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## DADI JANKI – 24 JULY 2011 – TO GCH LONDON NOW IS THE TIME TO CAUTION THE SELF AND MOVE FORWARD

We have all learnt how to say 'om shanti'. Baba says 'children, do not look at anyone or anything and just focus on Baba', then there will be the experience of supersensuous joy. If we look at any other soul in between then deep sorrow can emerge. In the Iron Aged world there is nothing but sorrow. In the Golden Aged world there is nothing but happiness.

Now we are at the Confluence Age we are experiencing happiness beyond the senses. Baba has removed us from all types of sorrow.

Baba has put a stamp on us, that wherever we are, we are residents of Madhuban and sevadaris. Never have the thought of being a resident of London, America, Africa etc. By constantly keeping Madhuban and Baba in front of you, become a great donor and bestower of blessings. Then you won't be able to remain without giving the happiness that you have received.

Note down clearly whatever happiness you have received; in dreams, thoughts, nature and sanskars, and share this with everyone at every moment, as the bestower of happiness and blessings. Baba said that we are secretly stealing all of Baba's virtues; even the deities are not able to do this, but at this Confluence Age we are

able to imbibe Baba's virtues. People, in the world, speak about God's virtues and praise God with words.

With us it is not a matter of speaking, but it is through our lives that we are living God's praise. The virtues that come into our life, become values, and this makes our life valuable.

When sitting for Bhog, reflect on your weaknesses that you wish to get rid of, write them on a piece of paper and give/send them to Dadi, (in 3 days time Dadi will be in London), then you will become free of it.

It is an act of charity to draw each other's attention on what to work on. In the days of Karachi, we used to caution one another, though now it is the time to caution the self and move forward. Have deep friendship with one another, and be threaded in the rosary with each other..... this is an act of charity also.

There are so many benefits in having different relationships with Baba. One sister has sent a list of 108 benefits of the different relationships with Baba.

**OM SHANTI**



# DADI GULZAR – 17 JULY 2011 – GCH LONDON

## Q & A WITH ENVIRONS FAMILY GATHERING

**Q: In the Golden Age no-one will get up for Amrit Vela. Why? Because they have already accumulated the power of yoga. So Dadi, in the early days of the yagya, before Amrit Vela became a discipline for the Brahmins, you had knowledge of Paramdham. Did you just create the thought, go there and experience it?**

**Dadi Gulzar:** When establishment took place I was 9½, Baba had opened a boarding school and said those who wanted to come can come, with permission and I went. The atmosphere was very powerful and lovely at that time, when Shiv Baba was coming in Brahma Baba, and through Brahma Baba's eyes and activity there was a balance. The atmosphere was like a natural blessing. We didn't have to work at anything. We used to have drill (physical exercise) every day and Mama and Baba would come and shake hands with each one of us and say good morning. The love and powerful atmosphere was such we didn't have to make effort. Baba's drishti and Shiv Baba's coming in Brahma Baba sustained us. Even the children of Lakshmi and Narayan will not receive this sustenance, as they will be supported by servants and maids. God Himself was sustaining us.

Baba would always say that we are souls. He would call us 'my kingly children', 'my princely children', or 'Taqwa' (wooden statuettes). Baba would often feed us. He told how devotees took the fresh seasonal fruit to the temples and offered them to their deity: They think they are feeding Krishna, but it is the priests who eat the fruit. But my children are living princes and princesses and they can eat'. At night Baba would order the fresh fruit of the season and the next morning, after class, he would cut the fresh fruit with his hands and, carrying the bucket of fruit himself, feed each child. For us it became firm that we were those worship-worthy

idols and deities. Soul and deity became firm in our thinking, so that as we sat and moved we maintained that awareness. People of the world do not have the fortune of Baba's love.

**Q: Brahmins have become so clever in the knowledge of yoga, but are not having easy, natural yoga, so what is missing between the yoga then and now? How can we now make it easy? What is lost?**

**Dadi Gulzar:** Yoga means Baba's remembrance, so whatever we are doing there is the experience of Baba's experience. Baba has taught us to stay in His remembrance. It is the effect of the worldly atmosphere, because we forget that 'I am a soul'. We perform actions but are not karma yogis. When you start any activity, stay in the awareness of the self as a soul, and that it is I, the soul doing this activity. During that activity, check that you are a master of the senses, the one doing this activity through the body. There is time to do this but there is not the practice. If I really check my awareness, the action I am doing will be karma yoga. But the reality is that a lot of attention goes into the action and we forget ourselves. We need to increase the habit of staying in the consciousness of the soul with Baba's remembrance. We need to check our aim and ask the self 'are my qualifications according to the aim I have kept?' We have to marry these two up. If I really want to become a powerful yogi and karma yogi, I must check.

**Q: Some karmic accounts are settled visibly in front of others, such as illness and situations. Some accounts are settled invisibly, through repentance, and yet sometimes we end up creating more karma with people and problems. How do we settle these and not create more accounts before the end?**

**Sister Jayanti:** Yes, Baba has told us that our accounts will carry on until the end but what can we do to create elevated actions?

**Dadi Gulzar:** We need to pay attention to the timetable of the day. See if you are moving along during the day according to Baba's timetable, Baba has given us the system of traffic control to help us maintain the stage of powerful yoga. Whilst performing action the attention of the intellect is then drawn to the time of yoga and this has an impact on our actions. When in action let your form be such that the timetable reminds you to have remembrance and your yoga remains constant and powerful, not slack.

See how much you stay in a stage of self-respect, and use different titles at different times. Sometimes see the self as a world benefactor, at another time as an instrument soul who is giving sakaash to the world. Emerge the list of self-respect and choose the forms you like, keeping the titles in the intellect. Today you may use one form of self-respect and tomorrow a different title - this brings newness and interest.

It is essential to have a meeting with Baba, when you first open your eyes and say 'good morning Shiv Baba.' In the world they say 'whichever side of the bed you wake up on affects the rest of the day'. The first thought you have will influence your day. Meet Baba in the morning, have a heart-to-heart conversation and, as the day progresses, see whether you are stabilized in your self-respect. There will be the impact of the atmosphere and situations, so check your stage throughout the day - then you will experience pleasure and entertainment, as you move along. We know the atmosphere of sorrow will increase, so we can protect ourselves by staying in our self-respect. Self-

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## Pure Greetings & Sweet Remembrances from the heart on the Auspicious Festival of Raksha Bandhan

To the dearly loved children of our most beloved, most pure Mother and Father Avyakt BapDada, who are constantly engaged in the service of giving sakash through power of the mind,

To those who are decoration of the Brahmin clan, our instrument Teachers and sisters and brothers in Bharat and around the globe,

Please accept hearty congratulations for the pure festival of Rakhi along with sweet, love-filled remembrances.

In this Platinum Jubilee Year, in order to give practical form to BapDada's inspirations you must also be doing special tapasya and service while glorifying BapDada's name in all corners on the basis of your elevated mind, speech and actions. This special and auspicious festival of Rakhi is one wherein special sakash is given to countless souls to bring them closer in connection and relation. Together with this, Baba's children bind themselves in the thread of love and pledge one special thought or another for self-transformation. Baba says, 'Children, your transformation alone will bring about revelation', just as Baba revealed Himself in front of us and we have seen Him in practical form with these eyes, and recognized Him. World transformation depends on us. When we become karmateet, transformation of the world will happen. This is why you should not waste time in making mistakes. The time of the Confluence Age is very, very valuable, so not a single moment should be wasted in questions of why, what, and how. Do not get confused or entangled in any matter. According to drama, all that is good is to take place. Baba is with us, so 'don't think'. Do these sweet words of Baba echo in your ears? Baba wishes to see all of us in the stage of being ignorant of the knowledge of desires.

