

Dear Divine Family,

Om Shanti. Please find attached a report on the Medical Wing Campaign-Delhi Zone, that was held in Delhi NCR from 25 September-30 September 2019

BRIEF REPORT: HOLISTIC WELL BEING CAMPAIGN FOR MEDICAL PROFESSIONALS

Medical Wing launched a state level Campaign HOLISTIC WELL BEING: A WAY OF LIFE at Army College of Medical Sciences, Delhi Cantt. On 24th September 2019 in Delhi & NCR Region. It was a week long Campaign from 25th September-30th September 2019. It successfully completed on 30th September.

As a part of this campaign, about **105 programmes, benefiting more than 8000 medical Professionals** was organized in Delhi – NCR, covering **all parts of Delhi** and the adjoining areas **including Moradabad, Noida, Gurgaon, Bahadurgarh, Rohtak, Sonapat, Faridabad and Hodal.**

Programmes were conducted in various Hospitals, Medical Colleges, Nursing Homes, and schools. (List mentioned below)

Total Programmes during Campaign are 105

Total Medical Professionals who took benefit from the Campaign are 8,482

CONCLUDING REMARKS:

Various senior medical professionals including Medical Superintendents of various hospitals, Deans of Medical colleges **Vice Presidents of companies and heads** were present in many programmes conducted, spanning the whole capital region.

During sessions, the participants realized the importance of Holistic Well being. They accepted spirituality and meditation as an easy and practical tool to implement values in healthcare establishments, while handling patients, thus creating a positive impact on the healing industry as well. Beneficiaries also experienced the power of meditation through live demonstration of Rajyoga and pledged to be duty bound, loyal, honest and compassionate in all dealings and incorporate values in professional life. Value bands with various values mentioned on it was given to each participant which they wore, which shall serve as a gentle reminder of the pledge taken. This activity was received with full enthusiasm.

LIST OF HOSPITALS COVERED DURING CAMPAIGN

- AIIMS
- ESI
- BSF Hospital
- RG Stone Hospital
- DDU

- Maharaja Agrasen, Dwarka
- Mata Chanan Devi Hospital
- Hedgewar Hospital
- Mahrishi Ayurveda Hospital
- Shreya hospital
- Gupta Multispecialty Hospital
- Gurunanak Eye Centre
- Spinal Injury Centre,Vasant Kunj
- Baba Saheb Ambedkar Hospital
- Indian Medical Association,Rohtak
- Post Graduate Institute of Medical Sciences
- Mission hospital,Bahadurgarh
- Jivan Jyoti Hospital,Bahadurgarh
- Nayati Hospital,Mathura
- Yatharth Hospital,Noida
- Sarvodya Hospital Faridabad
- Bali Nursing Home

LIST OF INSTITUTIONS

- Imperial Auto, Faridabad
- Victora auto, Faridabad
- Cancer support NGO
- Akhilesh Gupta Technical Institute
- MVN University, Palwal
- Govt.College, Hodal
- Maa Omwati College, Hassanpur
- Vaish Arya kanya Mahavidhyalaya
- Vaish Arya Mahila Mahavidhyalaya

LIST OF MEDICAL COLLEGES

- Army College of Medical Sciences
- Ambedker College
- Vivekanand Nursing College, Moradabad
- Kothiwal Dental College, Moradabad
- KGK Homeopathic College, Moradabad

- Dayanand Girls College
- PDM College, Bahadurgarh
- PGIMS, Rohtak

A number of faculties from Delhi and special invited faculties from NCR rendered their services during this campaign and shared their insights, wisdom and experiences with the Medical Professionals who took benefit of the programmes.