

|| From the mighty pen of Sanjay ||

MAMMA – THE WORLD MOTHER

This is the story of Mamma, of one we call Jagdamba, the Mother, Saraswati, the goddess of knowledge. She was such a soul, who had such proximity to ShivaBaba that after Brahma Baba, she was the closest to Baba.

Mamma's original name was Radhe and her sister was Gopi. She had a very attractive and charming personality. Whoever saw her, would say – "God made her so beautiful, gave her long hair and such a beautiful face and a beautiful voice." Both Mamma's father and her aunt's husband died and so they started to go to the spiritual gathering that Brahma Baba would hold. They advised Mamma also to come.

When she came to *Satsang*, she saw Brahma Baba and at one glimpse, she recognized him and Baba recognized her. Baba recognized Mamma in that way that Baba said, "This is my long-lost and now-found child." And Mamma said, "He is the Father whom I had lost and I have found again."

Mamma was a sharp student and everything which Baba spoke would be imprinted on her heart. She would repeat word by word so Baba would say to her, "Baba has written this, now you understand and repeat it in front of the class. Baba is giving you the urn of knowledge." So Mamma would read, churn and then give a discourse. Everyone would feel very happy, listening to Mamma. Anyone taking the course from her would transform without fail, even the most cynical and materialistic.

Everything was said from heart

Whatever Mamma said would impress the spiritual aspirants, because whatever she said would come from the heart and she would first apply it in her personal life. Baba surrendered everything – body, mind and wealth. Mamma, as a *Kumari* (spinster), had no wealth but she surrendered herself in thoughts, words and deeds.

Mamma's inculcation was very strong. Her original name was Radhe. As she chanted the word 'Om' with great conviction, she would make everyone its embodiment and Baba gave her the name Om Radhe. When Mamma gave *drishti* (...Contd. on page no.32)

CONTENTS

- ▶ Mamma – The World Mother 3
- ▶ God's Vision of Golden Age (Editorial) 4
- ▶ The Goddess that Grants Boons 7
- ▶ Freedom from Fear 8
- ▶ Confluence Age the Supreme Father 9
- ▶ Epitome of Courage 13
- ▶ The Sweetest Mother 14
- ▶ Dadi Shantamani – A living Goddess 15
- ▶ Mateshwari 17
- ▶ All Virtues personified 18
- ▶ Sanskar Transformation ... 19
- ▶ 'I' the living being 21
- ▶ The Chair Factory 22
- ▶ Mamma- The Mother of all Mothers 24
- ▶ Ego-The Veiled Truth 25
- ▶ Platinum Reflections 27
- ▶ Secret, Sacred, Soul 28
- ▶ Education and Values 29
- ▶ A Tough Terrain 30
- ▶ O Shiv Baba! 31
- ▶ B.K. Bhagwan 'India Book of Records' 31

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GOD'S VISION OF GOLDEN AGE



We are witnessing new scenes of death, destruction, violence, terrorism and other means of political upheaval in many parts of the world. The threat of violence at any moment looms large in many parts of Bharat. Corruption of different kinds has deeply penetrated all sections of society. The news of stashing away of trillions of Indian currency in foreign banks (black money) has shaken civil society; sounds of awakening can be heard through the loud voices of Respected Anna Hazare, Swami Ramdev, Kiran Bedi, Swami Agnivesh and others. The entire nation has been activated by the clarion call of 'Fight against Corruption'.

The Prime Minister, UPA Chairperson and other senior ministers of the Government of India have put their heads together to work on plans to retrieve the nation's wealth, stashed abroad, for utilization in alleviating

poverty. However, many, many people in Bharat are feeling restless and doubt the commitment of members of the Ruling Party having seen the delay in swift action. Many are even questioning the sincerity of the concerned agencies responsible for unearthing and bringing back the said black money to Bharat.

Sensing these and other reasons, Revered Swami Ramdevji decided and planned a *satyagraha* by going on a 'fast-unto-death' from 4 June 2011. He chose Ram Lila Ground in Delhi, with the aim of drawing government attention and negotiating a settlement. In sympathy and support, over one crore people in 640 other places in Bharat and other countries joined in silent protest by singing devotional songs. The negotiations between Baba Ramdev and Government Ministers proceeded well between 2nd and 4th June and an agreement was even

reached peacefully. However, continuation of the meditation camp by the Swamiji after 4 June evening posed a threat to the Government apparently. So the decision was taken to send in the police force at midnight (between 1.00-3.00AM) to clear Ram Lila Pandal of Swami Ramdevji and his followers.

This entire, challenging drama urges us to think differently in solving our problems of national, and even, international levels. As long as the vices of greed, anger and authoritative ego are prevailing at large in our governance and social life, we will continue to suffer at the hands of the selfish, the rude, and the cruel. As these weaknesses or subtle diseases of the soul are so deep-rooted in the psyche of the rulers and ruled, there is need for a very, very powerful dose of spiritual wisdom and values to awaken and inspire everyone to constantly think in

positive, peaceful, elevated and divine ways. It is essential that we urgently derive peaceful means of inner transformation of society. This requires that we first understand God's vision of the Golden Age so that all can be inspired to accept His highest guidance (*Shrimat*), and enrich our lives with sterling qualities of God's wisdom.

Ancient Bharat was the land of truth and will return to said glory; its praise is unparalleled since it is the divine birthplace of the

Supreme Father, Supreme Soul. The Almighty Authority, Ocean of Knowledge, God, comes to bestow upon us human beings the third eye of spiritual wisdom. The Knower of the three aspects of Time, grants us divine insight to realize the extent to which we had been engulfed by the darkness of ignorance and grave influence of vices. With self- and God-realisation, we 'awaken' and are receptive to the light of spirituality. Thereafter, divine virtues, powers and knowledge become our true,

imperishable wealth that can never be snatched away or used in inappropriate ways. This is God's unique method of transforming Bharat, in particular, and the world, in general, from being corrupt and poverty-stricken into worth diamonds.

Please begin to think differently, think positively, think spiritually, and become an important instrument of change to usher in Golden Age of the new world.

– *B.K. Nirwair*

GODLY SERVICE REACHES 130 COUNTRIES IN 40 YEARS

Re-establishment of spiritual values and divinity through the empowering method of regular study of Godly knowledge and practice of *Sahej Rajyoga Meditation* reached foreign shores in the year 1971, with a Rajyoga Centre taking birth in London. In 40 years, London has gone on to become the International Coordinating Office of Brahma Kumaris World Spiritual University.

Dadi Jankiji, as a dynamic, tireless resource person, practical guide and source of inspiration, rightly

deserved the beautiful felicitation accorded in London in May 2011 during several events. Dadiji's ever-blessed presence, unending Godly wisdom and concern for the spiritual well-being of the economically self-sufficient and needy worldwide has borne fruit over the decades. Her tireless travelling for spiritual retreats and interaction with the media has proved undoubtedly that today's world needs her wise guidance for survival, peace, and progress.

May Supreme Father God Shiva and *Avyakt* Brahma Baba keep showering blessings on our beloved Dadis for good health and well-being! This will ensure that the Brahma Kumaris Divine Family worldwide, in particular, and the world in general, continues to receive their boons and blessings to complete the most important work of re-establishment of honesty, godliness and divinity in the world.

We would like to share with our esteemed readers a brief report of a major

celebration that took place during Dadiji's recent visit to the West:

London Theatre crowd experience meditation with 95-year old Spiritual Leader

More than 2000 people in the **HMV Hammersmith Apollo Theatre** in London were inspired by the wisdom of **Dadi Janki**, the 95 year old Administrative Head of the Brahma Kumaris, celebrating their 40th year in the UK.

Dadi Janki has dedicated over 70 years of her life to the work of the Brahma Kumaris and to experiencing first-hand the extraordinary life possible through meditation. Her boundless energy is remarkable as she travels the world engaging and enlightening individuals. The power that radiates from her small 4ft frame is unmistakable to all who come in contact with her. No one encountering her ever remains the same.

Be Inspired - Be Happy, the event held on Sunday 22 May 2011, promoted

finding, sustaining and increasing the true source of happiness. The programme began with the deep reverberations of 'Om Shanti' by singer/songwriter Lucinda Drayton from the back of the theatre. As she progressed down the aisle, she invited all to join her in the invocation; she had the audience firmly resting in her palm of peace by the time she reached the stage.

The evening, hosted by Anthony Phelips, international businessman and teacher of Rajyoga, began by interviewing Mohini Panjabi and Didi Sudesh on the concepts of inspiration and happiness. They both concurred that "*thinking good about everything brings about happiness*".

Following this, Dadi Janki came to the stage as Lucinda sang *I am the Light*. Dadi [elder sister] stood like a glowing white candle softly dominating the cavernous space and holding the audience in the power of her deeply spiritual vibrations. All were ready to hear her message and to share

several moments of meditation with her. Sister Jayanti, European Director, author and emissary for peace shared in English as Dadi spoke about how we shouldn't get stuck - "*keep smiling and don't get attached; share goodness, it is a good business. God, the Father, has given us the awareness of the soul in the body so take care of both. Fear comes from becoming too aware of the body*".

The end came with all four speakers on the stage for *Loving You* sung by Lucinda and accompanied by Jonathan Hugh on cello while sparkling streamers and coloured balloons rained down from above. As the crowds left the theatre they were presented with a small book of blessings, a beautiful bookmark and toli - a sweet handmade with love - before flowing back onto the streets of London to spread their experience of inspiration and happiness.

OM SHANTI

THE GODDESS THAT GRANTS BOONS

– B.K.Ranjit Fuliya, Associate Editor

The name of Jagadamba Saraswati is reverentially imprinted in the minds of students, educationists, musicians and lovers of various performing arts. While I was studying in college, we used to wonder what was the special contribution of this divine being in the moral and spiritual advancement of human beings that even today she is worshipped with such reverence. We had the annual function of our college wherein the girl students performed Saraswati Pooja with such fervour and devotion that the entire environment got spiritually charged and the importance of the role of Jagdamba Saraswati became evident without anyone's explanation. The enchanting words of the prayer "**Veena Vaadini, Var De**"... **Bless us O Mother, player of the divine Veena** ... were reverberating in each mind.

