

GODLY UNIVERSITY



It is an undeniable truth that everyone, without a single exception, desires peace of mind and happiness and strives to achieve them. But, in spite of all the efforts, unrest, hatred and sorrow have been on the increase. Even though science has helped in man's material advancement and he has succeeded in raising the level of his affluence by adoption of some sound principles of economics, yet, to a large extent, contentment and peace of mind, which are man's two most highly valued objectives, are absent in his life. What is, on the contrary, evident is a glaring increase in tension, worry and strife - all these he feels in spite of easy availability of the means of material wellbeing and the vast help rendered by science and technology in making human occupations simple and useful. In

these circumstances that lead ultimately to frustration, it is the Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya (PBKIVV) that aims to enlighten one and all on the causes of the present sorry state of affairs and, then, to lead them to effective elimination of these causes.

The inexorable law of Karma demands noble actions for peace

Close reasoning leads us to the truth that an individual's sorrow and unrest are due to his own bad actions. As we sow, so shall we reap - this is the inexorable law of action (*Karma*). Science also has demonstrated, in the physical world, the truth that every action has its own reaction. Action being the basis of all human efforts, the law of action and reaction is applicable in the non-physical sphere also. As long as man's

Contd. on page ... 32

CONTENTS

● Godly University	3	● Mass Death during Natural Calamities -- Is it a case against existence of God?	17
● Kumbh Mela & Maha Shivratri (Editorial)	4	● The Divine Acts of God Shiva	21
● Morning Musings & Night Notions	7	● Wishing A Happy National Science Day	23
● Positive Thinking	8	● Being Happy is Truly A Natural State	25
● Forgiveness as a Cure	11	● My Personal Spiritual Experiences of God's Sustenance Under the Canopy of His Divine Protection	27
● Making India the Golden Sparrow (Poem)	12	● God Father Shiva -- The Most Generous, Benevolent and Merciful One	31
● A Bouquet of Beautiful, Benevolent, Nice, Noble, Enlightening and Elevating New Year, 2019 Thoughts to All	13		

KUMBH MELA & MAHA SHIVRA TRI

We are very fortunate to have taken many, many births in the most religious land of Bharat, where day in and day out celebrations, religious customs and ceremonies are taking place throughout the year. However, once in 12 years, there comes the most auspicious time when mega-religious programmes take the form of the *Kumbh Mela*. At the start of 2019, at *Prayagraj Triveni Sangam* (Allahabad) the sacred venue where hundreds of Akhadas, Institutions, Jagadgurus and other highly religious personalities have gathered together, the *Ardh Kumbh Mela* began on 15 January, and will continue till until early March with several special occasions for the devotees to take a dip in the holy waters of the *Triveni*. This year, the present Government of Uttar Pradesh and Government of India have taken extra care to see that the expected 120 million Gurus, Devotees and Pilgrims are able to move around freely and safely, especially on the three days of *Shahi Snaan* (Main Royal Bath).

It is itself a grand spectacle of Hinduism (*Adi Sanatan Dharm*). Most

of the great religious personalities favour the devotees to have their *darshan* and to listen to their words of wisdom based on the ancient culture, rituals and scriptures. In fact, it is the largest religious gathering ever held in the world, as we learn from media reports. In 4th February was the second *Shahi Snaan* that took place on *Mauni Amavasya*, where it is reported that 5 crores people had the fortune of taking the holy dip in the *Triveni Sangam* (Ganga, Jamuna and Saraswati) in a single day, and then, of course, learn from the insightful orations by *Jagadgurus*, *Mahatmas*, and other religious leaders! It is the climax of devotion (*Bhakti*) in many forms.

As per God's plan, this ocean of people has also been exposed to the Spiritual Service and good wishes of God's instruments, Brahma Kumaris in their angelic whites, who have also organised a unique Expo of Spiritual Knowledge and Sahaj Rajyoga Meditation on the *Mela* grounds, as imparted and taught by the Highest on High, God of gods, Purifier of the Sinful, Bestower of Divine Visions, who is our

Incorporeal Supreme Being, God Father Shiva. B.K. Sister Manorama and her large team of service instruments from in and around Allahabad, and other parts of Bharat, have been tirelessly and lovingly ensuring that the Expo provides a meaningful and deep spiritual experience to all those, who visit the *Kumbh Mela*.

It is very appropriate that after thousands of years of performance of rituals and explanations of intricate customs of different kinds of worship, God Shiva descends from *Paramdham* (the Supreme Abode of Light) to fulfil the centuries-old desire of devotees, by granting them *Mukti* (Liberation) and *Jeevan-Mukti* (Liberation-in-Life). This powerful descent or incarnation (*Avtaar*) is celebrated every year on *Maha Shivratri*, which symbolizes the time of utter darkness of ignorance when God Himself appears on the world drama stage.

As is the custom, devotees keep awake till midnight on the eve of *Shivratri* by praying and singing devotional songs in praise of Shiva, the Benefactor. It is a wonder that the devotees offer *Bel-Patra* (Bilva Leaf) and milk along with offering *Bhog* (sweets), as beautiful flowers are generally offered in worship. However, the *Bel-Patra* holds significance in that it has many medicinal values, and represents the offering of our defects and weaknesses to God Shiva. After 63 lives of performing a variety of rituals on the

path of *Bhakti*, the devotees receive God Shiva's blessings directly in the form of spiritual knowledge, originally enshrined in the scripture, *The Shrimad Bhagwad Gita*.

As we learn from this unique scripture, *the Gita*, God fulfills His given promise of reincarnation *Kalpa* after *kalpa*. He has now revealed that each *kalpa* is of 5000 years. As shared in Indian mythology and religious history, God incarnated 5000 years ago to reveal the highest truths and wisdom about the Creator and Creation. The versions of God of *the Gita* have touched every aspect of spiritual endeavour, and take one into the depths of religiosity.

We also learn the highest form of Yoga, as part of the same teachings of *the Gita*, which is famously known as Rajyoga Meditation. In this practise, any aspirant can become soul-conscious and uplift his or her consciousness to experience the most loving and purifying relationship with God Shiva. The Art of Sahaj Rajyoga has also been now re-revealed by the Supreme Authority of Spiritual Knowledge and Rajyoga Meditation directly, through the medium of Prajapita Brahma. It is through this clear understanding and continuous process that the human soul evolves as per God Shiva's direct guidance. This is why God's elevated directions enshrined in *the Gita* have always been recited as 'God speaks *Shri Bhagwan-u-vaach*'. This highest Godly wisdom of *Gyan* & Rajyoga are the

means of re-establishing *Dharma* (righteousness) in this world, at the end of the cycle of 5000 years.

It is an irony of fate that those, who penned the scriptures during the age of *Dwapur Yuga* (nearly 2500 years back), attributed this highest Godly wisdom with the first prince of *Satyuga* (Golden Age), Shri Krishna, even though Brahma has always been revered as the Wisest Being. When the Sun of Knowledge descends and imparts unique Godly wisdom, He chooses the medium of Brahma, an old-age experienced Brahmin. Spiritual wisdom and Rajyoga Meditation motivate and support devotees in transforming themselves into enlightened beings, '*Gyani-Tu-Atma*'; the first being Brahma, who transforms himself into a Brahmin and then into the Angelic Stage, and further to Golden-Aged Deity, by observing the highest disciplines of Sahej Rajyoga and Spiritual *Gyan/Shrimat*.

Shri Krishna's name has been attributed as the Sermoniser of *the Gita*, however God Himself clarifies His role as Bestower of the highest wisdom of *the Gita* through the most experienced instrument of Prajapita Brahma. When His message reaches all corners of the world, transformation of human beings, and the five elements takes place from iron-aged to Golden-aged. As per God's promise, those human souls, who become soul-conscious and establish their relationship with the Supreme

Father, become victorious over *Maya*: the five main negativities or vices. They are then known as the *Shiv Shakti Pandav* Spiritual Army, who aim to never resort to any form of physical, mental or emotional conflict.