Come, let us take the following elevated and pure thoughts during Raksha Bandhan: 1) I have to fill myself with spiritual love; I will give love to everyone and take love. 2) I will become full of the divine virtues. I will neither think nor worry about anything else. 3) I will not come into the slightest trace of feeling of ego or insult. 4) I have to create a soul-conscious, bodiless stage to the extent that I am not aware of anything despite being in the body. I will stay lost in the love of One. 5) No moment should be spent in vain; every moment will be used in a worthwhile way. There will neither be the trace of mistakes or carelessness.

So our sweetest sisters and brothers, you will get such a true Rakhi tied, won't you? If any matter is suppressed internally, then put an end to it with the power of silence and become the destroyer of obstacles. Keep looking at one Father and not at situations. Continue to share the treasure of happiness received from sweet, loving Baba and increase the same.

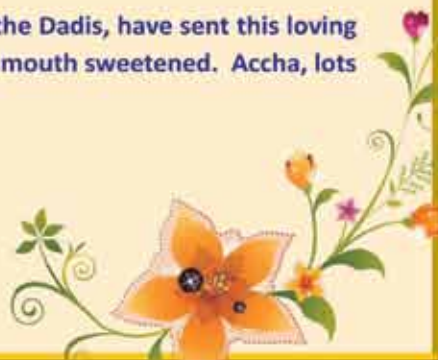
Let all the sisters and brothers in the class feel that beloved BapDada, and all the Dadis, have sent this loving message for us from the heart. With this pure thought, get your Rakhi tied and mouth sweetened. Accha, lots of loving remembrances to all,

Your Divine Sister,

*B.K. Janki*

(B.K. Janki)

Madhuban, 1st August, 2011





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**Dadi Gulzar – 17 July 2011 – GCH London**

**Q & A with Environs Family Gathering**



respect frees us from body conscious and allows us to stay in soul consciousness. At night, give Baba the result of whatever has happened throughout the whole day, including mistakes, from the heart. Then say 'Good night.' Take Baba's forgiveness of the mistake and then the mind can become empty and your sleep will be deeply restful; 4 hours will feel like 6 or 7 hours.

**Q: In one murli Baba said that there are delicate times ahead and we will need to be very experienced in traveling with our inner subtle body. Just as people say they see flying saucers, people will begin to experience flying angels soon. Dadi, what is your experience of traveling with your subtle body? How does the service of the subtle body happen? Do you know you are sending light to a certain place or what Baba is doing through your subtle form - are you aware of this?**

Dadi Gulzar: When there is the experience of the subtle body, there is no experience of body consciousness or the sanskars of body consciousness. I don't think that I have just taken on the form of an angel; there is the feeling that I am an angel. In this experience and without speech, wherever we go where there are obstacles, we change the atmosphere from sorrow to peace. Experiencing serving through the angelic form is like putting on a dress. We have 3 forms, the Brahmin, farishta and deity forms, and it is like changing dresses. As we change our form, so we stay in that stage. With the angelic form, we can change attitudes with drishti. Wherever we are doing service, the atmosphere needs to be transformed, so souls experience this and their vibrations change too. We are the angels and whatever people need we are sending out rays of powers and light. We have taken the powers from Baba and through our subtle form sharing these.

**Q: Baba has given directions for mansa seva during this season (2010/11), but at the last moments of our life how can we use the power of our mind for our personal safety? Where is the boundary?**

Dadi Gulzar: We now need to develop controlling power over ourselves, so that we can take our intellect to wherever it is needed. Continue to work through the body, according to necessity and service, but otherwise stay more in Baba's remembrance. When there is controlling power, we are able to be an angel, whenever we wish, or be in the intoxication of Brahmin life or the incorporeal stage. The world is in a very sad state and we want to do service but when thoughts wander there is no control. We have a right over the mind. Yoga means to have controlling power and ruling power. Practice this from now and instill the habit, so you can experience the pleasure of the different forms.

**Q: When Brahma Baba left the body there was only Dadiji in the room. He was in the form of light, yet at that time he remembered to put his hand on Dadi, to exchange the power. So what was he remembering at that moment?**

Dadi Gulzar: Yes, Baba was holding onto Dadiji's hand, because he knew she had to carry the yagya forward. But obviously this was in remembrance of Shiv Baba and he was taking extra power to transmit to Dadiji, so that she also became light and saw Baba's final stage of light.

**Q: The eyes of a yogi work like a projector. People experience many beautiful things through the eyes of a yogi. BK eyes are famous for their stories. How can we protect our eyes, so we can increase the power of yoga through our eyes?**

Dadi Gulzar: At the time of karma yoga, we have to pay attention that we do not stop having yoga. This is our yogi life, in the awareness of Baba. If we think as a householder or worker of some kind, it will be an ordinary life. I must think that I am a yogi, stay in Baba's remembrance and check whether Baba is merged in my eyes. I also need to check: is the intellect being pulled, because my drishti will be according to my awareness. If Baba is in my awareness, then Baba's light is what will be revealed. Baba, the Point, needs to be merged in my eyes, so that people catch not just the light of my own eyes, but the light of God too.

**Q: Sister Jayanti, you have been with Dadi Gulzar for the past week, what is your experience of Dadi as 'yogeshwar'?**

Sister Jayanti: I see in every scene and situation Dadi's intellect remaining absolutely stable and her face smiling. I have not seen a change for a minute. (Dadi travelled for 5 hours from Manchester yesterday and yet there was no sign of tiredness). Every time anyone came in front of Dadi, Dadi gave them drishti and they would have Baba's remembrance. I have seen how whilst performing actions Dadi's face is absolutely serene and at the time of yoga Dadi's thoughts completely stable, and these vibrations are pulling me into powerful remembrance.

Dadi Gulzar: Baba uses my eyes for so many hours. Baba fills my eyes with so much power. There is the impact of that too.

**Question: At the time of settling your accounts through the body, did Baba do the work directly or was it your special yoga that settled these accounts?**

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**Dadi Gulzar – 17 July 2011 – GCH London**

**Q & A with Environs Family Gathering**



**Q. And, finally, in the subtle region when you first saw Brahma Baba as the subtle angel what was your experience at that time?**

**Dadi Gulzar:** When there was the karmic account of the body, I had specially said to Baba: Baba, if you really want to take service from this chariot, then it is also Your chariot as well as mine and so you will have to give double help, and only then will this work continue. Otherwise, Baba missed the meeting one year. I said to Baba with a right. Baba, this is not my chariot, it is also Your chariot and so just as I look after my chariot, similarly, it is also Your duty to give sakaash. I experienced that even though there was this illness, it felt like water - there is still water and flowing water, and so this karma bhog was just flowing away and there was no pain. They used to say that you will feel pain, but at that time I would receive extra power from Baba and so I would feel that Baba wants me to play this part longer and this is why I am getting extra help. I said with a right and Baba gave me that help and it was like a crucifix to a thorn.

When I first saw the perfect Brahma, I was very young. I didn't even think in my dreams that I would go into trance and I was very young. When I saw Brahma Baba I didn't understand anything, because I thought: Brahma Baba is here in the physical form, and there was a difference in the light. There was this Baba and that Baba, in the form of light. But I thought: Why am I seeing this Baba? I was young and so would always be with the younger ones and when I asked them about what I saw, they laughed at me. I couldn't understand who to ask and so I kept courage and asked Mama. Generally other sisters would have visions of heaven, of the kingdom,

the dance etc. But it was the first time that anyone had a vision of perfect Brahma and I had that vision and I thought: Why am I seeing this Brahma when Baba is still here with us in the physical form? I asked Mama and Mama said: I don't understand this very clearly so you can ask that one? When Baba comes, ask him. Even Brahma Baba said: I am sitting here, so what did you see? Ok, I will think about it. Then I thought: I couldn't understand whether what I saw was wrong or right. Baba was asking: What did you see? Why did you see that? Mama was also asking: What did you see? I asked Baba: What is this? Baba said in one word: This is the perfect form of Brahma Baba. The little sisters were laughing at me because they didn't understand anything. Brahma Baba said: OK, Baba is showing you in advance the perfect stage that I have to achieve. I even saw the subtle region. We didn't have any knowledge of the

subtle region. Of course we used to have visions of the golden age as such, but even if you were to collect the light of a thousand suns, that is still less compared to the light of the subtle region. I saw the subtle region sparkling in this way. Baba said: This is a new secret and if she stays with the young ones, they will tease her and so Baba had me stay with Baba in his family. None of the sisters could otherwise stay with Baba, but Baba said: I will have you stay with me, and Brij Indra Dadi was very clever in asking questions and so every day, she used to ask me questions. Now, see when Baba left his body, he is sitting in the subtle region. If the secret of the subtle region were not revealed where would Baba be? He would not take another birth. Baba had me stay with him and Brij Indra Dadi would ask me different questions every day and I would bring back the answer.