I became aware of the special part played by Mamma in the eternal world drama, as I proceeded on this spiritual path. The students of Prajapita Brahmakumaris Ishwariya

Vishwa Vidyalaya are aware of the important role played by Jagadamba Saraswati in the initial years of its establishment and thereafter ensuring its smooth functioning and constant growth. The secret revealed by Incorporeal God Shiva that Jagdamba Saraswati will become Radhe or Laxmi in the forthcoming Golden Age, inspires the spiritual aspirants to follow Mamma in thought, word and deed. Apart from that, there are certain beliefs in mythology related to Saraswati which are relevant to understand Mamma's role comprehensively.

According to mythology, Incorporeal God performs the divine acts of Creation, Sustenance and Destruction of this universe through three deities namely Brahma, Vishnu and Shankar, respectively. Brahma is the god of Creation. Whatever God uttered through the lotus-mouth of Brahma, was heard, practised and spread by his mouth-born progeny. Saraswati was the fastest and most steadfast in churning this esoteric knowledge. She inculcated it in her life and inspired others to practise it.



Mamma made them aware of its deep significance and import at the most auspicious of all ages – Confluence Age or Sangam yuga.

The name of a person signifies his or her virtues and as soon as we name someone, his or her image and memories spring up in our mind. As we hear the name of a person, we immediately are reminded of his or her qualities. The meaning of the word Saraswati is the one who speaks sweet, gentle and propitious words. Since speech plays the most important role in the spread of the divine knowledge, Saraswati is rightly worshipped as the Goddess of speech, language, and learning. Saraswati represents intelligence, eloquence, music, the arts and enlightenment. She is considered the feminine energy (*shakti*) of the divine. Saraswati is also called Jagdamba, the mother of humanity. She represents

feminine power which symbolizes love, compassion, care and concern. Saraswati is the embodiment of power which nurtures and nourishes humanity through her virtues and spiritual powers. It has been truly said of the feminine power worshipped in the form of various goddesses in India:

**At whose breast humanity is nourished
And in whose lap civilizations are cradled**

Goddess Saraswati is often depicted as beauty personified. She is dressed in white attire, which symbolizes that she is steeped in pure *sanskaras*. She is mainly associated with white colour, which signifies purity and true knowledge. She is also shown seated on a white swan. It is believed that swan is a sacred bird which has the unique faculty to differentiate between water and milk. If offered a mixture of milk and water, swan is said to be able to drink milk alone. This symbolizes discrimination between the good and the bad, spiritual and the material, and the eternal and the ephemeral.

Goddess Saraswati is depicted as having modest and simple adornment, which represents her preference of knowledge over worldly or material things. Her four arms represent the four aspects of human personality:

A book – believed to be the sacred verses, which represent the divine, eternal and true knowledge

A Rosary – represents the power of meditation and spirituality, ensuring concentration.

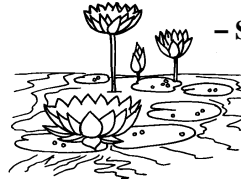
A Pot of sacred water – represents creative and positive energies that purify and empower.

The Veena– a musical instrument, represents her perfection of all arts and sciences. She represents spiritual love and rhythm of life, all emotions and feelings expressed through speech and music.

The above mentioned signifies what Jagdamba Saraswati performed in her lifetime, at this most auspicious Confluence Age. Mamma is worshipped and respected for her special role – being an instrument of the Almighty in the task of transformation of mankind. Let us take inspiration from her life and tread the path of knowledge, divinity and enlightenment.

FREEDOM FROM FEAR

– Seema Mishra, Kolkata



I prayed to God
"O Lord, give me freedom from fear
Fear of the dark
Fear of the Unknown
Fear of ignorance
Fear of death
Fear of losing you"

God replied,
" I have given you the Supreme Knowledge
Once you have the Supreme Knowledge
Once you know you are my chosen one
You will never know fear
Live in Freedom from fear
Die in freedom from fear
Arise and awake, for you are divine children
of Shiv Baba
How can you fear the dark
When you have the light of knowledge
How can you fear the unknown
When you have known all that is to be known
How can you fear ignorance
When the supreme reality is known to you
How can you fear death
When you know that death comes to the
body and not to you
How can you fear losing me
Because I am always with you
In life and death, in summer and winter,
In past, present and future
We are together and I have set you free from
all shackles
Just realize this and be free from all
bondage"

So live in acceptance of what comes as a
divine gift from your Divine Father who
keeps constant watch over you



CONFLUENCE AGE AND LOVING SUSTENANCE BY THE SUPREME FATHER



– B. K. Ramesh Shah, Gamdevi (Mumbai)

Someone asked me about the best aspect of the Brahma Kumaris organization. I replied that the most appealing thing is : the Supreme Soul plays the role of a Father and gives sustenance to the spiritual children while being their companion, that experience itself is very exceptional. Mythological books do not give live experiences, but talk more about past events and life stories, which inspire us. Here, the Supreme Father, through a corporeal body, rears us very affectionately, which is really wonderful and superlative.

It was Godly love that gave me a new life on the path of knowledge. I came in contact with this institution in 1951. Many a time, I met Brahma Baba personally. Once, on my invitation, Baba and Mateshwariji (Mamma) came to Mumbai and stayed for four and a half months. In spite of many interactions with him, I could not then accept Shiv Baba as my Father and I simply respected Brahma Baba as a Guru(preacher) of my mother.

Ultimately, the turning point

came in the year 1961 , when I stayed at Madhuban with my entire family, for about 10 days. At the time of our departure, Santri Dadi asked my opinion about Brahma Baba. I simply remarked that I looked upon him only as a Guru of my mother. Certainly Santri Dadi must have passed on my comment to Brahma Baba. In spite of this, there was no ill-feeling in his heart towards me. Not only that, Brahma Baba personally came to see us off upto the Banyan Tree of the Pandav Bhawan (Mount Abu). While waving hands at us, there were tears of affection in his eyes, which he wiped off with his handkerchief. Those tears of love became a turning point in my life. On the way I exclaimed to Brahma Kumari Usha that I had realized how great Brahma Baba was. Till that moment I had commented that he was nothing beyond a Guru of my mother, even though he gave us selfless love. On that very day, the theme of the morning Murli class was to become free from attachment and I said to Usha, “Brahma Baba has thorough knowledge about the thin line

between Divine Love and Attachment. Therefore, why should we not reciprocate the divine love we have received?”. Thus, it was on the basis of divine love that we determined to experiment Rajyoga in our daily life. After returning to Mumbai, Usha and I started visiting the center for having deep experiences of meditation between 5 to 6 a.m. daily. It was amusing that during those seven days, I accepted ShivBaba as my *parlaukik* (Incorporeal) Father and Brahma Baba as my *Alaukik* Father which otherwise had not been possible for the last 10 years. Thus, those sparkling tears of love became instrumental in our spiritual, 84th birth.

Then we started visiting the center regularly and had a very good celebration of Rakhi festival. Thereafter, Brahma Baba came to Mumbai for a two-month stay in November-December. The doctor had advised Baba to have a morning walk in Hanging Gardens daily and we used to join him. As a result, I developed intimacy with him,

and many transformations started taking place within me. While strolling around, Baba used to say with love, “My child, get ready fast, Baba may depute you to serve the foreign countries”. I used to budge up saying that there were many senior brothers and sisters who were more eligible than me. On that Baba commented : “Who is Trikaladarshi*, You or Me ?” This is how we got the rearing up and we continued marching ahead. Then Baba returned to Abu. In 1963, in a Murli, Baba expressed that till then Baba had not got a right hand who could do the service of *vihang marg***. On that issue, I exchanged letters with Baba. Baba blessed me for doing *vihang marg* service and we could do the composing of first song ‘*vasudha key iss aanchal mein.....* (Lord Shiva, you are most welcome on this mother earth!)

Brahma Baba liked the song and played it twice during the *bhog*-offering on a Thursday. At that time, ShivBaba told *sandeshi* (trance messenger sister) that the child had undiluted, pure thinking and because of that he had composed a song to welcome Shiv Baba; because at any function the first song that is rendered is a welcome song.

Confluence Age itself is an era wherein Father welcomes the children and they welcome the Father. Then Baba assigned us the first job pertaining to the institution— to purchase and dispatch 500 buckets. During those days, the spiritual aspirants had to carry a bedding and a bucket along with them, while coming to Abu. Baba wanted to avoid this hardship being faced by the children. Then Baba asked for Nepali Bed sheets and foam bedding.

In 1962, during *makar-sakranti* festival, I was at Madhuban. Baba enquired as to what we did on that day. I replied that we would fly kites. Baba instantly asked Dada Vishwa Ratan to get a kite from the market. Just as every parent fulfills every single wish of his or her child, Brahma Baba also took us to the terrace of the History hall. Both of us enjoyed kite-flying. Just imagine! Brahma Baba leaving his top position and befriending us to enjoy kite-flying with us, just for the sake of rearing-up his children. A number of similar experiences of having Godly love can be shared.

In November 1968, a meeting was called to discuss about the formation of ‘World Renewal Spiritual Trust’. In the meeting, Didi Manmohini, Dadi

Prakashmani and Dada Anand Kishor proposed my name for the post of ‘Managing Trustee’, Brahma Baba readily accepted the suggestion. I, however, turned down the idea saying that I was not fit for that position. On this, Brahma Baba continued to cajole me and tried to convince me that I was fit for that position. Then Brahma Baba also explained : “In the last cycle too you had been the Managing Trustee and in this cycle too you have to shoulder this responsibility. Not only that, in every cycle it will again be you, this eternal fact cannot be altered by anyone”. I had to accept his advice and I became the Managing Trustee.

Our Mateshwariji left her corporeal body on 24th June 1965. Then in the Murli, Baba emphasized that Brahma Baba is your real mother and ShivBaba is your *parlaukik* (Supreme) Father. After passing away of Mamma, Brahma Baba himself played the role of both a mother and father and sustained all. That experience is very useful to me even today. On 23rd September 2010, Brahma Kumari Usha left her mortal coil and after that, the responsibility of father as well as mother fell on my shoulders. Whenever I find it difficult to play the double-role,

I keep Brahma Baba as a role-model. Prior to the cremation of Usha, Baba had given a *sandesh* (message): My child has to reciprocate the sustenance he got from the Father and the sustenance of Godly knowledge he received. As a father, he has to give sustenance of happiness at such a challenging time. Had I not experienced Brahma Baba in the form of Father-mother then, it would never have been possible for me to fulfill the responsibility of this combined personality. It is only due to the co-operation and good wishes of all that I am able to continue holding this tough responsibility.

