



Brahma Kumaris - Dadi Magazine - May Extra 2011

IN THIS ISSUE

- 2 BECOME INSPIRATIONAL AND YOU WILL AUTOMATICALLY BE HAPPY
- 3 EMERGE ALL THAT IS GOOD WITHIN!
- 4 KEEPING COURAGE
- 5 COMPANY, INTENTIONS AND FEELINGS
- 6 Q&A - GLOBAL RETREAT CENTRE, OXFORD
- 8 Q&A - GLOBAL RETREAT CENTRE, OXFORD
- 10 HOW TO ACCUMULATE THE POWER OF FAITH
- 11 WHAT DO YOU SEE? WHO DO YOU SEE?
- 12 EMBODIMENT OF KNOWLEDGE MEANS THE EMBODIMENT OF LOVE
- 13 THE DESTINATION IS VERY HIGH, YET VERY CLOSE
- 14 ATTITUDE, VISION AND AWARENESS
- 14 BE AN IMAGE THAT GRANTS VISIONS
- 15 HAVE I BECOME GOD'S RIGHT HAND?
- 16 SHARE BABA'S VIBRATIONS WITH THE SOULS OF THE WORLD.



DADI JANKI - 18 MAY 2011 - GLOBAL CO-OPERATION HOUSE THE EFFORT AND THE AIM



The effort that we first have to make is to become the conquerors of sinful action (vikarmajeet). Is it then that we have to settle all our karma and become karmateet - or is it that when we become karmateet we become those who have settled sinful actions?

We wish to become karmateet and so first our sins have to be incinerated. As our past sins are absolved, we become free in this birth.

Someone asked Dadi what the sign would be that their sins had been incinerated. When our sins are absolved Baba will very clearly be in front of us.

Dadi was also asked which was more important - yoga or service? When your remembrance of that One is very good, you have the attitude of remembrance and tapasya and only remember Baba. You would not remember anyone else and no one would remember you.

If there is no one else to speak to, speak to Baba. When one is talking to Baba then this is all that is in the mind. When speaking to others, be careful what your eyes are

doing. When conversing with people the thought can sometimes arise that this one understands you. But, in fact, the sign from deep within that you have conquered sinful actions is that you will not have any of those types of thoughts in your mind or on your lips.

Baba says: Wake up early in the morning and talk to yourself. It is fine to talk to human beings and share things with others but the response we receive from Baba will be a response that will help us in our lives.

Be with Baba, the Ocean of Knowledge. When the Sun of Knowledge comes, the darkness of ignorance is dispelled and there is the great happiness that we have recognised Him with our hearts and understood Him with our intellects and seen with our own eyes how that One came in this one.

Previously, we were not aware what the mind was thinking. The service that Baba has asked us to do has been wonderful. Baba is wonderful.

Thank You, Baba.

Om Shanti.

DADI JANKI – 21 MAY 2011 (PM) – GCH

BECOME INSPIRATIONAL AND YOU WILL AUTOMATICALLY BE HAPPY

How can we do the type of service that Baba and time are calling us to do? In fact, what we have to do now is to make others equal to ourselves and so they can do 10 times more than us. The type of service we are doing has changed because many have joined us and are doing service with their talents and skills. Thus service is expanding. We do service and come close to the family and to the Yagya. Service melts and moulds us. Ask yourself: What does Baba want and what is it that I am doing? We should give others the chance to do the type of service we have done. Service is about checking ourselves and changing ourselves. Our *mansa seva* should be such that others receive co-operation. When you do service and move forward in your spirituality, others will see you and want to do the same. Happiness comes automatically when others are inspired by us. Baba directly gives the soul strength and help when the soul does *seva*. I have to become such a yogi that I inspire others to do service. So the first thing is to let the mind be connected with Baba. Don't direct your mind towards your body or towards wealth. If your mind goes there then what you can do is very limited. Directing your mind towards your body will result in tiredness. Thus, you will be limited in what you can do. Don't let your mind go into limited matters such as physical problems. If you keep your mind free from these things then you will become very royal. There needs to be a lot of honesty in my personality. If there is even a slight lack of honesty, For example: there are so many people, no one will see me, and then there is a deep impact on the soul.

