



Radio Madhuban

Brahmakumaris Community Radio Station

90.4
FM

Quarterly, Volume 2

Newsletter

July - Sep 2011



D.K. Aruna, IT & Public Relations Minister, Andhra Pradesh

Addressing the Media Delegates and Journalists through Radio Madhuban at Brahma Kumaris, Head Quarters Mt. Abu, D.K. Aruna shed light on the current

Dadi Gulzarji being presented the 1st Newsletter of Radio Madhuban

“Sunte Raho Muskurate Raho” i.e. Keep listening keep smiling is the tag line of Radio Madhuban. But Dadi Gulzarji, Addl. Chief of Brahma Kumaris added another line to it saying, Ude raho udaate raho i.e. “Keep Flying and make others fly”.



Her gracious presence in the studio awakened the sense of virtue in everyone. Dadiji expressed her happiness about the services being rendered by Radio Madhuban to the local community and much to the pleasure of the whole team, said, “The most important thing is that I see the happiness in their eyes.”



situation. She said, “People are losing belief in media. There is a need to bring back values and morality in media and get back the faith of people. I appreciate the work Brahma Kumaris is doing to remove the negative forces in society. I myself have felt very peaceful in the Shantivan campus (Abu Road). Media is a powerful medium to reach the public. The pen and mike both are in your hands so use them to make a positive world.”

This is a miraculous power.

I see Shakti the power of

God in it (Radio) .

– Mahatma Gandhi



Chandrabhan Singh, Transport Minister- MP Visits Radio Madhuban

“Watching TV throughout the day, changes the thinking pattern and influences decision making. Listening to spiritual knowledge helps us to take better decisions making. So Brahma Kumaris Community Radio Station ‘Radio Madhuban’ 90.4 FM is serving this purpose.”, said by Transport Minister of Madhya Pradesh Mr. Chandrabhan Singh on his visit to Radio Madhuban during the Media Conference.

He also said “All these days, I had been having a different impression of Brahma Kumaris. All the illusions that I had, have been removed by coming here. My experience in this media conference is that, the Brahma Kumaris’ campus here in Shantivan, Abu, is a real paradise on earth. Till now, I had heard that God is One, but I understood and realized this through the spiritual knowledge I received here. The knowledge given in this Organization is totally different from what we listen outside and everyone should visit this place at least once and experience the vibrations here.”

Om Café @ Madhuban

Om Café is a workshop of Spotlight Values, a project initiated by Brahma Kumaris in relation with the United Nations, specially for youth internationally. The workshop was done with the Radio Madhuban team on the value of 'Acceptance', so as to give them the feel of what Om Café is and to explore the values within.



Didi Nirmalaji, Director, Gyan Sarovar – Academy for a Better World, herself an example of value based living, gave a clear vision of the value of acceptance. Music has always its own importance; it awakens the moods and experience within. The Live Orchestra by David Kilowsky & David Jones with different musical instruments created an inspiring atmosphere.

Format of the Program:

The format of program is in the following phases.

Introduction to Spotlight Values: by Sis. Shivani and Bro. Srinidhi through video, ppt, photos.

Ice Breaker: Introducing selves, finding a common interest / hobby and sharing a funny or embarrassing incident from their childhood.

Explore Phase: Participants were given sets of two questions per table which they explored for about 15 minutes, and then each group were given a chance to exchange the essence from their discussions in front of Didi Nirmala.

Express phase: Two of the groups chose to express using objects and create a story. And others loved to

relive the childhood by playing with colors and crayons.

Exchange Phase: When their stories were complete, each of the groups came up and presented their individual stories before the whole group. In essence, this was the most fun filled part of the program and also the noisiest one. The best part of it was when they made their hand impressions to make a promise on a cloth canvas and left their names and messages on it.

The Radio Madhuban team plans to launch Spotlight Values and Om Café in schools and offices around Abu.