On 18th January 1969, Brahma Baba became 'Avyakt'; I was fortunate to reach Pandav Bhawan by 9 a.m. of 19th January. All the three Dadis took me to Baba's room and I saw the mortal coil of Baba. After sitting in meditation for three minutes, I told Dadis that they had taken care of Baba's mortal coil throughout the night and now it was the turn of we brothers. Then Dadi Prakashmani asked me if I had the knowledge of performing the last rites. I replied that at the age of fifteen, my father had left his corporeal body and all the last rites were performed by me; similarly I

had the experience of carrying out the last-rites of many relatives also. Then Dadis shouldered upon me the responsibility of performing the last rites of Brahma Baba's mortal coil and I, just as a *laukik* son, accomplished the task with intense love.

Avyakt BapDada had assured Usha that he would take care of my health. Since then, whenever I meet BapDada on stage, he enquires about my health and advises me to be careful. And many people keep counting how many times Baba had enquired about my health. I have received eight messages of Godly sustenance during this season, asking me to take care of my health.

On 2nd March, 2011, on Shiv Ratri day when I met Baba he inquired about my health in gestures and asked me to be careful. Later, many aspirants asked me why Baba asked me to take care of my health. I asked Dadi Janki about it and she guessed that at the present time, I was the brother most benefited by sustenance of Godly love. Regarding this, it is my experience that *Avyakt* BapDada many a time give knowledge in a subtle form and He teaches through his actions. BapDada wants us to handle the world affairs for 2500 years

in *Satyuga* and *Tretayuga*. By showing such intimacy, he is practically teaching us one principle that in the coming world, there will be one family, the king will be taking care of his subjects with love as if they are his children.

After having got this knowledge, we should not lead a lonely life. We need to inculcate the *sanskaras* of love here itself, so that in *Satyuga* we have that interaction. Regarding this, Mamma used to give the example of lord Ram: Ram-like king, Ram-like Subject, Ram-like Wealth-bestower. In this way, every individual would experience the same prosperity and sustenance which would be like king Ram. They would enjoy complete happiness.

In today's world, the Governments enforce law on public on the basis of punishment and if someone wants to take help from the government, he has to shell out a share in the form of bribe. Absolutely in contrast to the present situation, Baba has been giving us sustenance with love. The Supreme Teacher teaches us that it is not necessary to renounce yourself from the family life but just lead a lotus-like life and keep on giving divine love and affection for their

sustenance in order to achieve salvation. Just to give this sustenance, God is bending down to what an extent ! Once there were was some differences of opinion at one center. Brahma Baba asked me to visit that place and look into the matter to find out the details of the problem and suggest a solution . After returning, I reported to Baba that those students had decided to go on strike and the situation had become grave. Then Baba said, “I am powerful enough to renew the world without the help of a single child, but I give an opportunity to the children so that they can make their fortune, but they should not violate their limitations. I become so humble while speaking in *murli*, I even say that Baba cannot do anything without children, so he will be always with children and will go with children and will come back jointly in the kingdom. Even though I am so mighty, for the sake of my children I bend down”. The spiritual aspirants should themselves realize this aspect .

My divine sisters and brothers, I wish to convey to all of you that just because Supreme Father bends down before us children, it doesn't mean that it is His weak point. In fact, it is His intense love which is making Him humble for the sake of sustaining us, so it is the moral duty of the children not to indulge in any sort of activities like agitation etc.

We have so far known Shiv Baba in the form of a Father. So sometimes taking Him as a weak being, we misconstrue His love and violate certain code of conduct. We better be conscious that when He takes up His fourth Face of a *Dharmraj*(Supreme adjudicator), we will be getting sufferings instead of love; we better have a fear of those sufferings and perform our actions on the basis of purity, truth and other virtues. I always take precaution in my life by remembering the Supreme in the form of *Dharmraj*, to avoid further accounts of vicious actions. I also wish to highlight – the one who will act as per *shrimat* will gain, which means : the one who will be successful in giving the sustenance of God's love, he only would be eligible for the position of World Emperor or World Empress.

***Trikaldarshi** = One who knows all the three aspects of time.

** **Vihang Marg** = Service at manifold level / service at jet speed

CLAIMING THE INHERITANCE

If we really say from the heart, "Yes, my One, I belong to You," we naturally want to become worthy of our new identity, 'child of God'.

It means choosing to become like our Mother and Father – an incarnation of peace, happiness and love. All God wants is to hear us say, "Yes, I am Yours. I understand that I belong to You. To say this with feeling means to stop being ordinary. It means to accept our Godly inheritance of peace and love, and to start conducting ourselves accordingly.

Do you have the courage to let go of everything old in the mind and say this to God?

When we truly take on the new, spiritual identity of being a child of the Supreme Soul, we get the power to remain uninfluenced by whatever is going on around us. We are able to let go of all the anger, sorrow and peacelessness that there is in our lives. Then it becomes easy to experience God's love.

God says to us, "If you stay Mine, your relationships will become selfless, based on good feelings for others and you will never experience sorrow again."

MATESHWARI – EPITOME OF COURAGE

– BK T.N.K. Varma, Kochi

Every year, as we commemorate the Remembrance Day of Mateshwari Jagdamba Saraswati, the contrast between the world in which we are living and which appears to be heading towards moral bankruptcy with every passing day, and the new world in the making becomes starker and sharper. Men and women occupying high places in public and private, whom we expect to be the models of integrity and honesty, are unable to rise above petty issues and selfish interests. But even amidst the gloom, shafts of light are coming out, signalling that humanity is not lost to it. Two instances that took place during India's freedom struggle come to mind. Mahatma Gandhi when charged with sedition pleaded guilty before the British judge, thus, "I have no desire whatsoever to conceal from this court the fact that to preach disaffection towards the existing system of Government has almost become a passion with me.". The reluctant judge, bound by the provisions of the law sentenced the Mahatma to

six years in prison.

At the same time, another freedom struggle was being enacted in Karachi and its protagonist was then a little known spiritual organisation called Om Mandali. While Mahatma Gandhi had taken up cudgels against the 200-year rule of the British, Mateshwari was leading from front a much bigger battle against social inequalities, unfair practices and discrimination against women by a fiercely patriarchal society with an entrenched mindset going back two thousand five hundred years. From the beginning, the activities of Om Mandali had attracted opposition from a powerful section of the orthodox Hindu society but all the attempts made by them to discredit the organisation failed one by one. Finally, a major law-suit was filed in the court at Hyderabad (Sindh) and they hoped to seek victory by examining in court the very young and inexperienced Om Radhe, as Mateshwari was then called. What happened in the court of a British judge on that day should be written in golden letters as the voice of

real freedom from vices, superstition and social discrimination.

The full proceedings of what took place in the court are given in Part two of the book *Adi Dev* but even the following excerpts will reveal the power of Mamma's authority, eloquence and courage of conviction. It was between Mamma and the learned judge from the beginning as Mamma refused to obey his order to take oath in the name of omnipresent God. Mamma did not budge despite the threat of her arrest. When that also did not work, the judge decided to find exactly what the group of young girls in the court stood for. He had to examine them against the charge brought by the husband of an inmate of Om Mandali who wanted to get his conjugal right established. It went on like this:

Judge: Why did you girls leave your homes and run away to Dada ?

Radhe: Judge Saheb, have you ever read the *Shrimat Bhagavat* scripture? When the Lord played his flute, why did the Gopis run to him intoxicated? Why were not cases filed against them in court? The flute referred to in the scripture is actually the same flute of wisdom which we are hearing through the mouth of Dada. It is the incomparable

knowledge of God. Let me ask you Judge saheb, if a man leaves his family and takes *sanyas*, why is no legal case filed against him? In the eyes of God, men and women are equal. Now God has put the urn of knowledge on the heads of women. So when we mothers have the opportunity of attaining purity and wisdom, naturally we cannot refuse. Why does not everyone rejoice over such new-found purity and elevation? Why are these questions being put on to us? The answer is clear, Judge Saheb. Whatever difficulties have been put in our path, whatever hardships and abuses have been inflicted upon us by our own relatives and friends, are a reaction to our purity

Many more questions were asked and all were replied with authority. The judge was instantly converted, and like a student, noted down everything and at the end simply excused the witness. It was a master class from Mateshwari Jagadamba Saraswati. There were no lawyers to plead the case. It was her deep love of God and His teachings that prevailed upon Brahma Baba to send her to the court without any seniors to accompany her.



THE SWEETEST MOTHER



– B.K. Parimal Mazumdar, Khoraj, Ahmedabad

Mamma, you are so graceful and beyond comparison. On remembering you, mother, your subtle body comes to the forefront, along with all your love and affection. Love of mother is the real love and what is life? Love itself is life. By remembering and appreciating the greatness of our dear mother, we express our gratitude to Mamma.

On account of her sterling qualities, Mamma became the first Administrative Head of **Prajapita Brahmakumaris Ishwariya Vishwa Vidyalaya**.

This mother, becomes a world mother—Jagdamba – and is worshipped throughout the ages. Even the atheists accept holy mother as “Adhyashakti”.

Though born in 1919, Mamma was spiritually born in 1937 and soon she became an ardent devotee of Almighty God and surrendered herself totally to the spiritual service of mankind. Her span, as a spiritual devotee continued for 28 years but within this span she conquered the true love and affection of Almighty God and endeared herself to all the inmates. So much so that all the spiritual aspirants, including Brahma Baba, accepted her as their “Mother” or Mamma because of her extraordinary qualities, spiritual insight, humility, sober and soft-hearted dealings with all inmates. She was so affectionate and lovable; she treated all as the children of God Almighty. She never differentiated on the basis of caste, creed, colour, religion or language. She had much liking for small children especially because of their innocence.

We say about God: If we turn the whole earth into paper, all the oceans into Ink and all the woods of Jungle into pen and go on writing for days and years together, even then also His greatness cannot be completely described.

The same is the case with Mateshwari Jagdamba Saraswati, who was one of the dearest and the sweetest children of Incorporeal God Shiva.