According to the Elevated Versions of Knowledge, the role of individuals, who hold great positions of materialistic power and status and who have the authority to press the button and start the last war, have actually no connection with the Supreme Being. It is the perverted perception of power and the need to satisfy ego, which become the root cause of the final war, *Mahabharat*. The present day scenario all over the globe and the influence of the so-called super powers, are slowly driving everyone to that point of no return. Just a few days, Media informed us that USA and Russia have withdrawn from their Treaty of not using nuclear arsenal weapons! As the globe inches towards the heights of conflagration, it is high time to be awakened spiritually. While the future poses some horrific scenes of a war where most countries will be wiped out, we need to only channel our thoughts, words and actions towards spreading a positive atmosphere of love, peace, hope and goodwill during our regular practice Meditation. This will help many human souls during the transition period and awaken them to the clarion call of the Supreme Father, who wishes all of us to lead spiritually-disciplined lives and play the roles of

angels of love and peace, as we accumulate God's blessings in meditation every day.

Let us celebrate *Maha Shivratri* in March, 2019 in the best and most auspicious way by invoking the blessings from Incorporeal Shiv Baba and Pitashri Brahma Baba. Our spiritual empowerment will make us God's instruments of global change for the better, thereby leading us to our most

cherished dream of a new peaceful, loving world: *Swarg*, Golden Age, Paradise, *Bahisht*. I am sure each of us would very much like to be in such a world in the form of the elevated divine beings, who will be the mirror image of the purest beings, Shri Krishna and Shri Radha, or Shri Narayan and Shri Lakshmi respectively.

-- BK Nirwair

Morning Musings & Night Notions

“It is not in the stars to hold our destiny but in ourselves.” -William Shakespeare

“It is better in prayer to have a heart without words than words without a heart.”

- Mahatma Gandhi

“Physical strength can never permanently withstand the impact of spiritual force.”

- Franklin D. Roosevelt

“When you arise in the morning, think of what a privilege it is to be alive, to think, to enjoy and to love.”

- Marcus Aurelius

“This new day is too dear, with its hopes and invitations, to waste a moment on the yesterdays.”

- R. W. Emerson

“Meditation is the dissolution of thoughts in eternal awareness or pure consciousness without objectification, knowing without thinking, and merging finitude in infinity.”

- Voltaire

“My religion consists of a humble admiration of the illimitable superior spirit, who reveals himself in the slight details we are able to perceive with our frail and feeble mind.”

- Albert Einstein

“The greatest thing in the world is to know how to belong to oneself.”

- Michel de Montaigne

“Awakening is not changing who you are, but discarding who you are not.”

- Deepak Chopra

“Sweet children, develop the habit of spiritual brotherhood. I, the soul, is talking with the brother soul – this habit will change your criminal eye.”

- God Father Shiva



POSITIVE THINKING

■■■ B.K. Manjula Baijal, Bengaluru

Positive thinking is the belief that good things will happen and that one's efforts will be crowned with success. It is something diametrically opposed to negative thinking, which is being fearful, apprehensive and unsure of success in one's efforts. Positive thinking is based on optimism, hope and belief that hard work never goes wasted. The effects of positive thinking are magical. Psychologists believe that nothing gears up people to make whole-hearted efforts to perform some task as positive thinking does.

The positive feeling tones up every muscle of the body and activates every nerve of the mind for a perfect coordination between the body and the mind to do the job when hope enlivens a human being; his/ her efforts become focused and earnest. The vision of achievement and the glory or appreciation associated with it propels a person to work in such a way that no stone is left unturned to achieve the desired mission. Positive thinking helps a person to find a way in a difficult task or a tough situation. He/she starts feeling that something can be done to overcome the difficulties that are looming large at that moment. It is said that a serious

person finds a way, while an idler finds an excuse. The difference between these two is that of attitude of being hopeful or being without hope. A person, who keeps hopes alive, gives himself a chance to succeed, however difficult the task may be. He/she puts in earnest endeavours and may get favour of luck, and help may come to him/her from unexpected quarters. On the other hand, a person, who loses hope, can never make a whole-hearted effort. His/her battle is half lost even before the start.

It is rightly said that life is not a bed of roses. Each person has to face difficult situation in his/her life. If one becomes fearful and apprehensive about the results, then feelings of frustration, depression and disappointment will enter his/her mind and hinder his/her normal faculties of working. He/she may even end up poorer than he/she actually is. In the present age of tough competition, nothing is given by the world on a platter.

Those, who do not put in the required amount of efforts, are left behind to suffer and repent. 'Hope sustains life' is an old and time-tested adage. It accentuates the importance of positive thinking. If you do not think

positively, you may lose the initiative to do well to achieve your objectives. Positive thinking builds will power. People have reached dizzy heights by sheer will power supported by hard work. 'Where there is will, there is a way' is not an idle statement. It contains a lot of substance.

History is full of examples that show that people have achieved amazing results by perseverance and positive attitude. King Bruce of Scotland could not free his land despite many efforts. He had to run away and hide in a cave. He saw a spider who was trying to reach the roof. It made nine attempts but each time it fell just before reaching it. It tried again and succeeded finally to reach the roof. King Bruce learnt a great lesson of keeping the hope alive. He made a concerted attempt and was able to free his land. Columbus had no money or fleet of ships to make a voyage across the globe. But he was sure that one day he will be able to realize his dream and did so. Similarly, we need to make a proper assessment of the task in hand, prepare a plan of action, find the right method to perform it, and then make an integrated endeavor to complete the task. Applying wrong methods even with positive thinking will result in failure. Depending entirely on hope or unexpected help or a stroke of luck is foolishness but not positive thinking. Hope is secondary to one's efforts. Positive thinking, therefore, essentially means to be hopeful of a good result after making the



If you think
POSITIVE
then
POSITIVE things
will happen.

required effort. It is an attitude to go for the performance of a task with a hope that it can be done. It also means to be confident of success in a difficult situation hoping that even such a situation can be controlled if we do what it takes. Efforts are the base on which hope is built; without the required amount of efforts, endeavour or hard work or whatever you call it, no one can be sure of success.

An important question that arises in this regard is: Is positive thinking an inherent characteristic of a person or can it be developed in one's psyche? The opinions differ in answering this vital question. Some people believe that it can be inherited from parents, and cannot be developed. Others believe that like other qualities it can be developed with proper practice and guidance. Still some others hold the opinion that it is hereditary to some extent but can be acquired to some degree. There is also a section of people, who believe that all depends on circumstances or luck. Some people are born lucky. They get success with minimum effort; others don't get it even

after greatest of one's endeavour. There are, thus, various theories and opinions regarding positive thinking based on one's experience and knowledge.

We need to adopt a scientific approach to find an answer to the above question. No one can get success every time even after making efforts, nor can one fail constantly. Moreover, success has different meaning for different people. For some students, getting 60 per cent marks is success, for others it may not be sufficient. In a competitive examination, success means getting selected, whatever the percentage of marks. As for inheritance theory, since positive attitude is not a physical feature but a mental faculty, it cannot be purely hereditary. It can be developed. Moreover, parents play a major role in developing this quality of a child. A child, who watches his parents working hard, having faith in success through their words, behaviour and body language, is likely to develop a similar attitude.

The children of short-tempered, over-cautious and nervous parents may assume similar characteristics when they grow up. Psychologists, therefore, prescribe a code of conduct for parents' behaviour in front of their offsprings. They must exude confidence, self-belief and hope, especially in difficult situation, so that the offsprings or children emulate these qualities. They must be taught the importance of being positive before, during and after the performance of a task. There is no better

Positive thinking is not
about expecting the best to
happen every time
BUT
accepting that
whatever happens
is the best for this
MOMENT.



education for a child than watching his/her parents come out of a tough situation by means of earnest endeavors. Such success not only gives more joy but also increases self-confidence and acts as an exemplary lesson for children and younger members in the family to emulate.

The role of teachers in building the confidence of students and telling them about the importance of positive thinking is also vital; the teachers encourage hard work by appreciating and rewarding those who make it. They rebuke and warn those, who are not serious in their studies. They tell students about the various ways in which they can improve their score line. In the modern age of science, there are many other ways like yoga, Rajyoga meditation, exercises and reading of inspiring books, which can develop positive thinking and relieve us of tension, worry and make us relaxed and hopeful. ■■■

FORGIVENESS AS A CURE

■■■ B.K. Shivani, Gurugram (Hry.)

As we walk through life, we, sometimes, find stones in our path or things happen to create a ditch in it. The ditches and the stones make us weary. Forgiveness is to flatten out the ground, so that our path ahead becomes smoother.

We often think about forgiveness in relation to another. However, whilst forgiveness helps to improve our relationships with others, the first one to benefit is the self.