Determination is essential. I have to be present and I need to keep only One Baba with me. I belong to One and I need to move along

with economy. Without economy you cannot draw others to Baba – thus *eknami* (keeping only One) and economy are essential. Brahma Baba was the incarnation of one who moved along with economy. I have come as an incarnation onto this Earth to perform good actions, thus I am totally free, but I also need to have a generous heart.

When we sit in silence we can understand how Shiv Baba is teaching through Brahma. We will then be inspired to study well. There are so many good directions that Baba has given. If I follow them then I will be able to develop a relationship with Baba. If I follow Baba's directions I won't even need to think what to speak to others – it will emerge automatically. In silence we can do many tasks that we cannot do by thinking about them. When Baba sees us sitting in silence with so much love like this then He also feels like coming and listening to what we are saying.

Brahma Baba was very honest and sweet. He also ran his business with same great sweetness and honesty. All the Sindhi families in Calcutta knew how Baba was. The food we are eating in the Yagya today is from Baba's honesty. It is Baba's honesty that has allowed the Yagya to continue so successfully.

In order to have remembrance I need to keep deep love and a great interest in Baba. If you can't have yoga it is because you are remembering situations or relationships. Baba used to test us a great deal in this aspect. The test comes when someone leaves the body. In fact, we cannot stop anyone leaving the body but when there is attachment the mind goes again and again onto that soul. If there is even a little attachment to someone then you cannot have *yaad*. Even to remember a doctor is to fail because Baba

is there for me. When I remember Baba then the right doctor will become the instrument for the soul. To think that you have the same sickness as your *lojik* family means that you won't allow the power of yoga to work on you. With the power of yoga the soul becomes bodiless and secondly God becomes responsible for the soul.

It is the time for us all to do *tapasya*. In the evening Baba sat in such deep concentration that none of us felt we could move. Anyone who came into that atmosphere would not be able to move. It is our power of *tapasya* that will show the whole world the path. However, many souls don't know the value of time. Thus, there is carelessness and the soul does not actually do *tapasya*. All of you have been pulled by Baba's *tapasya*. It is Baba's *tapasya* that is creating the new world. There is a great deal of benefit in doing *tapasya*. When I do *tapasya* neither my old thoughts nor my old *sanskaras* can remain.

When we don't have the complete stage then we see problems approaching, we feel the problems. When someone pays attention to their stage they won't even think that they have to face something. Whatever situation comes, don't look at it, don't think about it and don't feel that it can affect you. In this, the relationship with Baba will help you. Someone who is moving towards the complete stage will invoke that stage. If someone has ego then they will find it difficult to sit and listen. It is not a matter of ego to want others to receive what I have received through Baba. Baba has told us to give the sustenance we have received to others. Baba has told us that we need to have such touching and catching power that when Baba gives a signal the soul can catch it.

Om Shanti

DADI JANKI – 21 MAY 2011 – GCHF EMERGE ALL THAT IS GOOD WITHIN!



Give a donation and you will become free from any bad omens. What do I have to donate? That which is useless in me. When I keep only that which is good emerged then anything negative will disappear. Just as a swan and a stork cannot stay together, good and bad cannot stay inside at the same time. See the contrast between good and negative. There is so much difference. In order to emerge all that is good, I need to keep the aim to imbibe what Baba says. Baba explains to us with so much love and keeps calling us 'sweet children'. When the soul changes internally, the name 'Sweet Baba' emerges from inside.

All the things of the path of devotion are our memorial. In the world they sit at a T junction and do some pooja to remove bad omens. For us, remembrance does the magic. We are at the junction of the old, the new and the world up above. Remain alert: This is the land of sorrow and I am moving away from it. Not the slightest trace of the land of sorrow should remain with me.

I don't change my body but I do have to free myself from it. I sit at the T junction and free myself from all desires related to bodily attachments. Many don't do this work. They just carry on in the same way. We are standing above the cycle... at the top of it and we have to go up above. Shiv Baba is just above us and He is taking us to the land of happiness.

We sit in front of Baba in His room and we get a great deal of benefit. Now sit in front of the tree and you will understand where you are and what you have to do now. If I haven't experienced something and yet I try to explain it, it won't touch others. This is why; it is essential for us to have deep experi-

ences. Brahma Baba always kept the awareness that these are the final moments of his final birth. We have to stay in remembrance and accumulate the power of yoga. It is this power that does the work. Let me remain योग्युक्त internally. For this, I have to first remain ग्यान्युक्त. If someone remains in yoga then everything they do will be accurate.