Firm faith and self-confidence in your goals determine your destiny. Be sure not to forget your goals; do not allow doubts to come. Instead of seeing problems, see only opportunities

Dadi Shantamani – A LIVING GODDESS



– B.K. Shiv Kumar, B.K. Colony, Shantivan



Dadi Shantamani

Dadi Shantamani was one of the prime jewels of Prajapita Brahmakumaris Ishwariya Vishwa Vidyalaya, established by Incorporeal God Father Shiva through the medium of Prajapita Brahma, in the year 1936. Dadi Shantamani later on became the director of institution's headquarters at Shantivan Complex, Abu Road. I had the privilege to meet her and take spiritual sustenance from her. It was her elevated spiritual stage and powerful *drishti* that would fill us with unlimited Godly power.

She realized the advent of Incorporeal God Shiva in Brahma Baba in the year 1936, got divine visions and surrendered her everything to this Godly mission. Revered Dadi had many specialities which are as follows:

✧ **Divine Intoxication of Purity** – Whenever we met Dadi, she looked an embodiment of purity like Brahma Baba. The power of purity would reflect from her face. She would always say, "As we all

are the adopted children of Brahma Baba and our Father Supreme Soul God Shiva is the ocean of purity, we children also have to be pure in thought, word and deed. Therefore, we must take only pure and *satvik* food prepared in the remembrance of Shiv Baba. Our purity should not be violated due to any reason whatsoever".

✧ **Extreme Love for Murli**– Whenever we went to meet her, she would immediately ask, "Did you listen to today's Murli?" Then, by telling the various points of Murli, she would revise the same for us. She would always advise all of us never to miss Murli. "Murli is the letter of the Most beloved God Shiva for us loved ones. Can any beloved miss the letter of her most beloved?--she would thus emphasize on us the importance of Murli. She would tell us that whenever we face any problem, we should read the Murli as we would find the solution of that problem in the Murli". She would also emphasise that Shiv Baba gives us innumerable diamonds and

pearls of wisdom in Murli. The more one inculcates these jewels, the higher will be one's status in the Golden Age. She would also exhort that while reading the Murli one must note down the points of all the four subjects of God's knowledge from the Murli, viz. Knowledge, God's remembrance, Inculcation of Divine Virtues and Service; then, the points therein would remain in the intellect. She had so much regard for Murli that she would always come in the Murli class at the accurate time and would read the Murli with so much Godly intoxication.

✧ **What spiritual effort to be made** – She would say that as spiritual aspirants we should be free from negative and waste; the rules of *Yagya* have to be accurately adhered to; realising ourselves as souls, we have to remember one Shiv Baba only. She would also inspire one and all to remember three dots – I, the soul, am a point of light dot; my father Supreme Soul God

Shiva is a dot; and the third dot of Drama, i.e., whatever is happening in this Eternal World Drama of 5000 years is auspicious. I belong to Baba and Baba is mine; this should come out from one's heart. Moreover, *Yagya* service must be performed with lots of love. Every service of *yagya* is alike and prime; what is most important is the sentiment with which we perform the service. We get the return of sentiment obviously.

✘ **Follow Mamma and Baba** – Dadi Shantamani would always say that we have to follow Shiv Baba and Brahma Baba, walk on their footsteps and progress spiritually. She would indicate that it is only Mamma and Baba who have clearly got the highest status of being Shri Laxmi and Shri Narayan, so we have to follow only them; from the rest of the divine family members, we just have to take the virtues. She would also caution that one should not touch the weakness of others, as it only degrades the self.

✘ **How to remain celibate**– She would always caution that *Kumars* (bachelors) must remain careful never to indulge in bad company. She would also advise not to waste one's time. She would also warn that one

must not have familiarity towards anyone, otherwise, through the latter's remembrance, one would earn the account of sinful acts. She would also keep reminding that Confluence Age is the age of doing benevolent acts; if one commits any misdeed, one would have to go through severe punishment.

✘ **Incarnation of Economy**– Once while presenting a book of the *Yagya* to all the brothers and sisters in the class, she asked all of us if we wanted the book individually or would share it with one another. This shows her attention towards running the *yagya* with economy. She would say that one should take only that much *Brahma Bhojan* as is required; however, one could have a second helping if necessary, but should never leave the leftover as that would burden that person. She would say that even each penny of the poor should be used appropriately in the *yagya*.

She would inspire B.K. brothers and sisters to voluntarily take part in *yagya* service as cutting vegetables, cooking food etc. Often she herself would come in kitchen and give powerful *drishti* to the volunteers doing the *yagya*

service, which would be a great boost to their morale.

Her main teachings were:-

- 1) Borrowing money or anything is a disease; the one who borrows would never be able to sleep properly.
- 2) One should do the act of benevolence and forget it.
- 3) Only Baba should be one's world.
- 4) Only the one who does a great deed would get its fruit.
- 5) The kingdom of Golden Age is being established; so, one could get any status through one's efforts.
- 6) We have the pen of fortune, with which we can draw the line of our fortune as much big as we can.
- 7) A thief is a thief, whether he steals worthless thing or a very expensive one.
- 8) One should increase the account of plus through the virtue of sincerity/ earnestness.

Dadi Shantamani was a mine of virtues. Being the cousin sister of Jagdamba Mateshwari, she seemed the latter's copy and was a living goddess. Our multitude salutations to such an egoless and caring mother, whose **First Remembrance Day falls on 15th June 2011.**

MATESHWARI JAGDAMBA SARASWATI

– B.K. P. Shyam Sunder, Hyderabad

Mateshwari Jagdamba Saraswati was a great soul who became instrumental in spiritual service of mankind. She was one of the loveliest children of Shiv Baba and she meticulously followed every Godly direction, irrespective of the hindrances. Her original name was Radhe and later she came to be known as Om Radhe.

She had a broad vision of spiritual service of all sections of the society. Because of her virtues and exemplary skills, very soon she became the first administrative head of Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya. Because of her motherly love, docile nature and the sanskars of care and nurture, she was called Mamma or Mateshwari by all spiritual aspirants.

When Om Mandali was started, she chanted 'Om' with such a great fervour and devotion that many souls got detached from body-consciousness and they experienced intoxication in the remembrance of the Almighty, which spread divinity and

meditation.

Her intense yoga power and inculcation of divine knowledge helped people in giving up bad habits and intoxicating and pungent items like onion, garlic, meat, fish, egg, alcohol, cigarettes and tobacco etc. Despite all sorts of opposition and hardships, she remained stable and steadfast.

She was an epitome of tolerance and she never harboured hatred or bias against anyone. She always used to say 'YES' to Brahma Baba when she was entrusted with some divine service. She also used to accomplish it meticulously. Likewise, she fully cooperated with all divine brothers and sisters in the discharge of divine responsibilities. She recognized the capacity and talent of every soul while allocating duty or responsibility to them.

Mamma used to churn and practise the spiritual knowledge imparted by Incorporeal God Shiva, through Brahma Baba. Despite her physical ailments, she never missed *Amritvela* (meditation in early morning) and *Murli* (versions of Shiva Baba).

She was a great teacher who

made students imbibe all divine values and spiritual qualities irrespective of their caste, creed and gender. As she had to perform the duty of running the entire organization, she struck a perfect balance between feminine and masculine qualities – tolerance, sacrifice, kindness, courage, determination and fearlessness – that gave direction to the young women and men who are now spearheading the global movement. She promoted awareness, skills and innate qualities in women who later on became Brahma Kumaris, emerging as great spiritual leaders.

She toured various parts of India along with other divine brothers and sisters to spread the waves of spirituality. She left her mortal coil on 24th June, 1965 creating a great vacuum in the spiritual world. Mamma will always be remembered with great reverence, for her spiritual services of mankind. Our heartiest salutations to Mamma, who was an embodiment of love, affection and unselfishness!

**There was never a
great man who had
not a great mother.**

– Olive Schreiner



MAMMA- ALL VIRTUES PERSONIFIED



– B.K. Shiv Kumar, Pandav Bhawan, New Delhi

Really the life of Mateswari Jagdamba Saraswati was a fragrant flower. Mamma was the mine of all divine virtues. Apparently, from her activities, the fragrance of divine virtues spread everywhere. Her eyes would glow with motherly love, compassion and spirituality. Her heart was so pure and soft, voice was so sweet. She was the goddess of all divine virtues. She was a pillar of knowledge, power, peace and purity. She was very sharp in judging and discriminating. Many times Baba used to say that Mama could go very fast, faster than even Baba because of being a *Kumari*. Though she was very young in age, all would call her Mamma because of her great qualities. Mamma's *lokik* mother also would address her as Mamma. Even the elders used to call her Mamma and took her advice. Mamma had good wishes for all; she gave respect to elders and loved the juniors. She was beyond the feeling of high and low. After meeting her, everybody would feel the state of 'long lost and now found'. When I came to Madhuban, Mamma took me in

her lap and fed me Gulab Jamun. I was brought up by Mamma for five years. She gave me lot of love and affection. Then she made me responsible to take care of her room; that is why I got chance to be very close to Mamma. Mateswari Ji made every child expert in service. She would see positivity of others and explain it to others. She inspired us to do everything right now and postpone nothing for tomorrow. 'Now or Never' – was her motto. She would say that we should consider life's every moment as the last moment and thus should make best use of it.

None But One

Mateshwari would remember One Father, i.e., Incorporeal God Shiva. She took great care of *Yagya* and practised frugality. Once, while having a stroll, Mamma reached where the children were selecting the spinach in vegetable section. From the waste, Mama selected some good spinach. She advised, "We can make our fortune of wealth in this way." Sometimes Baba would give example of Mamma that she did not bring any money with her but became number

ONE. Every activity of Mamma was a teaching for us, but full of love and attention.

Service Through Meditation

Mateswari Ji gave utmost importance to meditation in early morning time of nectar. She would get up before 3 a.m. and she never missed amritvela meditation. Though she was sick sometimes, but nobody could find that she was sick. Because Mamma had such spiritual power with which she was ever glowing. Once Mamma was very sick. Doctor was called to check and he got astonished because he could not guess who was the patient. Mamma had such power of tolerance. However by tolerance she overcame physical sickness.