After all, whatever happened is in the past now; yet, we keep running that video in our minds again and again. We suffer today for something that happened in the past, we keep re-living the pain. Our own thoughts and feelings bring the pain into the present. This pain adds a stone in our path.

Suppression does not work; we need to acknowledge, understand and counteract the negative feelings of anger, sadness, or revenge that destroy our minds and hearts when we cling to situations that caused harm. Once we understand this, we can move on to freeing ourselves, as we are the prisoners of our own anger and resentment.

Forgiveness leads to healthier relationships, greater psychological and spiritual wellbeing and higher self-esteem. It also brings physical benefits: such as less anxiety, lower blood pressure and stronger immune system.

Forgiveness is a catalyst for change, and, according to the words of the Nelson Mandela, “Forgiveness moves us from anger to wisdom and frees us to achieve greatness”.

All religions talk about forgiveness in their own way, as a liberating power, a strength, a way to elevate the spirit and an act of kindness. It is a way for the spirit to grow and be free from burden. There is no better investment of time and effort than to free our hearts to accept and to love.

The first step is to forgive ourselves because even for holding on to the grudge or for the guilt we might feel for being part of that situation. “I did the best I could with the resources I had at that time”. Then, establish a positive dialogue with the self: “Forgiving the past would free myself for newness, for what life has to offer me”, “I don't have the resources to waste on hanging on to this person/story anymore. I want to be free.”

If we can sit down and write a list of all of the positive things we have done throughout the day or week, we can, then, reflect on them and recognize the positive impact we have. Whatever it may be, write it down and acknowledge all of the positive and good things done, but not at all the negatives. Then, we can cultivate a positive nature through practice of Rajyoga meditation and a sense of gratitude; we can also re-frame

what happened. Instead of seeing “What they did to me”, let me look back and ask, “Did they help me in some way? Did something good come out of it? Could something good come out of it now?”

As we define ourselves away from the pain and re-frame the situation, we are able to forgive the people involved, to change our vision of them and to even, perhaps, be grateful for the learning. Every day, before going to bed, forgive the self and others for whatever happened during that day and leave the past behind. Meditate on a life free from sorrow, and, instead, be filled with peace and love. Self-forgiveness is tied in forgiving others; so, it is important to exercise forgiveness to the self as well.

Forgiveness means allowing everyone to progress. We do not hold the mistakes of others in our heart. We interact with each person, each time, with the possibility that they might have changed. We nourish this vision of hope, benevolence and good wishes. It, indeed, helps others to change; and it also helps us to be happy, to open up to the new situations and to be attentive to the “miracles” that can happen when we feel light and free. ■■■

MAKING INDIA THE GOLDEN SPARROW

■■■ B.K. Yogesh, B.K. Colony, Shantivan

The dream to bring proper rejuvenation
Was realized 68 years ago with our own constitution!
The day to rejoice and celebrate with jubilation
Began as India became a self-sovereign nation.

Her cultural heritage and pristine glory
Are great due to our deity culture and purity.
The spirit of unity in diversity is found here only;
Also found are the festivals, folks, lores and the joys heavenly!

The tri-colour – saffron, white and green – with Ashok Chakra
Symbolizes prosperity and dignity,
Arouses the feeling of patriotism in every Indian,
And makes India united, self-reliant and prosperous nation.

The saffron symbolizes renunciation for our brethren,
The white inspires them to be truthful and peaceful.
The Ashok Chakra inspires to maintain law of dharma,
The green shows fertility of the soul and its perfect karma.

The original knowledge of self God does manifest,
As He incarnates from Soul World to play role at His own behest.
He removes the sorrows, bestows peace and happiness,
And fills us with colours of elevated knowledge, yoga and virtues.

The knowledge that we are souls, makes us self-sovereigns,
Soul-consciousness practice makes us master of sense organs.
God’s remembrance showers the fountain of virtues, original;
And inculcation of divine virtues makes us deities, phenomenal.

Let’s make India the Golden Sparrow by being instrumental
And make her Heaven with natural beauty, grand and
transcendental.

A BOUQUET OF BEAUTIFUL, BENEVOLENT, NICE, NOBLE, ENLIGHTENING AND ELEVATING NEW YEAR, 2019 THOUGHTS TO ALL

■■■ Dr. Brahma Kumar Yudhsithir, Ph.D., Shantivan, Associate Editor

In continuation of the previous issue, the author, in this article, continues to present a bouquet of some more beautiful, benevolent, nice, noble, enlightening and elevating New Year, 2019 thoughts to all and highlight their significance and importance in human life, thereby enabling all to add variety and newness in life, to live with fullness, deeper meaning, usefulness and essence, and also to usher in New World of Golden-Aged Heaven, called Paradise or Shivalaya, which is being established by the Incorporeal God Father Shiva. Alfred Lord Tennyson in *Morte D'Arthur* has rightly said, "The old older changeth, yielding place to new,/And God fulfils Himself in many ways..."

Helping Others by Going out of the Way

Some unforeseen and unprecedented situations arise in our life when we need the help of others and others also need our help. Even though we very well know this fact; yet, in some tricky situations of life, we never like to help others in time of their indispensable need. Our needs, problems and demands come in the way of helping others; it is in such situation, we need to go out of the way to help them by forgetting our own selfish ends and by prioritising others'

needs and requirements.

That is why Jesus Christ advised his disciples and fellowmen "to love thy neighbour as thyself". This is possible only if we can recognize the neighbour or other like our own self on the basis of spiritual identity of all human beings. We can also help others on the basis of this understanding and realization of this universal spiritual identity; and this helps us in accepting 'the otherness of the other;' and by recognizing the other as the reflection of our own self, we can try to help others by going out of the way by rating our need as secondary and others' need as primary.

Saying Sweet Words to Those Who Scold us

When we come in interaction with various people in varied life situations, we find some people, who may not like our thoughts, attitudes, nature and behaviour as these vary from their own personal thoughts, attitudes, nature and behaviour. As a result of this variation, while some of them stay away from us, some others start scolding us with abusive or insulting words.

How to handle or deal with such situations? If we repay them with similar abusive or insulting words, the situation will be explosive, aggravating and out of

control because our reaction becomes aggressive and vengeful. Instead of being reactive in such situation, we need to be palliative and pacifying by responding politely and saying sweet and soothing words to them, which will act like curative balm on their feelings or like cold water on the fire of their anger. Our sweet and soothing words will pacify them and may also enable them to realize their mistake and also lead them to change their scolding nature and behaviour. This change may not come instantly then and there before us, but this change may appear in them when they meet other people of variant nature and, then, they may refrain from scolding them as they scolded us before.

Treating every Trouble and Nature as Teacher

We get admitted to school, college and university to get usual formal education in a campus of a private or government educational institution where various subject teachers teach us; and after appearing in tests or examinations we get a formal certificate or degree made up of paper. But, life itself is a vast non-formal school in which it teaches us many useful lessons, which the formal educational institutions cannot teach at all. In life, we face a lot of troubles that test our qualities, values, virtues, powers and character; and these troubles hone and enhance them, thereby making us experienced, mature and proficient in handling and solving various issues of life.

In this way, every trouble in our life serves as a real teacher for us. Nature, which is a part of our life, is also a great mother and teacher because it provides

us with our basic necessities of life; the various things and objects of Nature like sun, moon, stars, earth and sky serve as teacher for us as they teach us many qualities: the sun warms us and teaches us to be warm in heart; the moon cools us and teaches us never to lose our temper but to maintain our cool; the stars sparkle in dark night and teaches us to sparkle or shine our qualities in a particular profession and thereby become a star in life; the earth gives us shelter and tolerates everything, and, thus, teaches us the virtue of tolerance; the sky, which is so vast and expansive, teaches us to be broad in our mind and expansive in our heart. So, we should try to treat every trouble and Nature as teacher.

Stitching in Time to Save Nine

“Stitching in time saves nine” is a very didactic proverb, which teaches us that if we stitch a torn piece of cloth in time, this act will save it from tearing further up to nine times. While applying this proverb in

our life, we need to rectify our very small mistake in order to prevent it from becoming a big blunder; we should repair our machines or vehicles if we find a small fault in them in order not to allow it to grow bigger and thereby save a lot of time, money, labour and energy in repairing or dealing with bigger fault. We can mend a dam or reservoir of water in time when we find a small rupture or hole in it, and thereby prevent it from breaking down and flooding the nearby and low-lying area and, thus, destroying lives and properties of people living there. We can check very small or little weaknesses or evils in our character in their early stages and thereby save us

from becoming the embodiment of such weakness and evil at a later time, and thereby becoming the personification of evil. So, let us learn to mend everything very early to save us from more trouble, harassment and loss at a later time.

