## CHHATTISGARH STATE JUDICIAL ACADEMY, BILASPUR

## LETTER OF REQUEST

No.91.../CSJA/Training-II /2019

Bilaspur, dated /02/2019

To,

Manju Behan, Bilaspur

Respected Manju Behan ji,

II<sup>nd</sup> Part Institutional Training Programme for newly appointed Civil Judge (Entry Level), 2018 Batch I & II is undergoing from 04<sup>th</sup> February, 2019 to 29<sup>th</sup> March, 2019 at CSJA, Bilaspur.

You are, therefore, requested to deliver the lecture to the Civil Judges (Entry Level) 2018 Batch I & II, on the following subject, date and time, and enlighten us through your enriched experience,-

Date/Time

Subject/ Topic

Lecture on Stress Management

26/02/2019

10:30 AM to 12:00 PM & 12:15 PM to 02:00 PM

With regards.

Method of Training :-

(i) Reading Material prepared & provided by Resource person

(ii) Power Point Presentation.

(iii) Interaction / group discussion.

(iv) Practical training.

(K. L. Charyani