Once Baba asked Mamma to give grapes to all the children. Mama never used to say 'no', but always said 'yes Baba'. She gave loving and powerful *drishti* to all children as well as the grapes. Mamma gave importance to meditation and doing service in early morning, through her angelic form. Mama would say that the power of thought is the greatest power from which we can develop controlling power and concentration power. You have to follow Father. Check yourself and remove all your weaknesses.

SANSKAR TRANSFORMATION



– B.K. Surendran, Bangalore

Many people want to be good human beings. They want to be truthful, honest and sincere with unquestionable integrity. They want harmonious relationships and peaceful coexistence. But, when it comes to practical life they fail miserably. The reason is that they lack inner strength to do what they like, what they profess and what they speak. Lack of inner strength is traced to bad habits and vicious lifestyle practices. The opposite of what they like, speak and profess has come to be dominant in them. The inner strength is dissipated over a period of time or reduced to dormant stage due to erratic and whimsical lifestyle practices. When a situation comes up, the negativity, bad habits and character defects which are cultivated over a period of time, come to the surface and then they are forced to operate from that platform. They are forced to be in that flow even though they do not like it. The result is that the badness, the character defects, and negativity get

further aggravated and deepened and they become prisoners of their own vicious tendencies. We are all aware that an action repeated over a period of time becomes a *sanskar*. It becomes spontaneous i.e. natural which is called habit. It is observed that a thought creates a feeling, forming into an attitude and from that level one comes into action and an action creates a habit if it is repeated repeatedly. We have repeated several unrighteous actions due to body-consciousness. These actions have finally resulted in die-hard vicious *sanskars*. In order to erase these demonic *sanskars*, we have to cultivate positive *sanskars* that should be so much emotionally dominant so that the bad *sanskars* are nullified. Since we ourselves have created these bad *sanskars*, it is within our reach to change these bad *sanskars* if we have the will and enthusiasm to do so. The will and enthusiasm come from the realisation that these *sanskars* are creating lot of problems in our life and therefore, there is a

need to change them at any cost. We should never think that it is 'impossible or difficult'. We all know that we are the children of God. The moment we think of the Lord, we assume the powers of the Lord and we can easily change the bad *sanskars*. By surrendering our body, mind and intellect to the Lord, we are reborn – as Brahmins. Along with this process, the demonic *sanskars* of the past vicious life also disappear and divine *sanskars* of the Brahmin life emerge in our life.

Role of Conscious Mind and Sub-Conscious Mind and self-suggestion

It is also observed that the willpower is a function of the conscious mind and imagination is a function of the sub-conscious mind. Therefore, to change a bad *sanskar*, we have to reprogramme the subconscious mind through controlled, predetermined positive thoughts and visualisation in a physically and mentally relaxed state. Self introspection should be regularly conducted to identify how often the bad *sanskar* emerges; whether it is very much uniformly strong or it varies from time to time at specific time, situation, environment etc. When we understand as to where exactly do we stand at present, a schedule for transforming the

sanskars can be drawn up. In the process of transformation of vicious *sanskars*, we are placed in a state of 'I am my own doctor and I am also the patient'. As we are all Godly servants, every second or every breath must be for world service and that we must lead a life of extra time. Thus, the life of caring for our own self is replaced by a 'new life for serving others'. By believing this point meaningfully and sincerely, we are able to change our *sanskars* in the easiest manner. This effort should also be combined with contemplation, churning and analysis which will lead to self realisation, and that in turn help change our *sanskars*. We should also be conscious of our responsibility. We are not only responsible to change our own vicious *sanskars*, but also we are responsible to help others change their vicious *sanskars*. Hence, we cannot base our thoughts, words and actions on our vicious *sanskars*. We are all aware that our thoughts are the tools for *sanskar* transformation. Therefore, we should compulsorily create a positive frame of mind which will not only help us create thoughts based on positivity and goodness, but will also help us to meditate. Meditation is again the all time-tested panacea for *sanskar*

transformation. Our mind functions on the principle of 'Law of Dominant effect', which is propounded by the French Pharmacist Emile Coue. This principle is that a suggestion connected to an emotion will surmount or overcome any other suggestion in the mind at the point. The most emotionally powerful suggestion dominates the mind and intellect at a particular point of time. Hence, we should visualise knowledgefull suggestions in a fashion that will be emotionally strong and enjoyable, which will overlay negative or waste thoughts. It is also observed that suggestions are most effective when they are given in a meditative state of mind where there is total physical and mental relaxation. Suggestions can also be given at other times so that positive, pure and Godly thoughts will take root in the subconscious which will plough up the virtues in the soul. We can also practise breathing in, love and power of God and, breathing out vices. This should be repeated many times during the day.

Some of the time tested thoughts and actions experimented by the author on his own life for transformation of the sanskars are shared as follows with the esteemed readers.

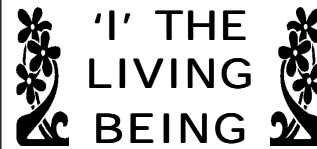
1. We should create a vision of life which is given by the Lord and daily review the efforts made to shape up the life as per the vision.
2. Closely review our belief systems in the above context and replace the old beliefs which are contrary to the vision before us.
3. Constantly watch habits which are already cultivated and being imbibed now and transform the demonic ones through practice of soul-consciousness.
4. Create time for solitude and constructively be quiet to observe the thoughts and realise the original self. Give emotionally charged suggestions to the self repeatedly to erase even the trace of vicious *sanskars*.
5. Take a final decision with determination to get rid of the vicious *sanskars* and formulate a constructive action plan with a time frame.
6. Create time to sit with the self and engage in self talk, which can be both vocal and mental. Die-hard vicious *sanskars* are to be identified and isolated *sanskar*-wise by going into the root and give specific suggestions to the self for the change.
7. Special meditation sessions are to be arranged to inherit

the *sanskars* of the Lord. Intense self-discipline and efforts are to be put in for quick results.

8. 'The Lord is my life and world' should be the ultimate understanding of life. This understanding will ensure companionship of the Lord at all times. 'I am living with the Lord and I should live with the Lord until the last breath'. Attention should be given to see that there is no margin for the vicious *sanskars* to re-emerge at any point of time.
9. The thoughts like 'I should always be in the seat of self esteem. I must have a very good opinion about myself I am a divine soul, full of virtues and also benefactor of the world', should be generated very often.
10. Through in-depth churning and visualisation of the daily sermons of the Lord, re-emerge eternal *sanskars* and also original deity *sanskars*.
11. Find some time to teach others, with self-awareness, the subject of divine *sanskars* and its benefits.
12. Find time to give lectures and conduct workshops on the topic of divine *sanskars* and its benefits with self-awareness.
13. Openly declare and take vow in front of others that 'I

am going to renounce anger, greed, jealousy etc., etc.,' in a couple of weeks and so on.

14. Take care to see that thoughts, words and deeds related to vicious *sanskars* are not revived and used at any point of time during the day.
15. Create sometime daily to write down with awareness, (number of times, e.g. 100 or more times), self determination to give up a bad *sanskar* in a period of 7 days, 14 days or 21 days and so on.
16. Efforts are to be made to experience seed stage (the stage of being like God, who is seed of this World Tree) in meditation. Seed stage removes all vicious *sanskars* and the soul will re-emerge with the divine virtues.
17. Beware of company and contacts which will induce vicious *sanskars* and avoid bad company.
18. Purity of body, food, cleanliness in dress and residence are to be maintained. Engage in Godly service. Always be busy in creative and constructive activities.
19. Undertake intensive and extensive meditation sessions during *Amritvela* for overall benefit and *sanskar* transformation.
20. It is advisable to check the



'I' THE LIVING BEING

– Ramdai (Janet),
John-Dorie, Guyana

I am the living being in this body

All sense organs governed by me

Be it ear, hand, eye or heart

Mind, intellect or any part

I am tiny, immortal and imperishable

Isn't this fantastic and remarkable

Within a second I can reach any distance

Despite what is the circumstance

I must make effort continuously

To remember the Father constantly

For when I'm connected to the Father

I become charged with a unique power

The body becomes useless when I'm 'gone'

Due to the Drama I have to move on

In time of death, what 'goes' with me

Good and bad *sanskars*, not this body



THE CHAIR FACTORY



– B.K. David, Paignton, England

There was a chair factory deep in the forest, hidden from sight by the thick, huge trees. The chairs made at this factory were famous the world over for their quality and uniqueness. Yet the whereabouts of this factory and maker of the chairs was a total mystery to most. The chairs were so famous and expensive owing to their unsurpassed quality, design and wood. No one in the world could match or even imitate these fine chairs. The chairs were very popular for a totally unique reason. The moment you sat in one of these chairs you felt good, you smiled, you relaxed and stopped worrying about everything that had been troubling you.

The reason for these chairs' truly amazing effects was understandable when you knew who made them – God! They were carved in love, peace, and designed with wisdom and comfort in mind. Each chair was specially delivered in person with great care and grace. All these qualities within the chair sent the sitter into a

feeling of immense happiness once seated. To sit in this chair correctly was to see life correctly and live correctly. Such is God's vibrations and energy in the chairs, people immediately experienced His presence once seated.

Recharge Your Battery by Sitting Down

The factory was located in an incognito region of the forest and His workers were all with the same mind and totally committed to His same excellence in manufacture and service. They all realized the importance of His chairs as they offered sanctity and rest to the weary and depressed and recharged them so they could carry on living in the rat race outside and the hell of murder and starvation and endless suffering for billions.

Spare A Thought For Others For A Change

We should all spare a thought for the children with no shoes, food or hope, as they are all our children too. It's good to have compassion for others and not be wrapped up in your thoughts of 'How well I have

ironed my white clothes. They do look rather clean and smart. Today I look very clean. People will notice me today, I hope'. There are more important things to think of in life than ironing clothes and looking smart. Children belonging to poor families are starving and dying, so what are you going to do about it today, apart from looking at yourself in the mirror?

Some of God's workers do think of others and their suffering and fully know these chairs (knowledge of the soul's location and the practice of sitting in the soul's chair) of God give hope and comfort for the short times that people sit in them. The more love a worker has, the more beautiful his chair and the dedication offered to God. You can easily tell how good a worker is by simply looking at how good his chairs are made. How he sits in his own chair is the main gauge of craftsmanship (stability, happiness and love for all). If his chair has only three legs (unstable), then say no more.