Prioritising our Wants and Works

Human wants are unlimited in nature. In economics, it is rightly said, "If one want gets satisfied, another takes its place." In the present world of growing consumerism culture, human wants and desires get multiplied in geometric progression or sequence: 2 becoming 6; 6 becoming 18; 18 becoming 54 with a common ratio of 3. This multiplication of wants and/or desires gives us unending and unbearable sorrows and sufferings in life, because in the words of Buddha, "Desire begets suffering. Destruction of desire leads to destruction of suffering."

What should we do to check multiplication of wants or desires and also the resultant suffering? We should learn prioritising our wants and works, i.e., satisfying the first or primary and/or most necessary want or desire first and postponing the secondary ones to a later time. Or, in other words, doing first and most necessary thing or work first. For example, if we have to satisfy three wants or desires such as food, coat and sofa, we should spend the available money in satisfying the want of food first and postponing the want of coat and sofa to a later time when we can afford to fulfil them. The need is to develop patience, wisdom and sensibility to derive much satisfaction with limited available means and thereby avoid unnecessary sufferings in life later.

Unflinching Faith in God can Move Mountains

Nowadays, people have the total lack of self-confidence in them. As a result of which they cannot do what they think, hope and aspire to do, thereby resulting in failure after failure. How can they have faith in God when they have no faith in themselves? Personal faith magnetically attracts the universal faith. Self-confident men do help themselves. That is why it is said, "God helps those who help themselves." Faith has tremendous power. Unflinching faith in one's own self and God can even move mountains. The anecdote of "The Barren Fig Tree" in *The Bible* justifies and highlights the power of faith:

In the morning, as Jesus was returning to the city of Bethany, he was quite hungry. Seeing a barren fig tree by the road, he went up to it but found nothing on it except the leaves, he said, "May you never bear fruit again." And immediately the tree withered. When the disciples saw this, they marvelled and asked him, "How did the fig tree wither so quickly?" Jesus replied, "Truly I tell you, if you have faith and do not doubt, not only will you do what was done to the fig tree, but even if you say to this mountain: 'Be lifted up and thrown into the sea,' it will happen. If you believe, you will receive whatever you ask in prayer." (*Mark 11:12-14& 11:20-26*)

Action Speaks Louder than Words

The thought - Action speaks louder than words - emphasizes on the importance of action more than mere uttering of words vociferously. Mere utterance of vain-glorious and boastful speech on a platform without backed by

practicable and demonstrative action on the ground has only superficial and temporary effect on the ears of the unintelligible, ignorant and credulous common people or public, who are swayed and moved by the political sloganeering of politicians like “Good days will come.” In this way, the gullible and believing voters vote a party to power for a particular term in office; but, the effect of such speech or slogan never continues for long when their words never come to reality. Voters, who use their adult franchise, are no longer blind to the political blackmailing of hoodwinking political brigade because “one can fool some of the people for some of the time but cannot fool all the people for all of the time.” Sheer political speech without practical action has no virtual or veritable effect for long on the mass, their action without their will to “walk the talk” or translate their speech or slogan into action, speak louder than their words. Thus, the voters have no other option but to teach the high sounding politicians a befitting lesson in the next election.

Abraham Lincoln, once the earlier President of America, has rightly said, “Democracy is of the people, for the people and by the people.” Politicians are elected by the people as their representatives to work or serve the people; but, when people's representatives fail to act upon their words, people have every right and responsibility to show the politicians the door to go back to their home. Let the politicians do what they say or speak.

Patience Pays Sense and Sensibility

Patience, which is a great virtue,

pays practical sense and sensibility because it heals as the great healer. In various negative, difficult and complex life situations, when our aims and objectives are fulfilled immediately we tend to become frustrated, hopeless, depressed and thereby lose our real sense and sensibility to handle the situations. In such situations, the virtue of patience pays us practical sense and sensibility to steer clear the boat of our life from such stormy situations by teaching us and evoking in us the virtue of tolerance, adjustment and optimism. Patience enables us to tolerate negative, difficult and complex life situations, adjust with them and the people involved in creating them, and also to hope for the best by waiting longer for better situations. Patience permits us to see the bright lightning in dark or black clouds, to wait to find out the rays of hope when we are despondent; it gives us a firm foothold when the ground under our feet is seeming to slip or drift away; it teaches us the fact of the sayings, “Every dog has a day” and “If winter comes can spring be far behind.”

Truly, patience is bitter but its fruit is sweet because everything comes if a man will only wait. John Milton has rightly said, “They also serve who stand and wait.” Praising the value of patience, La Fontaine has stated, “Patience and delay achieve more than force and rage.” Wondering about people, who have no patience, William Shakespeare has exclaimed and asked, “How poor are they that have not patience!/What wound did ever heal but by degrees?”

(Concluded)

MASS DEATH DURING NATURAL CALAMITIES – IS IT A CASE AGAINST EXISTENCE OF GOD?

■■■ B.K. Rose Mary

When it is told that suffering is the result of violation of some laws, knowingly or unknowingly, people often ask the question: If it is so why do many people including good people and even children of all ages, die simultaneously in natural calamities such as flood, earthquake, tsunamis, etc., which are called natural calamities or evils? Does this show that at least some die for no reason; hence, there is no justice or no God?

This question is too weak because all victims of natural calamities do not automatically become atheists after they go through suffering. And it is also counterproductive because if natural calamities or evils prove God doesn't exist; then, natural good (which is far better than natural evil) would prove

God does exist and also “God doesn't play dice” (as Albert Einstein puts it); instead, He just fine tunes everything and can also repeat fine tuning if needed (as Jesus said in Mathew: 19:28) and He can also repeat it any number of times (*The Gita* 4:7). Everyone is aware, nothing stays new forever. The soul human, attached with body, undergoes decline in qualities through its many births, which will have its corresponding changes reflected in the body and environment, both of which are made of five elements. Hence, some natural evils occasionally and here and there are presupposed or would happen as the quality of souls the human degrade in the second half of each Kalpa (a cycle of 5000 years). Interestingly, The Bible shows that suffering began when

mankind left God behind and pursued an egoistic course (a sort of disease of Man's feeling of 'more' - I am more important, want more beauty, more assets, more pleasure, more relations, etc.) which converted the perfect ecosystem into that of a cursed one. (*Genesis:3:17-*



19). And this subject-matter is repeated throughout its pages. In *The Bible*, The Book of Jonah makes a connection between disobedience and calamities - personal and even natural (*Jonah 1:1-15*; compare *Deuteronomy 28:2, 15*). Such a connection is seen in our time in a larger and worldwide scale. Today, vices such as lust and greed reign supreme in all their forms. Internet is flooded with information and also with porn, which make people lust-conscious. Premarital sex, extramarital affairs, same sex marriages and even incest are legal in many places; nay, even sex acts with animals are legal in some countries. Proportionate increase is also seen in the wrath of nature in the form of tornadoes, storms, hurricanes, volcanic eruptions, avalanches and landslides, floods, earthquakes, tsunamis, etc. in greater scale and frequency.

In larger view, anything that happens is a part of the process, which has its roots in the past; hence, no correct conclusion can be made by looking only at the end point. When a tree on the roadside is cut down, a limited view can link it with a single cut received just before its fall whereas the larger view may point to a man, who made so many acts of cutting with his axe before that tree fell; and, yet, he was not the cause as he was only a labourer hired by the landowner, who was again forced by the Electricity Officials because that tree was touching the electric cables. If one is alone in one planet, he/she will be affected by his/her action only but if one resides with other people, he/she will be affected by the decisions of other people also. A reckless driver on a busy highway may get into an accident, causing huge traffic jam on account of which many people suffer. Then, there are some wicked

rulers, who caused immense suffering to the people of their countries and also of the world, with the root cause being the faulty parental rearing they received in their childhood, just like good parental rearing produced leaders like Mahatma Gandhi, who inspired many others such as Martin Luther King, Nelson Mandela, Dalai Lama, etc. All these persons brought so much benefits to people in their respective countries.

