

|| From the mighty pen of Sanjay ||

## TRUTH ABOUT SHIVA- STRANGER THAN FICTION

**T**ruth, someone has said, “is stranger than fiction”. The saying seems to apply fairly well to Shiva, the Truth Personified, whose symbol is *Shivlinga* and whose divine ‘birth-night’ is commemorated in India as Shivratri every year. So much legend, myth and fiction has been built up around Shivlinga that the truth, that is symbol of the Supreme Soul and that Shivratri is the festival in lieu of God’s divine and supernatural birth, appears to people today as stranger than fiction.

If we ponder over the meaning of ‘Shiva’, the word means: “One whose every act is aimed at *Kalyan* or benefaction of the mankind”. So, undeniably, ‘Shiva’ is an attributive name of Almighty God. But there are such stories woven around His name that they make Him appear as embodied being that lived on Mount Kailash in the days of Yore!

Again, research work indicates that Shivlinga was, once, held in great esteem in all religions, including the Judaic family of religions and *Adi Sanatan Dharma*. So, universal acceptance of the symbol, in the past, also goes to show that it must have been regarded then as a symbol of the Father of the universe. Further, if we study the spectrum of forms of various deities, we find that Shivlinga stands apart from others because it is neither of male nor of female form as other idols are. This, too, shows that it represents the incorporeal God. But, in course of time, this truth also was lost among myth and fiction like Shakespeare’s “two grains of wheat in two bushels of chaff”.

As time passed, people began to believe that God, being the Greatest Power, must be macrocosmic in expansion; they paid scant regard to the testimony that He is microcosmic or

(...Contd. on page no. 34)

**We wish all the esteemed readers of  
‘The World Renewal’, multi-million  
congratulations on the occasion of  
77th Trimurti Shiv Jayanti.**

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## ***MULTIMILLION FOLD GREETINGS FOR MAHA SHIVRATRI***

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**M**aha Shivratri marks the beginning of **Maha Parivartan** (Great and Complete Transformation) of the World... This transformation is aspired by the devout, and very well symbolized by celebration of the Maha Kumbh held at four different locations in Bharat. The most auspicious of these is always held at Triveni Sangam (Allahabad, Uttar Pradesh) and lasts for two months. The grand finale of the Maha Kumbh will be held on the auspicious occasion of Maha Shivratri (9-10 March 2013). As the Media inform us, over 10 crores of devotees from all over the world have already taken the holy dip at Triveni Sangam, and another 3-4 crores are expected to bathe in the holy waters on Maha Shivratri, marking the Closing Ceremony of this two-month long religious celebration.

The centuries-old festivals, celebrations, rituals and offerings of Bharat are symbolic of **an unforeseen reality of God's re-incarnation once in the cycle of 5000 years**. The auspicious time is known as the

Confluence Age i.e. culmination of *Kaliyuga* and beginning of *Satyuga* once again, symbolizing the present age of darkness and beginning of the golden dawn. The Confluence Age or *Sangam Yuga* is very incognito like the river Saraswati, the third sacred river which symbolizes the role of the Goddess of Wisdom. The festivities adhered to during the two months provide a wonderful opportunity for all the different paths of *bhakti* to unite through God's wisdom and understanding. This is shared openly and abundantly by those who have the recognition of reality, and bring about Self Transformation for World Transformation: **1) by realizing and accepting the advent of Incorporeal God Shiva and 2) following His supreme advice or *Shrimat* to divinize the self by taking 7 dips in the Ocean of Godly Knowledge, and becoming fully enlightened.**

God's love for His spiritual children is invoked and expressed through expositions and speeches, followed by collective Meditation Sessions

where the participants experience deep self-cleansing and self-empowerment, and further create their own path to a new life in the ensuing Golden Age or *Satyuga*. In *bhakti* too, this is beautifully depicted with the celebration of Holi, the Festival of Colours, just two weeks after Maha Shivratri, when nature returns to its optimum form with new leaves and flowers of the brightest colours all around. This marks the beginning of 'Spring'. The little birds come to sing tunes of their liking, and in a way, praise the beauty of God's new creation like a multi-instrumental orchestra. During this Maha Shiv Jayanti, that ancient 'Golden Future of Bharat' is being honoured through festivals at Delhi and other main places in Bharat, to bring home the glorification of God and His first creation through tableaux, paintings, models, translights, films and festivities.

*While wishing you multi-million fold congratulations for the 77<sup>th</sup> Trimurti Maha Shiv Jayanti, we bring you the most delightful and nourishing spiritual feast in the form of selected gems of spiritual knowledge (from the latest versions of God Shiva, the All-Knowledgeful Supreme Father-cum-Teacher-cum-Satguru):*

➤ *While carrying out actions*

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in a stage of yoga, **remain constantly contented and happy.**

➤ *The first treasure you receive from God is of **knowledge**, through which you make yourselves full and are also continuing to make others full of treasures. Knowledge liberates everyone from the bondages that trap everyone and frees them from bondage, sorrow and disquiet. The second treasure is of **yoga** through which you attain many spiritual powers. The third treasure is of **dharana** (inculcation) through which you attain virtues. However, the biggest treasure of all is the treasure of the **time** of the*

*Confluence Age. It is only at this time that you meet the Father, Incorporeal Shiv Baba, in the form of Father-Teacher-Satguru. In terms of relationships, the **spiritual family** that you receive is also unique and loving.*

➤ *The powers and happiness should be visible on each child's face. Day by day, sorrow is definitely going to increase in the world. At the time of such sorrow, upon seeing your happy face that is filled with divine virtues, souls would also experience happiness for a short time. They should experience **spiritual love (sneh) and spiritual affection (pyar) – the love to increase their courage***

*and to remain happy. Let the remembrance of God be constantly merged in your heart.*

➤ *If your happiness goes away due to one reason or another, you can take happiness from God and remain happy yourself, and give happiness to others.*

➤ *Before you are to carry out a task, take a special blessing from God for the success of that task. Be blessed and then carry out that task and success will become your birthright. Do not do this after having done the task. If you first take the blessing and then carry out the task, success will then be with you.*

## **WE ARE HONoured TO SHARE GREETINGS FROM OUR REVERED DADI JANKI, CHIEF OF BRAHMA KUMARIS, AS FOLLOWS:**

My dear Spiritual Sisters and Brothers throughout the world, I know you will be enthusiastic in celebrating the most auspicious festival of the 77<sup>th</sup> Trimurti Shiv Jayanti. God Shiva is worshipped across the world by millions. However, He seems, even to those who worship Him, to be unknowable and unreachable. Who is Shiva? What does He do and what can we receive from Him? Can devotees and seekers of Truth really communicate with the

Supreme and gain a response to their prayers and sincere remembrance? For so many years God Shiva, the Supreme Benefactor, Father and Mother of all souls, has been quietly performing the greatest charity; the task of global transformation. Having remained beyond yet aware of the world drama, God Shiva alone knows the beginning, middle and end of Creation. Holder of all wisdom, it is His mercy that draws Him to incarnate at the auspicious

time of the Confluence Age between the *Kalpas*. He shows human beings how to link their minds to Him and thereby take power, purity and light from Him. God Shiva, Bestower of Unconditional Love and Fortune, Liberator of Sorrow, calls upon human souls to study the unique wisdom He is imparting. **He is revealing to us secrets of the dynamic interplay between Soul, Supreme Being and the Cycle of Time. Through**

connection with Him, we learn to donate the poison of vices which has made human souls and the five elements *tamopradhan*. God is offering support to help transform one's life into that which is positive and worthy. It is the time to experience a beautiful and fulfill relationship with the All-Loving and Compassionate God Shiva. His company and guidance empower us to remain stable, righteous, fearless and successful while living in a

chaotic world. Wishing everyone greetings for a powerful Maha Shiv Jayanti!

– **B.K. Janki**,

Chief of Brahma Kumaris,  
Mount Abu.

This is the most auspicious time to arise, open our third eye of wisdom and follow Shiv Baba's supreme guidance to reclaim our Golden-Aged sovereignty for many, many lives of *Jeevan-Mukti* (Liberation-in-Life). The Eternal Being of pure spiritual Light and

Ocean of Might, Incorporeal God Shiva, alone can transform the entire humankind from worshippers to worship-worthy beings. The three subtle deities, Brahma-Vishnu-Shankar, symbolize His divine acts of transformation.

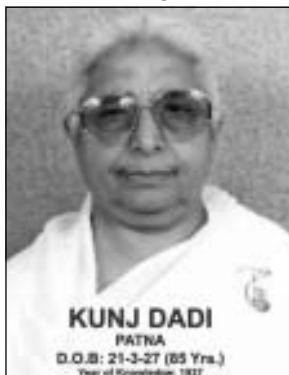
Now is the time to remember the One Almighty Father and Mother of all souls with deep love and regard, and reclaim your lost deity status of total perfection, peace prosperity and happiness!

– **B.K. Nirwair**

## OUR REVERED DADI KUNJ

### Salutations

**O**n Saturday, 2nd March 2013, we received the news of Dadi Kunj's divine ascension. The Brahma Kumaris global family joins together in offering salutations to this great soul, who helped found and serve this Spiritual Yagya since 1937. As we learn from our respected Dadi Janki, Dadi Kunj happened to be a brilliant orator and ideal teacher who guided souls on the spiritual path



very accurately. Our respected Bro. Jagdish Chander happened to receive the introductory course from Dadi Kunj, before coming to meet Sakar Brahma Baba and dedicate his life in spiritual service. There are many senior sisters, VIPs, IPs and others who received direct sustenance from Dadi. She is definitely

one of the worship-worthy beads of the rosary of the Supreme Being. Undoubtedly, this great soul will continue to inspire and enlighten many, many new souls in its new role. I was very fortunate to have visited her in Apollo Hospital (Ahmedabad) a day before the soul flew to the higher region. Dadi was fully conscious and received loving remembrances of all the Dadis, Madhuban Seniors, and others of the divine family, by smilingly nodding her head. Dadi was looking so well that it seemed as though she would leave the Hospital soon and return to Abu; however the drama of life has its own secrets, and she breathed her last at 3.30 p.m. on 2nd March. Her honourable cremation took place on 4th morning at Mount Abu in presence of hundreds of Brahmins, including those who joined from the Eastern Zone. With eternal gratitude and regards to the soul of Dadi Kunj for playing a powerful spiritual role on the world stage.