The Empire State Building Is Soon To Fall Over

Governments try to find the factory but have not the wisdom to look on top of a mountain in India. Who'd ever

think to look on top of a mountain for a solution to world problems, for the meaning of life, and for people to gain peace of mind? But then, God would not descend in an office block in London or up the Eiffel Tower. In many ways, God is a reclusive and secret God and would not choose to appear on Broadway with His name in lights. There, hidden away in a small corner of the mountain-top forest, you can find God's chair factory (University) busily making chairs (service of the mind).

You Can Only Be True To Yourself When You Ignore Your Face Of Wrinkles And Show The World Your Inner Face Of Beauty Whilst Sitting On The Seat Of Truth.

The essence of the teaching of this mountain University is of soul-consciousness, to be seated on the seat of the soul. Having spent so long in the armchairs of ignorance, it takes time and patience to readjust to sitting in an invisible seat. This seat of the soul requires you to take a giant step forward in your thinking if you are to sit on it. Most folk in life can only grasp the notion of a car seat, beauty saloon seat, restaurant seat and toilet seat, such is their basic view of life. Life today

revolves around money, speed, beauty and food and the seats of that lifestyle are common and accepted. God's lifestyle and world require a totally different seat.

The Ear Plugs Of Body Consciousness – Remove with A Gold Finger

Whilst sitting on the seat of the soul, you automatically have peace, contentment, self respect and are happy to just be seated on this secret chair within the soul. Whilst seated on this magic chair, you can hear the chair maker (God) talking to you, often encouraging and guiding you. This guidance is like injecting gold into iron. If enough gold is injected into the patient, the patient will become a pure gold bar with no iron. God's advice acts as a guided missile that destroys falsehood and opens your ears to wisdom and happiness and lets you live and act with gold in the palm of your hands.

Millions Of Steps That Make You Healthy And Wealthy

Each step of yours today is potentially worth millions of pounds. Will each step you take today be so valuable that God would wish to put them into His bank? Or will your walking today be mundane and

worth hardly anything? Will you go into your local bank today or God's bank? You need very special qualities to be able to walk through the door of God's bank. Very few even know of God's bank and the Manager inside. Do you have an account with God or a credit card and deptt. with man? Wear God's shoes of health and wealth. Put these Godly shoes on every morning and one day you'll step into heaven. First class walking guarantees insured Godly delivery into the new world the moment the gates open.

It's far too easy to leave your Godly chair and find yourself back in the normal world with its pain and frustration. Why leave a chair that offers immediate relief from sorrow, when all you have to do is to concentrate, find the centre of the seat, relax and sit down?

A 24-Hour Delivery Service To Any Country

And the cost of the chairs? They are free to anyone who really wants to relax and listen to God. You cannot buy one of these chairs as nobody could ever afford one as they are priceless (realization). Even a billionaire could not afford to buy one leg of these chairs. To own a chair, you just need a

sincere desire to sit down next to God and listen to Him and want to be peaceful. And as if by magic, God would deliver you a chair via 'Brahma Delivery Services'.

The chairs are invisible to everyone except the owners. You really have to sit on one to fully appreciate their power, beauty and potential. Of course there are a few opponents to the chair and its factory, saying it was unnatural. Yet what could be more natural than sitting on your Father's chair? It was made out of love, gave peace and hope to anyone who sat in one, did not cost you anything and gave you the ability to hear God.

**The Sofa That Calls
You - "Come Here,
Come Here"**

Are you sitting in your Godly chair right now? Or will you sit down in it later when you have time? T.V. dinners (body consciousness) will never fill you up and always leave you wanting more. Now, who are you listening to? Is the T.V. sofa calling you?

DELIGHT

**| Take delight in small
| things because it is
| from seeds that
| flowers grow.**



MAMMA-THE MOTHER OF ALL MOTHERS



– B.K. Neena, East Delhi

Beloved Mamma! Your moon like serene face
Adorned with the most majestic smile
Has remained with us as our legacy
All the while

The words of Wisdom pouring out of thy astute intellect
Yet permeate through and through in the divine ambience

With sparkling radiance

It was 'no cribbing', 'no frowning' for thou
Like an obedient child, 'Yes BABA'
To Baba's Mandate, was the affirmative
sans any rue!

Thou were 'Mahakali' towards the vices
Scrupulous where principles were at stake
Albeit as gentle as a Dove
In disseminating Godly knowledge
Donning divine Virtues of Kindness, Courage
Endurance, Forgiveness and Love!

With your clean and clear heart
Thou reminded us of our part
"What others do, don't care
What you do, take care"!

Frank and fearless you remained in the court, outright
With your eloquence and unmatched wit, thy birthright

Little did we know that you were in pain?

For thou never complained!

Venerable Mamma-thou were in verity
The mighty river of purity and royalty
An Embodiment of eight powers
Indeed a picture of dignity and equanimity!!

EGO – The Veiled Truth



– B.K. Manasi Taneja, Indore

Life comes in different hues and colours. A few days back, one of my friends was terribly hurt when a friend, whom she thought to be very close, suddenly made her feel otherwise--something she never expected from a close friend whom she trusted a lot. The behaviour of her friend was nothing unusual, because that was just another trait of human nature, a trait very common. This particular friend of mine was awfully upset and there was an exchange of hurting words. In this entire episode, there was one thing which struck me..... according to her whatever she said was not out of ego...her anger, her shooting words were nowhere to prove that she is better than her friend. Then what...I asked her ...something interesting came right in front of me...she said, "It was my self-esteem, my self-respect; my patience had run out and I had to tell my friend I value myself". O! self-esteem...self-respect? What are they? We will definitely talk about this too some day. We normally get confused and use the word Ego...and say 'so and

so is very Egoistic' for a person who simply has a sense of worth for himself and defends his self-esteem. There is a thin line; the moment we try to prove that 'I am right and You are wrong'...beware friends, you are in the clutches of Ego.

In my previous article on Ego published in May 2011 issue, I had talked about EGO emanating from others. In very simple words, it comes and takes deeper roots as we move on in life; it is the I-ness and My-ness which prevent us from being true, from knowing truly, acting truly, understanding truly. It constricts us, squeezes us, and puts us in a very hard shell, where we feel protected with a continuous pampering by 'others'. All illusions... for then, whatever we do outside this is planned, manipulated, controlled for we don't want the shell to be broken.

We make a sort of fencing and feel at home, the conditioning is such, beyond the fence lurks an unknown danger, a danger of opening our real self which was hidden for so many years, which only we were aware of. Human beings are

very complicated, the psyche entangles itself in all the hypocrisies and to save itself starts the false, illusionary game of Ego. We try to hide the ugliness, try decorating with ideals and beliefs we have been taught, but don't understand the real essence. It is very difficult indeed to be very honest, for the Ego is always there to defend itself and put a blame of its wrongs on 'others'. I have seen and heard people say 'I was never like this' or 'I wouldn't have done this' and if at all I have done something, it was because of so and so God! This is Ego...false...for firstly if you are really good, honest, sincere and a true human being, you will not do anything which is wrong and if you do, then you will admit it. If you don't admit, it is your false Ego, a veiled defence, and then out of guilt see how people start blaming, hurting others just to guard themselves. Negativity fills in and you are ruined. It makes you miserable.

Ego survives on 'desire'; its life-blood is desire, the two sides of a coin. The Ego is projected desire and desire is projected Ego. The objects we desire, like or dislike are not that important; they are just activities preventing ego-death; ego tells us why we want something or get away from something. Attraction-aversion, thoughts, emotions,

reactions create illusion of 'I' consciousness, a false centre created by the mind. Fear is another most powerful tactics of Ego; it uses to maintain control over us. Fear is our prison, and it keeps most people trapped in a limited reality, scared of facing struggle and unhappiness. If you use your Will and choose to change your reality, your ego will begin to generate resistance in the form of fear. Since the ego likes to be in control, and it does not know the future, it prophesies what you may experience, and these prophecies are always negative in nature. Every ego confuses opinions with facts, and it always believes its viewpoints are right, but being right is identification with a mental position -- a perspective, an opinion, a judgment, or a story. Being right is how the ego thinks it will become happy. For you to be right, you need someone else to be wrong, and the ego loves to make others wrong in order to be right. In other words, you need to make others wrong in order to get a stronger sense of who you are, and it gives you a sense of superiority which the ego craves. Sheer ignorance, for this is how many good things come to an end when we start

blaming others for our doings.

The day you realize that it is nobody but your own Ego giving you trouble, you will prefer to drop it-- for nobody would carry the source of misery. But, you cannot drop it, for if you try to drop it, you will develop a subtle Ego again which says 'I am humble, I am submissive'. O... how clever is this Ego...it is still there hiding, but not dead. For a truly humble man is simple, just simply simple, and not even aware that he is humble. There are millions who think that they are very humble. They bow down very low, but watch them -- they are the subtlest egoists. For now, humility is their source of food. They say, 'I am humble'. 'You are really humble,' they would like you to say. Then see the smile that comes on their faces. So, don't try to be humble, humility cannot be tried, it cannot be created. There is no need to drop it. For then the dropper becomes the ego. It disappears just with the realization of the fact that all troubles, miseries come because of Ego.

Sigmund Freud claims that a well balanced mind has a developed, three sided personality -- ID which is the spoilt child, Ego which is the adult side, and Super ego which

is moral guardian/parent side of your personality. Your ego is the practical side of your personality, therefore, it does not prohibit you from being your self but is a vital component of yourself since it is part of the mind that weighs the consequences of your actions. Have you ever heard the saying that "Prosperity is your natural state?" If this is true, why are so many people suffering, miserable, and unhappy, or pretending to be happy, desiring what others have? It is because their egos are working overtime to keep them stuck in their self-imposed boxes (realities) which they claim to be right.

Just like positive or negative emotions, we have positive or negative identities. Examples of positive essence identities include 'I can', 'I am able', 'I am worthy', 'I am deserving', 'I am strong', 'I am smart', and 'I am good', to name a few. These types of identities produce happiness, joy, prosperity, and inner peace. Examples of negative essence identities include 'I can't', 'I am unable', 'I am unworthy', 'I am less than', 'I am stupid', 'I am weak', 'I am not good enough', 'I am bad', to name a few. Our negative essence identities are based on fear of something

going wrong, perhaps we doubt on ourselves and they are the cause of our problems, conflicts. Most of our negative identities are created to help us survive something that, at one time, made us feel unsafe or insecure, either emotionally or physically. Psychologists call these mechanisms "ego defenses". These ego defenses are made to keep ourselves safe from harm.