“Value based Media Need of the Hour”

Value based Media Need of the Hour, was the theme of the Conference held at Brahma Kumaris Head Quarters Mt. Abu from 16th to 20th Sep 2011. Where in Media Delegates, Journalists and other media representatives from all over India and few special guests from Nepal and Iran took part. At the media exhibition 2011 the services and milestones that Brahma Kumaris have achieved through positive media were highlighted, viz. Om Shanti Media, Gyanamrut publication, IT and Communication, Peace of Mind TV, Radio Madhuban etc.

Radio is a powerful medium and 'Radio Madhuban' is a new addition in Brahma Kumaris organization this year. All the attendees showed lot of interest and excitement to visit Radio Madhuban and interact with the team. Following are the excerpts shared by some of the media representatives with our RJ Amit.

Dipendra Sreshth, Nepal:

I belong to the most beautiful place 'Pokhara', Nepal. I am from Radio Annapoorna 93.4 MHz, media for peace and development. All together 21 people from Pokhara

are attending this media conference. I am so happy to attend this because without peace no democratic country can be sustained. Media plays an important role in it because media is said to be voice of voiceless people. I see Brahma Kumaris have done this already. I heard a lot about Mt. Abu but now I am directly seeing it- Gyan Sarovar, Pandav bhavan, Gurushikhar etc. It gives a Heavenly feeling to me. Thank you.

Bhavesh Takkar,

Communication Strategist: Film strategy is my main Domain. There is a lot of Negativity and controversy in this field. But by attending the conference I realise that by keeping aside all the negativity and with positive thinking if we produce issue based films it will be helpful to the society. Because films have got lot of impact on the masses and influences society. I think if we continue with the same positivity it will amplify the benefit to society and will serve better. Shantivan is a place where you experience peace and I am very much fond of this place and so I came with family this time.

Sanjai Shety,

Shri Ganaganagar, Rajasthan: The place where I live is very much near to Pakistan Border. Basically I am a crime reporter so I work in a stressful atmosphere. I have been attending this conference from past 15 years. Even if they forget to invite me I will come. Because me being a crime reporter there is no working hours for us and we get lot of stress. So by coming here I recharge myself for the whole year. I practice the same yoga and meditation everyday for 15mins to keep myself free from the negative atmosphere. On being asked why is there need for values in media by our RJ he shared that 'media has become very fast these days leaving its values behind. But there is need for values in media because if you don't have values you will not be valued'.

Mera Gaon, Mera Anchal A Program for Farmers

The rural areas are still home to some 72 percent of India's 1.1 billion people, a large number of whom are poor. Most of the rural poor depend on rain-fed agriculture and fragile forests for their livelihoods.



Radio Madhuban too is based in one such location of India - Abu Road, Rajasthan. As part of the ongoing efforts to empower the local community, Radio Madhuban has included a program by the name of 'Mera Gaon, Mera Anchal'. In the program we speak primarily about sustainable farming techniques by way of yogic kheti and simple, affordable organic methods to help farmers through each phase of farming. Some of these methods were commonplace in ancient India but with the passage of time, have been overlooked in exchange for quick-fix methods based on chemicals.



The power of the mind, practice of meditation and the use of thoughts as a resource to accomplish tasks is a fast-developing field that is becoming very popular among urban people. It is now commonplace for a person suffering from stress-related elements like heart disease and diabetes, to practice Rajyoga Meditation as part of the solution to lead a healthy life. Over the last decade, the positive results

of meditation are well documented in the field of health and medicine. Similarly, Yogic Kheti is an application of Rajyoga Meditation in the field of farming. It is about educating the farmer about performing every act of farming with peace and love and also to educate them not to overuse chemicals in the process of farming. Like how people respond



better to love rather than cold instructions, similarly, seeds, soil and crops also respond better to love. To understand this law of nature means to become a better farmer.

It is worthwhile remembering that the well known Indian scientist Jagdish Chandra Bose has conducted experiments which showed that plants grow faster in pleasant music and their growth is retarded in noise or harsh sound. He thereby deduced the claim that plants can "feel pain, understand affection etc.".



