

SPEAKER PROFILES



BK BRIJ MOHAN

BK Brij Mohan is Additional Secretary General, Prajapita Brahma Kumaris Ishwariya VishwaVidyalaya, HQ - Mt. Abu; Secretary, RERF; Chief Spokesperson of the Brahma Kumaris; Chairperson, Politicians Service Wing, RERF and Chief Editor, 'Purity'. He is a qualified CA and a lawyer. Former Finance Manager, Fertilizer Corporation of India. Resigned in 1972 to dedicate his life to the Brahma Kumaris Institution.

BK SHIVANI

BK Shivani, an international speaker, author, and life skills trainer for more than 20 years. Famous for "Awakening with Brahma Kumaris" on channels including Aastha, Sanskar, Peace of Mind and Awakening TV. She's an Electronics Engineer and Gold Medalist from Pune University, served as a Lecturer in Bhartiya Vidyapeeth College of Engineering, Pune and thereafter started her own software company, Travels in India and abroad, including the United States, France, UK and Canada appearing at charitable events ranging from promotion of organ donation to parenting programs, as well as Brahma Kumaris events. On organ donation, in 2015 she said "We are taught that karma done today will benefit our family for a long time. So, it shouldn't take us long to decide to do 'daan' of our body's organs." She is a goodwill ambassador of the World Psychiatric Association.



DR ROGER COLE

Oncologist and palliative care physician, has been caring for the terminally ill for the last 30 years. Associate Professor of Palliative Care for the Illawarra Region of NSW between 1992 and 2010. Authored three books on the spirituality and meditation genre, including the international bestseller Mission of Love.

DR SACHIN

A deeply inspiring & articulate speaker and an accomplished yogi, Dr Sachin combines the pragmatic qualities of a doctor with the mystical understanding of applied spirituality. He has been practicing Raja Yoga as taught by the Brahma Kumaris for last 15 years. An achiever academically & a researcher in different areas of medicine, he has related spirituality to the very core of self, life, science & God. The gift of a contemplative mind and his deep search for truth & God since childhood has enabled him to focus on his personal soul-journey.



SHEILU BEN

Senior Faculty Member, Academy for a Better World, Gyan Sarovar, Mount Abu; National Coordinator, Education Wing, Raja Yoga Education and Research Foundation, Mount Abu; Director, Raja Yoga Training Intensives, Mount Abu; Broadcaster on Television, Conferences Speaker, Lecturer, Trainer, Interpreter and Popular Orator. Traveled extensively in over 70 countries and in all the five continents.

DAVID KILOWSKY

David Kilowsky born in Adelaide, South Australia, has airbrushed spiritual paintings which are displayed all over the world, primarily used for meditation and to experience a deep sense of peace and silence. David has been based at the Brahma Kumaris headquarters in India for the past 10 years where he manages the art department and continues to develop his gifts in Art & Music.



NIZAR JUMA

Nizar Juma, is a graduate in Economics, Law and Accountancy, from the University of Wales. Since 1967, Nizar has had a stellar career in Commerce & Industry. He is best known for being the manufacturer of Adidas sports equipment for 49 Countries in and around Africa. For the past 27 years, Nizar has been actively involved in a voluntary capacity as Chairman of some of the Boards of the Aga Khan Development Network in their Social Welfare activities including not for profit Hospitals and also in their for-profit companies. Nizar is Chairman of over 70 companies. He is also the initiator of the future of power (FOP), which is the theme of a series of dialogues, taking place during the past 9 years in 67 Cities across India, Nepal, Australia, USA & Philippines.



the future of power
for enlightened leaders

RETREAT SCHEDULE

6TH TO 9TH DECEMBER, 2019
MANMOHINI COMPLEX
SHANTIVAN

THE FUTURE OF POWER RETREAT

FRIDAY 6TH TO MONDAY 9TH DECEMBER 2019

FRIDAY 6TH DECEMBER

All day Arrival	Breakfast and Lunch Served to Guests arriving during the day	
	Registration & Room Allocation	Brahmlok
06:45 - 07:30pm	Welcome 'check in', Gifts and Housekeeping announcements	Auditorium
07:30 – 8:30pm	Welcome Dinner	

