

## Global Change: A Spiritual View with Sister Jayanti

June 30, 2011

### Palace of Fine Arts Theater, San Francisco, California, USA

'Global Change: A Spiritual View' was a transformational evening of dialogue, song, dance, music and meditation organized by the Brahma Kumaris World Spiritual University at the Palace of Fine Arts Theatre, San Francisco on June 30<sup>th</sup>, 2011.

Sr. Jayanti, European Director of the BKWSU, skillfully guided the audience's attention beyond day-to-day problems and worries about survival to a place of peace—by awakening their awareness of the life force, that is, the spiritual consciousness that drives the physical body. She explained how it is possible to transcend this physical world and experience a dimension of higher reality using the metaphor of an astronaut becoming a "Yoganaut".

Sr. Jayanti sees a shift in consciousness taking place in the world—a shift that is bringing fresh hope towards a new beginning through positive change. She explained that this shift is naturally occurring as increasing numbers of people experience their true nature to be peaceful, blissful and happy—an experience that comes with a realization of the limitations of seeking happiness through worldly pursuits.

As the evening progressed, Sister Jayanti, was joined by two other eminent speakers on a panel moderated by producer and filmmaker **John Levoff**. **Peter Russell**, M.A., D.C.S., is a British scientist, a Fellow at the Institute of Noetic Sciences, a member of the World Business Academy and the Findhorn Foundation, an author of ten books and producer of three films. **Dan Millman** is a former world champion athlete, university coach, college professor, motivational speaker, and author of *Way of the Peaceful Warrior* from which the feature film *Peaceful Warrior*, starring Nick Nolte, was adapted. The three panelists discussed practical insights and answers to questions about the shift we are experiencing in all aspects of our lives.

The panel was followed by a guided meditation in which Sr. Jayanti asked the audience to take a leap in their imagination and experience themselves as a soul—a point of light on a journey inwards into silence.

In between the speakers, the Eurythmy dance group performed poetry in action and the Monsoon Dance Company exhibited a fusion of Indian and modern dance by enacting the qualities of Shiva in a rhythmic form. Singer and Songwriter Tina Malia's live performance touched everyone's hearts and soul.

In the lobby of the venue, art exhibits revealed nuclear and environmental crises whose dangers are being hidden from the view of the common man—alongside positive images of hope and solutions available to humanity through the technique of Raj Yoga Meditation as taught by the Brahma Kumaris.