Through the program *Mera Gaon, Mera Anchal*, Radio Madhuban educates farmers about the impact of vibrations on the final produce. Through every stage of farming, one can use vibrations and loveful remembrance of God as a tool to disinfect seeds and soil and improve size, colour and taste of produce. Till date, it was not understood that the farmer's mindset impacts his

produce. Bad habits such as alcohol consumption and addiction of any kind, has a direct as well as subtle impact on the farmer's immediate environment. Methods of Yogic Kheti inspire the farmer to lead a healthy lifestyle, thereby having a profound impact on his life and crop.

Over the last few years, there have



been many farmers who are regular and successful practitioners of yogic kheti. They share their experiences on air through *Mera Gaon, Mera Anchal*. Also, the program is a platform to inform farmers about special sanctions and loans for farmers given by the government.

Seeing the results yielded by the sustainable farming techniques, these methods are now being studied and researched. The Rural Wing of Brahma Kumaris in association with Sardarkrushinagar Dantiwada Agricultural University in Gujarat is working with rural people and farmers, guiding them back to the natural ways of farming.

The findings of a two-day Retreat-cum-Dialogue for Agricultural Scientists and Experts, was also presented on-air. This Dialogue held in New Delhi, explored the Role of Science and Spirituality in Sustainable Agriculture. 350 people including scientists, experts, researchers and government representatives attended this conference. Notable among them were Dadi v, Addl Administrative Head of Brahma Kumaris, Bro. Pradeep Kumar Jain, Honourable Minister of State for Rural Development, Government of India and Dr. B.S. Bisht, Vice-Chancellor, GB Pant University of Agriculture and Technology.

Remembering Dadi Prakashmani Chief of the Brahma Kumaris Institution from 1969 to 2007.



4th Ascension Anniversary of Revered Rajyogini Dadi Prakashmani ji, Former Chief of Brahma Kumaris on 25th August is being observed as Universal Brotherhood Day all over the world.

Some of the senior members of the Brahma Kumaris institution speak about the qualities and values she represented.

Karuna Bhai- Director PR, IT & Communication, Brahma Kumaris "When she trusted someone, she trusted them always. That does not mean, that whatever one did was fine. Of course, she would give corrections when she felt something was not right, but her trust was complete in the person, like a mother's trust in her child. One remembers her final days when 10 lakh students of the institution would feel from the heart that she is a mother to me. One still feels her presence and inspiration, her enthusiasm and her radiant face before us and together we will surely make her dream of turning Bharat into Ramrajya."

Nalini Didiji, In-Charge of Brahma Kumaris Centre in Ghatkopar, Mumbai - "When I first saw Dadiji, I couldn't take my eyes away from her. I wondered who this attractive personality was.

She was an epitome of a mother. She gave love selflessly and also taught us laws in the most loving manner. If one wants to understand the art of administration and management, one simply has to look at Dadiji, how she managed this institution and played a great part in its phenomenal growth and success. Dadiji brought people together, inspired women to respect

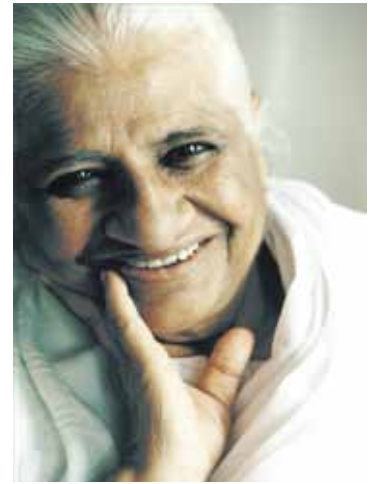


the great intrinsic qualities in other women and gave them the courage to take leadership roles while maintaining the honor and values of their womanhood."

Amirchand Bhai - Vice Chairperson Social Wing, Brahma Kumaris - "Being the Chief of the Institution Dadiji had a lot of matters to look into. Yet she was always very approachable and one never had to take an appointment to meet her. She spread such a feeling of family and whatever matters we consulted her on, her advice would always bring solutions and easy success. One particular incident I remember was when different *mahamandleshwars* (senior sanyasis heading different groups) had come to Mt. Abu for a program. To ensure that each one of them is comfortable, Dadiji met each one personally and asked them if their stay was comfortable. The *mahamandleshwars* were stunned as it is unprecedented for the Head of a Spiritual Institution to give such attention to detail and were deeply impressed by her caring nature and love."