*Om Shanti.*

## **DADI JANKI – 22 APRIL – 2011 GRC BECOME CONSTANTLY LOST IN LOVE**

Om Shanti. Om Shanti. Om Shanti. There is so much happiness in meeting the Family; as for us this word 'family' also includes our Baba.

The theme of this retreat is 'Homework for Going Home'. Which home are we talking about? Here we are in Madhuban and there is such a feeling that this is our home as well as it being a university. However here it is also the airport where we are sitting waiting to go home to Paramdham; we've done the preparations so what then is the homework?

Baba conducted seven day bhattis where the intellect wasn't allowed to go to outside things. If there were a break in thoughts to going outside, then one would begin the bhatti

again from the beginning. All that should be in my intellect now is 'I belong to Baba and He belongs to me. We belong to one another'. I am sitting at the airport and I don't need to know anything about how to fly the aeroplane; I just have to remain introverted and completely still and stable within. This is all you need to do this weekend – there is no need for taking notes!

We are not just going home, but are going home in order to return back here. So which home are we in fact making preparations for? Dadi recently was asked to define the subtle world. The subtle world is when I am in the corporeal world yet preparing to become avyakt. I am physical-

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# DADI JANKI – 28 JULY 2011 – GCH, LONDON

## THE OMENS OF JUPITER ARE OVER US



**Today is Didi's day and bhog was offered to Didi Manmohini this morning (Didi left the body on the 28th July 1983).**

Didi told Dadi very elevated things; she never listened to ordinary things. Her points were 1) have accurate and deep remembrance, 2) keep shrimat over your head, 3) with incognito service/donations great charity is accumulated, 4) follow the maryadas, 5) Have powerful amrit vela every day. Morning and evening, Didi would bring Baba to yoga with her. Didi would give such powerful drishti for hours, as though bringing Baba to souls. In silence she would invoke Baba and give Baba's drishti. In her pilgrimage of life Didi gave Dadi her companionship and Didi did the tapasya of removing the eclipses.

Baba se <http://livingmoonastrology.files.wordpress.com/2011/03/jupiter-no-background.jpg> es each child. To what extent does each one consider themselves extremely fortunate, lucky, lovely and happy? Remember the Omens of Jupiter are over us. People work so hard to be happy and Baba gives us unlimited happiness so that we can be happy and share happiness with others Those with these good omens over them will experience success as their companion - going everywhere with them.

Baba is with us and there is happiness and success in all we do. Sometimes big and small eclipses come over the soul. To remove these eclipses we need to have intense tapasya. The Lord of the Tree has sustained us to such an extent that we now have the power to share - this is the fruit of the sustenance. We can see the result of the strength that we have drawn from Baba, as we donate from within, in an incognito way. We have incognito yoga and incognito donation. We become charitable souls. We have yoga so that the past can be incinerated, and we serve so that the sins of others can be cut away. Remain very alert and cau-

tious. We have the chance to create our fortune in whatever way possible. Before we were happy with a little, but, when we are in the awareness of being children of God, we realise we can increase our fortune easily, morning and evening. We recognise and understand that Brahma Baba is the bestower of fortune and Shiv Baba is the Bestower of Blessings.

***We are all  
greatly fortunate.  
The treasure  
store of fortune is  
overflowing.***

Just as it is said that Shiv Baba's treasure store is full to overflowing, hence no kind of tests nor death can come to us, because we are busy in creating our fortune and making others fortunate.

When anyone comes, we tell them that the knowledge of the drama is so deep, that no two days are the same nor any two souls. Hence there cannot be the question of 'why' and 'what', as this is a drama! We are playing our part and seeing others play their parts.

In theatres some act in the drama while others watch in the audience. We both watch and act and pay attention to playing our part very well. If the stage were to shake, the audience would wonder what was going on, so make your stage very strong. The Day of the Satguru helps us to create our stage, play our part and claim the golden aged sovereignty.

God calls us His 'sweet children', and He makes us very good, beautiful and strong by calling us this and sorrow and illness become distant. There is hidden medicine in calling us 'sweet children' everyday. It makes us well, and our faces bright.

Baba gives us blessings yet makes us stand on our own feet, so we can do everything for ourselves. Maya sees those who used to be under her compulsion are now leaving her. Until all Maya's power and force are finished, we must to continue to make effort. Today is the day of the Satguru and I have to ask myself, 'Does Maya ever make me feel weak?' Dadi feels that, when she sees someone with a little bit of a shadow of Maya over them, they should be free of this; this is Dadi's mercy.

Dadi feels that Maya has no strength in front of her; does Maya have any strength over you? Maya can sneak in like a little cat or mouse, so be aware, cautious, alert and brave to confront her.

Baba is the Father, Teacher and Satguru. Constantly experience all relationships with Baba. In every relationship there is the experience of Baba's power. When we say 'Ma', we feel the power of the Mother's love and in each relationship the feeling is unique.

Whatever Baba tells us in the murli touches our intellects. Everyone is cheerful and in the deep subconscious there is happiness. Simply feel within: 'Baba, I am present and can do something', then Baba will do His wonders through you. There is no need to make an appointment with Baba; He is available at any time.

Keep alert and do not worry even a little bit. Just have good wishes and pure feelings for your children and grandchildren and they will remain happy. Eat the sweet fruit of good actions and that fruit will come to others too. Don't worry about students, service places, anything - be liberated from worry. Those who are free from worry remain in thoughts of Baba. Understand that we have to be alert, active, accurate and ever-ready.

***Om Shanti.***



## DADI GULZAR – 18 JULY 2011 – LONDON BABA'S BELOVED FAMILY OF JEWELS



We are Baba's beloved family. We will continue to have relationships with each other for 21 births, wherever we may be. In the golden age there will be nothing else to do except meet each other and enjoy each others' company. We have Baba's love but it is the love of the family that enables us to sit in Baba's heart

When the Almighty Authority is in our heart what concern can we possibly have? Keep Baba in your heart and never let go of Him. If you've hidden Him in your heart, how could He get away? When you say 'Baba', Baba responds, saying: Child, I am with you. You will never find another Father like this One in the whole world.

In today's blessing Baba says the mind is very deceptive. It is very active with thoughts. We have to pay a lot of attention thoughts. We say that bad thoughts have gone but we are still allowing waste thoughts to waste this most valuable time of this life. This is why Baba said: Forget about Dharamraj, these waste thoughts are deceiving you and making you unhappy with

yourself. Waste thoughts don't let go of you. Pure thoughts stay for a short time but waste thoughts stay with you for a long time. Baba says in the murli so often – and it is in the Gita too – manmanabhav (focus your mind on Me) and madhyajibhav (remember Vishnu, the perfect one). Baba's signal today is that we have to become the master of the mind. It is not 'I, the mind' but 'my mind'. Pay attention to this! This is the final period and so much income is lost through having waste thoughts. You try putting a full stop but waste thoughts pull you. Practice the homework Baba has given us: to put a full stop in a second. Tell yourself: I am master of my mind. Check: are you able to apply a full stop or not? To be master of the mind we need controlling power and ruling power. Listen to every one of Baba's murlis with attention and, not only that, put into practice what you hear.