A serious thinker can often see many reasons behind anything. If one drops a piece of heavy rock on his feet, he will get injured. What is the cause? Rock piece, gravity and his carelessness. Similarly, what causes one's destiny? You will find that the cause involves a series of things because destiny is the result of habit, and habit is the result of *sanskar*, and *sanskar* is the result of repeated action, and action is the result of thinking, and thinking is the result of a belief system. If a group of people travel in a particular direction, they will all reach the same destination. If a group of people choose a particular habit, they too will reach the same destiny. For example, if one chooses certain food habits and life styles that contribute to excess sugar, he will, finally, reach the world of diabetic patients. If one lives "in fear and believes that he is not good enough," he will, finally, reach the world of ulcer patients. If one feels that "he is standing in a situation he hates" and feels "discouraged, overworked and overburdened," he may reach the world

of people suffering from varicose vein. If one "squeezes all the joy in favor of money or position," he may, finally, reach the world of people, who suffer from "heart attacks". If a woman hates or "rejects her femininity," she may reach the world of those suffering from menstrual problems. (*You can heal your body*, by Luis L Hay, PP. 205, 206, 175, 185).

The links between habits and consequences are not reduced to just one birth because the soul is the constant factor on which body has its birth-growth-death cycles happening repeatedly. It is observed that most people in certain lands collectively manifest certain traits, which means that the souls choose their locations according to their *sanskars* because their *sanskars* bring them together in one place; it is also possible that many of them would often meet with the same destiny, such as happening in wars, natural calamities, just like *sanskar* of hard-working people (like Japanese) come together in one location and enjoy the benefits together.

Many important factors are hidden to us. For example, the Law of Action (*Karma*) operates on the basis of one's attitude, and the children, who die in natural calamities, were actually adult-souls in their previous births with their respective karmic accounts. Hence, in the larger picture, when the children die during natural calamities, there is no injustice as it is a matter of simply souls

reaping what they sowed. The atheists also point to the carnivores, the animals that get food from killing and eating other animals, and claim there is no God. This too is not a sound argument because many believers also, like carnivores, kill cows, sheep, chicken, ducks, etc., and eat their flesh. If one enjoys eating flesh of other species, he is also a party in the worldwide killing field where innocent animals are slaughtered against the best-known principle found in *The Bible*: “Killing a bull is equal to killing a man.” (*Isaiah*: 66:3). There is another form of killing, fondly called abortion, which is killing of the innocent and helpless life as it blossoms in the womb. Condemning this act, Pope Francis recently compared the procedure to “hiring a hitman to resolve a problem.” (<https://www.theguardian.com/world/2018/oct/10/pope-francis-compares-abortion-hiring-hitman>). In all such killings, there is a callous attitude as though lives of others are mere objects to be used for sense gratification. Killing means giving untimely death to someone, and it is an act of sowing, which has to have its reaping sooner or later; and Nature has various ways to cause untimely death.

We may not be aware of all the choices our souls make even now in this present life, and within us. For example, in one's mind around 60000-80000 (<https://www.successconsciousness.com>) thoughts are unconsciously created daily, and whatever action (thinking,

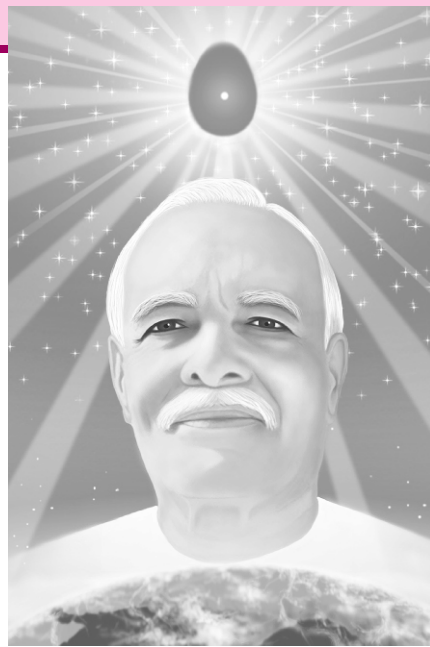
speaking and acting) one performs, consciously or unconsciously, is also recorded so that memory is made possible. Such great activities of creation and recording, are automatically done. Action repeated would result in repeated recording, which is at the root of how one's sanskar is formed. Every action is performed under the knowledge and supervision of the soul (*Atma*) because the very name *atma* (*a + tama*, literally, non + darkness) means non-ignorance, or knowledge. God is in no way connected with what happens to people. Everything happens according to the automatic and neutral mechanism, called action and its consequences. God does only one act of renewal, whenever the system of things on earth becomes too decadent, he intervenes to restore it back to its original purity, symmetry and beauty (*The Gita* 4:7; In *The Bible*, :*Mathew* 19:28). He is the World Benefactor - a thought of benefaction is at the root of His most illustrious name, Shiva. The insightful ones benefit from the practice of Rajyoga Meditation, which He teaches in the concluding phase of each *Kalpa*, and the present *kalpa* is, now, nearing its completion. They experience peace and serenity because they know that history is a cycle of two halves, just like day and night. Only natural good exists in the first pure half, a period of 2,500 years (called the heaven) whereas natural evil also exist in the second impure half, a period of 2,500 years (called the hell). ■ ■ ■

The Divine Acts of God Shiva

■■■ B.K. Subramanian, Avadi

God Father Shiva, the Supreme Soul descends on to this mundane world from the incorporeal world, the region of golden red light beyond the cosmic world and up above the subtle world, and incarnates into the physical body of an aged - man whom He renames as Prajapita Brahma. Unlike the Godly messengers, God has no physical body and He never takes a birth through the womb of a mother. He takes the help of a human medium to give knowledge about Himself, the Creator, the Creation and the cycle of drama.

In this human world, there has been utter confusion and misconception about the concept of God and His acts. Who is He and what is His form? People refer to 'acts of God' in the context of catastrophes, wars, abuses and discriminations. But, is God really to be held responsible for human doings? Unless God, the Creator Himself, unfolds the secrets of human life entangled under the grips of pleasures and pains, joys and sorrows, ups and downs, the human beings cannot have a practical understanding of the relationship between spirit and matter, as well as an understanding of the interplay between souls, God and nature the material world.



His main teachings are:

Souls:

I. A soul is a tiny, metaphysical, sentient point of spiritual light. The number of souls is finite and all souls are unique and eternal: they were never created and will never be destroyed. As such, souls are invisible to the naked eye but one can experience their presence. The soul has no gender.

II. The souls, who are actors on this world stage, descend on to this corporeal world, enter into the wombs of mothers and take the physical bodies as per their respective roles. No soul after entering in this world stage can return to its original metaphysical Home, *Shantidham*, until the end of the world Drama. It has to take rebirth in this same mundane world again and again till the final scene of the drama or final settlement of the *karmic* accounts of the soul whichever occurs earlier.

III. God is called the Supreme Soul,

which means He is The Supreme among all souls. Like souls, God is a subtle point of light invisible to the naked eye, but unlike humans He is beyond the cycle of birth and death and the effect of actions in the form of experience of pleasure or pain. God is the Supreme Father, Mother, Teacher and Preceptor of all human souls.

IV. Where does God live? God is a subtle point of light, and He does not pervade the physical universe. Nor does He live in the heart of any human being or in matter. His home is the incorporeal world, an infinite expanse of golden-red light for beyond the sun, moon and stars. It is the original abode of all souls as well. By practice, we can travel to that abode by thought and experience its purity and stillness and the silent, luminous presence of our Father, in which the souls feel their original essens at home.

V. God descends onto this mundane world once in a *Kalpa* during the auspicious confluence Age when the world is enveloped in the darkness of ignorance and unrighteousness. This is a period when humans are groping around for want of clear understanding of their true identity and the purpose of life, and are acting under the influence of vices. God, the Sun of Knowledge, appears at the darkest hour in human history, to dispel the darkness and herald the dawn of a new age of truth, peace and happiness. He reveals to humans the eternal truths about the self, God and the

*Forget the past
but
learn from experience
and
take care in the future.*



vast world drama taking place on this stage, which we call Earth. Empowered by this spiritual knowledge and their connection with Him, the souls free from the influence of vices such as lust, anger, greed and ego and make spiritual to achieve their highest potential.