– **B.K. Nirwair**

# CONQUER YOUR MIND AND YOU CAN CONQUER THE WORLD

(Rajyogini Dadi Janki, Chief of Brahma Kumaris,  
Mount Abu (from a class – 8th February 2013, Shantivan)

**W**ho am I? Whom do I belong to? What do I have to do now? What is this birth for? Keep these searching questions and their true answers in your mind throughout the day.

Each supreme version is of immense value and importance and has to be imbibed. Each Godly version has its own power and where there is power, there is happiness. Listen to Baba's versions every day and you will begin to become equal to the Father.

To ask for anything is not sign of a royal soul. It means that the soul is not content. When the intellect is connected to a desire, there is affection or attachment towards that desire and the intellect will remain connected to that desire until it is realised. This happens because the sense organs are not under our control.

There is a very deep connection between the mind and intellect... Mind, intellect and *sanskars* have their own order. First we say mind – mind, then intellect and *sanskars* and so bring this into your churning. Leave the sense organs aside and just think about mind, intellect and *sanskars*.

There is a song 'When my mind is connected to Baba, it becomes so good that the sense organs do not call out for this or that.

There have been many good souls who at the time of death wish for something. They may not have seen their son for a while and until the son arrives they do not leave their body. Others remember a particular type of food that they want to eat and only after eating that do they leave their body.

At the time of shedding your body, there should be no desires. The only desire we should have is for peace, happiness and love. The old body has to be shed and a new one taken and that has to be practised now. Desires degrade a soul totally. It is as if the soul becomes a scavenger and then drowns... desires drown the soul.

In order to finish all desires, Baba has given us a lot of sustenance through reality and royalty. Absorb only that into your heart. The mind will only be OK, when the intellect is OK and only then do the *sanskars* change. If the mind goes anywhere the intellect will keep an eye on it, telling it not to go here and there. A conversation takes place between the mind,



intellect and *sanskars*. When the soul knows deeply that it is Baba's child and that fact penetrates the *sanskars* then the *sanskars* stop affecting the intellect - the *sanskars* can stop influencing and controlling the intellect. .

The soul sheds the body and takes the *sanskars* with it. At this time we make such effort on our *sanskars* that on one side, there is the destruction of unrighteousness and on the other the establishment of one true religion of righteousness. When the religion is one of truth there is everything in the world. The one who follows the right path and is honest with the Father will claim the kingdom. Think about what status you will claim in the future.

Always remain happy whilst sleeping, getting up, eating, drinking or taking a bath. Happiness is not for a temporary period but for always. Happiness is the only true nourishment for the soul.

Continually pay attention to 'always'. Never become careless. Leave the word "want" behind. The one who conquers the mind will conquer the world.

# SHIV-RATRI: A CALL FOR SOCIAL CHANGE

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— B.K. Ranjit Fuliya, Associate Editor

“By progress we imply not merely direction, but direction towards some final goal, some destination determined ideally, not simply by the objective consideration at work.” — **MacIver**

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**P**rogress of society is some sort of change in its conditions. Change can be called progress or development if it is in the positive direction and leads to betterment of human conditions. Social change is a universal phenomenon. Further, social change is a community change and it will be called so only if it leads to change in society as a whole.

The factors that affect social conditions are technological and scientific changes, advent of new ideologies and variations in social and family values. Social change is an essential process but the speed of social change is not the same at all times. We can very well understand how effective the technological changes have been, commencing from the beginning of the 20th century. Means of communication have very quickly and rapidly changed which have greatly affected the

social life. The newspapers, radio, television, mobile and telephones have brought sea-changes in the ideology of society. Man appears to have conquered time and space. So, the old technologies have been modified, changed, or replaced by new ones. Likewise, new values modify, change or replace old social values and thinking patterns.

It has been generally believed that societies change from simple ones into complex ones. Many sociologists who support this theory stress that social change means progress towards something better. This evolutionary view of social change was highly influenced by Charles Darwin's theory of Organic Evolution. Eminent sociologist Auguste Comte believed that human societies evolve in a uni-linear way, i.e., in one line of development. The supporters of this theory see change as positive and

beneficial. According to them, the evolutionary process implies that societies would necessarily reach new and higher levels of civilization. They claimed that the races or societies that were better adapted to face the conditions of life had survived and evolved. This view became popular as social Darwinism.

## CYCLICAL THEORY OF SOCIAL CHANGE

Cyclic theory is one of the ancient most theories of social change. The supporters of this theory believe that human society passes through certain cycles. For example, it has been an ancient Indian belief that human race passes through a cycle of four *yugas*—*Satyug*, *Tretayug*, *Dwaparyug* and *Kaliyug* in a *Kalpa*.

Those who support cyclical theory of social change focus on the rise and fall of civilizations and attempt to discover and account for their patterns of growth and decay. The chief exponents of this theory are Spengler, Toynbee and Sorokin.

Arnold Toynbee focused on the key concepts of challenge and response in his famous book, 'A study of History' (1946). He opined that every society faces challenges and it was the nature of responses of the societies to these challenges that determines their fate. If

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societies respond successfully to the challenges, they achieve a lot and advance; if they cannot respond effectively, they ultimately die. So Toynbee believes that all civilizations will not inevitably decay. He highlighted that if each new civilization learns lessons from the mistakes and borrows from other cultures, they can perhaps have higher level of achievement. Toynbee expressed a very positive view on Indian civilization:

**The vast literature, the magnificent opulence, the majestic sciences, the soul-touching music, the awe-inspiring gods: It is already becoming clearer that a chapter which has a western beginning will have to have an Indian ending if it is not to end in the self-destruction of the human race. At this supremely dangerous moment in history, the only way of salvation for mankind is the Indian way.**

An eminent Indian philosopher and sociologist Dr. D.R. Sachdeva has opined that no reliable principles about the nature of social changes and their long term tendency can be formed merely on the basis of the existing sociological knowledge. Is the contemporary civilisation,

passing through the route of internal disintegration and nuclear wars, heading towards destruction? Or is it going to be replaced by a higher, more congenial and progressive social system? On the basis of the available evidence, only this much can be stated that the direction of social change will be determined by man himself, Dr. Sachdeva has further asserted.

About progress, the learned scholar has posed several questions as to whether we have 'progressed' in the real sense of the term. According to him, the contemporary sociologists no more consider mere scientific and technological progress as a sure sign of success. He opines that the issue whether we have progressed or not is based on our criteria of moral values. Earlier, people generally believed that we have progressed but now they point out various drawbacks in conduct of human beings. Products and income of the Nation have increased, but is that progress? There have been invented fast modes of transport, as aeroplanes, but has that enhanced safety of life? Has all the technological advancement been able to promote health, happiness and

harmony? Despite all the development in the fields of technology, heavy industries and construction of dams etc., have poverty, crimes, violence, diseases and lawlessness diminished? Politically we have become hypocrites, economically we have become corrupt, socially we have become frauds and morally we have become bankrupts.

***[Has all the technological advancement been able to promote health, happiness and harmony? Despite all the development in the fields of technology, heavy industries and construction of dams etc., have poverty, crimes, violence, diseases and lawlessness diminished? Politically we have become hypocrites, economically we have become corrupt, socially we have become frauds and morally we have become bankrupts.]***

Keeping in view the above said flaws of character, it cannot be said that we have made any progress. Great thinkers like Mahatma Gandhi and Aurobindo Ghosh had warned humankind about such moral decay and degradation long back. However, Dr. Sachdeva has further opined that the real

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assessment of progress is not possible due to lack of universally acceptable principles and parameters of development. He has further opined that somehow, the changes and developments happening in various fields should not be stopped. He hoped that there will be better times for mankind.

**SHIVARATRI:  
SYMBOLIC OF SOCIAL  
CHANGE**

We know that day follows night and night follows day; seasons also have a cycle, so has human life—birth, childhood, youth, old age, death and again rebirth. Seeing all these changes as a natural phenomenon, we can understand that such changes must take place at a larger level also. As revealed by Incorporeal God Shiva, the present world of consumerism, cut-throat competition, viciousness and dwindling moral values will be transformed into a new world of values and virtues, happiness and harmony, peace and prosperity. For this great transformation, God himself takes a divine ‘birth’ which is commemorated as Shiva-Ratri in Hindu folklore. The present time is the most auspicious period when God incarnates on earth. It is called

Confluence Age or *Sangam Yug*, a small period of time between the end of *Kaliyug* and start of *Satyug*. It is the most important period in human history, as it heralds an era of awakening and enlightenment, awareness and exuberance, aptness and energy, abundance

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and ecstasy.

**MEDITATION—AN  
ENRICHING  
EXPERIENCE**

At the present auspicious Confluence Age, our benevolent Lord, God Father Shiva has been teaching us the art of Rajyoga Meditation which means disciplining the mind so as to enable it to stay calm, quiet and peaceful; away from negative and waste

thoughts. In meditation, we forge our mental and intellectual communion with God through pure, positive and loving thoughts. When we stay in soul-conscious state, all actions performed by us are good, noble and enriching the self as well as others. By keeping attention on our personal conduct and behaviour, we achieve the stage of equilibrium wherein there is no place for waste or negative. Automatically, there are great opportunities of self-improvement, self-development and self-empowerment.

**MIND, MOUTH AND  
HAND IN UNISON**

Rajyoga is a means to bring perfect harmony among one’s thoughts, words and deeds. We must check whether these three faculties of ours, i.e., Mind, Mouth and Hand are in unison. The importance of this unity stands highlighted even in Srimad Bhagwad Gita. When our actions are performed in the remembrance of God and with an attitude of being a servant of mankind and a dear child of God, there can be no flaw in our conduct and no disharmony with any human being.

The first requirement for transforming the self is to train the mind for creating positive, meaningful and lofty thoughts. If we want to be selfless,



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contented, generous and giving, we must give particular attention on our thoughts. **Understand it clearly that thoughts are the seeds of all our actions. If I want to achieve peace, plenty and piety in life, my thoughts must also be matching: altruistic, abundant, advanced and amenable, always.**

Next, we need to train the self so that our words are soft, sweet and full of pure feelings. This can be possible only when we have selflessness in us and pure feelings for one and all. If we have selfishness within, our words can't stay meaningful and sensible. Accordingly, our actions or deeds will also not remain exalted and lofty. Selfishness brings waste and negative which hamper spiritual growth of the aspirants. On account of our selfishness, we tend to criticize and condemn others, scoff at them and don't give proper importance to them. A selfish person may also succumb to exaggeration, criticism, blasphemy, censure and condemnation. These weaknesses of character deprive us of our mental peace, composure and

tranquillity.

