

NEWS OF SISTER JAYANTI'S VISIT TO SPAIN (6-9th AUGUST 2018)

We have had the fortune of having Sister Jayanti with us in Spain from the 6th August evening till the 9th August morning. Sister Jayanti came to visit us as our special guest for our Spanish National Retreat, under the topic of "The expression of true love". The retreat gathered 126 BKs from Spain (also 2 sisters from Ukraine) and was held at a retreat place near Barcelona, it is a Christian monastery which we have been using for twenty years.

Sister Jayanti with grace and tirelessness shared with us her clarity and depth of knowledge through classes, interviews and different meetings. On the 8th evening we also had our Rakhi celebration with her. She was very available and present during her short but fruitful visit.

We have enjoyed very much the privilege of having Sister Jayanti with us and the family took a lot of benefit of her visit.

Here are some jewels extracted of her classes:

- If I see that my sanskars don't change is because I don't follow the subtle shrimat: for instance, not to have wasteful thoughts.
- Do I do things with the right intention? My intention creates my feelings, and the feelings determine the result.
- The stronger becomes an addiction, the lower becomes my self-respect.
- We need to take care properly of our body. Once Baba said to Dadi Janki: Don't be simply the driver of the body but be also the mechanic.
- In the future, test will take the form of people coming to check if we are what we say.
- A shrewd intellect is like a knife that cuts falsehood and allows us to see the genuine truth. But it can also hurt you!

- Awareness creates my attitude. Mansa seva is service through the mind, I have to make my mind so clean so that Baba can use my mind as an instrument to serve the world.
- If I still keep sorrow inside and I justify it, what kind of feelings am I going to generate? With such feelings I can't serve.

Finally she gave a blessing for Spain: Spain has a good record of harmony and being free from conflicts, very few incidents of relevance. For sure, Spain will have a good role in revelation.

Of course, we were all delighted hearing this!