In India they say, 'Wherever you go, you will find BKs.' We should be able to say the same about foreign lands. You are all instruments around the world and you will all claim the inheritance.

We will continue to meet – in Madhuban or in Delhi. To see each other as Baba's jewel is such great fortune. The love of this Brahmin family is well known throughout the world. Of course, we have Baba's love but we move along with the family and Baba has said we have to claim the certificate of the family too. Living in the family, there is nothing in my heart except the feeling that each one belongs to my Baba. Move along with deep love and intoxication in this way. Yet Baba is saying: Move along with Me – walk with Me, never walk alone. Stay with Baba. It is guaranteed that we will continue to meet.

Two songs were then played while Dadi gave drishti before taking leave:

1) Don't go. Don't leave us yet, because the heart is not yet full. You have only just come! You have brought spring with you...

2) (BapDada's leave-taking song): Continue to give drishti in this way, Baba. I go deep into the Ocean of Peace and Happiness...  
**Om Shanti.**

## DADI GULZAR – 12 JULY 2011 – GRC WITH SPANISH RETREAT GUESTS KEEP GOD IN YOUR AWARENESS

Keep in your awareness that you have found God and you will keep smiling. This is too service.

Om Shanti. All of you are very clear of the meaning of Om Shanti right? We are seeing that in today's world peaceless and sorrow are increasing and we are the ones who always stay happy. Do you always stay happy? Do you know the method to remain happy?

I came to Baba when I was a child. I must have been 9 and half years of age. Baba had opened a boarding school for young children. He told us one thing that helped us remain hap-

py all the time. He asked us – do you have the experience and realisation of Who it is that you have found? So all the children said – yes – we have found God in this ordinary form of Brahma Baba.

Then Baba said – you must remember one thing. He said - what should your face always be like? It is by people's face that you can find out if they are happy or not. So He said - your face should always be smiling – like a rose flower in full bloom. When you see a rose flower in full bloom, you want to go close to it and look at it. A face like this is smiling and cheerful.

When you come in front of someone who is smiling or in an atmosphere of happiness - you automatically want to smile. In the same way, if you come in front of someone who is tearful and upset – you will start feeling the same even if you do not have anything to be upset about. This is because the atmosphere that is created by our feelings automatically has an effect on others.

So from today – always stay smiling. Keep this deep realisation and recognition of Who it is that you have found, what it is that you have found

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## DADI JANKI – 27 JULY 2011 EVENING – GCH, LONDON

# WHAT IT MEANS TO BE GOD'S CHILD

Sakar Baba created such a stage for himself. Shiv Baba would say: I am making you My child through this one. Now they have come together – the physical and the perfect form; the physical has become perfect. Gurus have renunciation and change their name but there's no feeling that they are our grandfather. There's such a difference between being a grandchild and a follower! I performed all the rituals of bhakti but it didn't make my mind become quiet. God has made me His son (not even his daughter). The main thing is: 'who am I?', 'who do I belong to?' and that is the most auspicious confluence age. Time is now coming to the beginning part. Baba is giving us signals and explaining very clearly and essencefully.

We have to perform actions but conquer the senses – particularly our eyes, ears and mouth. Baba teaches us how to see, listen and speak in the right way. Baba is the Magician - He teaches the dumb to speak, the deaf to hear and the crippled to walk; He makes the old ones young. Whenever you have to listen, see or speak, just have the faith: I am God's child. I speak only what I hear from Him. When I eat, am I aware of what I am eating and who is feeding me? When I am walking, where am I going?

First and foremost, I have to become introverted and not look around or speak so much. In introversion the mind becomes quiet, the intellect still and I really enjoy myself; I don't need the external things then. Go deep inside and understand yourself. Become bodiless: the body is in the physical world, but I am up above. A cough comes but it goes away. A situation will come but it will go away; I just have to stay peaceful and still and continue to move forward. Make good effort with what you hear, then you too will be able to help the crippled to walk and the deaf to hear. It's important to bring newness in your life; everyone loves newness.

At airports these days there's eating, shopping, everything. But we don't have to look at such a world. In the Gita God's versions are: Hey, Arjuna, consider all of this to be perishable.

***You, the soul,  
are imperishable  
and whatever  
attainments you  
get from Me are  
imperishable too.***

No one can take them away from you. This is what God is giving us. When you go shopping, you can't get anything without giving money. You even have to give money, when you go to the saddhus and the temples. But here we are Baba's children. Just consider yourself to be a child of God and God is giving you so much. He is such a great Customer. We are giving him useless rubbish; yet see what and how much He is giving us! Don't be miserly with Baba; don't keep anything secretly hidden away from Him – in your mind or with your body and wealth. Some think they have to look after the body so carefully. If you're still caught up in thinking that you have to look after your own body mind and wealth, God will say: Well, in that case, I'm free as well.

Someone asked Dadi: How do you manage to move along? I don't look at anyone, I just move along as God wants me to. You are free to do the same. I'm not going to look at you, no matter how good you are. For me no one is good or bad. Just as God looks at everyone with so much love, we need to have the wisdom to do the same. We feel so happy inside, when God looks at us. When you see your own body or another bodily be-

ing, you can't see God, even though He is looking at you. It is a very subtle karmic account. Baba said the account of karma is separate. If you do something wrong, Baba doesn't punish you, those actions give you the punishment – you're not able to do the good actions you want to do. You end up doing ordinary actions or there's a suffering of karma – your body won't co-operate or people will take away your wealth, so you won't be able to do what you wanted to do. So just hand over everything to God, Rama, and be very cautious about your actions.

Mama once said to me: Just think that the whole world is watching you. On the path of devotion I used to think that God was watching me at every moment; I never thought of doing anything secretly or hiding something. It's the physical senses that perform the actions and that's why Baba says: Be a karma yogi – perform actions while in remembrance of God. Then you'll receive power to do good actions. Otherwise you'll be ordinary and you won't inspire others through your actions and you will end up having to suffer for that karma. So let me perform the good actions Baba is teaching me. Let me have good yoga and a good mind, mind, wealth and health and recognise how fortunate I am that I'm able to pay attention to my karma and yoga, performing actions through this body here, while having yoga with the One up above.

We have Baba's directions and Baba's most elevated instructions. Only God's shrimat enters my head: Child, do this. And I say, 'Yes, Baba,' – no other thought. When you learn something good, you get the opportunity to put it into action and you earn the fruit of that. Then, when seeing you, others are inspired to do something, the fruit of that is separate – you get blessings for that. So there's the

***Continued on next page***



# DADI JANKI – 7 JUNE 2011 – OM SHANTI BHAVAN

## “EVERYTHING IS GOOD!”

Do you have the faith that victory is predestined? If you have faith and honesty then you will receive help in all situations. Never have the thought that you will be defeated. No, keep the faith that you will be victorious in every situation and that you will colour others with your good company. Baba is the truth, knowledge is the truth. We have received Baba and His knowledge but I also have to pay attention on keeping true company. Keep the type of company that will help you in your quest to become honest and true.

It is the time to become true gold. I have to become such gold that there is no alloy left mixed in me. Never feel that you don't know what pure gold is. Pure gold is that which is without defect and I have to become such. Baba has explained everything to us so clearly that anyone can understand. Baba has made it totally clear what we have to do; how we have to follow Shrimat accurately. If someone doesn't follow then of what quality will his intellect be? It would be vastly different from someone who follows Shrimat accurately. Never mix the dictates of a human

being into Shrimat. We have to liberate ourselves from external influences. We have to liberate ourselves from the type of body consciousness that causes this.