When we have selfishness in our conduct and behaviour, our relationships with others cannot remain smooth and conducive to mutual progress. Strained relations cause lot of disturbance in our proper growth and advancement. Hence, there is an urgent need to perform good deeds, staying away from negative and waste activities. This will help us have harmonious relationships, congenial to our spiritual advancement and growth.

#### **BATHING IN THE BLISSFUL GLOW OF GOD'S LOVE**

In meditation, the aspirant concentrates his focus on God's qualities, His benevolent acts are always in his mind and the scenes and reminiscences of the glorious past and the forthcoming Golden Age always dance before his eyes. Sometimes he experiences sitting in the blissful glow of the Soul World or the abode of peace and silence, very much in the warm lap of the Ocean of Love, i.e., God and deliberates diligently on His assimilative attributes. Staying always peaceful, calm and creative, he remains successful in warding off

vicious, negative and waste thoughts, altogether. While in meditation, he practises the process of creating elevated thoughts and garners feelings of goodwill, generosity and sympathy for all beings and particularly for those who are in his constant and direct contact. Thus, a true aspirant becomes an instrument of societal change. At present, the divine act of transformation of human beings is going on.

#### **BEING AN INSTRUMENT OF WORLD TRANSFORMATION**

God Shiva has been performing this great task of divinising human beings, since 1936, when He chose Dada Lekhraj as His human medium, to disseminate the spiritual knowledge. Dada Lekhraj was renamed Brahma Baba or the first man. This noble mission of bringing a benevolent change in society is still going on wherein esteemed readers may also participate. They cannot only have a golden chance to be the witnesses to this vibrant transformation but also become instrumental in making it happen.

## THIRD EYE

– Late B.K. Prem Prakash, Shantivan

It is said that with one eye, a person can see two dimensions; with two eyes, three dimensions and with three eyes, the person can see four dimensions. Mankind today is not aware of the third eye and the fourth dimension. Man presently is deprived of the third eye. Now, what is this third eye? Where is it situated and what is its function? Is it a physical or a subtle organ of the body?

In spiritual parlance, third eye is a very subtle organ. It means 'soul-consciousness'. Fourth dimension is the spiritual dimension, which is unfortunately missing in the present life. Human being is constituted of two parts, i.e., Human + Being. In other words, *human* body is soil and the Being is a spiritual entity, called 'soul'. The soul is like a shining star, a point source of light energy, situated in the centre of the forehead. That is why people pray to God 'to open their third eye or eye of the mind'. Also, the saints advise the people "*Mann ki aankhen kholo Baba.*"

When our third eye is opened, we become aware of the inner self that we are immortal, imperishable and eternal souls and not the perishable physical body. Then our thoughts, actions, attitudes become viceless. Today, the entire mankind is out to commit sinful, irreligious and unrighteous actions because of being spiritually blind. In one of the episodes of Mahabharata, Draupadi calls Duryodhan '*Andhe ki aulad andhe*' i.e. blind son of a blind father', though Duryodhan had two physical eyes but was deprived of the third eye of wisdom. When our third eye of knowledge (wisdom) gets opened, we start spreading vibrations of peace, happiness and bliss in the entire universe so much so that the five elements of nature that are very furious today and cause huge destruction through Tsunami, earthquakes, floods etc., become calm and peaceful. On the contrary when we become body-conscious i.e., when we forget about our true self, our third eye is closed with the

result that there is extreme degradation, irreligiousness and the graph of lust, jealousy, arrogance, enmity and anger etc., rises rapidly. The souls become polluted, weak and lose their power of purity. Just as a blind man cannot see the things and enjoy the beauty of nature, a man without third eye is unable to enjoy the spiritual bliss and peace.

It is said that when God Shiva opened His third eye, a huge destruction took place. In fact, this has a deep spiritual meaning. When the human souls open their third eye of mind, third eye of wisdom, their vices get destroyed in the fire of Rajyoga, i.e., in powerful remembrance of God Shiva.

According to one school of thought, if both sides of pituitary plexus are fully developed, one becomes self-knowing but God Shiva is all-knowing (in Latin "all-knowing" is "omniscient" and in Sanskrit, it is '*Trikaldarshi*'). Actually, it is His omniscience through which He sees the three ages: past, present and future. When God bestows third eye upon the human souls, they become Master-Omniscient and they are able to clearly visualise the past, present and future of the world.

Generally, human beings find themselves unable to conquer

the powerful devils viz., sex-lust, anger, greed etc. but with third eye of spiritual wisdom, they can give a good fight to the devilish forces of vices, and become entitled to attain the deity status of Shri Lakshmi and Shri Narayan.

Today, we are at the fag end

of Iron Age when we are witnessing unprecedented scenes of violence, heinous crimes, political upheavals, population explosion etc. Shiv Baba, Supreme God-Father bestows third eye upon the humanity.

**It is high time for the**

**people of entire universe that they start learning Godly knowledge, and imbibe divine virtues so that the third eye is opened and they can visualise the incorporeal world of souls and God i.e., Param Dham.**

**Creative Online Poetry Competition,  
(Held in November 2012)**

**INSPIRATION...**

**—Kavya Mohan, Malappuram  
(A Tribute to My Father)**

From my very first breath, from my very first sight  
You go on inspiring me, with your love and care  
You are my dad, you are my god  
You are my life and you are my world  
You give me the reason to live my life  
You give me the reason to be what I am  
Because you are my inspiration.....

God blessed me, by giving you as my father  
God made me, to be your daughter  
You are the one for whom, I dedicated my life  
You are the one for whom  
I would fetch every happiness in the world  
Because you are my inspiration.....

You saw dreams for me..which I would fulfill  
You want me to be the successful one..which I would be  
You wished for excellence in me.....which I would have  
You desired for the best in me.....which I can portrait  
Thus I want to be everything that you wanted me to be  
Because you are my inspiration.....  
From my birth you are there with me, throughout my life

You were there with me, throughout my success and failure

You stand for me against everything that harmed me  
You protected me against everything that caused pain to me  
You were there with me as a strong pillar, as a brave father  
Because you are my inspiration.....

As time passed you keep on inspiring me with your experiences  
As time made us two friends rather than father-daughter  
You being the reason for me to move forward  
You being the great inspiration for me to enjoy my life  
You are the one who made me realize the meaning of life  
Because you are my inspiration.....

Now you became old, audacious, calm, curious  
Enjoying your way to the great destination  
To where you want me, to allow you to go alone  
You want me, to leave you alone in that journey  
But as long as I can breathe, my life is my token of love to you

Which you can't leave in this journey of life  
Your every step and move captivated me with divine energy  
That will go on inspiring me till my last breathe  
Because you are my inspiration

Because you are my father....

# THE DANCE OF SHIVA AND THE SONG DIVINE

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— Raj Yogi B.K. Khem Jokhoo,

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**S**hivratri is the descent of God Shiva to protect the virtuous and to transform hell into heaven or the golden age of peace, prosperity and happiness. This is God's promise mentioned in C-4, V7-8 of the Gitawhich is considered as the "jewel of all scriptures". The original name of God is Shiva who is remembered by people of all religions and languages. "Ratri" literally means night but it is symbolic of vicious times and in particular the end of the *Kalyuga* when promiscuity, lawlessness and corruption are rampant and promoted by even those who have been entrusted to uphold the law as well as religion.

## **GOD'S DESCENT: WHEN AND WHY?**

God Shiva's descent takes place once in a *kalpa* or cycle of 5000 years and this occurs during the last years of *Kalyuga*, which is known as the confluence age. Unique and divine are the ways of God. When God descends, He imparts spiritual knowledge which has the power to remove spiritual illnesses of the soul

caused by the extremes of lust, anger, greed, attachment and ego. This transformation of souls brings about the day of enlightenment that is called heaven. Only God has the spiritual power and knowledge to change hell into heaven. **The transformation of hell into heaven is the most auspicious event in world history and its memorial is celebrated as ShivRatri.**

## **TRUTHS REVEALED WHEN GOD DESCENDS**

**1. FIRSTLY:** God reveals that the soul is a tiny point of conscient light, not visible with the physical eyes. The Mind, the Intellect and the Memory are the three subtle faculties of the soul with specific functions.

### **The Soul-Conscient Light**

(i). **The Mind** is the thinking faculty of the soul where all thoughts are created or generated. The mind imagines, thinks and formulates ideas on the basis of all emotions, desires and sensations. The mind projects instant thoughts, relives past experiences and even anticipates the future. The mind

is a faculty of the metaphysical soul and is not to be confused with the heart, brain or matter.

(ii). **The Intellect** is the faculty of the soul used to assess thoughts. This is the faculty of understanding and decision making based on thoughts. It is the intellect that remembers, discriminates, judges and exercises its strength in the form of "**will power**". In the intellect resides the power to **reason** and it is the seat of your **conscience**.

(iii). **The memory**, also known as the sub-conscious or resolves, is the faculty that records all the past actions and experiences of the soul. It takes the form of habits, personality traits, beliefs, values and instincts.

**2. SECONDLY**, only when the soul is present in the body is the human being capable of performing actions. The soul while present in the body is called the charioteer. The body therefore is the vehicle or instrument that allows the soul to perform actions. The body is temporary and perishable whereas the soul is imperishable and eternal. In a human being, the soul is like the software and the body is like the hardware. Without each other, nothing useful can be achieved.

**3. THIRDLY**, God reveals that the soul has lost most of its

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spiritual power at the end of the cycle or Iron Age because it has been imprisoned by the vices of lust, anger, greed, attachment and ego. As mind and intellect are now under the influence of the five senses of the body, most of its actions are vicious creating a world of lewdness, promiscuity, corruption and immorality in extremes. This is because the soul has lost its power to reason as well as the power to discriminate right from wrong rendering the intellect comatose while the conscience goes into hibernation. The mind becomes uncontrollable, restless and wayward like a bull in a china shop. God explains that lust, anger, greed, attachment and ego are the five main evils or vices and are known by different names as Ravan, Maya, Satan and Shaitan or the devil.