Mrityunjay Bhai – Vice Chairperson, Education Wing- I have been with Dadiji for almost 40 years. Accompanying her for

sewa to different places, I have travelled in cars, trains, planes and even in helicopter with her. It has been my absolute privilege. She was an embodiment of Godly teachings. Like her name Dadi Prakashmaniji, light emanated through her eyes.



Whoever came to her, big or small, rich or poor, whoever she looked at, that soul's pile of sins reduced. Instantly that person received an energy and got an inspiration, a fresh direction in life. She was a real Devi, an example to the world of what is the Power of Purity, what is the Power of Honesty, what is God's Love.

Usha Behn – HQ Coordinator, Politicians Service Wing

Dadiji was so big-hearted and had such a desire to see that everyone progresses. When Dadiji asked me to stay in the newly constructed Gyan Sarovar, our campus in Mt Abu, I felt God Himself wants me to stay. Even for conducting Management Training, I did not have the desire, but she was the one who wanted me to conduct it. I simply said yes, since I always felt whatever Dadiji is saying is the wish of God. And I got such blessings from Dadiji that I kept progressing in life. I salute and bow my head to such a great soul.

Raju Bhai – HQ Coordinator, Rural Wing

"I would like to mention four qualities I noticed in Dadiji. She always said, I don't do anything, I am only the instrument. God operates through me. She

accomplished great tasks but she never felt pride or ego on completing the tasks. Her egoless nature endeared her to everyone. She had great self-esteem. She would perform the smallest of tasks and teach us through her actions not through words. She was always cautious that, no one should get hurt by her actions, words or thoughts even. She said I should give happiness and take happiness from everyone. Nor will I give sorrow or take sorrow, was her slogan.

Urmila Behn – Editor, Gyanamrut.

The first time I got to know about Dadiji was when my mother described Dadiji to me. My mother met Dadiji at a local spiritual exhibition and was so impressed by Dadiji and felt so much love for her, that I too felt a desire to meet Dadiji. This attracted me to Dadiji and to spirituality. I met Dadiji for the first time in 1984. Dadiji said what a girl needs is a home (*ghar*) and a husband (*var*). She said, what can be a better home than Madhuban (*Mt Abu campus*) and who can be a better husband than God. She made spirituality very easy and made me realize that God is mine and not a distant entity.

Bharat Bhai – In charge Construction Dep. HQ. Mt. Abu

“From the first impression itself, one felt that Dadiji is complete in virtues. When Dadiji said something had to be done, one instantly had the faith that it will surely get done. Even if the work seemed impossible, at the opportune time, something would happen and the work would get done as per schedule. This was a great quality in Dadiji. She had such love for God’s teachings. She would keep reading the Godly versions 4-5 times a day.”

Vandana Behn – Video Department

I first met Dadiji when I was just 3 years old. I always felt she was a mother to me, even greater than a

mother. I just felt comfortable with her. I would tell her small things that happened in school. She would always tell me that I have to come first in class. And subsequently I would feel like exams are like a play and have no tension or heaviness whatsoever. Not just studies, she taught me manners, small things like one should take only as much as one can eat in a plate and not waste anything. Whenever one went close to her, any weakness, mental or physical, would disappear.

Start smiling from inside then we need not make efforts to smile outside!



Sis. Shivani’s Visit to Radio Madhuban- CRS:

Sis. Shivani needs no introduction. She is very well known through the program “Awakening with Brahma Kumaris” being telecast by Aastha Channel. The same program is broadcasted in Radio Madhuban for the benefit of the local community. On her visit to Radio Madhuban she has shared with the listeners that “We all smile. But sometimes it can be artificial. Happiness should come from within. If we start smiling from inside then we need not make efforts to smile outside. Smiling becomes natural. Holding on to small situations in our mind and becoming angry spoils our smile. Situations will keep coming and going. Don’t hold on to it. Always be happy then smiling becomes natural.” She also had a talk with the RJs about the Art of communication and how to strike a connect with the target audience. This has become extremely useful for them.

