

The African Women in Dialogue was hosted by the former first Lady, Mrs Zanele Mbeki Foundation from the 19th until the 23rd November. 15 countries from the Southern African Region participated and in total there were over a 1000 delegates. The conference focused on 3 themes, Strengthening the Continental Women's Movement within the Fourth Revolution(4IR) towards a Values-Based Leadership Eco-System.

It was an amazing group of delegates represented with some of the leading women thought leaders on the continent as well as women leading ngo's in rural villages and urban areas.

Brahma Kumaris were graciously included in the program in a very significant way. Firstly, every morning meditation classes were offered by Sr Aroona and Sr Pratiba to the delegates on an optional basis. Secondly, Vedantibhen offered a blessing to the gathering and Sr Dipty from South Africa led a mass meditation on Tuesday 20 November for plenary slot. Thirdly, Sr Pratiba from South Africa was included on a panel exploring, Moving towards a new values-based ecosystem for inclusivity in Development.

The overall conference offered a very empowering experience and the conscious thread to include spiritual awareness in this way to move forward was appreciated as a revolutionary way of impacting transformation at a systematic level. The aim is to offer this opportunity on an annual basis and mobilize opportunities at grassroots level.