VI. The world cycle begins with the Golden Age on Earth, which we call heaven. Those, who lived there were called deities as they were completely full of all the divine qualities. The souls were completely happy at that time. As the souls take birth after birth and move through the Ages of *Treta*, *Dwapar* and finally reach *Kaliyuga*, they lose their purity and become vicious. As per the secrets of the world drama, we, the souls, get purified by God each time we become impure and lose our power. After this purification process, we go back to the metaphysical world from where we have come, i.e., the soul world or *Shantidham* and come back to play our part when the cycle repeats.

Let us recognize the signals of Time and become a Rajyogi, then we can also enjoy the inheritance of 21 births in the evergreen Paradise.



WISHING A HAPPY NATIONAL SCIENCE DAY

■■■ B.K. Viral, Borivali (West), Mumbai

The Day, 28th February, is the National Science Day observed in India. Hence, today let's explore some interesting aspects on science and spirituality!

Every great invention of science has been conceived by the human mind. A stable mind is a creative mind, so we need to keep our mind stable and happy to create miracles in our life! Silence is comforting, nourishing and cozy. A still and calm mind gives rise to new ideas and ideals, inventions and discoveries. This shows that science and spirituality are complimentary to each other.

Indeed, spirituality is a metaphysical science dealing with aspects like consciousness, thoughts, feelings, attitudes, perceptions, etc. and helps to fill in the gaps where traditional religion and science fall short in their so called explanations of the human experience.

Spirituality begins where science ends. Science cannot understand the spiritual truths that underly the entire creation. Science doesn't give us the knowledge of the Creator and his vast Creation, laws governing our actions and rewards/punishments, why good things happen to bad people and vice versa, the knowledge about the Eternal

World Drama (EWD) of human life. This is where spirituality steps in. It is rightly said: "One must be intelligent enough to understand the limitations of human intelligence and logical enough to understand that there is an entire field of knowledge that exists beyond the realm of logic, yet is not illogical, that can be proved neither logically right nor logically wrong."

Today, science has made our lives easy and comfortable in numerous ways, but it can only give us physical comfort and cannot solve our emotional issues of anger, hurt, etc. It cannot make us understand the deeper purpose of our lives. There are times when one realizes that all that one is involved in, all that one holds as desirable and precious does not really lead to happiness and fulfillment. It is only through a change in consciousness that one can change his thoughts and experiences.

Spirituality helps us to elevate our consciousness from being a body to that of a soul (i.e., experience of our original virtues of peace, love and happiness), which automatically starts resolving all our issues and problems, because of the following reasons:

- ★ An elevated state of mind radiates positive vibrations to the body,

thereby and keeping it healthier

- ★ When we're stable and content inside, it increases our focus/concentration there by outside, thereby leading to increased work efficiency, creativity and job satisfaction.
- ★ Soul-consciousness protects us from outside negative influence, and helps in improving our relationships.
- ★ When we consider ourselves a soul, we automatically remember the Supreme Soul; and, hence, start and receiving His divine energy!

Science is only an instrument, the usage of which depends on us - the spiritual beings, called the souls. For example, atomic energy can be used for productive purposes like electrifying millions of villages or for causing mass destruction. In the same way, we can use the energy of mind in both constructive or destructive ways.

Science is a creation of the human mind; hence, we are the creators and science is our creation. Therefore, we should never become dependent or addicted to our own creation, i.e., not to make our mind dependent on mobiles, TV or other gadgets but use them as a master to further our spiritual progress.

Science is also proving how our thoughts and consciousness creates reality in our lives. Research led by experts at Harvard University showed how a man in Thiruvananthapuram, Kerala, thought the words 'hola' and 'ciao' ('hello' or 'good bye' in Italian) and another man in France received the two greetings in his brain. No hands, no speaking, just mind-to-mind

communication. The researchers wanted to know if it is possible for two people to communicate by reading out the brain activity of one person and injecting that activity into a second person. This proves the power of thoughts and how thought power can affect our relationships.

Another experiment was performed, in which one group of people was asked to physically play the piano for five days one hour each, and another group was asked to do the same just in the mind. The results were amazing, with the same Electroencephalogram (EEG) brain wave patterns being observed in both groups, thereby leading to the final conclusion that the brain cannot differentiate between the real and imaginary. This proves the spiritual Law of Attraction that whatever thoughts we create, they radiate outside and manifest in reality. By focusing on our thoughts and elevating them to higher state of consciousness, we can become a master of our self and have a beautiful relationship with others and the various aspects of Nature. This spiritual work is instrumental in bringing the divine kingdom of Satyuga once again.

Hence, science and spirituality go hand in hand. One supports the other. The holy synthesis of the two brings peace, success and holistic approach. Real progress or success or peace or reformation is possible only when they coordinate with each other. This conducive co-ordination can create heaven on this earth. ■■■

BEING HAPPY IS TRULY A NATURAL STATE

■■■ B.K. Sujoy, Durgapur (W.B.)

The Supreme Father says, "Divine consciousness is the only true help, the only true happiness. The further one moves forward, the more one realizes the simple fact. Nothing else seems enough any longer. This is the truth and our key to happiness."

The wise people always state that happiness does not depend on circumstances. According to them, being happy is truly a natural state; there are no pretexts - one is simply that. Real happiness is not an external stimulation. It is not about acquiring something or receiving something. It is neither relief from suffering nor it is the achievement of a goal. All these are externally dependent where happiness is confused with stimulation, excitement, achievement, acquisition or relief. Spiritual happiness is bliss, which can be experienced only when the self is totally free from all souls of attachments and dependency.

When the going is good in life, i.e., when there are no negative situations in life, we feel we are, on top of the world. In contrast, when there is even a little negative event like a disturbance at home or a little change in our health or if a friend no longer co-operates and talks

well with us; then, the same material media can no longer support us. As a result, we feel quite empty inside. This is a wrong foundation of happiness. True happiness is one, which is based on our strengths and qualities, and is permanent, even if life presents to us negative events once in a while, which is very common in our present day lives. Try finding one person, who has only positive events in their life, and you will find none without some problem or the other.

We have lost our sense of self because we aren't doing things that make us happy; we are running the rat race because we think we should. Living in a culture that thrives on judgement and excess accumulation, we are easily influenced by our external environment. Getting so caught up in the beliefs and fears of others, it seems we can easily lose sight of what makes us happy and free. Finding happiness is an internal and

spiritual journey that we must choose to take. It is a state of being the soul, but not a state of mind. It is about connecting with the inner soul, realizing it and appreciating the beauty within and also to love the personal self and connect it with the universal divine self.

If we are not able to accept, appreciate and love oneself, it will be impossible to accept, to appreciate and love others. We have learnt to hate, fear and to create anger towards other. These status are not our original states of being. Our peace is disturbed when we react to external situations, when we are drawn out into the world seeking and striving, when we are threatened by external circumstances. Then, we are disturbed. We are disturbed when we interpret our experiences negatively for one reason or the other.

The scope and depth of our happiness depends on the state or level of our consciousness. If we anchor our thoughts on peace, poise, security and divine guidance, our mind will be full of happiness. It comes with the spiritual understanding, the rediscovery and realization as well as application of the deepest values and virtues of the human soul. The innate spiritual attributes such as peace, love, truth and happiness give the soul its power. The power of the soul can't be quantified. It can only be experienced and revealed through the quality of the attributes and the forms.

There are no blocks to our happiness. External things are not

He, who lives in
HARMONY
with Himself,
lives in HARMONY
with the
UNIVERSE.

causative; they are may effects but not causes. Our thoughts are a cause and a new cause produces a new effect. Choose happiness. The happiest person is the one, who brings forth the highest and the best in him or her. The happiest person is one, who constantly gives and shares. When we give happiness to someone, happiness comes back to us with the same intensity. Hence, always give happiness to others and never ever think of giving unhappiness to anyone. The keys to happiness are love, generosity and detachment. When we sincerely serve others with true heart, the greatness of contentment remains as an eternal state of happiness because we constantly receive the blessings of others. We experience a state of inner bliss after doing acts of service and benefit, motivated by unselfish, benevolent and positive thoughts. We interpret negative experiences positively and discover their hidden golden meaning. A greatest lesson to be learned about being happy is to give happiness and get happiness. This is the real self-sovereignty in the sense of the term. ■■■

MY PERSONAL SPIRITUAL EXPERIENCES OF GOD'S SUSTENANCE UNDER THE CANOPY OF HIS DIVINE PROTECTION

■■■ B.K Anil Kumar, Navi Mumbai (Airoli, Mulund)

I took birth in a middle class Brahmin family. My mother had a vision of a child offering flowers upon Shivlinga in dream before my birth. My childhood passed in wordly bliss. But, the turning point in my life came when the S.S.C result didn't came up to my expectation due to which I had to face scolding and wiggling from my father. Thereafter, I started repeatedly reading of *The Bhagvad Gita* - the spiritual text - for peace of mind and, thus, I became a strong devotee of Shree Krishna. Slowly, the sanskars of reading spiritual texts and scriptures underwent extension and one after another I completed reading most of the granths, spiritual texts such as *Bhagwat*, *Dhyaneshwari*, *Amritanubhav*, *Ramayana*, *Yogvashishtha*, *Chandrakanta*, etc. along with the books on Yoga, *Tantra Mantra*, occult science, etc written by various monks, saints, great souls, great leaders and philosophers. Later on, I submerged all these books from the *Bhakti Marga* after getting the real spiritual knowledge.