### *Don't allow the influence of human beings on you.*

No, I have to only be influenced by Shrimat. It's time to heal the heart. It's time for my heart to be healed, not to be hurt and it is only Baba and His directions that can heal the heart.

Never make the type of comparison that will lead you to think of one thing as good and the other as bad. Who has given you the task of thinking of something as good and another as bad? If you do this then you will never be able to sit on Baba's heart-throne. If someone were to ask Baba who is seated on His heart then would He give my name? Ask yourself this honestly.

It is the time to pass and not just to pass but also to pass with honours. It is the time to become rup and basant in a practical form. Nothing belongs to me now.

Brahma Baba started this Yagya with honesty, love and faith. So many issues came in front of him but he kept moving forward with his spiritual effort and with creating the Yagya. We are now celebrating 75 years of the Yagya. (Many senior sisters had come for their bhakti and were sitting in Om Shanti Bhavan). You are all carrying on the work of the Yagya.

Now don't let even a shadow of maya near you. For this, stay under the protection of Baba's canopy. We are Baba's lovely children and He really wants to take care of us. Remember that when you put 1 and 1 together (me and Baba) then it becomes 11. Put another zero and it will rise to the hundreds. Keep putting a point. Remain as a zero. Learn to use the sustenance Baba has given you and you will find it easy to keep moving forward.

*Om Shanti*

### *Dadi Janki – 27 July 2011 evening – GCH, London* *What it means to be God's child*

power of yoga, the fruit of good actions and the blessings you get when others learn from you. It's Baba and everyone's blessings that are making me move. I place my feet in Baba's footsteps. One blessing Baba gave me was: Wherever you go, Baba is with you. I am alone in the sense that I am independent and free, I have no home, no money, no children, but I am never alone. I don't have a bank account but I do have a 'check book' – the kind of check book that enables you to change. I'll give you the check and you can change. When you use that check, Baba will give you more. We don't spend any money while we are learning; we are earning so much and even receiving interest on the

interest. So there has to be unlimited disinterest in everything else.

Let your thoughts be of the same quality as Baba's. Develop the same virtues as Baba has. Have I claimed my inheritance of peace, love, purity and power from Baba? God is the Truth, the Benefactor and the Beautiful One. Coloured by His company, you will be transformed from a rough stone into an alchemist's stone and will be able to change others from iron to pure gold.

Some are still asking me after 20 years what effort they should make, yet Baba has been telling us for years! Don't be careless; value your

life. Put a full stop; otherwise you'll just keep putting question marks instead. Baba answers every question in the murlis. But if you don't pay attention to being karma yoga throughout the day, there will be a queue of questions – and you'll put yourself in the queue for the silver age. Don't let yourself carry unnecessary burdens that you just keep making excuses. Baba is freeing you and making you fly. Learn how to remain light, so that others seeing that light receive those vibrations. Check that you are not carrying your own - or someone else's - karmic burden. I belong to nobody and nobody belongs to me. God is mine and I am His

*Om Shanti.*

# DADI GULZAR – 16 JULY 2011 – LONDON: UK FAMILY GATHERING

## THE VALUE OF EVERY SECOND OF THE CONFLUENCE AGE

Our fortune is so great. People do such tapasya, searching for God. All they want is a vision for a second. We are with Baba - we eat, walk and sit with Him. God has belongs to us. We say 'My Baba.' Only God the Father has so many children and each child says from the heart: 'My Baba'. We say 'My Baba', because Baba sees that we remember through the day is whatever is 'mine' – my body, my family, my duty, etc. When we forget Baba, we start to remember 'mine' – the things we feel we have a right over. If you lose a dollar, for example, you spend a lot <http://www.league-lineup.com/thetruthky/images/Truth%20Logo%20Black> of time thinking you have lost what is 'mine.' Baba is also mine, so how can we forget Him? Baba has so much love for us and we for Baba. He is mine and I am Baba's - that's it. The inheritance of peace, love, happiness and bliss we receive from Baba - with these four things in my life I have everything.

Baba has chosen us; he likes us. You have chosen Him but He has chosen you. Seeing Baba brings so much happiness. If an astrologer or guru told you that you would receive an inheritance for 21 births, all unhappiness would vanish. Baba has guaranteed just that. Baba has also told us that death cannot be untimely there - everyone will have a birth of 150 years. You never dreamed of such fortune and yet it has come to you so easily. People do lots of chanting, pilgrimages and tapasya just to receive a blessing from their guru, such as: 'may you have a child', etc. Baba is our Father, Teacher and Satguru. We need these three relationships with Baba. Our Satguru sends us blessings in the post every day. Our Teacher comes from Paramdham to teach us and the Father guarantees such a wonderful inheritance that only God can give.

The golden age will come and there will be our kingdom there. There is

so much sorrow and peacelessness in the world, in every household, now and yet Baba, the Father, Teacher and Satguru, all-in-One, has made us so happy. All are saying the same thing: Remember Me. Baba says 'Remember Me' so often, because Baba is incorporeal but we are in the physical form and so become body conscious. There is really only one mistake: we started calling the thing that was mine – the body - 'I'. Baba has corrected this one mistake and as a result everything else has corrected itself; sorrow and peacelessness are transformed and everything becomes ok again because we understand 'who am I'?

Baba says in every murli: Children, be soul conscious so many times, because Baba knows what times are fast approaching. Peacelessness and sorrow have already spread. For this Baba has given us 'mansa seva', so that we can serve our brothers and sisters. If your brother were unhappy, wouldn't you feel compassion, wouldn't you help him? Mansa seva has a big impact - vibrations reach souls. They did recently in Japan. Individuals wrote saying how they had felt the support of that mansa seva - that it was like a shower of love, peace, happiness and power, which made them fearless. There is benefit for them and also for us: our mind is kept busy in serving. If the mind is free, there's a margin for waste thoughts. These come a lot. Good thoughts can quickly be forgotten but bad come again and again. Baba has said at this confluence age pay attention to time and thoughts. In one birth there is the attainment for many births, so each minute is so important and is equal to many years.

We are celebrating 75 years. No one here is 75 years in gyan are they? 50 maybe. Baba, the Father, is giving the inheritance of 21 births to all of us, so we have to pay attention not to

waste a second of our time. Whatever we do now, receive return of it for 21 births, not one birth. Although it is short, the praise of the confluence age is greatest of all, because God comes then. In the golden age, there will be the kingdom but Baba won't come. He won't come to see how we are ruling the world. He will be a detached observer from up above.

We call God 'My Baba'. What great fortune! What does the world know? Our brothers and sisters in the world are unhappy so naturally we want to serve them. If someone in your family isn't well, of course you want to serve them. There is sorrow even in family relationships these days – and it is increasing. What sort of kingdoms are there now? People fight for position. As are the kings, so are the subjects. Baba has a merciful heart and removed us from impure world - have that intoxication. There is still time to do as much as we want to do. When the time has gone by you can't bring it back. You can't bring sakar Baba back; you can only meet him as the avyakt angel. This is why every second of the confluence age is so valuable.

It shouldn't be that I'm not in a good mood and the day goes by that. The more attention we keep, the more tension goes to sleep. There's such a difference with the loss of that letter 'a'. Baba said that a Brahmin means one who is tension-free. Does a little tension still come? We are God's children so tension shouldn't come. Baba says: You are earning so many treasures. You are my loving children but now keep Me in your heart.

No one should forget Baba. If you forget Baba, Maya see that and blast you in such a way, distressing you with waste thoughts and anger. If at that time someone says: 'Remember you are a soul,' you'll say: 'I know everything.' You won't want to listen. This is Maya's influence. When you

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# DADI JANKI – 27 APRIL 2011 – LONDON

## PURITY, TRUTH, HUMILITY AND PATIENCE

Purity, Truth, Humility and Patience create an Entertaining Nature

This morning Dadi especially selected this song for sakar Baba that was composed in Mumbai to be played. The words say that we've now found three jewels; Baba, murli and Madhuban, and this is Dadi's feeling. Which jewel comes first? Everyone loves Madhuban and we never forget it. To forget Madhuban would mean we have forgotten Baba, and to forget Baba means we have forgotten the murli.

