. With God as your companion and in your heart would you not be able to be victorious at every moment? Would you not be totally courageous? It is when the soul is alone that there is fear. Try this! Give it a trial. Don't remember anything or anyone else! If you make Baba your companion you will receive a great deal of help. Maya will not be able to come near you, let alone touch you. If you let waste in, you have to make a great deal of effort to finish it so keep Baba with you, listen to the Murli and do what He says. Follow the directions He gives in each Murli. The Murli can answer all your questions if you listen to it in an accurate way. You don't even need to think about which Murli will provide the answer to your question – any Murli – every Murli can provide the answer. If you read or listen to it carefully you will be able to note the points of the 4 subjects. I have to follow the points for each of the four subjects each day. To study the Murli accurately means to give the self homework of all four subjects. I have to do this because my mind needs to be kept busy. The mind has many old habits and maya has been its companion for a long

Continued on page 12