

## SPORTS WING



(Rajyoga Education & Research Foundation / Brahma Kumaris)

## 6<sup>th</sup> Mt Abu International Trail Half Marathon from Polo Ground, Mount Abu Report

6<sup>th</sup> Mount Abu International Trail Half Marathon was held on 5<sup>th</sup> March 2017 in which approximately 900 athletes participated from India and other countries like Kenya and Nepal.

The event was organised by LS Sports, Ahmedabad in association with Brahma Kumaris Organisation, Mt Abu. This event was supported by Sports Wing of Rajyoga Education & Research Foundation, Global Hospital & Research Centre, Nagarpalika, Forest Department and Mt Abu Marathon Committee. The event was sponsored by Valencia Country Club Pvt Ltd, Ahmedabad. Other partners of this event are Sister Marathon Initiative, Hotel Hillock, Swastik Thali, Golden Veena Hotel and GR Imagine.

The Marathon was flagged of on 5<sup>th</sup> March 2017 at 6.15am from Polo Ground Aravali Rang Manch by BK Shashi Behn, Dr. Pratap Midha, BK. Jagbir Singh of Brahma Kumaris, Mr. Lihas Trivedi of LS Sports, Mrs Archana Devi of Nagar Palika, Ishwar Chand Daga of BJP, Mangi Lal Kabra, Sunil Acharya, Teckchand Bhambhani. They also distributed Prizes to the winners.

Mind Power Session was also conducted by BK. Jagbir Singh of Sports Wing, RERF in Hotel Hillock near Swimming Pool area to enhance will power and self-confidence of the participants.

Mount Abu International Trail Marathon is a one of its kind event. People are participating in this challenging and adventurous event since last 6 years. Tiger Path –as the name suggest was the area where tiger used to be sighted in past. Now it is habitat for bears which are frequently found in this trail at dawn. Do not worry you will be safe as the whole Tiger Path is going to be guarded by CRPF personnel on the race day with arms and ammunition. This is the most beautiful patch of about 9 Km to run in Mt. Abu Half Marathon. Though the trail is rocky, one need to be very careful while running but everybody enjoys the beauty of hills & have breath taking views of the mountains & valleys.

The Events in the marathon were: Male Category: Half Marathon: 21Km, 10Km Open, 10 Km (10-18 Yrs) Female Category: 10Km Open and 10 Km (10-18 Yrs)

The results of the marathon are as follows:

Half Marathon 21 Km (Male)	10Km Male Open Category	10Km Male (10-18 Years)
1 <sup>st</sup> 2248 Milan BK, Army : 01:19:14 2 <sup>nd</sup> 2254 Peter Mawangi, Kenya: 01:19:34 3 <sup>rd</sup> 2252 Hem Sharma Dhakral : 01:23:29		1 <sup>st</sup> 1006 Ajay Kumar Gardwal: 37:47 2 <sup>nd</sup> 1169 Rohan Makwana : 37:54 3 <sup>rd</sup> 1120 Vasudev Gahlot : 42:59

Women's Category Results:

10Km Female Open Category	10Km Female (10-18 Years)
1 <sup>st</sup> 1069 Payal Parikh : 01:23:59 2 <sup>nd</sup> 1083 Reena Devi : 01:38:00 3 <sup>rd</sup> 1026 Dipika Jardi : 01:39:27	1 <sup>st</sup> 1158 Harshita Tripathi: 01:07:23