But we are human beings! When we are arrogant, self-centered, self-obsessed and essentially selfish, we are not able to understand that our spiritual progress lies in opening our hearts and listening to the simple words of love, kindness, compassion and empathy, very honestly, sincerely and genuinely.

It is so easy to see Ego in others and very difficult to see one's own. Watch your ego, understand it, and don't try to drop it; just watch, observe and one day you will see it will drop like a dead leaf and you will laugh at it. You will not be aware of it, it is only then something which is nameless, something which gives you immense pleasure comes to the fore front. You just know it is something good...but what...nameless, for good things need no name, they are just good.

PLATINUM REFLECTIONS

– B.K.Indal, Dallas, U.S.A.

Baba, Baba, our most Beloved Baba,
Centuries passed in dark shadows
With visions obscure, wisdom slept
And divine spiritual quest continued
Light in seeking souls then shone bright

For so it seemed as orphans we were

Thy Children tarried in blind worship
And praised the elements and all
Oh Sweet Baba, what suffering and pain
To acquire blessings, love and to know Thee
Distant past and mangled fabric of knowledge
Long before in time, enduringly they followed

And You come again as promised in time past

And now unfortunate orphans become Royal divine souls
The original jewels once more decorated
Ancestor souls that searched Thee now found
Oh Baba, You restored the divine spiritual genes
And once more endowed our spiritual birthright.

You blessed us all with our Brahma Baba

Thy pure vision and Hands embraced him for us
And you decorated the pillars of the divine Clan
Your altruistic love and unlimited service recreated
As originals, the Shiv-Shakti and Pandava army for all
Now Thy Divine fragrance reaches the four corners

Ancestor souls now come from close and afar

Captured in Thy Divine dragnet as co-creators
Thy loving and serviceable children, extended arms
To help open Heaven's gates, our New World
Once suffering, blind children as orphans endured
Now embrace and love Thee and Avyakt Baba

Sweetest Baba, You give us daily Love Letters

To educate, purify and bless us lovingly
To extend unlimited mercy and courage
As Father, Teacher and *Satguru* You serve us endlessly
As we battle and endure in this impure world
And become once more, Thy Sweet children of Heaven

With pure hearts of unlimited love, visions clear

We, Thy Sweet children love Thee both as One
As thy ultimate unlimited *Shrimat* transforms us
To royal pure elevated fabrics of divine perfection.
And enjoy Thee as You have introduced Yourself
And to reclaim our true birthright and inheritance.

SECRET, SACRED, SOUL MEDICINE

– BK Vijay Bhasker, Bhubaneswar

This is a letter addressed to all my dear sisters and brothers around the world. I am sending you a secret, sacred, soul medicine, to help you be in good health, happiness and prosperity. According to the Godly knowledge taught by Incorporeal God Shiva, it has become clear to me as well as all Brahma Kumars and Kumaris worldwide that souls in this world became spiritually unwell during the journey through *Kaliyuga*. We tried our best to recover through the path of devotion. We kept on worshipping various deities in different forms and observing several vows. We went on pilgrimages, bathed in several rivers considering them to be sacred. We offered our prayers to all five elements of nature. We believed God to be omnipresent and so started worshipping animals, stones and trees etc. Seeking relief, we followed several rituals that made us even more impure. We are now suffering chronic stress and strain. The whole world is under the influence of 'Maya' or the five

vices.

We need to give this some deep thought if we really want to come out of this grave situation. We are heading towards the extreme of *Kaliyuga*; destruction and devastation of the world seems inevitable. But extremes always lead to the 'end' and in this case, the end of impurity, negativity and peacelessness. What will follow is the establishment of the new Golden Age or *Satyuga*.

So, we are now in transition and the duration of this period is very short, and is like the dawn of the time cycle; it is called *Sangamyug* (Confluence Age). Some of the few divine secret tonics that help us through this transition period, from the old to new, is to "Forgive and Forget". We must always remember to see our own mistakes and rectify them. It is necessary to appreciate goodness in others. When we make effort to remain humble, virtuous and be spiritually enlightened, we will receive

love and respect from others. This also ensures we experience God's help at every step to stay cool and confident in all circumstances.

On the path of devotion we used to beg God for mercy. But now on the path of spiritual wisdom, there is the experience of God personally taking care of us. He does not wish for us to beg for anything as God is All-Merciful, the Ocean of Love. He would never punish us but patiently shows us the right path and inspires us to make the good, beneficial choices in life. Transformation is easy and permanent when we ourselves realise our mistakes and turn towards Him with an open heart. He says, "You, the soul, are my immortal child. It is your birthright to take the inheritance of peace, purity and happiness from Me. Just remember Me and become pure".

All of the above is part of my practical experiences. I have aimed to make fast progress in my spiritual life after completing the seven-day Rajyoga Meditation course from Prajapita Brahma Kumaris' Rajyoga Centre in Hyderabad. I wish you a happy life under the canopy of Almighty God Shiva as I have been living since 2005!



EDUCATION AND VALUES



– Upasana, 10th Standard,
Kurukshetra

In general parlance, imparting or acquiring of knowledge through teaching or learning, is referred to as education. There is an endless process of learning. It changes the way of thinking or opinion but without disturbing anything. By walking on highway of education, a person can escape thorns of trouble. In ancient India, there used to be *Gurukul* system of education where ordinary students as well as princes studied at the same place. They were taught to do various types of jobs. Even princes performed such common jobs like collecting wood for the *ashram* and tending *Gurukul* cattle. This was a unique system in India where students from all walks of life developed understanding, empathy and harmony. On account of such human and social values, India was renowned throughout the world as a centre of higher learning and education.

Education broadens the horizon of our mind. It helps in self-development which prepares us for facing various

life situations. It instils in us a feeling of discipline and self restraint by guiding us on the righteous path. Education nurtures our virtues which are an integral part of our personality and are the foundation of a civilised society. It trains our inner self to follow the path of nobility and civility. Our inherent talents bloom when these are properly trained and channelised in the appropriate direction. Even a small tact learnt through education can do a lot. Hence immense importance has to be attached to education in society.

Education is of different types. Even a small child knows who his/her mother is; a tree knows when to shed leaves, and this is natural education. Education, in fact, means to know the difference between bad and good; it also means to learn that for every scoundrel there is a hero, for every selfish politician there is a dedicated leader, and one has to learn to lose and also to enjoy winning, to steal away from envy and to know the secret

of quiet laughter. Education is which tells us that it is far more honourable to fail than to cheat and it provides the strength not to follow the crowd. Education sometimes reveals the hollowness of this dramatic world and takes us to the path of devotion and humility but it tells us not to leave the world or alienate the self from it, but to help others so that they can take inspiration and have the same feeling as done by great persons like Mahatma Gandhi, Swami Vivekananda etc. There is one of them in every human being but that we need to find it with the lantern of education.

We, in India, have profound teachings for our guidance which enlighten our mind. The following Vedic text really expresses our lofty traditions:-

Asto ma sad gamaya

Tamso ma jyotir gamaya

*Mrityorma amritam
gamaya*

Here, human beings pray to
the Supreme Soul —

Lead me from unreal to real
Lead me from darkness to
light

Lead me from death to
immortality

So, let us imbibe the message of our valuable traditions and customs so that we can contribute for well-being.

TRANSFORMATION – A TOUGH TERRAIN



– B.K. Raghbir Singh, New Delhi

This write-up was inspired by the following words in the article ‘From the Mighty Pen of Sanjay – The Importance of Baba’s Sweet Murlis’, published in May 2011 issue of ‘The World Renewal’; “We don’t readily accept something new. We tend to hold on to our old and familiar ideas and ideals. We don’t immediately accept something new even if it is logical, true and beneficial to us. At the subtle conscious level, there is something that wants us to maintain the status quo”.

What Rajyogi B.K.Jagdish Chander has stressed is not just a universal reality but also a watchful analysis of human psyche. “Habits die hard”, they say. We tend to keep clinging not only to the habits of our present birth but also of our previous births. Collectively, they become our ‘Sanskaras’ – our deep-rooted words, thoughts and deeds. The biggest tragic irony man continues to suffer from, is his inability to free himself from the clutches of the negative *Sanskaras*.

The aim of education is to bring about desirable changes in human behaviour. If being educated had meant achieving the aim of education, no educated person would have been immoral, corrupt or mean. The stark reality stares at us with a different tale. Greater the education explosion, greater the fall of man!

What comes home is that each one of us needs to awaken oneself to the need of one’s spiritual upliftment, without which no education can be complete. Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya aspires to bring about transformation not only in man’s behaviour but also in his total character. As Baba’s children, it is binding upon us that we set ourselves on the path of soul-search and make sure that we have made ourselves exemplary ideals of Baba’s cherished vision of man. We need to get into the process of self-introspection and make sure that we have made ourselves free from all whimsical snobberies. Our treatment of

others must reflect that we have understood and adopted the central message of Baba’s philosophy that each one of us is a soul and that we all are spiritual brothers and sisters. We need to give ourselves a test: – Have we been able to elevate the level of our attention and thoughts to that exalted and holy pedestal where difference of caste, colour, creed, gender, nationality and religion ceases to exist?

The famous saint, Bhagat Bhikhan gives us the following spiritual talisman which forms part of Adi Sri Guru Granth Sahib Ji on page 659: -

**RASNA RAMAT, SUNAT
SUKH SRWANA
CHIT CHEETE SUKH
HOI**

**KAHO BHIKHAN, DUE
NAIN SANTOKHE
JEH DEKHAN TEH SOI**

The words, written originally in Gurmukhi script can be translated into English in the following manner: -

**When my tongue gets to
chant
God’s Grace and Glory
When my ears hear
The joyful music of Divine
Melody
My mind and soul get into a
state of
Contentment and ecstasy
In that state, says Bhikhan**

*Both my eyes enjoy that
bliss*

*In which, wherever they
look,*

*They see, experience and
enjoy*

*The Presence of the
Divine.*

If we fail to listen to the call of our spiritual inner being, our life, with apologies to William Shakespeare, shall be “A tale, told by an idiot, full of sound and fury, signifying nothing”.