The murli contains the magic to transform us from what we were previously to perfection. Our faces become so mature and entertaining that even our own family don't recognise us as belonging to them, but to Baba. Today is Wednesday, Mama's day, so let us make our face like Mama's, be very mature and not come into sound unnecessarily. This is what it means to have an entertaining nature. Entertaining features come from not seeing weaknesses in others. We require the qualities

of purity, truth, humility, patience and maturity in order for our face to always look good.

Purity means not having the slightest impure thought. Purity and yoga have to both be present, and then there is truth within. The sign of inner truth is that our words will then have power and we need only say very little in order to be effective. When we have humility, our relationships become such that others develop a high regard for us. This is now happening where the mahatmas and sages now have such high regard for the Brahma Kumaris. Where there is any lack of humility the truth can't be revealed because our words will lack power.

We develop a lot of patience when we have the qualities of truth and humility, and patience shows the world our maturity. Maturity is what is meant by having an entertaining nature, and to be mature means there is sweetness and cleanliness internally.

### ***Dadi Gulzar – 16 July 2011 – London: UK Family Gathering*** ***The value of every second of the confluence age***

are angry, you don't just cause sorrow to some else to but yourself too. Don't make an atmosphere of anger. Give each other regard and remember Baba. See the wonder of the murli, any murli. You will find the medicine you need in it. Each murli covers all four subjects. Think about what Baba said this morning for yoga, knowledge, service or dharna. Throughout the day repeat the murli in your intellect, think about the points of knowledge and serve using the murli. Then you'll automatically inculcate the points. This is the significance of the murli.

We have to erase words from dictionary, which should not be in our vocabulary. Baba has been saying we have to pay attn to 1) burning old san-

skars and 2) finishing waste thoughts. Baba made a young kumari Mama. We asked Mama what effort she made that Baba made her Mama? Mama replied: 'Baba said and I did.' That's it. What further effort is there? Can we not do that? No thought or question 'how' - just do what Baba says in the murli today. It's easy. We are karma yogis. There is, however, a little difference when we come into action - our yoga reduces. We are not just here for karma. We have to perform actions but be yogi - detached and loving. You are moving forward and you will move forward - you have this blessing. Each has some or other specialty, which sparkles from their forehead. The star in each one's forehead is sparkling, because you are Baba's.

***Om Shanti.***



Baba's sweet versions do wonders within us. If I don't bring today's murli into my life, then how will I be able to show my face to Baba in the early morning? Always have that intoxication that Baba is speaking the murli directly and personally in front of us, no matter where we are, and that feeling of being entertained will be there.

I should have the feeling that not even one teaching should be missing from my life. We should constantly churn knowledge as if our mind is turning a rosary of 108 points, and become totally absorbed in this experience with nothing else in our heart. Baba will see how much His child sits in solitude and remembers Baba in this way.

When the picture of the Tree was being created in Karachi, with Baba giving a lot of points to it every day from the murli, eight were chosen to be painted sitting under the tree, and Dadi was disappointed she was not included as she had the pure desire to be depicted sitting next to Mama and Baba. However, she just thought, "OK, let it be". This is also an example of what it means to be entertaining - never to have our mood affected, thinking "Why not me?" Another example is to keep our face good even when the body is ill.

Right now we are being sustained in Baba's lap, and every day being given nectar to drink. We are sitting in His heart and on His eyes and are going with Him to Shantidham (the land of peace) and then to Sukhdham (the land of happiness). All we have to do is drink nectar and give others nectar to drink. Whilst test papers come to us at any time, this is because we are attaining such an elevated status. When we have courage we experience the Father's help and our zeal and enthusiasm will always be there.

***Om Shanti.***

## DADI JANKI – 2 JUNE 2011 – ORC DELHI

# BECOMING AN INTENSE EFFORT MAKER

Who experiences the highest happiness of all - Is it me, all of you or is it Baba? This is Baba's magic that when the time comes and wherever there is need he pulls me and presents me there. Sometimes there are these beautiful scenes in the drama that no one ever expected.

We came to Baba as children in Sindh and took sustenance. It was a phase of intense sacrifice and tapasya. It was the power of that sacrifice and tapasya that service was born and Baba sent his instruments for service in Delhi. Delhi is the birthplace of Godly service. In those days we had humble beginnings – there were no carpets and mattresses. We sat on floor mats. The moment I stepped foot in ORC my heart began to sing the praise of the Father. Our sweet Baba whose wonderful plan it was that we have palaces of service in Delhi today.

My heart is always full of Baba's praise. I never think that I should verbally say that My Baba has come. Why should I say? My actions should reveal Baba. It should come from the hearts of many that our Baba has come. They should not just call out to him saying "Hey Prabhu" but let them experience that our Baba has come to meet us. It was always my Baba's inspiration that souls should not just get the Godly message but they should have an experience. Even if they do not come in satyug but they should go to Shantidham in a peaceful state. Not in a sorrowful state. We all have our personal experiences of what Baba has made us into.

It is not my desire but my pure wish that Delhiwasis should do such intense tapasya that each one should experience their complete stage. I always have the intoxication of being Baba's adopted child. Look what has Baba made me into. Sakar Baba always used to say to us to keep our current passport photos and also to

keep the photograph of the future deity form. Once Baba asked me will you become a king or a queen and I instantly replied I will become a king. I didn't realize that Baba would make me dance. If you want to become a king you will have to dance according to Baba's tunes. I am not a Dadi or Didi, I am a child of God. The child has a right on his father. Do I have a right on Baba or does Baba have a right on me. Baba has a right on me. I must follow his directions. I have never said - Baba how will I do this? Baba is the karavanhaar and He will get things done Himself. It's not in our hands but he will get his work done through me automatically. It's his magic. It is not anybody's plan. None of us made any effort. We make effort for ourselves. Never say I am a purushartha and so a little mistake is bound to happen. If I say this I will have to bow my head down in shame. My head should neither be up with ego nor should it be down with guilt. It should be straight. Baba used to teach us to sit in remembrance in Karachi with eyes open.

A brother recently asked me where do you imbibe the virtue of generosity. Generosity comes from a true heart, merciful heart and a strong heart. The comforter of hearts (Dilaram) is seated in my heart and I sit in tapasya along with the Dilwala. Brahma Baba never ever said that I have done this or I have to do this. He (Shiv Baba) is the one who does through Brahma. All Delhiwasis must take the lead in fulfilling Baba's hopes so that everyone's attention is pulled. So for the next four months before the platinum jubilee celebrations we must have intense tapasya. Always have the attitude of sacrifice (tyagvritti), become the embodiment of tapasya (tapasvimurat) and be an instrument sevadhari (nimit savadhari). When there is complete instrument consciousness in service then there is no problem. There is a need to be introvert. The one who is intro-

verted will have a stable intellect and will develop the power of concentration. Only then our yoga will be able to influence the atmosphere first and then create vibrations, which will reach the whole world.

What preparations should we all make for the celebrations? Each Delhiwasi should become a flawless diamond just like Dadi Gulzar who has sustained Delhi so well. Delhi is the founder in service and has received lot of sustenance from Sakar mama and Baba and all the Dadis. Now just remember the three words tyagvritti, tapasyamurat and nimitsevadhari. Do not see anyone's weakness. We have to graduate from a Satoguni intellect to becoming Satopradhan. The one with a satoguni intellect will always be open to learning. He will accept his weaknesses with grace and will not feel annoyed at someone who points out his weaknesses. The actions, vision and attitude of a satoguni soul will be such that will bring happiness to everyone. The one with a satoguni intellect will not look at others but will be focused on the self. He will be very respectful in his language.

