

BK Participation: June 21 UN International Day of Yoga Celebration in Philippines
Sunday, 21 June 2015:

The half-day celebration of the 1st International Day of Yoga centered on the theme "Yoga for Harmony and Peace" and was hosted by the Asia Society Philippines, Tech Mahindra and the Indian Embassy at the SMX Convention at SM Aura, one of the current high-end venues in the city. Representative/Country Director Praveen Afgawal of the UN World Food Programme reiterated the value of yoga in one's sense of well-being and ultimately, to the general health of the country and the world.

Together with Iyengar Yoga Center, Art of Living, Urban Ashram, PowerYoga of Tech Mahindra, Sister Rajni guided around three hundred participants to a meditation experience. During that guided meditation commentary, four sisters joined her on the stage. Sweet silence of spiritual nourishment filled the atmosphere!

Thanks to the Indian Ambassador Ralte for inviting Brahma Kumaris to this auspicious event where another venue for great seva unfolded!