A great deal has happened because of Brahmins yoga with Baba. It is yoga power that is getting service done. When the soul remains in yoga then others automatically become like that one. This is a very natural type of service. What should we be talking about amongst ourselves? First we need to remain in silence, to stabilise the self in silence and only then should we come into sound with each other.

***I am sitting in
God's home and
so real happiness
should be visible
on my face***

It is the heart that accumulates happiness and it is from the heart that happiness emerges. Fill the self with knowledge and you will fill the self with happiness. By remaining in purity, peace and happiness we develop so much royalty. If someone is fluctuating, we need to remind them of everything Baba is saying. Remember only that which is good from the past – leave everything else.

The eyes are very deceitful. If you want to remove all negative omens for all time remain aware of what you see, what you hear and what

you speak. If you hear anything wrong even by mistake you will lose your sleep. If a little thing enters the ear of an elephant then the elephant becomes unconscious. If anything comes into your ear then let it out through the other ear. Free everyone from defaming others. Don't defame anyone yourself or you will be defamed at some point. To defame anyone else is to defame your own self.

We have to give time to make the self-virtuous but no time to defame others. If you need to say something about others it is a sign that there is still a lot of negativity within the self. Let me create such vibrations in myself that neither do I think badly about others, nor can others think anything bad about me.

I have to keep on letting go... keep on forgiving at every second. The destination is very high but we have to reach there and for this I need to forgive and forget. If you don't forgive then you will get stuck and you may have a stroke... Keep Baba's hand on your head at every second and your head will remain cool.

Beware: If there is even a trace of body consciousness negative omens will surround you. My stage should be such that others only see light when they come in front of me. We used to become bodiless when sitting next to Baba and I should take myself into such a stage that I do the same type of service. Then anyone who comes will be pulled into that stage. Whatever service and whatever experience you want to have, do that now.

Baba has told us that later there will be no second chance.

DADI JANKI 17 MAY 2011 – KENSINGTON CENTRE

KEEPING COURAGE



While it was sunny and bright outside, inside Baba's Kensington centre Dadi Janki was radiating to a packed room on Keeping Courage in Turbulent Times.

Dadi asked, 'When is it that courage can come?' We live in this world and in an already established and ready-made life. Courage is needed to bring about change and one way to do that is by developing disinterest in the old world. Time and money are wasted when there is too much interest in something. Living in this world requires showing the courage to lead a good life, and it is on the basis of that, that help is received. You are able to receive help when you first develop a deeper understanding of 'who you are' – it is then that you develop courage to move forward.

Wherever the centers have now spread across the world, people have received a mirror of the kind of life that they need to lead themselves. There is a lot of attraction when these three things are in your life: honesty, cleanliness and simplicity. A simple life means to be honest and to be clean. Simplicity is to live with only that which you need, nothing more, not to have too much of anything. First, I have to be honest. Then I'll be encouraged to do something.

'And so why should I need courage?' Because I have to change. When I say, 'That's what I want to be', this brings realization and courage comes from that. To realize means that the real 'I' opens and I am able to discern what is true and what is false, what is sin and what is charity, what is right and what is wrong. My eyes must open, and when they do, I have the courage to be truthful, to finish all sin and negativity. Let me perform benevolent actions, that my own account of negative actions is finished, that through my actions others receive help and I receive blessings from others.

Do not doubt whether this can be done. I need to hold the thought I want to become truthful. Be silent, go inside, listen to the voice of truth and do that. It doesn't matter what the mind wants to do or what the world says.

The Supreme, The Divine, is watching. He is The Father of everyone. For God there is no division, God doesn't create divisions, man has created these separations.

What is it that God is looking for? A child that is honest and truthful. Encourage the child to keep his attention focused on God. Yes, this child has understood what it means to be a good human being. You have to keep the aim of becoming it. There are many people in the world doing what they're doing, but when you look at them, you have to be careful that you don't do the same. It doesn't matter how much people tempt us to live a certain way, I have to make a final decision for myself that I don't want to live like this. I seek help from God, to remain truthful, so that nobody will be able to force me into any kind of falsehood. There is nobody out there that has any mercy.

There is the One Supreme and He is the Truth, He infuses the soul with the power of truth. There are messengers and prophets, but only one God. I have to develop a relationship with Him. I have to free myself from ego and attachment as this leads to anger and makes us perform sins and wrong actions. Ego is such that it will never let you speak honestly. Greed leads to lies.