Eminent Visitors at Studio.

1. Kalpana Gaware & MK Gondhali They do puppet show All over the World, conduct Teachers and Students Workshops. Kalpana Gaware is a Supervisor in Nehrurkar High School Dombivalli, Member CCRT, New Delhi, MK Gondhali District Education Officer, Satara, Stage Artist, Voice modulator, can produce different sounds of Instruments and characters. They shared their experiences and good wishes with listeners on the occasion of Teachers day.

Media Representatives

Om Vyasji - Famous Lyricist, Singer
Akram Laamba- RJ Trainer, Radio Manav Rachna
Anita- Professor, Manava Rachana, Faridabad.
Vishnu Prasad Sharma- Famous TV Artist & Poet, Gujarat
Reena - Actor, Founder of Bolly Fit
Mrs. Aneja- PRO, NAARM, Andhrapradesh
GV. Raju, Film actor and Dancer visited along with his Guru from Karnataka.
Heena Modi, Bharat Rajor, Daksha- AIR Ahmedabad.
Rajendra Prasad Vyasji- Poet, Bhilwarha
As a special Junior RJ Shradha spoke with her little friends through ‘Udaan’.
On the eve of International Eye day Dr. Subodh from Global Hospital Trauma Centre guided listeners as to how to safeguard the eyes. Thanks and Regards to all the visitors of Radio Madhuban.

**To be really
liberated in
life I have to be
liberated from
the past.**

-Dadi Janki Ji

**To be always smiling,
change your thinking.**

**Interview with
Didi Nirmala,
Director, Gyan Sarovar
- Academy for a Better
World, located in Mt. Abu,
Rajasthan, India.**

Q. Radio Madhuban station ID is "Keep Listening Keep Smiling". We would like to know how you are always smiling and cheerful.

A. (Didi Nirmala) Om Shanti! In life we get so many situations. But everyone has their own perceptions. In reality we have to change that. With our perception we always see what we have lost. A positive thinking person will think what the benefit in it is. Because sometimes even in loss there is profit. For example: think that someone is sick, if he is a negative thinker, he would say why did I become sick, I have a lot of work, I had an appointment with them, I had to go there, now I won't be able to do that. But if he is a positive thinker he would think that whatever happened is for my good. Today my appointment is cancelled but since long time I had to read this book, let me read it now, I wanted to watch a film, the video is with me, I could watch it, let me do it now. Once there was a cancer patient she could not go here and there. So what she used to do is to call the people and talk to them, and she used to read books, have spiritual chit chat, churning of knowledge, shared her inspirations and insights with others. So even in that diseased condition she used to do the service. So in this way whatever situation we get if we are positive in that then we will be able to pass it happily. Otherwise by thinking negative, even if there is so much of wealth they say my neighbour is having more wealth than me, I am not having it. I don't have bungalow, his bungalow is better than mine, this kind of negative thinking person, in every situation he will be angry, no happiness, and will keep



on complaining. And so by thinking positive even in adverse situations, you will be happy.

Q. There are so many things going on in my mind. I am unable to control, I don't want to get angry on others but still I do so, I don't want to blame others but I do so. So how shall I control the self?

A. (Nirmala Didi) : Even in this we have our perception and attitude. Because in this, if I have ego, and I expect that whatever I say they have to do it. As much as I practice humility I will be able to accept others. By having expectations we will become disappointed and make others disappointed. In this atmosphere everyone gets disturbed. So we should remember that I am a soul, an embodiment of peace. And so we have a maha mantra Om Shanti. We should always remind ourselves that I am a soul, an embodiment of peace, child of the Ocean of Peace. I have come from the land of peace to play the part here, by remembering this we get peace automatically. The next thing is that we should not react to the situations immediately, most of the time we react to the situations immediately. So now as much as we do meditation what we first remember ourselves is that I am the soul embodiment of peace. When we become peaceful and speak peacefully we don't get angry. Situations may be serious because nowadays the world is like that. Situations will not be under our control. But we have to keep our mind in control. As we learn to keep control over the mind, what will happen is that neither we will

get waste thoughts nor our attitude or behaviour will be like that which will be harmful for me and for others. Because by getting angry first I will be disturbed, the second thing is that our relationship is spoiled. They will be scared of me, they will be against us, one who has the disease of Blood Pressure (BP) once they get angry their BP will be raised and even health is lost. I have seen most of the people have the disease of Acidity; stomach will be burning, as we get angry the acidity increases. Sometimes it will turn into cancer. By understanding this you should not get angry. And learn how to keep the self peaceful.

