

Divine Family,

Greetings of Peace from Chandigarh.

18th June 2017

To mark the celebrations of 3rd international yoga day, around 600 BKs gathered in a unique and a beautiful Program Organized by Brahma Kumaris Chandigarh in sector 33 park from 5 to 8 AM.

It started with a 30 minutes meditation followed by the 'Murli' class. After this all did rhythmic physical yoga (physical exercise) on beautiful Baba's Song and live meditation commentary. The amazing session was a combination of mind body fitness. In a totally serene atmosphere, everybody practiced a 'LET GO' session freeing themselves from the physical, mental bondages.

Many eminent personalities from different faiths were also present in the program. Among them were Mahant Surinder Kaur ji and Shri Jai Krishan Nath ji from Guga Mari sector 36, Major Karnail Singh ji from Sri Guru Teg Bahadur Sahib Gurudwara sector 34, and Maulana Murtaja Qasim from Jama Masjid sector 45.

19th June 2017

A Seminar on Yoga was organised by Chandigarh Administration and AYUSH Department at IMA Hall, Sector 35. The dignitaries from different Yoga Associations/Institutes were invited to deliver a lecture on Yoga.

From Brahma Kumaris Chandigarh BK Amirchand Bhai ji spoke on the topic " Rajyoga for Healthy and Happy Society". In the Last City Mayor presented a memento to BK Amirchand Bhai ji.

Home Secretary Sh. Anurag Aggarwal was the Chief Guest. City Mayor Mrs. Asha Jaswal, Director Health Services Mr. Rakesh Kashyup and many more dignitaries were present in the program.

21st June 2017

A grand State level program was organised by Chandigarh Administration and AYUSH Department in the morning 6 AM to 8 AM at PLAZA sector 17. Around 3000 participants took part in YOGA performance from Different organizations like Patanjali, Art of Living, Govt. College of YOGA, Chandigarh Yog Sabha, Brahmurishi Yoga Training College etc.

From Brahma Kumaris 200 delegates participated in this event.

Hon'ble Union Minister of Health and Family Welfare Sh. J P Nadda was the Chief Guest. Governor Punjab and Administrator Chandigarh Sh. V P Singh Badnour, Adviser to the Administrator Sh. Parimal Rai, Home Secretary Sh. Anurag Aggarwal, Deputy Commissioner Sh. Ajit Balaji Joshi, Member Parliament Mrs. Kirron Kher and Many more dignitaries were present in the program.

Thanks & Regards
BK Amirchand