With the power of truth, courage and faith will do their work. I need to have courage. I need to have faith. I need to be truthful. My company should be such that it changes iron into something pure, like gold. I have to divorce myself from body consciousness. I don't want it. I

want my freedom. I don't want to be dependent on anyone. I don't want to be dependent on respect, on praise or on money. We encounter temptations, we become fearful, so it is important to draw power from up above and it is in that connection that I receive help.

Dadi reminded us that the relationship with God works two ways: I am God's toy. He can wind me up and play me the way wants to play me. But it works the other way as well, for I can take what I need from God and let God be my toy.

Wherever you go, even places of worship, there is often a beautiful instrument, usually a piano, on the side. It is very beautiful, but, you need someone to play it. Of what use is it otherwise? God plays us like instruments and the sound draws others who are amazed with That One.

Speak no evil, hear no evil, see no evil. That which is useless, I must discard and remain clean and pure inside, do not hold onto waste.

Love, happiness and power come when I am honest and so check, do you have these three things?

Dadi said, 'I Love God more than He loves me.' He watches where my attention goes.

Be fearless and courageous and do not have any animosity towards anyone. Think that everyone is your friend, I am my own friend to reform myself, God is my friend and keep feelings of friendship towards everyone around you.

In today's world, it is important to forge the connection with God, and develop a good relationship with Him. Dadi said, 'When I converse with God', I say, 'God, love all of them.'

DADI JANKI – 14 MAY 2011 – GLOBAL RETREAT CENTRE COMPANY, INTENTIONS AND FEELINGS

An 'easy nature' ... contains humility, sweetness, patience... All qualities are present in someone who has an easy nature. Someone with an easy nature will never try to prove himself. Truth is visible in him and so there will be no need. We now all have to become ones with an easy nature. My intentions should be so pure that others should catch those through the feelings I create. My intentions should be the most elevated: my feelings should be of benevolence, friendship... Someone with an easy nature will never feel that it is easy to be friends with one person and not with another.

In fact, if we understand someone's intention we will never get upset. Baba has told us clearly not to give sorrow. Our sanskaras of giving happiness have to be created now. The weight of waste thoughts will then reduce. It is waste thoughts that will increase our weight. With waste, the head becomes so heavy that tears have to emerge from the eyes. The soul then feels the need to speak of those things. They then create heaviness in the atmosphere. Now stop going into waste; there is really no need to ask questions about what to do and how to do it. Just become light, do it now and spread light in the atmosphere. Someone with an easy nature will be able to just get on and do even the biggest task. The most sensible person is one who uses time in a worthwhile way. No matter how good someone's intellect is, if they think too much or get caught up in waste then they cannot take benefit.

We live in the old world but we remain free from bondage because we don't have any attraction to it. Attraction and upheaval are both negative. We go inside and check and change ourselves. We have received so much light here that it is

easy for us to do this. My task is to change myself – not to change others. It's God's task to change others, not mine. My task is to become so pure that others become pure by being in my company.

The company we keep has so much influence on us. When in company we can recognize our intentions and then our feelings. In fact, company, intentions and feelings are very, very closely connected.

It is a huge act of charity to create and sustain a good atmosphere in a place

Many souls get benefit from coming into a pure, positive and loving atmosphere. Beware: If you allow yourself to become upset, that will not only show on your face but it will spread in the atmosphere and other souls will pick that up. If your thoughts are not right, if you speak inaccurate words or do wrong actions, that immediately affects the atmosphere of a place. My thoughts, words and actions should be filled with so much power that not only do I become happy and content but others also become happy and content with me. Baba has told us to use the right method to become successful and this is the right method: To use my thoughts, words and actions in the right way.

My attitude should be very elevated and pure because the attitude automatically affects my drishti. Attitude is very subtle: All that is filled within me - within my memory track – it is that which creates my attitude. If I manage

to leave all that which is in my memory track then I can create a good attitude. This is why it is essential to go deep into gyan and to fill the self with the power of remembrance. It is vital not to go into any other matters so that all that which is negative within can be removed. If a negative or waste thought comes, it is essential that it does not come in my mind a second time. I have to stop these thoughts in a second! Waste and negativity keep repeating because the speed of these thoughts is very fast. Therefore, use the method of creating powerful thoughts and consciously maintain that thought and keep creating powerful thoughts a gain and again.