Q. What is your good wishes and message for the listeners?

A. (Nirmala Didi): My good wishes for everyone are that all those things that you listen from this radio, churn on that, think of it and apply them in your life. Till you don't apply them in your life you won't be able to be smiling always, so always remember this slogan that I must always be smiling and happy. Keep others happy. As much as you keep others happy that much you will get blessings. To receive blessings we have to change our thoughts, words and actions.

Q. What is your tour experience of being in Om Cafe', a project of UN for the youth. What message you want to convey for the youth.

A. (Nirmala Didi) : Nowadays the youth have so much of Zeal and Enthusiasm. But if we give right direction to that zeal and enthusiasm life becomes successful. Most of the time what happens is that youth come into lot of josh. Because of that they do a lot of violence. If you see in the world whatever violence is happening, strike, terrorism behind all this, there is youth. If we keep the energy of youth in the right direction they will be benefited. Their family, country and the whole world will be benefited, because today's youth will become tomorrow's leader. They will lead the country. So the leader should

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Inter-school competition on occasion of Independence Day

On the occasion of Independence Day, inter-school competition was organized in schools to inspire young students to talk about patriotism and instill values in them. By providing them with topics like Values in the Indian Constitution, the aim was to get them to think about their own country. It is very important to incorporate values in youngsters today as this is the need of the hour and also to bring an awareness and realization in them to be sensitive towards social and national issues. If this youth potential can be tapped into and brought to the fore, by giving them a chance to speak their minds, it can simply work wonders and unexpected talent will be unearthed. The main objective of Radio Madhuban for this program is to provide the youth with a platform to exchange their feelings and ideas with other youth of same age group.



To realize this dream an inter-school competition was held on the 8th of August, 2011 as part of Independence Day Celebrations. Around 40 students took active part in an elocution competition from around 10 schools, both Government and Private from the vicinity of Abu Road. The elocution was held in the local language of Hindi and the children took active participation in it. This stood as a good example of how positive the children are towards the national language and the nation. The participants were divided into two different age groups as follows:
Age: 12 to 14 years old from 6th to



8th grade – christened as Angel Group
Age: 15 to 18 years old from 9th to 12th grade – christened as Diamond Group

JUDGES:

1. Brother B.K. Vivek - a well known poet from Mt Abu
2. Brother B.K. Komal - a journalist and public relations officer for Brahma Kumaris
3. Brother B.K. Satish - a well known lyricist and singer from Mt Abu

TOPICS:

For "Angel" group

1. Vishwa Guru Bharat
2. My contribution towards a prosperous India

For "Diamond" group

3. True Freedom
4. Values in Indian constitution

Prize winners (prizes distributed by respected Sister B.K. Praveena)

Diamond Group winners:

1st prize:

Shivani Sharma – H.G.

International School

2nd prize:

Kirti Sharma – St. Paul's School & Utkarsh Singh – St. John's School

3rd prize:

Moinuddin – Government Senior Secondary School

Angel Group winners:

1st prize: Sakshi Jain – St. Paul's

School

2nd prize: Monika – St. Paul's School & Sakshi Solanki – B. S. Memorial School

3rd prize: Balwant Singh – Rajasthan Public School

Overall response for this program was good for the organizers and for participants as well. One week preparation time was given to the students and the content that came out was really good from all the students, it was hard for the judges to shortlist the winners. Looking forward to similar endeavors...

