

**ITWing's Campaign 'Inner Peace Through Inner Technology' in Delhi-NCR**

Information Technology Wing (IT Wing) of **Rajyoga Education & Research Foundation** having H.Q at Mount Abu Rajasthan organised a **IT Campaign** under the theme **Inner Peace Through Inner Technology** from 15<sup>th</sup> February 2020 to 29<sup>th</sup> February 2020 with grand gala opening launch at IIM Lucknow – Noida campus at Sector 62 Noida on Saturday 15<sup>th</sup> February 2020.

IT Campaign Launch was a great success having very peaceful atmosphere in and around auditorium with plenty of volunteers, helping the guests, coming from all over Delhi- NCR with greetings and smile.

This Campaign is designed to conduct short sessions of around 60 to 120 minutes at the premises of various IT Companies, Organisations, Establishments , Banks, Colleges, Hospitals, Factories or at any other places for professionals in English or Hindi or in mixed language on the list of topics under the umbrella of 'Inner Peace Through Inner Technology'. All these sessions are conducted with objective of enhancing productivity, efficiency , peace , harmony in relations and work life balance, all free of cost to uplift human kind. Any one may approach IT wing of RERF to get such sessions conducted at their place any time during this campaign period from 0900 to 1800 hrs .

Launch started with light soft music and meditation.

Program started with introduction of ITWing of RERF by BK Sanjiv Gupta Bhai , North India Coordinator-ITWing.

Brief Introduction of IT Campaign was given by BK Rama Behn, Delhi NCR Coordinator -IT Wing .

Mr. Sanjay Mendiratta of HCL highlighted relevance of InnerPeace of professionals in IT and shared his experience.

Dr. Mohit D. Gupta touched upon very critical points of Technology of Transformation in today's environment and to overcome the same in simple ways. All his insight was shared by his very long and rich experience through Rajyoga Mediation and its teachings.

BK Deepa Behn (from Mumbai) shared her experience on Magic of Meditation.

Ms Monica Jasuja ,Vice President Master Card also shared her experience.

BK Asha Didi, Director-Om Shanti Retreat Centre, Gurgaon, inaugurated the Campaign with candle light, along with other seniors brothers & sisters involved from Delhi & NCR in making this campaign successful.(Photo attached)

Greetings by our VIP Guests- Mr. Tanmay Chakabarty, Group Government Affairs officer- Tata Sons , Former Vice President & Global Head PF the Govt Industry Solutions at TCS and Professor D.S. Senqar Dean IIM Lucknow – Sector 62 Noida Campus.

In the end blessings from BK Asha Didi was given with a message to all participants to take benefit of this campaign and help colleagues, subordinates, seniors , neighbours and family members.

**Photos attached.**