We can accumulate within a second and we can miss out in a second. When we have pure thoughts our time is used in a worthwhile way and we accumulate. The power of the gathering helps a great deal in this aspect. It is a great fortune to use time in a worthwhile way. When we do service together then we are learning to fly! Such service takes the form of play. But this only happens when one remains light and has the thought that Baba is doing everything. It is a subtle aspect – when I do service everyone receives the fruit of what I do whilst I receive the power of that seva. My task is to inspire others through my activity. If you try to take service from others you will never really be healthy. A server's task is to be available for any type of service at any time.

My yoga now should be like a volcano – that powerful - but it can only be like this if there is only one Baba and no one else. Nothing of my past birth should remain. Second, is the fruit of totally selfless service? Now pay attention to these two aspects.

DADI JANKI – 1ST MAY 2011 EVENING

Q&A - GLOBAL RETREAT CENTRE, OXFORD

Everyone loves your stories, Dadi. Can you tell us about lesser-known characters in the yagya from the early days?

There are those who are not well known and have been and gone and those who are here now and are also not well known. I see some incognito co-operative souls who have accepted Baba too. Brij Mohanbhai's father, Anandji, was wonderful. For 365 days he would have amrit vela. He told Baba he was available for any service and opened the centre where Pandav Bhavan now stands in Delhi. He took full responsibility, surrendered completely and was a true example. Whenever he met Dadi they would chitchat about yoga. He left a very good memorial of himself and many souls emerged who remembered Baba in their final moments. Surrender means I belong to Baba and Baba belongs to me. Today there are such incognito yogi's who know how to use everything in a worthwhile way.

Is it that souls from that time have incarnated in the family in an incognito way?

There are such examples but Baba said not to speak about it. We wondered about Mama and also Dada Vishwa Kishore but Baba said there was no need. Even now when Baba is asked about Dadiji, He does not give an answer. Those who are gone are serving souls all over the world, in an incognito way.

Tell us your thoughts on the main religious founders and their helpers? Are they being served in a specific way, what are they doing now and what is your personal experience of these souls?

We have to sit quietly and chitchat about these things. Baba has said

from the beginning that the souls of Christ, Buddha and the other religious founders will definitely come to the Supreme Soul. Baba has made us instruments to serve these souls. There was a very good soul, who would take up different aspects of what Baba said and relate them to the Koran and speak to Baba of these things. He recognised Baba quickly. Baba met him in Bombay with a lot of respect and through him many other souls came.

Baba is the Supreme Father, the Supreme Soul and the father of all the religious souls. They come at their right time to play their part. Baba has made it firm that Shiv Baba is the Creator, Director and the Main Actor of the Drama. It will be fixed in His part to give directions to the souls who are to come. They will come at the end to Baba and take drishti from Baba, having reached their tamopradhan stage. When the picture of the tree was being created, Baba used to keep these souls in front of him first. The deity religion starts from now. Baba would speak about Abraham, Buddha, Christ, Mohammed and Guru Nanak and how the religious founders come and have branches on the tree. When we look at the picture, we see there is the Supreme Soul as the seed of the tree and Brahma and Saraswati are the Adam and Eve at the root of the tree. We recognise them here at the Confluence Age. Baba has said that we need a good intellect to explain the tree properly. Brahma and Saraswati play their part, come down and then come back at the confluence age.

Do they come when Baba is just giving drishti at the end, or do they come and 'meet' Baba?

We are seeing the drama now. In sakar Baba's days souls came and

took drishti from Baba and there was recognition. Now, wherever souls may be they take drishti from Avyakt Baba. The drishti pulls the soul and gives the feeling, 'I belong to Baba' and the soul recognises itself. You sit here, because you understand that this is the land of sorrow and that it is time to go to the land of peace. You recognise that you must stay, keep company, do service and go to the land of happiness.

Does this mean that they don't meet God personally? In their teachings they speak of meeting God...

They will have the feeling of meeting God. Baba gives the example of Christ. The soul of Christ comes from above at that time, from God, and enters as a pure soul - just as Shiv Baba comes into the body of Brahma. Religious founders also come in the bodies of other souls who already have a body. One soul in Karachi would say that he had come to 'The Garden of Allah', when describing his experience from Baba. That was when Baba started to use this expression. When we were in Brij Koti a Christian soul, who listened to knowledge very well, came suddenly. These souls won't leave their religion and won't recognise themselves as a deity. They have love for God and respect for us - this is very subtle. Why do people have respect for me? I went to China and Japan and they have a lot of respect. Some take knowledge and become Brahmins and some don't but stay cooperative. They consider us to be elevated, whether in Bharat or abroad. I have studied the scripture of the Granth, yet I do not belong to the Sikh religion.