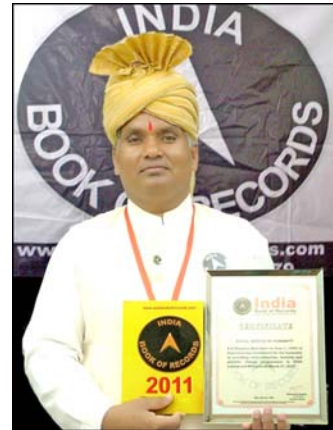
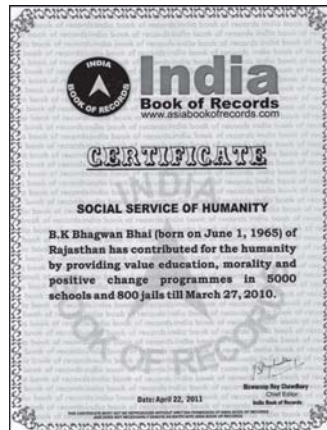
O SHIV BABA !

– **B.K. Priyanka Sunil Udasi,**
Amravati

O Shiv Baba, you are so
bright
You have a lot of light and
might
You purify our sight
You always teach us what
is right
And take us to the greatest
height

Adorn us with divine
powers
Fill our path with fragrant
flowers
Really sweet and great is
the love
Which you always shower
He is always successful
Who is your follower

**B.K. BHAGWAN
in 'India Book of Records'**



The name of B.K. Bhagwan of Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya has found place in India Book of records for his continuous efforts of teaching the moral and spiritual values to thousands of students of over 5000 schools in India through lectures and also for inspiring thousands of jail prisoners to give up crime and lead their lives with peace, goodwill, and harmony, through thousands of programmes.

In a function organised in Connaught Place, New Delhi, B.K.Bhagwan was presented with the certificate by Mr. Bishwaroop Roy Chaudhary, Chief Editor, India Book of Records. Lauding B.K. Bhagwan's humanitarian efforts, Mr. Roy Chaudhary said that such noble acts transmit positive energy in people's lives. Mr. Chaudhary further stated that with this very aim, B.K.Bhagwan made concerted efforts to inspire students of various secondary and higher secondary schools, colleges and I.T.I's. He also gave his spiritual message to teachers, trainers, faculties etc.

B.K. Bhagwan said that in order to eradicate widespread corruption, evils, addictions, crimes etc. from the society, there is immense need to bring change in the education at school level. In order to reform society, "we have to synchronize values and spirituality in education", he concluded.

— (... Contd. from Page No. 3) —

to anyone, they would get a vision of Radhe, just as they saw Krishna or Narayan through Brahma Baba.

Great power to sustain souls

The *kumaris* used to live with Mamma. At the beginning, many mothers also came and Baba would speak about celibacy. When parents objected, the *Kumaris* would say, “Well, we are not going to a man, we are going to a sister. Mamma is a woman and she is just sharing the spiritual knowledge.” Brahma Baba and Yashoda, his *lokik* wife, lived in Om Niwas which was the hostel for small children. The other building was Om Mandali where mamma lived with *kumaris*.

Whatever Mamma spoke, she would not just say words but she would bring it into practice immediately. This made her very attractive and the *kumaris* loved her so much. They used to say, “Oh! Mamma is so sweet...” Sweetness was her natural *sanskar*. She was sweet, but at the same time mature, not childish, not serious but sensible and easy.

Mamma was like a small child with the children, elderly

with elders. When she saw any one of the *kumaris* sad, she would come and pat them on her head and ask, “Child, what happened?” She would complain, “So and so scolded me”, or “She did this to me.” And Mamma would explain very gently, “Never mind child, people will keep on saying such things, but don’t worry. You are finishing your *karmic* accounts.”

Moving to Karachi

After moving from Hyderabad to Karachi, Brahma Baba was given the title ‘Brahma Baba’ and Mamma was called ‘Jagdamba Saraswati’. Baba would say that Brahma is the real mother because it is through Brahma the children are born, but someone is needed to be a mother, and that is why Baba puts Mamma in front as the mother, the leader of this family or army of *shaktis* (sisters).

Everyone would get visions of Radhe from Mamma and of Krishna from Baba. Brahma Baba’s family would get visions of Mamma as Saraswati and Radhe and in this way they developed love and understanding of her role. Although Brahma Baba’s daughter was older than Mamma, Baba wanted to put

her in front and others would get a vision of her as mother. Mamma then felt that she also had grown up and she became very mature although she was not very old. Then Baba used to praise her a lot. “You children should follow Mamma. You should come in the army of *shaktis* and follow her. She is ahead of me because she is celibate from birth.”

The *kumaris* and mothers were influenced by Baba’s words, because Baba would keep on praising Mamma so much. Mamma wouldn’t be there to listen to Baba’s praise but they would go running to her, “See, what Baba has spoken about you.” Then Mamma would smile, it is not that she would accept the praise willingly. She would say, “You know Baba is very clever. Baba is greatest of all but he always wants his children to go ahead of him. But can we ever go ahead of him. Does it mean that child is ahead of him; No, this is God’s greatness that He puts the children ahead of Him. So, you don’t understand God’s cleverness.”

But the *kumaris* would say, “Baba is praising you so much, so you must be like that.” Then at last they would agree,

“What Mamma is saying is also right.”

The relationship of Kumaris with Mamma and Baba

The senior Dadis would go in front of him and were very light with him. The younger ones were also anxious to go to Baba but they used to hesitate to speak to him. They used to wonder if they make a mistake while speaking to him what would happen. But Mamma used to look after them and sustain them so well that they were closer to her.

Whenever they made a mistake, they would go to Mamma immediately. Others would complain about one another. They would go and say, “Mamma, that sister who complained about me is not good.” Then Mamma would say, “Child, you are a great soul. Why do you think about these trifling matters? Why do you say that to me?” So, Mamma would correct both as to where they went wrong, helping them to see the wrong which existed on both sides.

Unquestioning obedience to *shrimat*

Mamma used to obey *shrimat* very accurately and flawlessly. She never used to question Baba how such things were possible. For

example, once Baba told Mamma to make all the sisters sit together and prepare with embroidery on silk cloth, a very beautiful picture of World-Cycle. Mamma said, “OK Baba”, but other *Kumaris* did not know how this would be possible. They would say, “But Mamma it is so much work, such a big piece of sheet. How can we make such a big cycle.” Mamma would immediately stare at them and say, “Don’t say that. See who has said it. It is not a bodily being. God Himself has said it. So you cannot refuse or question.” After 15 days, the picture was ready and they went to Baba, presented it to him and Baba gave so much love.

So, often Baba would say something when Mamma was sitting beside him. Baba would turn and say to her, “Mamma it is possible; isn’t it? And Mamma would say, “Yes, Baba”. When she would say, “Yes, Baba”, it meant it was done. So, then she would stay awake day and night, standing herself and getting it done herself. Even cooking food, chopping vegetables, cleaning grains, Mamma would do it herself and *Kumaris* would get strength to do likewise, on seeing her doing it. Even if it

was the lowest job in the *yagya*, Mamma would give her company, so there was no one body-conscious in anything.

Mamma was very accurate in her daily routine. If Mamma was to come at 6 o’clock, she would come down from her room at six, not even one second late and she would go for a walk and *Kumaris* would follow her.

The Virtues of Mamma

Mamma used to enjoy self-introspection. She loved to be in solitude. She would speak very softly. She was the image of maturity and the *Kumaris* would tell her, “Mamma you already possess these virtues. You don’t have to make efforts to attain these as we do.” Mamma would say, “No, I didn’t have them before, though they seem natural to me now, through the knowledge I was able to gain divine virtues. Baba has filled me with divinity in me. So, although I know I’m going to become Lakshmi, it doesn’t mean I don’t have to make efforts. I know this is my future. I make effort to become Lakshmi.”

Mamma was very accurate in her thoughts, words and deeds. She was very loving. She would fill such enthusiasm in everyone for everything. She used the specialties of

Kumaris and this was why they had lot of love for her.

Mamma was stable on Drama

The *Kumaris* lacked the power of tolerance but Mamma was stable on the point of Eternal World Drama. She would speak long *Murlis* on drama and make them stable by enabling them to use the point of Drama. She would say that whatever had happened was fixed, but it won't repeat now but only after 5000 years. So, that scene has merged into the past. Why do you emerge it again and again in your mind?

Mamma's regard for Baba

One day Mamma and Baba took all the *Kumaris* for climbing and he asked them which mountain they wanted to climb. They suggested different mountains and Baba kept moving ahead and said 'yes' to everyone. Mamma looked at them sternly and so they asked Mamma whether it was not right to suggest it to Baba. Mamma said, "No,

it's alright," but after a while Mamma would explain in a very sweet manner that Baba is God and so they then said, "Yes, Baba, wherever you take us we will go."

Mamma never gossiped. Sometimes sisters would tell their secrets to their friends but Mamma had connection with Baba and none other. She would not tell things of her heart to anyone. Mamma was very close to Didi Manmohini and Dadi Prakashmani, but still Mamma would say, "Mamma feels like this but it is good if you ask Baba." Sometimes Baba would say, Baba feels like this but you can ask Mamma." Baba would take the final direction from Mamma and Mamma from Baba and so Mamma and Baba would give respect to each other.

Mamma leaving the Mortal Coil

During her last days, Mamma underwent an operation but with the power of yoga, she controlled the pain. Baba was sitting before her and Baba gave

drishti to her for a long time. She gave to each of the children the grapes which were the first harvest of vineyard and then after half an hour she left the mortal coil. It was on 24th June, 1965. Through Yoga power, she had conquered her *karmic* accounts. Mamma never expressed that she was in pain, so till the end, she was serving.

Mamma had sustained all the *Kumaris* and mothers so much but she went a step ahead in the advance part and, thereafter, Baba gave them extra love and sustenance in the form of Mother as well as Father. Baba said, "Well, although Mamma was responsible for looking after the shaktis, the real mother is Brahma". ■

Lucky Day

Forget mistakes.
Forget failures. Forget everything except what you're going to do now and do it. Today is your lucky day.

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