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Interview with Didi Nirmala...

make their life such that they spread happiness to others. For that as much as we imbibe values, qualities, and powers in life so much we will be successful, the family will be successful, country and whole world will be successful. So all the youth should keep this in mind that now I have to make my life such that I must always be happy and people around me should be happy. For this I must make such and such thoughts, words, actions with which my future will be directed and present will be happy.

Radio Madhuban Programme Schedule

At 6 am, the station begins with **Suprabhat**. The show has positive and powerful thoughts that are needed for the day, supplemented and devotional songs.

Then at 7 am, comes **Nayi Kiran** with all the newness to warm up mentally and physically. The first hour i.e. 7 am to 8 am is all about charging yourself with positivity. In which you get the details of the day according to the Indian Calendar, Thought for Today - a munching for your mind throughout the day, Tatvbodh – Knowledge of the Truth. The next 2hrs are full of information related to the Day, viz. News paper headlines, Shabd Gyaan, Birthday wishes, Safety Tips, and Health Awareness by Yogacharya Harish Vaidyji and much more

Then at 10 am, enters Sudhaji with **Aashiyana** to your Aashiyana to make it a happy home. As a good friend to the 'Home Minister' helping her to manage the kids, household and gardening tips, new recipes, handling stress with good family management tips and so on. All these things are only for the Home Minister from 10 am to 1 pm.

At 1 pm, it's time for kids! **Udaan** on Radio Madhuban. Udaan energizes children with entertainment through poems and jokes, information sharing to keep them updated with knowledge about the world, moral stories etc.

At 4 pm you have **Jiyo Zindagi**, an interesting and youth empowering show up to 7pm. Inspirational stories, New Inventions, World records, AIR News, Sports updates etc are the content of this show. The intent is to motivate and give a positive direction to the boundless energy of youth.

At 7 pm, we give something for the local farmer - **Yogic Kheti**.

However rich the country may be, living becomes costly without farming. Farmers are the backbone of India. New farming techniques, information about Govt. grants and facilities, encouraging them about the long-term benefits of organic farming, motivating them to live a happy life free of addictions, giving them positive, powerful thoughts to make association with Mother Nature and Earth. That's Yogic Kheti from 7pm to 8pm.

Khushi ke Nagme: A show for a relaxed evening, to be free from the whole day's tiredness, to shift your moods towards happiness with a collection of selected songs and special notes.

Nanhi Pari Sone Chali: We all have the experience of listening to stories, lullabies from grandparents that let you slip into a blissful sleep. The show from 9 to 10 pm is along the same lines, leading you to peaceful sleep.

Aap ki Baat Vivek ke Saath: A special weekend programme, every Saturday from 8 to 9 pm. The listeners interact with the RJ, share their problems and find feasible solutions to them.

To make the weekend more entertaining and lighter we have Dramas, Tenali Rama Stories, Special Interviews etc.

"Paatshala"

Education through radio is the motto of Radio Madhuban. The upcoming project of Radio Madhuban is "Paathshala". Encouraging children towards education and getting them connected to school is the aim behind the project "Paatshala". The vision of this project is to facilitate the children with a teacher. There is lot of eagerness in children towards education but there are very less teachers to fulfill their thirst for knowledge in the school. Radio Madhuban plans to play a role in fulfilling the needs of such children.

Shine your light on Values.

Brahma Kumaris is active in 137 countries and is associated with the United Nations. As UN is celebrating International Year of Youth it has come up with an endeavor "Spotlight Values" for Brahma Kumaris. As part of Spotlight Values a workshop on values "Om Café" was conducted in 21 countries.

Radio Madhuban is now coming up with a talk show on Spotlight Values from October. The talk show is purely based on values. Each month the Spotlight will be on one value. The month of October reminds us of Gandhiji hence the spotlight is focused on the value Non Violence in Radio Madhuban. The show is broadcast from 4 to 5pm every Sunday.

Radio Madhuban now Live on Mobile

Radio Madhuban is now live on mobile all over India. The same content that we hear through local FM can be heard now on mobile all over India. On Reliance network just dial – 52422707. Radio Madhuban broadcasts 24/7. The programs being broadcast are from morning 6am to 10pm in the night. From 10 pm to 6 am, songs are played.

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