#### **METHOD TO CONQUER VICICES**

When God descends, He reveals that the method to conquer the five evil spirits is to inculcate the virtues of purity, tolerance, contentment, humility and detachment. To achieve this, **one must attain self-mastery by becoming the master over the five senses, authority over the five elements as well as to**

**conquer the five vices.** This is known as renunciation of the vices.

**THE FIRST RENUNCIATION:** The first is the renunciation of body-consciousness. This means to have the awareness of being soul-conscious and the consciousness of being angelic in nature. Angels do not have a physical body and hence they never set foot on the ground. Therefore to become soul-conscious, increase your practice of remaining introverted and you will be protected from the harmful influence of the negative atmosphere. **This is the first step of renunciation.**

**THE SECOND RENUNCIATION:** The second step is the renunciation of the connections or relations of the body. The first connection of the body is with the physical senses of sight, sound, smell, touch and taste. Therefore, a true aspirant must attain mastery over the senses. If any of the physical senses does not cooperate and creates disharmony to the body functions, put it right at the earliest. Do not give them chance to grow roots. The attraction of even one of the physical senses will deny you the right of self-sovereignty or self-mastery.

**THE THIRD RENUN-**

**CIATION:** The third renunciation is the subtle and physical relations of the body such as dislike, attachment and dependency on bodily relations.

**Firstly,** if you dislike anyone, then the defects or actions of that person will repeatedly disturb, haunt and taunt your intellect. Even against your conscious wish, you will automatically have wrong ideas about that person in your thoughts, words, and dreams even if that person is right. Even in meditation or remembrance of God, that person will repeatedly appear on the screen of your mind, breaking your concentration. Relationship with that person would be out of duty or force and not love. Until those selfish motives are fulfilled, the *karmic* account of opposing that soul in your thoughts and actions will continue. **The seed of dislike is a royal form of a selfish motive.**

**THE FOURTH RENUNCIATION:** The fourth renunciation is to renounce everything wasteful and become powerful. Stop performing sinful actions because they bring sorrow to the self and others and vitiate the environment. Give up waste, idle and ordinary thoughts and actions. Renounce the subtle

and royal form of the vices. Don't be careless while speaking, avoid gossip and maintain royalty in conversation.

*The karmic bondage of attachment and dependency as well as the account of karma is very deep. When you take some temporary support from another soul, or you make someone the basis of your attainment, then, because your intellect is dependent on that soul, instead of you becoming free, the bondage of karma is created. Even if one gives freely and the other one takes innocently, a subtle indebtedness is created and the intellect gets distracted.*

### **RENUNCIATION, MEDITATION AND YOGA**

The basis of renunciation is purity and this requires the practice of Raja Yoga Meditation described in Gita.

In scientific terms, **meditation simply means the management of your thoughts.** It is to have the ability to think of what you want and when you want, without interference from other thoughts.

**Yoga, therefore, is to have connection and to have dialogue or sweet conversation with the divine source**

**of inspiration, whom many call God.**

**BASIC STEPS OF MEDITATION AND YOGA**  
**THE FIRST STEP** in meditation is to withdraw from external influences and the attraction of the senses. **Secondly**, contemplate on the Inner Self as a child of the Spiritual Father in the form of a tiny point of conscient light, radiating positive wave energy. The image of God is worshipped in the form of the Shiva Lingam.



### **The Jyoti Shiv Lingam**

**Thirdly**, concentrate and focus your attention on Supreme Being and experience divine energy flowing into your Inner Being. **Finally**, recognize when the practice becomes real and you get that experience of being with the Father.

Meditation and yoga together with renunciation are the truths revealed by Incorporeal God Shiva, during Shivaratri, and the practice of this spiritual knowledge to conquer the five vices and the senses is called the Dance of Shiva also known as Nataraja or the Cosmic Dance.

## **What True Education Does to Us!**

—Abha Mittal, NOIDA, U.P.

True education  
dissipates our mist and  
haze  
Clearing all confusion  
and maze  
Allows us see things  
with broader eyes  
Ensuring higher and  
higher rise

Frees us from  
haughtiness and air  
And fills us with  
warmth and care  
Makes us more  
humane and kind  
Liberating us from  
intrigues and designs

Makes us withstand  
thunder and blast  
Equips us with virtues  
that last  
Frees us from angst  
and fear  
And helps us become  
chaste and clear

Preaches us to open  
wings of our zeal  
Real Education  
inspires; it does heal  
Teaches us discipline  
and self-control  
Brings us closer, soul-  
to-soul!

# STRENGTHEN THE POWER OF SILENCE

– B. K. Surendran, Bangalore.

**W**e all know that when we sit in meditation, we go into silence of the mind. We try to ward off all vicious, negative and waste thoughts. We connect ourselves with God's personality through elevated and loving thoughts. In fact, we are training ourselves to avoid vicious, negative and waste thoughts through determined focused concentration on God and His attributes, His acts, His abode, the new world of Heaven, the subtle world and so on. In spite of all these efforts, we all know that we have not been successful in avoiding vicious, negative and waste thoughts. Our efforts are constant. However, we are able to prolong the duration of entertaining elevated thoughts.

However, at the level of words, deeds and relationships, we have not been making concerted efforts to train ourselves to utter only words filled with soft, sweet, and pure feelings. Similarly, we are also not focusing on restricting

ourselves to good deeds and avoiding waste activities. The case with relationships is also not satisfactory. At times, we develop relationships which are not elevating or beneficial to our well being. An attempt is made to discuss these areas in brief as follows:

## OUR WORDS

Just like we create specific time to train the mind during meditation, we do not plan for disciplining our words. Even though we normally say that we should speak softly, sweetly and little, many a time, it may not be so. Humour is good, but sometimes, humorous talk may cross the limit by disrespecting and hurting the feelings of others. Our words may also sometimes give sorrow to others. Sometimes, we may utter taunting words and beat around the bush. Sometimes, we speak so loudly that our words become a nuisance to others. We disturb others and also the peace in the vicinity.

## OUR DEEDS

When we get down to the

field of action, we may not have close observation of our own activities since we are immersed in the field of action. The action itself is influencing us, the people in our surroundings and those who are connected to the activities are influencing us and the atmosphere is also influencing us. Amidst all these, we should have close watch on our activities. Otherwise, there is possibility of our deeds becoming misdeeds, negative deeds or waste deeds. It is therefore, necessary for us to observe ourselves closely to see that whether we are mentally prepared with satisfaction to do a job.

## OUR RELATIONSHIPS

Human being is a social being. We come in contact with many others. We should peacefully coexist. We interact with others. We develop affection with others. 'United we stand and divided we fall' is an age old adage. When we happily and peacefully coexist with others, we have the wealth of relationship. But, when there is strain in our relationship, it gives us uneasiness and burden. Such a relationship becomes a waste. Some of us have the habit of developing relationship with many people which may not be useful either to us or to them. The modern

communication system is useful to us. But in many cases, the mobile phones and electronic mails have added to the promotion of waste relationships. People unnecessarily chat for hours over phone and waste their precious time. People unnecessarily establish relationships through these media, which are not at all required. Therefore, let us keep in mind that we select our relationships in accordance with the directions of God.

After examining the wealth of words, deeds and relationships and their different dimensions of applications, realization comes to us that our thoughts are behind our words, deeds and relationships. Hence, it is necessary for us to give proper training to ourselves to avoid wasteful applications. We should review from time to time whether it is necessary for us to utter a word, whether a particular act is necessary, whether a particular relationship is necessary. Since our aim in life is to experience deep silence of the mind, experience super-sensuous joy and to go away from the world of sound to reach the Silence World to be with the Ocean of Peace –God, this kind of self training is very significant.

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**Creative Online Poetry Competition,  
(Held in November 2012)**

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**THE MUSE OF INSPIRATION**

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—BK Luis Alberto Riveros, U.S.A.

When the muse of inspiration  
Knocks at the door of my heart  
There is melancholy and elation  
Transforming thoughts into art

Flowing words in the river of thought  
In search of the ocean of deep feelings  
Waning memories are part of the dealings  
So paper and ink are brought on the spot

Inspiration is feeling the waters of the bay  
To be one with myself  
One; with a dolphin visiting from far away  
Just to admire the flight of a pretty blue jay

Inspiration is the friendly smile of a child  
Or the beauty of a woman with style  
To embrace the nectar of a full moon  
Or the sundown of a Sunday afternoon

Calliope transforms feelings to words  
Erato pierces my spirit with love  
And Nature sparks my life with delight  
Revealing the Creator magical might

Inviting a muse for inspiration  
Fits the company of a wife  
For poetry is my expression  
Gathering passion into my life



(Contd. from Feb. 2013 issue)

# THE EIGHT POWERS



– Neena, E. Delhi

## 5. POWER TO TOLERATE

One of the greatest powers that women, especially are endowed with or possess, is 'Power to Tolerate'. It is the power to handle whatever anyone doles out to you. It tests your patience how you react to situations, people and things and quietly handle them with a relaxed mind.

Sometimes, situations demand patience and tolerance, especially when the other person is not sensible enough to understand your state or plight. On the other hand, here if we defy the person, it won't work.

Suppose you are travelling by train and the T.T.E. suddenly asks you to show your ticket...at the same time another passenger comes abruptly, to claim that it was his seat. What do you do then? If you are justified and the seat is rightfully yours, you would vehemently claim the same asserting your point to the other person. It would be better if you refer the matter to the

T.T.E. and avoid any altercation. So here the need would be to wield the power to face, not tolerate.

In other words, we need to decide on the spur of the moment, when a particular situation arises, whether the power to tolerate is the need of the hour or power to face!

In quite another situation, if you have lost a dear one in your family or acquaintances, you need to develop this power of tolerance through silence and meditation...and resign yourself to the fact that the Drama is fixed, preordained and beneficial. One could say, what is the benefit drawn by losing a precious soul...Baba says, this knowledge of Drama could heal your deepest wounds with the passage of time. So, it is here that power to tolerate comes into being...seeing every scene at the same time, as a detached observer!