So this constant intoxication inside is based on faith. Just like Brahma Baba – look at his different poses while writing letters, laying down on the rocks, seated in yoga – in each one the intoxication is clearly visible. Baba was always filled with newness and creativity. Whenever we saw him we saw something new. Baba used to say that to remember anything that is old is a big mistake. So whenever we meet someone let them experience newness. What is newness – it is to experience as if the old didn't exist at all. Never use the word purushartha instead say: teevra purushartha (intense effort maker). The one who is an intense effort maker has lot of value for time. Even if for once if you remember your

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## SR. MOHINI – 7 JUNE 2011 – PEACE VILLAGE CLASS FOR REGIONAL TEACHERS

Dying alive means being bodiless. Surrender is the action coming from the practice of bodilessness. Both are necessary. One is to say everything belong to God, yet we follow the dictates of our own mind. Brahma Baba surrendered everything to a Trust and his intellect never again went to the consciousness of 'mine' because of his being bodiless.

At the present time, there is the need to feel secure & protected. For the world family, finances, relationships, everything is in crisis. Even as we move forward there are so many influences. We need to follow shrimat accurately and rather than just the thought that I'm surrendered anyway, we need to surrender the intellect – how I think, feel, rationalize, etc. How can it be Godly if the reasoning is not based on shrimat which applies to wealth, relationships everything.

Surrender means I follow shrimat and the more I follow, the more it creates a bond with God so that He becomes responsible. Otherwise if it is just your own actions there will be

battling, suffering etc. I'm not just protecting the self but in the way I use time, money etc I'm setting an example for others & there is the feeling of honesty within.

Son shows the father – now I have to reveal Baba. Intellect's reasoning can go a little to the critical (not exactly negative) side – means I'm not using the intellect in the right way. 100% guarantee if using the intellect in the right way, you are protected & there will be victory.

Principles are two fold – personal & then principles as in 'system', structure, guidelines on how to operate. Wherever I am, I belong to Baba. Is it possible I can fall back or do I keep going higher. Ravan says, I will take whatever is mine. There could be a situation before gyan where there has been dishonesty & on coming to gyan, there's settling. So it is OK ravan has taken what was his but whatever you have used for Baba stays with you.

Protection means providing. We watch drama in a very physical i.e.

limited way. Our assessment of its workings are in terms of results. Baba used to say Wah drama – so what was He seeing? By going beyond loss and gain, you experience the benefit of the drama.

The more we see the subtle, the more contentment there is. Praise Baba from the heart rather than from the intellect. And that too should even be in relation to your own part. Baba sustains so let me experience him as a provider and a protector. Whatever good you have done will change into better. Baba, drama, destiny is my friend. Baba is with me as Protector.

We have to do a lot but also to know how to withdraw. Dadi Janki is lighter, happier and free recognizing how much Baba has given. Her consciousness is that Baba is doing everything. At every moment time is moving and sanskars are moving. Things are to change drastically. Take time to appreciate & see. Be very happy & make others happy.

*Om Shanti*

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### *Dadi Janki – 2 June 2011 – ORC Delhi Becoming an intense effort maker*

lokik relations you loose one birth in the new age. The Dadis never remembered their lokiks. These are the last moments of the last birth always keep t his in mind. Hence never hold on to anything that is past. The scene that happens once in the drama will not repeat again till the next kalpa. Baba has given us all this knowledge and made us honest, faithful, obedient and the one who follows all his directions. I have to make such high quality of effort that Baba doesn't have to use the word numberwise. He must always say No. 1. One and Win these two words have a connec-

tion. The one who always wins is always No. 1. Baba's children who have surrendered to him cannot experience defeat even for one second no matter whatever happens. Baba has given us knowledge of the mind and matter. The mind is more powerful but I must learn to give happiness to matter and to love it through the mind. Matter always gives happiness to everyone but the mind has started giving sorrow to it in return. We are all Baba's adopted children and will always walk with him. This is not less fortune. Don't do anything else just pay attention that the heart is clean,

the mind is silent and the intellect is pure. When the intellect stops functioning our sense organs are not in control and the mind is not in order. This is the method for purusharth and if we adopt the right method we will have success. (Vidhi Se Sidhi)

The only occupation of us Brahmins is to create our own fortune and create others fortunes. The one who is the bestower of fortune is doing his work at a very high speed like a minute motor and he has his own plan.

*Om Shanti*

# DADI JANKI – 30 JULY 2011 – GLOBAL RETREAT CENTRE, OXFORD

## MAKE TRUTH AND HUMILITY YOUR COMPANIONS IN SERVICE

Baba has so many treasures. Just keep busy counting, then you'll be aware of those countless treasures.

Those with Baba's treasures don't stay in an ordinary place; they stay where no thief can enter. Seeing their security guards, no one dare come inside. However, if you are even a little careless, it provides thieves with an opportunity to come in and loot your treasures. Then you experience an eclipse and start to make our carelessness takes the form of allowing ourselves to either be impressed or suppressed. We get impressed by someone's intellectual capability, the way they speak or their actions. Be careful that you do not allow yourself to be influenced by someone who tries to impress. Also watch out that what you do, you are not trying to impress - and therefore suppress - someone else.

Mistakes happen and eclipses come, when we are influenced or suppressed. So be very cautious.

Remember that you are an extremely subtle soul. You have to go into great subtlety. The more you go into subtlety, the more power you will draw from Baba. To do this your intellect must not be gross or superficial. It shouldn't be that you have a little yoga and you become easily pleased with it. Some think 'My yoga is very good'. They deceive themselves. Externally they show themselves to be one thing but internally there is something else going on. This is called being a cheat. People also encourage each other to cheat too; they say: 'so and so does this, so you can do it too.' Such souls seem to forget that their Father is the Supreme Soul who knows all secrets. He sees and knows everything. So don't try and hide anything from Him.

Today, Baba mentioned about souls who listened to knowledge, liked it, shared it - and then ran away. Their feet carried them away from the very Father who fed, sustained and took

care of them. Such ones are always internally plotting and planning about how they can bring others on to their side. What will be the condition of those who do anything secretly? There was one such group that formed in the early days. They objected to what they considered to be Baba publicly telling someone off because, whenever Baba needed to draw our attention to something, share a correction of some sort, Baba would speak of it openly, in the gathering, so that everyone could learn from it.

Baba also taught us through his face, behavior and dharna. This was referred to in today's blessing when Baba said: 'Keep Baba's maryadas and virtues in your sight, and move forward on the basis of that. Keep your eye on your own target, your own goal. Don't see or listen to anyone else. Baba gave this signal right from the beginning. When you see and listen to others, your intellect develops doubts. When doubts come, the face grows pale and it is as if an evil spirit enters. Keeping the company, of those who even slightly, have doubts, is not safe because doubts can completely finish the faith that was originally leading you towards victory.

Consider what it means to eat from God's treasure store and then to defame God! When an eclipse sets in, repentance doesn't come easily either; you feel justified in what you are doing. I am saying this, because you have to keep yourself safe: never be impressed and never be suppressed. Some may not have left but that same faith isn't there; they just plod on. The intoxication and the goal that 'I am child of God' aren't there. The fortunate ones are those who are able to see their goal in front of them: I have to become pure and return with Baba to Baba's home. I give such value to the attainment from Baba and the time of the confluence age and that is why I stay in the royalty of my reality and my eyes are not attracted in any way. I recognise that I have found the One, the Great Donor, my

Father, the Bestower of Blessings and the Bestower of Fortune, and all I have to do is create my fortune. This gives me so much happiness.