Journey towards Knowledge from Devotion (*Bhakti*)

I used to do lot of devotion but since I was not satisfied with the attainments, I made a determined thought one day that I will discontinue it from tomorrow till I won't get right guidance and true attainments from my desired god. Then, it happened that after just two days I automatically reached the Brahma Kumaris garden where a brother was explaining the exhibition. My logical mind could not accept this new knowledge; so, I decided to go for seven day course of the Brahma Kumaris. At that time, I had never imagined that one day I will get connected to this institution for ever. It took me 20-25 days to complete entire course instead of seven days because due to accumulation of excess knowledge of scriptures in the intellect there used to be row of queries related to it that required lot of time to get resolved. After the course completion, I didn't have full faith that God is delivering knowledge to them. But, the moment I read the first line of

Murli (direct version of Supreme God father Shiva), I realized that this is Godly version and can not be spoken by any human, monks, saints or great souls. Thereafter my faith is constant.

Upheavels in Family after Engagement was Broken

Within a short period of six months of completion of course in November, 1997, I was fortunate enough for getting the chance to meet God in Diamond Hall of Shantivan, Abu Road, Rajasthan and there itself I took a firm determination of leading a pure bachelor life. During this period in May, 1998 my marriage engagement also got fixed inspite of my denial. Now, seeing no other option, I opened my heart before Baba, appealing to him, "If this was to happen, then, why did you bring me into this knowledge? I do not see any way to come out of it and so I have left it over to you." Then, one fine day, both the family members arranged for my meeting with the girl so that we get acquainted with our nature and habits. In a lonely place, we started our discussion. At that moment, there was no pinch of attraction or inclination in my attitude but a feeling of complete disinterest. I made her aware about my connection with Brahma Kumaris Institution and liked to have her consent too for attaining knowledge. In that reference, I told her that I have already taken an oath to observe celibacy till 2000 and whether I can expect her support? She was already aware about this institution through her colleague.

She insisted that one must first fulfill the responsibilities (household duties) of *Grihashth Ashram* and, then, enter into such institution. When I made her listen sakar murli by reading it, she could not develop faith in it as she felt the words were very ordinary and simple. Finally, she agreed to my decision but with condition that I won't touch any Murlis (godly versions) till 2000. I was very aback since I had not imagined of such condition. This was as if giving life but stopping life source. *Murli* is the life source and support of a spiritual life of a real Brahmin life. Just as it is impossible for a fish to live without water, in the same way it is impossible to live a Brahmin life without *Murli*. I explained her that my birth is from *Murli*; so, I can not leave it at any cost. She tried her best to convince me but I didn't listen to her and left the place. After reaching home, I gave some hint to my parents about our discussion. I was much tensed on that day; the same condition was of my parents. After two days, her parents visited my residence to persuade me. On one side her mother and other side my mother were insisiting me to say that I won't go to the institution any more as, now, nothing is damaged and things can move ahead otherwise we will be defamed in the society. I was just standing like an idol with out any reaction but I could not say yes. One can imagine my pathetic situation at that moment. Finally, the girl's family members withdrew the proposal. the

marriage was engagement broken. There was a big disturbance in the family. The girl's father began to spread the news in his family relations that I was incapable of marriage. My own relatives, who use to see me with regards, now started defaming me using the word disobedient for me but I was just watching all the scenes becoming a detached observer. Overall, I had received around 35-36 marriage proposals but every time I escaped from this entanglement safely because *Murli* was my life support and God Shiva (*Murlidhar*) was constantly residing in my heart.

The various points that used to come in *Murlis*, I used to sort them and write separately which has created eight big files at present. By doing so, my churning of knowledge also continued and it also helped me to get rid of waste thoughts. Besides writing *Murli* points, wherever my vision went on slogans and good thoughts, I used to note them. I got opportunity to study almost main spiritual and philosophical books and religious texts, which made me easy to understand present godly knowledge. When I used to listen or see deep important points whether in classes, *Murlis* or books, my hands would automatically try to extract them in pages automatically. Today, my mind feels wonder-stuck when I see all those accumulated jewels of knowledge.

Beginning of Godly Service

Whatever pictures of knowledge were ready, I used to pack them in the

bag and during the time of going to office I used to open up these pictures in train or bus. As soon as I find any one staring at these pictures or raising queries about them, I start delivering Godly knowledge. In the first organization where I worked, right from Managing Director (MD) till small worker everyone got familiar with the Godly knowledge. My parent's relatives at native town were also made aware of the reincarnation of Supreme Soul and this task through registered post. In the year 2011, Baba fulfilled my wish of paying visit to Madhuban with my *laukik* family.

In May, 2011, I got a chance to accompany my mother, younger brother and his family and other new members as a guide for Rajyoga Shivar service. It was not at all an easy task to make them ready. After reaching there, every one had unique spiritual experience of purity and selfless service, which got underlined for life long on their mental screen.

Murli – The only Support for Spiritual Progress

Today, in my whole family, I am alone Brahma Kumar, who is continuing in knowledge on the basis of one power, one faith and *Murli*. I haven't undergone any visions/ till date and I neither expect it, except these wishes: i) To become self-sovereign authority by gaining victory over five vices; ii) To make other souls acquainted with Godly knowledge and rights; iii) To reveal BapDada

through features and activity; iv) To progress in giving search-light (Sakash) through *Mansa Seva* (mental service)/ Even today, I believe *Murli* to be the only basis to maintain relation with the institution, Brahmin family and *Murlidhar* Baba. Since the beginning, I had a great trust and respect for *Murli* and there is a constant effort to ensure that even one valuable *Murli* version *Avyakt* or *Sakar* of *Gyan Sagar* (Ocean of Knowledge) is never missed out and also these versions get merged in heart and intellect of me, and get reflected through my actions. Since the beginning, my view over service is never to miss any opportunity of big functions and programmes, and invitation must reach to maximum people even if one soul makes the presence. Secondly, one must never miss the opportunity for gross service if it comes from the front or else one must remain busy in *Mansa seva* (mental service) or attaining stage of the soul consciousness. Depending upon your capability and faith in drama or Baba will surely make you an instrument. Regarding knowledge I have the view point that one must always be ready to loot it; even if the bag of your intellect is full you must never get satisfied with it and, simultaneously, it must be given to

others. Through this Godly knowledge, only the third eye of the soul opens up and it gets freedom from the slavery of *Maya*, which continued since half cycle, and thereby A acquires the sovereignty of heaven.

I had a great privilege to meet *Avyakt Bapdada* 19 times in Diamond Hall at Shantivan. Today, there is no obstacle from my family members. I wish they also accept this true knowledge and make their destiny. I am apologetic if I have hurt them for any reason and without reason, directly or indirectly. I am always intoxicated that I am a highest *Avyakt* (imperceptible) creation of God Father and moving ahead by his *Avyakt* sustenance and invisible help. I am expressing gratitude to my fellow Brahma Kumars and Kumaris for their co operation and guidance.

Whatever problems or odd situations came into my life have taught me a lesson; so, I am grateful to drama. I request other brothers and sisters to have godly birthright of peace and happiness in golden world before time so that they don't have to repent at the end.

Now, my heart sings every moment: Gratitude to you, O Baba; Our destiny has changed after receiving your love and favour, O Baba. ■■■

Complete righteousness means highest virtue in thoughts, words and deeds.