As it is, if we have a clear intellect and mind, developed through intense 'Yoga' or silence and the ensuing powers

of knowledge, purity, concentration, visualization; a good discerning self and all eight powers would come to play in an emerged state...there would be no labour or difficulty in invoking the same. All the eight powers will act in cohesion with you, instinctively—such should be our state of mind, poised in a stabilized state!! On the other hand, if you are disturbed by the hindrances coming your way, you shall not be in an equipoised state.

Deity Durga is shown, adorned with all the weapons; the shell which is blown is symbolic of churning of divine knowledge. The other weapons like sword, *trishul*,

*Swadarshan Chakra* is used to kill the demons which are representatives of vices...likewise, her vehicle Lion is symbolic of becoming fearless.

## 6. POWER TO COOPERATE

The Power to cooperate is the combined result of all powers. It requires the leader or anyone wielding the power, to be free from all the vices like Lust, Anger, Greed, Attachment, Ego and their progeny – Jealousy, Envy, and Laziness/Lassitude. For the completion of a task,

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cooperation and coordination are the prerequisites. Therefore, our divine virtues must override the vices. Look at our Dadis; how they work together in unison, handling every situation, dealing with every matter peacefully and efficiently. As Dadi Janki once said, "I love Baba...as Baba's gift of love is an eternal gift to me". Where there is truthful and honest heart, Baba will help you at every step. You step one step forward; you would receive thousand steps of Baba's extended hand of cooperation, thus, all your targets and goals would be fulfilled with Baba as your constant companion. And as we all know, where there is purity, there is peace and where there is peace, love, happiness and bliss would automatically flow your way!

If you have the abilities and qualities of leadership, you would try not to antagonize anybody—build a congenial environment at place of work. Such people have the ability to be flexible, resilient and able to adjust to varied situations and all types of people.

### **7. POWER TO LET GO**

This is the power to do away with what is destructive, useless and wasteful. It is the

power to let go of things and hold nothing of the past in my heart; no future worry too. It is the strength to say 'no' to negativity or any temptation. As you may be aware, there are mainly four types of thoughts, 1.Negative thoughts, 2. Waste thoughts, 3.Necessary /ordinary thoughts, 4.Positive thoughts. One needs to analyze and check the nature of thoughts prevalent in a particular situation. Negative and waste thoughts are rooted in vices—Anger, Arrogance, Lust, Greed, Attachment etc. Such thoughts lead to all health problems, as they collect unwanted toxins within our body...Sometimes we think waste about how a person has hurt us or wronged us; for long ...As a result of which we develop tension and stress. Therefore, if you put a full stop to your waste thoughts, you would experience a relaxed state of mind; otherwise they take a heavy toll on your health...

To let go of things require patience, courage, trust, forgiveness along with accepting the Truth. As we know that it is not easy to forgive someone who has been unjust to you ... This Power is

closely linked with Power to Withdraw. It means keeping no expectations from others but, '*behad ka vairagya*', unlimited disinterest. Thus, it compels me to finish any attachments to the mundane world. I am required to LET GO of ego as well.

### **8. THE POWER TO FACE**

The main attributes of this power are truth, courage and honesty. The power to face means, to fear nothing while handling a situation, to pacify yourself, assuaging your fears, "I'm more dangerous than danger" (Like a fearless Tiger).It deals with Truth. The person, who wields the formidable power of Truth, possesses this weapon in abundance.

The Power to FACE is ruthless and does not in any way, accommodate untruth or corruption, whether within our own character or in external situations, no matter what the level of fear involved. Because this power sits opposite the Power to Tolerate, this brings a balanced approach in dealing with others. It enables us to deal with difficult people squeamishly, sagaciously. It is not aggressive, but it is assertive and powerful.

# “ON MY JOURNEY TO HEAVEN”

– B.K. Ramesh Challa, Milpitas, USA

The advent of the effulgent light of God as a supreme father, teacher and *satguru* in my life brought a U turn and changed my perception to look at the things, people, relations, situations, actions and reactions absolutely. My Supreme master is an Alchemist who has the power to transform a shell into a diamond, a pauper into a prince, and a vicious person into a deity. He is the script writer, director, and main actor of this World Drama, His magnum-opus. He has bestowed me with a divine insight to understand the scenes and sights of this drama and now when I retrospect my life, I can affirm with conviction that each incident, big or small, is pre-scripted, predestined and whatever is happening here, carries a reason though too subtle to be seen by our physical eyes.

## BACKGROUND

After my MBA, I joined one of the top pharmaceutical companies as Marketing Executive in 1998 and happened to meet B.K. Ram Gopal (Rama Bhai) who

inducted me into this company and even today, I feel grateful to him for the valuable lessons he gave to me which proved a great help for a very successful career that followed. I was blessed with my first kid Savyasachi (name of Arjun) in Dec. 2000. Then we both shifted to different companies and later, Rama Bhai migrated to Canada. In the year 2007, I got a lucrative job in USA and by a Divine Design, Rama Bhai too moved to USA from Canada. In 2009, I was blessed with a second child, a baby boy whom I named Panch Janya (the conch shell). We (Rama Bhai and I) had no communication for years but one fine Sunday, as a pleasant surprise, I received a phone call from him and I could never imagine that it was going to be an awakening call to alter the course of my life altogether. I was born and brought up in a Hindu family, in an agricultural family of a village in Andhra Pradesh (India). My elder brother and I often visited temples and enjoyed the

festivals especially the Diwali, the Dushera and the Pongal.

## MY QUEST FOR KNOWLEDGE

As my parents were not highly educated, I was not interfered by them, their expectations and indulgence, and grew up into a bright student. I developed a habit of reading at very young age and I would read whatever came my way — Telugu translation of the Ramayana, the Mahabharata, detective stories, novels, suspense thrillers and also books by the writers like Mahatma Gandhi, Vivekananda, and Abdul Kalam etc. I also read many other writers like Dale Carnegie, Stephen Covey etc. for self-development. “Autobiography of a Yogi” by Parma Hansa Yogananda awakened the spiritual being within me. There were questions always floating in my mind; “Who am I?”, “What am I here for?” For finding answers to these questions, I tried Kriya yoga but could not continue this yoga for long as I got busy chasing my career. However, I continued to search for peace and happiness in the material success.

## CALL FOR THE AWAKENING

In 2009, I was out of job for a few months when the second

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kid Pancha Janya was born. I once again started spending my free time in solitude in a nearby temple, invoking the long forgotten spiritual questions. It was perhaps the time in the World Drama to have a new beginning in my life. In April 2011 on a Sunday afternoon, the divine brother Rama called me. As I realized later, that call was not at all an ordinary call; it was intended to serve a definite purpose. We started the conversation very casually and I was told that he was driving back to Virginia from Washington DC after attending a meditation class. He added that it was his weekly routine every Sunday and he would feel uneasy if he missed the class. I was a bit surprised to know that the whole family was driving 160 miles on every Sunday to attend a meditation class! Wow! Unbelievable! I was curious to know why he was doing that. He said they were practising Rajyoga meditation for many years and through which they were able to experience real peace and happiness. The two magical words “peace and happiness” caught my attention. While gathering more details on the call, I browsed the net in my laptop to find the nearest center in my city. I found there was a

center in Milpitas which was just 12 miles away from my home in California. I shared the same with Rama Bhai, and then he said very instantaneously “you are so lucky”. He really meant those words. I can still feel his tone filled with excitement. He probably would go every day if he had the center so close like I have here.

I called up the center immediately and I had to leave a voice message. After sometime, my call was returned by an angel. It was sister Kusum on the phone who said “Om Shanti.” I gathered the required information and got myself enrolled for the Rajyoga Meditation Course.

### **DISCOVERING MY TRUE IDENTITY**

Soon after I joined the Rajyoga meditation, the mystery behind the questions disturbing my mind like “Who am I?” etc., was very beautifully and convincingly unfolded to me. I got revelations about myself, The Supreme Being, the gods and the goddesses and the world drama very clearly. I read two books, ‘New beginnings’ and ‘Adi Dev’ as suggested by Sis. Kusum. I was overwhelmed to read about Brahma Baba who set an impeccable example for all of

us to follow in his footsteps and I started attending the Murli classes regularly and took all care not to miss any chance for service as I had prayed to Baba to provide me opportunity for service.

### **MY FIRST PILGRIMAGE**

It was only three months in my spiritual journey, and I noticed a significant change in myself. One Thursday evening when I was in meditation prior to Murli Class, I had a thought to visit Mt. Abu and expressed my uncontrollable desire to visit Madhuban to Sis. Kusum, who was kind enough to understand the intensity of my desire and informed Madhuban and made the necessary arrangements. I was visiting India after four and half years. I journeyed direct to Mt. Abu as I wanted to visit Baba’s Home first before going to my biological family. On 20th July 2011, I stepped in Madhuban, the land of honey – the only true pilgrimage place existing on this planet.

### **MEETING WITH THE ANGELS**

I spent three days in Mt. Abu. I met such a large gathering of BK Brothers and Sisters for the first time. It was like angels moving on the earth. I felt like I was watching the trailer of the

Golden Age. Everyone appeared to have a definitive aim and objective yet maintaining the peace and harmony. Everyone was so loving and cooperative and I felt very comfortable and it was like visiting my own home. Baba always shows special love for a new-born in this divine family. It was so true in my case. I felt so much care and love wherever I went and whoever I met in the B.K. Family. On the second day early morning after *Amritvela* (Nectar Time), I experienced the magic of the place when I sat near the Tower of Peace (Shanti-Stambh) for 30 minutes. I felt so light, calm and serene. Rest of the time I was busy visiting all the places in Mt. Abu. The most exciting part happened that evening. I was supposed to handover *tolis* (sweets) from Milpitas Center to Dadi Janki. I was not sure if I could really get a chance to meet Dadiji. As I said, Baba was showering special love on me. I got the permission to meet Dadi in the cottage at Gyan Sarovar. I was excited and a bit nervous too. I was just three-month old as a B.K. and was about to meet the administrative chief of the BKs. and also the most stable mind in the world. Dadi was about to retire for the day and I was the last visitor. I entered the room but I felt strained and a bit unnerved to meet such an important person. But suddenly, in my heart of hearts, a question arose: Do we ever hesitate to meet our own grandmother? Do we need any preparation for it? The answer was 'NO'. That's what aroused confidence in me. Everything was perfect now and I briefed Dadi about the purpose of my visit. She gave me blessings and 'toli'. I had watched a few videos of Dadi before and now when I met her in person, I cannot put my feeling in words. It was a wonderful experience to cherish in my memory forever. All I felt was a strong desire to get a chance to meet her again.