I just say 'Baba, Baba.' Isn't this what Dadi Gulzar has been teaching you? When you say 'Baba' and you really mean it, so many difficulties are removed: 'Baba you are my Support and my Companion.' This makes me fearless and free from animosity. Then I can pass any test that comes, I am free. The impossible becomes possible. I look around and ask: how has all this (expansion) come about? Baba is Karavanhar. He takes co-operation from many souls to do the task and in the process they receive benefit. As things expand, as children grow older, requirements also change - children need a different type of sustenance, they need provisions for their study. Baba who is KaranKarvanhaar sees all these requirements and provides. Baba makes us instruments to do all sorts of tasks. I just have to fulfill the loving bhavna and hope that God has for me to become an instrument. Service enables us to create our fortune. A fortunate one is, one who either serves with a spirit of renunciation and whilst being an image of papaya or one who becomes an image of renunciation and papaya whilst being on service. Whilst doing service, don't get caught up or clash with anyone, because otherwise there'll be no pleasure and you'll get tired. You will feel 'it is all too much for me'. Underline this for yourself that: everyone's part is their own and each one is good. Since Baba is making everyone good, why should I say they are not? Baba is making them even better. Baba said: Don't complain about others; instead help Me to make them good. Baba teaches us humility and truth, so let us be helpers in making others belong to such a Baba. Whilst doing service, make truth and humility your companions, then success will be your birthright.

*Continued on next page*



***Dadi Janki – 30 July 2011 – Global Retreat Centre, Oxford  
Make truth and humility your companions in service***



It is our honour to be alert, accurate, active and ever ready – then there will be no excuses. Whenever Baba needed me to do some service, he didn't need to call me; I just became present and I would always say 'yes'. This has brought me limitless strength. Some who I don't even remember become present, while others I do remember don't come. Do service with so much honesty and love, then, though you may do only a little, you will receive a lot of power and strength. The power that comes from service is different from the power you get from remembrance. In my relationships nobody should have complaints about me and I shouldn't have any complaints about them. If I want to claim full marks, I have to do so in all 3 subjects. This is my honour: gyan - accurate, yoga - 100% and dharna such that I don't

see other's weaknesses and don't have any myself. If I see weaknesses, I lose marks in all subjects. Whether I talk to others about people's mistakes or keep them inside me, there will no happiness inside or in service. At the confluence age eat the nourishment of happiness and keep sharing with others. You may be about to leave the body but don't lose your happiness. Have mercy on others and send pure vibrations, even if they're thousands of miles away. Otherwise you just get caught up in the vibrations of where you are. Keep your feelings completely pure, so that you can have good wishes; then you will have the gift of creating a good atmosphere, wherever you are. Where the Father (Bap) is, and when you increase the Father's honour, there are no situations (bat), no complications – 'no problem'. This is service - service of

the self, relationships and others. Each one creates their own memorial. At the confluence age, we must create our own memorial. However, we must do it in such a way that people don't remember me, they remember Baba.

***Om Shanti.***

***Dadi Janki – 22 April – 2011 GRC  
Become Constantly Lost in Love***

ly here, but I totally understand what Baba wants of me - to break all other connections with my intellect and experience Baba's pull as irresistible. The feeling is 'Baba I am totally lost in your love' – the word 'loveleen' means to be so lost in love that I am oblivious to everything else.

There was a recent talk topic 'Love and Power' where the question was asked, "What comes first, love or power?" Love charges you up with power. Love and power combine when we immerse ourselves with Baba. We see how in Madhuban how Baba immerses more than 20,000 souls at a time in so much love; such is the unlimited depth of His love and power. We should hold on to being inseparable with Baba, no matter where we are. Our attention should not move in other directions; in Karachi, Brahma Baba used to retrain the children to keep the eyes open and to create such a stage that there was no desire to speak. What is there to say anyway? I should just want to keep looking at Baba; 'I only want to see, hear, speak, eat, be only with You. My heart calls out to You.' This should become my natural way of being. We all say that this is my Father's home. What thoughts did you come here with? The difference between tolerance and subservience or being dependant is that when there is tolerance there inside you feel strength. If I am dependant then this creates concerns within others and anxiety within ourselves. Tolerance brings patience and contentment.

***Om Shanti.***

***Dadi Gulzar – 12 July 2011 – GRC with Spanish retreat guests  
Keep God in your awarness***

and what you are to become in the future by having found this.

When someone sees a smile – they automatically smile. I have seen this for myself at the airport. When people are waiting for their flights and you pass by them and smile, they start to smile too. We told Baba about this and He said it is good – this is also your service. If someone starts to smile by seeing you even for a few minutes they are at least happy for those few moments. It is good. So recognise your fortune forever – not only for some time.

Baba wants us to recognise ourself – to understand who we are. It is quite surprising that we had forgotten this. We confused 'I' with 'my' and 'my' with I. You never say by mistake that you are your mind – you say 'my mind'. We separate the body and the one who is speaking too. You say – my body. When you remember absolutely firmly that you are a soul,

you will remember Shiva Baba, the Father of the soul. You would never speak of a physical person as the father of the soul. So consider yourself as a soul – a spiritual being, separate from the body – and you will remember the Father of the soul.

You can only understand the murli properly when you understand that you are a soul and that God is your Father.

***Om Shanti***



**Om Shanti till next issue**

# VIBGYOR

## 7 rays Rajyoga

Violet, Indigo, Blue, Green, Yellow, Orange, Red (rainbow).

### Seven Rays Commentary

The blue photon-rays of Peace from the Supreme Mother, Shiva Baba illuminate my blue photon-field...I experience supreme peace ...these peace-rays now spill over to the corporeal world after filling my peace-field...The peace-fields of millions of souls get illuminated with the blue photons of Peace from Shiva Baba ...These souls too experience extreme peace...Soon their peace-fields get filled and start overflowing ...and create strong waves of Peace in the universe giving much relief to peace-less souls...

The green-photon rays of spiritual love emanating from Shiva Baba, my Supreme Consort, are illuminating my green field of spiritual Love...I experience the pure selfless love of God, my Supreme Consort... these green photons now reach the corporeal world, illuminate the green Love-fields of millions...These souls too get filled soon ...start overflowing and create strong green waves of spiritual Love...erasing hatred, anger and violence...

The yellow-rays of supra sensory Joy from Shiva Baba, my Supreme Companion now fills my yellow photon field of Joy...I am swinging with pure spiritual joy ... these joy-rays of Shiva Baba now reach the corporeal world... illuminate the joy-fields of millions...these too start overflowing now... creating strong waves of spiritual joy...that erases the gloom and installs the smile on millions of faces...

Now, orange-rays of Purity form my Supreme Preceptor, the Spiritual Guide illuminate my orange-field of Purity...I experience the strength of purity in me ...these rays now overflow into the corporeal world, illuminate the orange-fields of purity in millions...these souls experience the strength of purity...These orange-rays now create strong waves of purity in the universe, erasing the impurities of the souls...

Now I see the red photon-rays of Almighty Supreme Father, Shiva Baba illuminating my red photon-field...I am getting charged with spiritual powers...become Master Almighty...These red might- rays now spread to the corporeal world, illuminate the power fields of millions of souls there ...Red might- rays of Shiva Baba now unite to create strong red might-waves strengthening the weak and powerless souls...

Violet-photon rays of Shiva Baba, my Supreme Child now fills my violet photon-field of Bliss ...I experience Supreme Bliss ...These bliss-rays now spread over to the corporeal world filling the violet fields of millions of souls there ... These violet rays of Shiva Baba now unite to form strong violet waves of bliss that spread over the entire universe...As a result people become free from fears, sorrow and tension...

I have now become an embodiment of all the seven basic attributes...I now return to the corporeal world replete with all the basic spiritual energies and occupy my seat within the brain to become embodied or Dehi again. ...My sub-conscious mind (Sanskara) being filled with all the basic attributes, brings only positive thoughts in my mind...My intellect and mind are filled with divine virtues now, my belief systems, my attitudes, all have become positive...Spiritual and human values are reflected in all my interactions with other souls now ....