GOD FATHER SHIVA - THE MOST GENEROUS, BENEVOLENT AND MERCIFUL ONE

■■■ B.K. Sudhir, Chandigarh

Sometimes, we experience that a person doing sinful acts of giving sorrow, speaking harsh and hurtful words is financially sound, resourceful and manages to attain all physical as well as material comforts. This makes us question an old saying: “Good deeds bring good result and bad ones bring bad result.” Then, how is this person, who commits bad and only sinful acts, getting success?

The Whole World is God's Family

We can understand this with an example. At someone's home, one child is ill-mannered and the other one is very sensible, honest and well mannered; their parents bring them up without any discrimination. They simply hope the less sensible would become sensible over the years. Even on being complained, they only make the sensible one understand and tolerate the situation. In this case, it is seen that sometimes even the less sensible realizes his mistakes and becomes sensible.

Similarly, we all are children of One Supreme God Father Shiva; some of us are doing good deeds and some are committing wrong deeds. Some live simple lifestyle and some live lavishly.

The Almighty God nurtures all in the whole world family equally.

Have Good Wishes till the Last Breath

God is the most Merciful One and He gives us clear proof of this attribute throughout our life. He watches our actions as the detached observer. Even when someone does extreme sinful deeds, He simply expects that person to realize his mistakes and to get improved one day.

You must have seen that sinful persons also go to temples, mosques, churches, gurudwaras and pray God by saying: “O GOD! You are Kind and Merciful; forgive me for my mistakes.” Even, then, knowingly or unknowingly, they continue committing the wrong acts and keep asking for forgiveness. God being the Merciful One, gives them chances to improve during their complete lifespan. However, if one dies with such sinful deeds, he carries those bad committed deeds even to his next birth and will get birth according to his/her past *karma*. This proves that God is the Most Generous, Benevolent and Merciful One. He is also the most detached observer because He does not intervene in deep karma theory. ■■■

GODLY UNIVERSITY
cont. from page ... 3

ways are not good, neither can he lead a noble life nor can he ever have even a glimpse of real contentment and happiness in his life - personal, social, professional, etc.

Purification of mind is necessary for good actions

Further, everyone knows that actions are determined by the state of one's mind. Before anything comes to be done, there is a thought and this very thought is translated into action by means of the physical sense organs. Therefore, in order to improve oneself, it is imperative that one harbours only noble thoughts to ensure peace through the purity of one's mind. One cannot experience true peace of mind till one ceases to be subservient to any of the vices like sex-lust, anger, greed, pride, sloth, envy and attachment. This truth is valid for all people and for all times.

So, we have to find out how the mind can be purged of all impurities and, thus, be freed from all sorts of vices or evils. Undoubtedly, everyone wishes that he/she may become free from anger. Also, no one likes greed to come in and bring about his degradation. But, pious as man is in wishing all this, he is carried away in a drift by the current of his negative and evil tendencies, built over the years; and he continues, thus, to act under the malevolent effect of these vices and tendencies. How can he, then, help himself or be helped by others?

Mind can be controlled through intellect (Buddhi)

It is known to all alike that the discriminating faculty of the intellect (Buddhi) can alone give direction to the mind. If one is able to tell right from wrong and keep the unsteady and restless mind in check, and reason calmly and well, it can definitely control all present thoughts as well as those latencies, which are perverse and vile.

Thus, we conclude that man should equip his intellect with pure, righteous and powerful thoughts in order to ensure his complete happiness and lasting peace of mind. And the purity of the intellect can be achieved only by means of divine knowledge, infused with power and sublimity, which comes through Rajyoga meditation with the Omnipotent Supreme Soul, God Father Shiva. Thus, divine knowledge and easy Rajyoga combine to bring in purity, thereby paving the way for the acquirement of divine virtues, so that even while we are in a family and discharge our duties, we can have true happiness and enduring peace and bliss coming our way, all so quite surprisingly and easily.

The aims and works of Godly University

So, briefly stated, the aim of Godly University, is to guide the individual and society towards self-empowerment and transformation through inculcation of values and spirituality. In other words, the aims are to transform humans into

deities through realization of the self and of God, and to usher in a really righteous world, called the Heaven, which means a world where all people live in peace and happiness and where love, goodwill and good conduct reign supreme.

However, even though we have quite a number of religious institutions today, the question is: Why should we, then, feel the need of having an Ishwariya Vishwa Vidyalaya of the fore-mentioned kind? While several other institutions have been emphasizing the need to abandon vices to effect moral uplift, and have also been preaching goodwill and peace on earth, is there anything new or distinctive about this Ishwariya Vishwa Vidyalaya?

Now, before we discuss that question, we should realize practically what is meant by the cultivation of those ways, which are righteous and noble in essence. We have to find whether our ways are becoming noble and divine, or whether there is a downward trend in the quality of our life with negative and impure thoughts giving rise to conflicts and pains? Is not man engrossed too much in external forms of religious practice and religiosity? Do we ever see if, by going to these religious associations and listening to discourses, we are becoming pure and our ways becoming more holy? Have divine virtues found any scope in our curriculum of life? Are we becoming righteous? Do we experience the real peace of mind? Or, is it that unrest and

vices are growing in us? The answer is obvious. Day by day, it is observed that vices are assuming alarming form, unrest is growing by leaps and bounds and the principles of morality are given the go-by.

In spite of the existence of so many other institutions, decline of religion is such as to remind us of the times of the great war Mahabharata days. Do we not see brothers quarrelling among themselves? Are not boundary disputes among the countries so severe as not to allow yielding a small piece of territory? People have become so bitter that they shed their enemy's blood without any feeling of compunction. To cap this all, alcohol is in great demand. One doesn't hesitate to take to adulteration, bribery, black-marketing and several other allied evils. In the name of religion, there takes place what is blatantly irreligious! No doubt, one praises their ancestors, the deities, like Shree Lakshmi and Shree Narayana, and recite their epithets assiduously, but they never, even for a moment, think of acquiring even a part of the merit that these deities had. They do not know about the true lifestyle of these great divine personages; and, so, do not make the slightest effort to model their individual lives on these great examples. Hence, there is, undoubtedly, a very real need for initiating a spiritual revolution and re-establishment of true deity religion, called *Adi Sanatan Devi-Devta Dharma*.

Prajapita Brahma Kumaris

Ishwariya Vishwa Vidyalaya (PBKIVV) has been fulfilling this gap of moral and spiritual elevation in the present times. It gives special attention to man's daily life in which cultivation of virtues is of the prime importance. To all those, who attend it, spiritual knowledge and Rajyoga meditation are taught free of cost, and moral guidance is given every day so that their evil tendencies and bad habits give place to divine virtues in their lives. Individual attention is given to introducing righteousness in their daily activities. If you ask any of the spiritual aspirants about their experiences, you will find what transformation has taken place in them and what positive gains have accrued to them.

The distinctive features of Godly University

There is another quality that marks this Ishwariya Vishwa Vidyalaya, which singles it out from every other institution. The education imparted here in divine knowledge and easy Rajyoga is based on sound principles and rationality. The problems confronted by

students are duly discussed with them and, then, solved to facilitate their comprehension. There is no magic circle of priesthood here. The Incorporeal Supreme Spiritual Father, who is the Supreme Soul, is the true Preceptor (*Sadguru*) of the whole mankind. There is not at all the system of learning by rote or recitation of ritualistic codes, or the modalities of what is called the *Hathayoga*. There is certainly the system of regular daily spiritual instructions, phased in stages which are logically graded, and one is enlightened on all aspects of action (*Karma*) and life and also on the problems of society in general. Thus, this Godly institution is not merely a religious institution but a unique spiritual educational institution of its own kind where the aim is to become better individuals, to develop spiritually by having love for God, and to support each other and one another in that spiritual quest leading to ultimate self-realization and God-realization.



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CONTACT US



Mobile: 09414006904, 02974-228125, **Email:** omshantipress@bkivv.org

Edited and Published by B.K. Atam Prakash for Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, Mount Abu and Printed at Om Shanti Printing Press, New Gyanamrit Bhawan, Omshanti Nagar, Bhujela, Po: Bharja, Dist: Sirohi, Rajasthan, Pin-307032

Chief Editor : B.K. Nirwair, Associate Editors : Dr. B.K. Ranjit Fuliya, Delhi and Dr. Yudhishtir, Shantivan

Enquiry For Publication

Phone : (0091) 02974-228125, **E-mail :** worldrenewal@bkivv.org, omshantipress@bkivv.org