On the day I was leaving, I sat in Baba's remembrance inside the hut for few minutes and then I wrote a letter to Baba offering myself as an instrument for any kind of service. I truly did not anticipate at that time that a simple prayer of mine would lead to the most amazing and exciting events of my life in this wonderful eternal drama.

**(Concluded in next issue)**

## WHO AM I ?

– B.K. Ridhima,  
Ludhiana (Punjab)

No one looks  
The way I do  
I am special  
And that is true

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No one walks  
The way I walk  
No one talks  
The way I talk

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No one plays  
The way I play  
No one says  
The things I say

\*\*

I am special  
As you can see

A lovely child of God  
Ever worriless and free

\*\*

A point of Light  
Bright shining star  
My mind in my control  
I'm a peaceful, loving Soul

# THE STORY OF 77th SHIV JAYANTI



– B.K. Dr. Nityanand Nair,  
B.K. Colony, Shantivan

**I**ncorporeal God Shiva who resides in the Soul world, *Brahm Lok or Shanti Dham* descended into the body of an old person called Dada Lekh Raj in Hyderabad, Sindh province of undivided Bharat in 1936. This happened when Dada Lekh Raj, a wealthy jeweller and diamond merchant with his business in Calcutta was attending the spiritual discourse by his Guru at his residence. When Dada moved to his room in the midst of the discourse, his daughter-in-law Radhika followed him. What Radhika witnessed is the most important incidence of this *Kalpa*. She saw the room filled with red light and Dada's eyes glowing like red bulbs. An ethereal voice said:

*“Nijanandaswarupam  
Shivoham, Shivoham;  
Gyanaswarupam Shivoham,  
Shivoham;  
Prakashaswarupam  
Shivoham, Shivoham”*.

It meant: “I am blissful self, I am Shiv, I am Shiv; I am

Knowledgeable, I am Shiv, I am Shiv; I am light, I am Shiv, I am Shiv”. Incorporeal God Shiva incarnated into the body of Dada Lekhraj who was later renamed “Prajapita Brahma,” with this self-introduction. God Shiva, the Ocean of True Knowledge used to disclose the secrets of the creation through the lotus mouth of Prajapita Brahma in the spiritual congregation (*Satsang*) at his residence both morning and evening. Before starting the Godly versions God Shiva used to utter the sound of “OM...” thrice through Brahma's mouth, and many of the aspirants, mostly mothers and virgins used to go in trance and dance along with Shri Krishna in the subtle world. Soon this congregation (*Satsang*) became famous as “OM MANDALI”. Some wealthy families of Sindh surrendered themselves to this Mandali. Around 400 aspirants started staying in the Mandali. Boarding and educational facilities were established in

Karachi for children who were given personal care for their all-round development. The Godly versions uttered by the Supreme through Brahma Baba came to be known as “*Gyan Murli*”. When some of the aspirants asked about clarification of some points of Murli after the departure of Shiva Baba, Pitashri Brahma Baba used to explain that these points were revealed by the Ocean of Knowledge and He only can clarify them.

Dada Lekhraj, the wealthy philanthropist was prepared for his new role of “Prajapita Brahma” by the Supreme Soul, God Shiva through a series of trans-visions : Vishnu Chatur Bhuj appeared in trance and declared that Dada Lekhraj himself was Vishnu Chatur Bhuj; Dada had vision of world destruction through atomic weapons, natural calamities and civil war. This was followed by the vision of the new world of paradise wherein he saw golden stars descending on earth and turning into a deity (*Devi* or *Devta*). Dada was directed to be the instrument for bringing this heaven on earth. Dada was now fully convinced that he was the lucky soul chosen by God, the Generator of Heaven

on earth, Operator of the heavenly kingdom of Vaikunth and Destroyer of the old degenerated world (hell). Dada Lekhraj readily accepted his new role granted by the Supreme Father, Supreme Mother, Supreme Preceptor, Supreme Teacher, Supreme Consort, Supreme Companion and Supreme Child. He went to Calcutta and handed over his flourishing jewellery business to his partner with instructions to send his share to Sindh where Dada Lekhraj spent his time entirely on spreading Godly knowledge.

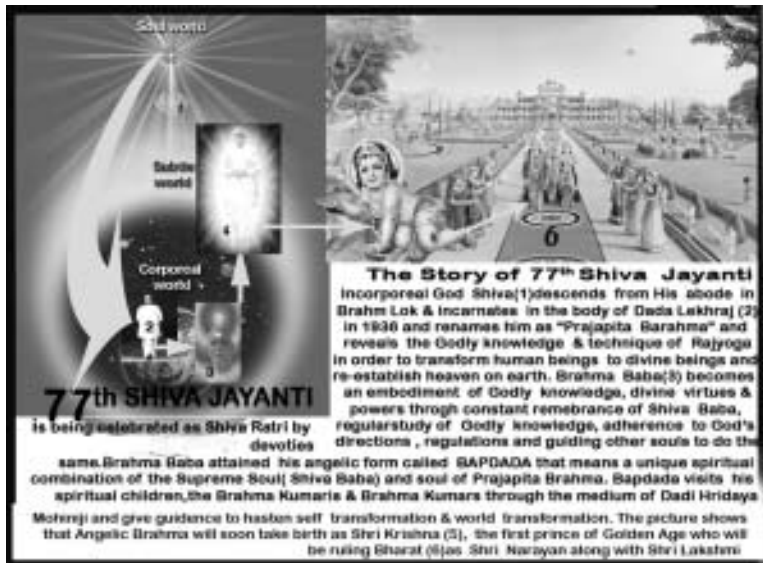
vehicle of lord Shiva–Shankar in temples dedicated to Shiva–Shankar. In devotion both Shiva and Shankar are considered synonymous.

However, incorporeal point of divine light, God Trimurti Shiva, the Ocean of Knowledge has revealed that He is ever incorporeal meaning that He does not have corporeal or subtle body of His own while Shankar has his own subtle body. God Shiva resides in *Paramdham* (Supreme Abode) while Shankar resides in subtle world. Shankar is considered

why GOD is called TRIMURTI SHIVA. God's role in the current cycle of the eternal World Drama is presented graphically in the picture.

This picture reveals that incorporeal God Shiva, the point of sentient spiritual light incarnates in the body of Dada Lekh Raj in 1936 and through this medium reveals true knowledge about God, the Supreme parent, about human souls, the children of Supreme Father Shiva who does not have any father and Supreme Mother Brahma who does not have any mother. Prajapita Brahma played his corporeal role from 1937 when he dedicated all his movable and immovable property to the trust of mothers and virgins headed by Jagadamba Saraswati who later came to be lovingly called "Mamma". Prajapita Brahma became the embodiment of Godly knowledge (*Gyan*), Rajyoga meditation (*Yog*), inculcation of divine virtues (*Dharana*) and Service (*Seva*) of fellow souls. These are the four pillars that sustain the Brahmin life during the Confluence Age.

The most important teachings of the Supreme Teacher are

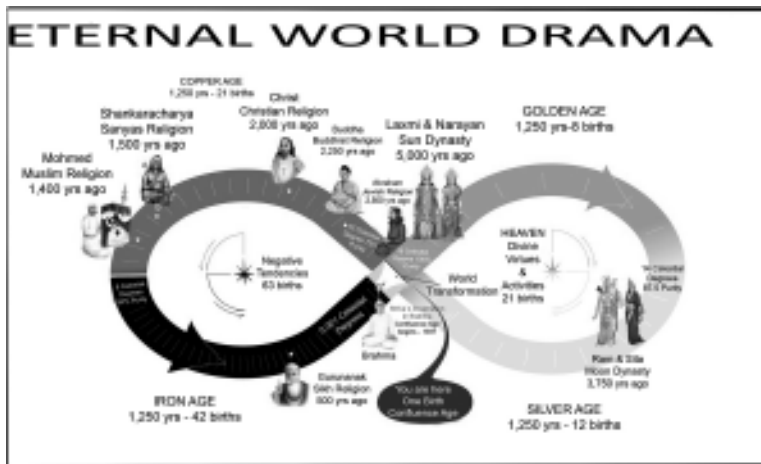


Thus, Dada Lekhraj was fully tuned for his great role of being the Chariot of God, the incorporeal. Devotees of Lord Shankar worship Brahma as Nandi, the bull being the divine

as destroyer of the old world while God Shiva is the Generator, Operator and Destroyer through the subtle deities of Brahma, Vishnu and Shankar respectively. That's

the true knowledge about God, about human souls, about the eternal World Drama, and about the Law of Karma (Law of action and reaction). The pictures of the eternal drama and the 77th Shiva Jayanti reveal the eternity of the creation, and its cyclic repetition every 5000 years. The role of God in the current cycle is still on after the ascension of Prajapita Brahma on 18-01-1969 through the medium of angelic Brahma and Dadi Hriday Mohini. This role is soon going to finish with the birth of Brahma's soul in the new world as Shri Krishna, first prince and Jagadamba Saraswati as Shri Radhe, the first princess of the new world. Radhe and Krishna will be ruling Golden-aged Bharat as empress Shri Lakshmi and emperor Shri Narayan after their marriage and coronation.

All the events related to 77th Shiva Jayanti are repeated in every *Kalpa* (cycle of the eternal World Drama) after 5000 years, and this cycle goes on eternally as shown in the Picture below.



It is the bounden duty of every B.K. (Brahma Kumari and Brahma Kumar) to take this true story to every soul in the creation so as to avoid any complaint about their ignorance about God Shiva's incarnation on earth to re-establish Vaikunth (paradise). When this task is accomplished by diligently following Brahma Baba's example, transformation of the world through self-transformation is assured. Let's strive to become Master Brahma and fulfil God Shiva's mission this year.

## POWER OF MIND

— **Pulin Malik**, Student,  
Tenth Standard, PANIPAT

On this Planet, the  
greatest thing we can find  
It's nothing but our  
ageless mind  
The Mind is its own place  
And in itself, it has its own  
pace

It can make heaven of hell if  
worked upon  
It never dies and moves  
on and on  
Mind creates complex  
strategies  
But without mind, all are  
tragedies

Here, either use your  
Mental Map  
Or you are the tricked  
poor sap  
With pretty high calibre,  
you can  
Grapple the hardships  
now and then

Every artist was first an  
amateur  
Mind has created his  
future  
It is a source of  
determination  
And a lot of wonder and  
exclamation!



