



# Women Empowerment Programs

(1st Mar'20 to 15th Mar'20)



Brahma Kumaris Vaishali Nagar, Jaipur



- ❖ The Women Wing of the Brahma Kumaris has initiated many projects for the moral and spiritual empowerment of women and also to ensure their just and equitable role in the social set up of the society, rural as well as urban .
- ❖ This time in the month of International Women Day (8<sup>th</sup> March), Brahmakumaris Vaishali Nagar has initiated Women Empowerment drive to increase Women sense of Self worth , drive change and commit to accelerate women's ability to influence the direction of Social Change.
- ❖ 11 Topics were taken under the empowerment campaign Drive.
- ❖ Around **20 programs** were organized in various Educational Institutes, Societies, Clubs and Factories and rural areas.
- ❖ Special feature of the Campaign was to give Solutions to all problem through core Spirituality tools.



# Synopsis of Programs

S.No.	Date	Program	Attendees	Location
1	March 01, 2020	Nari – Ek Mahan Shakti (Army Area Women)	100	Army Cantt, Vijay Dwar
2	March 01, 2020	Khushnuma Jeevan jeene ki Kala	40	Shyam Nagar
3	March 01, 2020	Sanskriti ki Sanrakshak Mahila	90	Arjun Bal Niketan Senior Secondary School
4	March 01, 2020	Khushaal Mahila Kushaal Parivaar	100	Pearl Society, Bani Park
5	March 03, 2020	Badlte Parivesh mei Nari ki Bhoomika	60	Shiv Mandir, Vidhyadhar Nagar - Sector 4
6	March 03, 2020	Baccho ki Samsyai	40	Rangoli Plaza (Shopping Compound)
7	March 04, 2020	Khushaal Mahila Kushaal Parivaar	100	Community Hall, Keshavpura
8	March 04, 2020	Khushnuma Jeevan jeene ki Kala	150	Parag International School
9	March 05, 2020	Parivaar evam Karya shetra mei santulan	50	Raangoli Club
10	March 06, 2020	Khushaal Mahila Kushaal Parivaar	50	Rangoli Garden Society



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11	March 07, 2020	Khushnuma Jeevan Jeena Ki Kala	40	C- Scheme
12	March 08, 2020	Badlte Parivesh mei Nari ki Bhoomika	100	Rajasthan Engineering College for Women
13	March 08, 2020	Women and Happiness	50	Fitness Pro Community
14	March 12 , 2020	Badlte Parivesh mei Nari ki Bhoomika	120	Janta Sr. Secondary Girls School
15	March 13, 2020	Khushnuma Jeevan Jeene Ki Kala	120	Choudhary Public School
16	March 13, 2020	Sanskriti ki Sanrakshak Mahila	100	Kilkari International School
17	March 13, 2020	Khushnooma Jeevan Jeena Ki Kala	50	Ram Mandir, Vardhman Group Society
18	March 13, 2020	Parivaar evam Karya Shetra mei santulan	100	Luxpal Miniatures Bulb Factory, Sarna Doongar
19	March 14, 2020	Sanskriti ki Sanrakshak Mahila	30	Chawar Ka Baas Village
20	March 15, 2020	Khushnuma Jeevan Jeena Ki Kala	40	Panchyawala



# Details of major Programs

**Fitness Pro Community, Mansarovar, Jaipur**

**Topic – Women & Happiness**

Around 50 Participants including the Club director, Special Guests – Ayushi Shekhawat, Model TV Host and Dancer ; Sunita Singh - Principal of Bharat Law College were present. They all realized that spiritual Health is a key factor in determining the physical health. Meditation is the only effective tool to improvise the spiritual health. Participants were enlightened with the meditation experience.



**Venue – Army Cantt, Vijay Dwar, Jaipur**

**Topic – Nari – Ek Mahan Shakti**

Around 100 women from family of Army Personnel's attended the session given by BK Anamika didi. The session focused on the Spiritual powers – Its meaning and methods to increase your Innate power. BK Anamika didi also told that Women of 21<sup>st</sup> Century are doing very good in different professional fields; but along with it, one need to keep their feminist powers (the power to face, power to accommodate, etc) awaken.



Venue – Rangoli Garden Society

Topic – Khushaal Mahila Kushaal Parivaar

3 Events were conducted in the Society to cover the different age groups and professionals.



Venue – Rajasthan College of Engineering for Women

Topic – Badlte Parivesh mei Nari ki Bhoomika

On International Women day morning, BK Anamika shared to Engineering students about the role of Women in current Scenario. Girl Students with good Education Background can also do lot service in Women empowerment field unless they are empowered. One can share only the things they hold.





Thanks