SATURDAY 7TH DECEMBER

4:00 – 4:45am	Early Morning Meditation <i>(Optional)</i>
6:30 – 7:00am	Practical Meditation Experience – <i>BK Shreya</i>
7:00 – 7:45am	Morning walk – <i>David</i>
7:15 – 7:45am	OR Morning Stretches – <i>Sujata</i>
7:45 – 8:30am	Breakfast
8:45 – 9:30am	Inaugural Ceremony
9:30 – 10:00am	Welcome & FOP Context – <i>Nizar Juma</i>
10:00 – 10:45am	'Who am I?' – <i>BK Sheilu</i>
10:45 – 10:50 am	Quiet Time
10:50 – 11:35am	'Who is God' – <i>BK Shivani</i>
11:35 – 11:55am	Tea Break
11:55 – 12:00pm	Quiet Time
12:00 – 12:45pm	'8 Powers' – <i>BK Brijmohan</i>
12:45 – 12:50pm	Quiet time
12:50 – 1:30pm	'Dying to know you' – <i>Dr Roger Cole</i>
1:30 – 3:15pm	Lunch, Group Photo & Rest
3:15 – 3:20pm	Quiet Time
3:20 – 4:05pm	'The Blame Game' – <i>Nizar Juma</i>
4:05– 4:35pm	Stretching – <i>Sujata</i>
4:35 – 5:50pm	Connecting with GOD followed by meditation experience – <i>BK Shivani</i>
5:50 – 6:15pm	Tea break
6:15 – 6:20pm	Quiet time
6:20 – 7:05pm	'Power of the subconscious mind' – <i>Dr Sachin</i>
7:05 – 7:10pm	Quiet time
7:10 – 7:55pm	'Word Cycle & Spirituality' – <i>BK Shivani</i>
7:55 – 8:55pm	Gala Dinner
8:55 – 9:55pm	Variety Show

SUNDAY 8TH DECEMBER

4:00 – 4:45am	Early Morning Meditation <i>(Optional)</i>
6:30 – 7:00am	Practical Meditation Experience – <i>BK Shreya</i>
7:00 – 7:40am	Morning Walk – <i>David</i>
7:10 – 7:40am	OR Morning Stretches – <i>Sujata</i>
7:40 – 8:25am	Breakfast
8:55 – 9:00am	Quiet time
9:00 – 9:45am	Password of Happiness – <i>BK Shivani</i>
9:45 – 9:50am	Quiet time
9:50 – 10:35am	Questions & Answers – <i>BK Shivani and Moona</i>
10:35 – 11:05am	Tea Break
11:05 – 11:10am	Quiet time
11:10 – 11:55am	Spirituality in Business - Does it Compute? – <i>Nizar Juma</i>
11:55 – 12:00pm	Quiet time
12:00 – 12:45pm	'The whispers from beyond' – <i>Dr Sachin</i>
12:45 – 1:45pm	Lunch
1:45 – 2:15pm	Break
2:15 – 3:15pm	Drive to Dadi Janki Park, Mt. Abu
3:15 – 4:00pm	Refreshment @ Dadi Janki Park
4:00 – 5:15pm	Feedback Session @ Harmony Hall
5:15 – 5:45pm	Drive to Pandav Bhavan
5:45 – 6:30pm	4 Dham Spiritual Tour
6:30 – 7:10pm	'Action Plan' from Monday...!!
7:10 – 8:10pm	Dinner @ Sukhdham
8:10 – 9:00pm	Drive back to Manmohini Complex, Shantivan

For those who are leaving on Monday 9th December:

4:00 – 4:45am	Early Morning Meditation <i>(Optional)</i>
6:30 – 7:00am	Practical Meditation Class – <i>BK Shreya</i>
7:00 – 7:40am	Morning Walk
7:10 – 7:40am	OR Morning Stretches
7:40 – 8:15am	Breakfast