# RAY OF HOPE

(One Act Play)



– B.K. Anand Mohan Hans,  
Paschim Vihar, New Delhi

[The curtain rises. The scene is outside the admission office of a University where some students are gathered to purchase forms for getting admission to the University. A television channel reporter, with a mike in her hand, appears on the scene, accompanied by a cameraman with a movie camera perched on his shoulder. The reporter announces:]

**R**eporter (R): I am Deepika from Asha Educational T. V. Channel and this is my colleague Chander Prakash. We are here to interview some of the students gathered here to find out what is their aim in life and in joining this University for Higher Studies.

She then approaches one of the students and speaks to him.

**R:** Mr.....

**Student (S):** Sunil – Sunil Kumar

**R:** Why are you here?

**S:** To get an admission form.

**R:** For yourself or for someone else?

**S:** For myself.

**R:** Sir, What is your aim in going for further studies? What are your interests in life? What do you want to become?

**S:** I am interested in politics. I

want to become a leader or a Minister or perhaps the Prime Minister of the country.

**R:** Which political party would you join?

**S:** Any party – any party which gives me a ticket to contest the elections.

**R:** Why do you want to fight an election?

**S:** They say there is big money when you are elected and become a minister and my aim in life is to make money.

*[Now the reporter approaches another student, this time a girl. The cameraman follows the reporter like a shadow.]*

**R:** What is your name, Miss....?

**Girl (G):** Aarti.

**R:** What do you want to become in life?

**G:** I am interested in the latest

trends in fashion. After doing my college, I shall join some fashion designing institute to learn fashion designing. When dresses designed by me become popular, money will start pouring in. I shall earn enough money to open a fashion designing institute of my own. This is my aim in life.

*[After finishing with the girl, the reporter approaches another young boy. But before she puts any question to him, the boy starts giving answers because by this time the students gathered there have come to know what type of questions the reporter is going to ask them.]*

**Student (S):** I am Govind. I am a cricketer. I was the captain of my school cricket team. Although I have not obtained very good marks, I am sure to get admission in the sport quota. I want to become rich and famous like Sachin Tendulkar. But, unlike him, I shall not become a decorative piece in the Rajya Sabha but would like to join films and become an actor to play a hero after I say good-bye to cricket.

*[It was a short-statured, bespectacled girl whom the reporter approaches next.]*

**R:** Miss.....

**G:** Priyanka. Priyanka Gulati.

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**R:** Why are you wearing glasses at this young age? Do you see television too much?

**G:** No, no. My parents say I study too much. I have to – because my aim in life is to become a doctor.

**R:** Why a doctor? Why not a bank manager or an I.A.S. Officer?

**G:** No. I would prefer to become a doctor. You see, there are more sick people in India than in any other country. We therefore need more doctors.

**R:** O.K. What particular department of medicine are you interested in?

**G:** I have not given any thought to it yet. But I would like to become a heart specialist. They say that after a period of 15 years or so India will have 20% of its population as cardiac, diabetes and blood pressure patients. So I see good money in this profession and particularly in this branch of medicine.

**R:** One last question. Do you think making money will give you happiness, or the thought that you are serving the mankind as a doctor?

**G:** I am very clear in my mind. There is no happiness in life if one does not live in comfort and there is no comfort if one does not have enough of money.

*[Now the reporter turns to another young man standing nearby and who is busy talking with his friend. She tries to draw his attention.]*

**Young Man (YM):** (Looks surprised). You mean me?

**R:** Yes, I mean you, *Sir*. My question is very simple. What would you be after you are through with college?

**YM:** My answer is also very simple. I am interested in business. I want to become another Ambani and build myself a great commercial empire.

**R:** But that requires a lot of money. Do you have it?

**YM:** Money is not the only thing required in doing business. What you need is will power, determination and, of course, a little *Hera Pheri*. Have you not heard the saying “Everything is fair in love and war”. I have changed it into “Everything is fair in love and business”.

**R:** But you also need skill in being successful in doing business.

**YM:** Yes, but that is no problem. I am the son of a businessman. I have already picked up some of the tricks of the trade from him.

*[At this point, a song starts playing in the background – Dekh tere sansar ki halat*

*kiya ho gai Bhagwan, Kitna badal gaya insaan.... The reporter then faces the viewers and announces.]*

**R:** So, you just saw what the youth of today and the pillars of tomorrow’s India have their aim in life. They want to make money and live life full of comforts and luxuries. None has said that he or she wants to become a good man or a good woman or even a good citizen of the country. You can very well imagine the fate of our country.

*[Suddenly, a Brahma Kumari in spotless white clothes appears on the scene as if from nowhere. She faces the reporter and addresses her.]*

**Brahma Kumari (BK):** Excuse me, Behnji. Your interview of the would-be college students has gone very well. But, can I take a few minutes of yours and that of your channel? I wish to say something too.

**R:** Oh! Sure. Why not? (And gives the mike to her).

**BK:** I am Brahma Kumari Sarita. The interviews that we have just seen give only one side of the picture. We know no doubt what the youth of today are, but do we have the solution to change their mind-set? That is the real question which needs

answer. I am happy to tell the viewers that we in the Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya have taken upon ourselves the responsibility of doing that very task. The truth is that we have already taken up this project under which our volunteers are teaching moral values to students of 7th to 9th classes in some selected schools which have agreed to the imparting of moral value education to their children of such impressionable age. Moreover, we have regular classes of teachings of God, both in the mornings and in the evenings, but before one can attend these classes one has to undergo a one-week course for the beginners. And one more thing. It is God and only God who can teach us what happiness is. It is not in money or in material things. True happiness is a state of our mind or the soul of which the mind is only a part. Everyone regardless of age, gender, religion, caste, creed or nationality, can attend these Godly classes. There is no admission charge or any other fees. All viewers who are watching this programme and are interested in joining these classes are cordially invited to visit any of the nearest Brahma Kumaris centres which are open all days of the week.

*[The curtain falls]*

## LET'S RETURN HOME

– B.K. Chitra, Vaishali Nagar,  
Jaipur Museum

O, traveller (Soul)  
Think about life's goal  
The journey ends now  
Let's return Home.

Sweet Silence Home  
Your permanent abode  
Where you'll return alone  
To stay with Baba or God.

You enjoyed sweet days  
All scenes full of pleasure  
Land, Sky, Moon and Stars  
Bestowed joy beyond  
measure.

Those Golden days will return  
Viciousness you've to burn  
Pleasant will be the seasons  
Peace flourishes sans  
divisions.

Remember time and again  
Spiritual bliss must sustain  
Have thoughts powerful, pure  
Obstacles all you must  
endure.

In Baba's soothing lap  
Soul finds true shelter  
On the highway of Rajyoga

True seeker will never falter.

Blessings on souls you  
bestow

Create thoughts positive pure  
All souls now get His  
message

This much you must ensure.

Before the journey come to an  
end

Turn all foes into your friends  
Then O traveller, gladly return  
Home

In ecstasy and bliss, singing  
divine song.

Leave all odd ways, if and but!  
Transform the self, Maya you  
refute

Create cooperation and  
harmony

To play Shri Krishna's flute.

Again descend to play your  
role

In Golden Age, with specific  
goal

To re-create paradise on earth  
Piety and bliss, peace and  
mirth.

# AGING GRACEFULLY

— B.K. Rajbala Singh, Powai, Mumbai

**‘Time and tide wait for none’.**

**I**t hurries past so fast that we cannot hold back even the fraction of a second. It is ever changing and so are the entities of this world, no matter animate or inanimate, i.e., days, weathers, seasons, men, birds, beasts, trees, flowers and so on. The stream of time is flowing on and on incessantly, not pausing even for a moment. Fill one bucket of water from a flowing river; you can't get the same water if you go to fill it again. Time changes and change is the universal law of nature. So nobody can defy the strictures laid down by this miraculously invisible power called nature or you are at liberty to address it by any denomination that pleases you.

No wealth of the world is adequate enough to buy back the past moment. A monarch can mind the world and is empowered to command it to halt and standstill but is utterly helpless to hold it on just for one-off.

The unavoidable of this advance movement of time works wonder by adding novelty, variety and beauty thus keeps life interesting. It makes

an infant bloom into a child, a child into an adolescent and an adolescent into a young man resplendent with charm, energy, zeal and zest. There is no denying the fact that youth is the prime of life when man is beaming with energy to the brim and is on the cloud nine when sky is the only limit to his ambitions. But again, how long can you hold it in your grip? You can delay the process a little bit that too by putting unusually assiduous endeavour. Ultimately, it will slip from your grip like sand because flowing on and on, unbridled and unrestrained, is the nature of time so in a natural course of time, each living organism is bound to grow old from young which is as spontaneous as passing through other stages of life like from womb to birth, infant to child and so on. But I wonder if we are happy with the whole growth process then why should we welcome the old age with gloom and doom? Why should we not take it on the chin? Why should we whine about it?

According to psychological studies, the distinguishing mark of a normal person is that he

lives in the present and accepts the fact coolly. But alas! Most of us are escapists especially when it comes to aging. We are not ready to come to terms with it because the fear of inability, debility, futility and monotony associated with old age shudder us since we plan everything like our education, profession, marriage, children, house etc., we plan for all other contingencies but how ironical it is that we have no plans for old age which is a surety.

‘All is well that ends well’. Keeping this proverb in mind we must try our level best to make our old age beautiful so that we may die peacefully. Hence, we are required to figure out some objectives for the post retirement period which we are going to face inevitably, escaping from it only on one condition; if we die young, again an enigma.

We are potent enough to fight out this fear-generating-old-age-syndrome, and make it counterproductive if we are determined to live our life cheerfully and meaningfully till the last moments of life. Peace and happiness are the greatest wealth and our birth right too, but how sad that today we have lost this invaluable treasure and inflicted our old age with dullness, dejection and rejection and the only reason behind this predicament of ours is our evasive, pessimistic attitude

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towards the culminating period of life which, if utilised well, will prove of great worth to our family, in particular and to the society in general, we are indebted to.

Instead of whining about the old age which is advancing on us head-on, let's welcome it gracefully by planning it wisely. The first and foremost principle to start with is, prepare ourselves to face it while we are young and ponder about how to keep ourselves actively engaged in some meaningful pursuit. For this purpose, we must be cognizant of our winning strokes and also cutting edges, our strengths and weaknesses, our abilities along with our incapacities. We should have sound retirement planning and if we are financially secure, we should look for some job preferably some honorary work for the benefit of the society because the post retirement period is the third stage of life according to the Indic Culture i.e., the Vaanprasth Ashram when our liabilities are almost over and the time is apt to return to the society what we have received from it so far. Develop some good hobbies and pursue them with consistency to make your leisurely advanced age interesting. Reading and writing are quite enriching and enlightening. If possible, join some good organisation where

you can get the company of like-minded people to commune with.

Spirituality can be a great help to provide meaning to life because it has the potentials to alter drudgery into revelry and mediocrity into excellence. But spirituality is an attitude which cannot be created overnight; rather it is a gradual evolution. The realisation that 'I am a soul not a body, soul is a conscious energy which is immortal, transcending the barrier of time and space. This body is a garb given to me in order to enact a particular role in perfect synchronization with my *karmic* accounts. I am the maker of my destiny. Nobody on this earth, not even God, the Almighty makes me happy or sad. It is all what I choose to be. This life consisting of years, months, days, minutes and seconds, is given to me to make the most of it and whatever I do, decides my destiny since each of us is immovably shackled by the Cause and Effect Theory under which we are at liberty to do what we feel like but we are not free to choose the outcome. However hard we may try but there is no way out to divert the reaction of any action. This is all the gist of spirituality which is acceptable to all across nations, religions, cast, colour and creed. Each mother must infuse the child with this attitude. This attitude once

developed, is going to yield rich dividend all through life.

If life is lived with sincerity, commitment and accountability, it makes life blissful and contented in totality inclusive of past, present and future. Then each moment of life is replete with meaning and a purpose. Then nobody is scared of old age, thinking it a phantom rather looks at each upcoming moment as fulfilling and joy abiding, thus age gracefully. This is so because basically we are not body but soul which never grows old and why on earth we should grieve if we have lost the physical energy and stamina we once were proud of as we have accumulated an invaluable precious treasure of experience which can guide the youthful, indecisive, rash energy of the young generation in order to keep the social structure well balanced and radiantly restrained. The only credentials required are, unwillingness to give up, an unyielding spirit in the face of odds and an urge to live enthusiastically like Victorian poet Tennyson's Ulysses who despite being an octogenarian king, is adamantly reluctant to idle away his time amidst palatial pleasures and is resolved to explore new horizons more and more, whose invincible spirit is bent upon to strive, to strife and not to yield.

## WOMEN SECURITY

– B.K. Yogesh Kumar,  
BK Colony, Shantivan

We all Indians say with pride – ‘My India is great’. Why? Because of its unique cultural heritage, its unity in diversity, it’s being largest secularist country and so on. Moreover, large number of gods and goddesses worshipped with lots of dedication and devotion are symbolic of its glorious past. India is also called great because here so much regard and respect are given to women. That is why in most of the cases, the names of goddesses are pronounced before their male counterparts, e.g., Shri Lakshmi-Shri Narayan, Shri Radhe-Shri Krishna, Shri Sita-Shri Ram and so on. ‘*Yatra Narayastu Poojyante Ramante Tatra Devtah*, which means ‘Where women are respected, gods dwell there’ carries the essence of Indian culture.

However, it is great irony that today, in the same great Bharat, the security of women has been under great threat. Today’s Indian

woman has been undergoing grave problems such as female foeticide, domestic violence, gang rape, molestation, eve teasing, dowry, child marriage to name a few. It is unfortunate that today’s Indian woman who works round the corner to fulfil all her duties, whether as a housewife or as a working woman, is going through these traumatized problems every day. For a woman, it is rightly said that she is the first *guru* of man as she gives birth to him, yet it has been noticed that in the present so called modern era, women are usually found all alone to suffer in their bad times.

The innumerable cases of rapes and other atrocities reported recently against women have put their dignity at stake. The whole nation is under great shock and dismay. The way ‘Damini’, a medical student was so brutally gang raped in a running bus in Delhi last year, has left the whole country in

shock and agony. She succumbed to her injuries which resulted into a nationwide protest and a movement for the justice to the victim and punishment to the guilty. In fact, after this incident, more and more such cases are being reported across the country, mainly because of evil of sex-lust in some of the criminal minded persons and also corruption in the Government as well as in law and order agencies. In most of the cases, the culprits are set free because of the lacunae in the laws.

The recent abduction followed by rape and killings of three minor sisters aged 6, 9 and 11 of village Bhandara in Maharashtra is another example of inhumanity and *mens rea* (guilty intention) in the minds of some people. Even the nationwide protest against such cases and concerns by ruling as well as opposition parties has been futile. However, it is also true that when there is a will, there is a way. Since the eradication of such incidents is the will of the citizens of the country, there must be some way to provide justice to the victims and prevent the occurrence of such events in future. The very fact that Justice J.S. Verma committee

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which was set up with the very aim to recommend the measures to improve laws dealing with sexual offences has received 80,000 suggestions proves the cause of concern of NGO's concerned as well as that of ordinary citizens.

If we analyze deeply, we'll find that it is five vices, viz. Sex-lust, Anger, Greed, Attachment, Ego, which are the results of body-consciousness, which are responsible for such heinous crimes against the women. It is body-consciousness only because of which we have forgotten our real soul-conscious state, become vicious and have been committing sins over the years. In fact, today the whole world is burning in the fire of sex-lust. It is the same doomsday, which has been mentioned in Gita: *Yada-Yada Hi Dharmasya.....i.e.* whenever there is extreme irreligiousness, lawlessness and when all are completely under the control of vices, God incarnates to destroy the evils and establish the true religion of righteousness. Undoubtedly, the present time is the same time. This is also called the Confluence Age when the most auspicious

Incorporeal God Shiva incarnates in His corporeal medium whom He renamed Brahma and gives the knowledge of Soul, Supreme Soul, the beginning, middle and end of World Cycle and Karma philosophy. He puts the urn of knowledge onto mothers and sisters who have been oppressed and exploited for years and gives them the slogan 'Vande Matram'. He liberates the souls from the bondages of vices and tells them the best yet an untold way to Peace and Happiness – 'Be Pure and Be Rajyogi'. Through His most elevated Godly Knowledge, we are able to forge our all relationships with Him and remember Him and, thus, are absolved of our sins and become completely pure.

Now, one must be aware that the huge destruction of this old vicious world is round the corner, which will take place through mass nuclear weapons as well as civil wars, natural calamities etc. However, at such a time, when crimes against women are at peak, it is also our duty to find out the ways to prevent such happenings. The best possible solution at this juncture is to give moral education to the younger

generations who because of ever-increasing usage of mass media such as internet, films, and TV, have been prone to obscenity, vulgarity, violence etc. Once they are made aware of the knowledge of the Soul, Supreme Soul and Moral Values, they will become great citizens of the nation wherein women feel protected and secure. In this regard, the role played by Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, an NGO, established by Incorporeal God Shiva through His Corporeal medium Prajapita Brahma assumes great significance. It imparts Rajyoga meditation course absolutely free of cost so that one can have divine values in one's life and this world can become a better place to live. It is a matter of great pleasure that it is generally being run by surrendered sisters who have adopted simple and divine life under the direction of God Shiva. In fact, it is Godly knowledge being given by God Shiva which will purify human beings, for He is the one who ensures women security in our great nation Bharat as well as in the whole world.

(...Contd. from page no. 3)

is just a Point-of-Light, even as Shiva Puran itself says, at one place, that He is minuter than the minutest! Thus the truth about Shivlinga, which solved the ultimate mystery of God's incorporeal form, was also considered stranger than fiction!

So it happened with the festival of "Shivratri". God has said that when righteousness declines and evil is in the ascendant, He descends and takes a supernatural birth to redeem the world and to re-establish Dharma (Law). Shivratri is, in fact commemorative of that birth. It is celebrated on the 14th dark night of the month of Phagun (Feb -March), every year. Phagun is the last month of Indian Calendar. So, it is symbolic of God's descent in this world, at the end of every world cycle, i.e., at the end of every Kaliyuga, the allegorical 'Night', when the darkness of ignorance prevails in the world, to re-establish the Golden Age. For this purpose, He enters in the body of Prajapita Brahma and this is what His' divine birth' in the 'Night' means. But this truth also has been lost to mankind in the plethora of myth and fiction that has grown round Him in course of time. The result of all this is that one most important truth which could have made one the inheritor of God's patrimony of total purity, peace and prosperity has been lost and an important connecting link between various nations and religions has also been missed and people now are unable to appreciate the truth that, in the present fag-end of Kaliyuga, God Shiva has incarnated again to re-establish the Golden Age. It is in this context that Brahma Kumaris Raja Yoga Centres world-wide are celebrating Shiva Jayanti every year.

## **HOLI – COLOUR OF LOVE**

– B.K. Shradha, Kandivali-(W), Mumbai

Holi is the festival of beautiful colours  
A truly wonderful occasion for revellers  
Day to meet, to greet is what all say  
Let's get to know it the spiritual way

Red, purple, orange and yellow  
Splashing colours on every fellow  
Everyone is here to enjoy the theme  
Feel the colour of love of the Supreme

Not just colours and water balloon  
But peace message like shining moon  
Give up vices—hatred, violence, anger  
All're children of God, no one is stranger

Forgetting all the fights and past sorrow  
Share only joy and love today or tomorrow  
Sympathise, take care, understand each other  
Thus celebrate each day, respect one another

A bonfire on the eve of Holika *dahan*  
Anger, pride, arrogance, lust and greed  
Annihilate from the mind, never to feed  
Burn them to have straight entry to heaven

Plates full of gujias, delicacies and sweet  
Sharing with dear ones, really a treat!  
Unless I'm sweet in thought, word and action  
How can I expect a favourable reaction?

I see here a homonym "holi"—"ho-li"  
Forget your past and set the self, free  
For it's nothing but a burden of waste  
A decision that was sure taken in haste

God Father Shiva tells true meaning of the fest  
Link your mind with Him, and win the contest  
Burn old *sanskars* and vices –is its real message  
Be pure and yogi, smoothen your Heavenly passage

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