Where do the founders of the religions get their power from?

Dadi Janki – 1st May 2011 Evening Q&A - Global Retreat Centre, Oxford



From here - by coming into connection with knowledge and love.

They seem to have very good yoga, and we have been struggling for years!

This is the special role they have. Dad was in Amritsar and with an old man who was very sattvic and educated. He asked permission to come to Baba's house to sit and experience the peace but would get confused listening to knowledge. At these times we should have a touching about who should listen to knowledge and how we should relate it to them. Don't just quickly go around the pictures, but explain each one and eventually they will understand.

Don't speak the whole knowledge at once. Those who recognise that this is the last birth, and this is the Confluence Age, will listen to knowledge. When someone understands that it is the Supreme Soul coming from Paramdham in the body of Brahma, that is it. Many will simply maintain respect for us and draw peace and love from God. Then, at the time of establishing their religion, no matter what they have to put up with, they will have the power and strength to do it. Here also, when we become Baba's children, we develop the power to tolerate and then are able to take a jump.

Do they receive sakaash through instrument souls or does Baba give sakaash and inspire them?

They may take sakaash from instrument souls, who are drawing power from Baba. Baba says that many have visions of those who have gone in advance - of Dadiji and Didi. Often I have had the experience of Dada Vishwa Kishore. Dada had a powerful vision and

would say that, if something is useful, then do it. It is a question of subtle dharna, not a question of where someone has taken birth. When we couldn't afford the rent of Brij Koti, we moved into a government bungalow, then Pandav Bhavan was found, which was a stable block. Dada asked Baba how much should we offer for it. Baba said 13,000 rupees and Dada went to the owner and made the agreement. Everything Baba said, he put into action. There were no bathrooms, so we had little bathrooms made, but there were no taps. Dada Vishwa Ratan would fill buckets of warm water every morning and bring them to us. He was an incognito yogi and a true server. He would never speak when eating. He was the one who created the picture of the tree according to Baba's instructions. If there was no one to cook chapattis, Dada would do it.

These elevated souls have such subtle dharna that Baba is in there every vein. Dadi Vishwa Ratan was so accurate that no-one had the courage to waste even 5 rupees. Baba would not let him go outside, as Baba said he was a protector of the yagya. I asked him how he remained a yogi. He smiled and said that he had to pay attention to one thing: that no one should have a waste thought regarding him or it would break his yoga. I have never forgotten this. He was so accurate and on time. Baba had complete faith in him.

Maybe Dadi could give us three things we could focus on for the rest of the year?

The Art of listening

In silence lies the ability to listen:

to listen to ourselves, to listen to others and to listen to God.

Listening is a lost art. Without it we cannot communicate, we cannot relate to each other and so we cannot live life meaningfully. We need to learn to listen.

- 1) The self.
- 2) Relationships.
- 3) Service.

Don't forget the self for a second. The majority get too absorbed in service. Keep time for the self and Baba will come in front of you. Ask the self: Where am I wandering and where am I lost? This is the question of using time, thoughts and breath in a worthwhile way. When my breath, time and thoughts are absorbed in Baba's remembrance, then there is no need to labour, as no waste thoughts can come.

Even a little waste wastes time. Time, truth, love and happiness – use all these in a worthwhile way so that sadness and hopelessness can never appear on your face, because then you would become a servant. 'Sad' and 'servant' rhyme in Hindi. We are ones who are to become emperors and empresses. Remember Sakar Baba's four poses – in his room, in tapasya, lying on his bed and playing with the children. When he was with the elderly he would be like them, and when with the young, he would be like them. He gave so much love to the children and helped them such a lot. Baba wants the children to claim a high status, so just pay attention that you don't claim a low status.

Do you feel that yesterday is forgotten and your original stage is emerging within you? I actually never give drishti myself; my bhavana is that everyone should enjoy Baba's drishti, because it makes us bodiless, fly and become the residents of paramdham.

Om Shanti.

DADI JANKI – 14 MAY 2011

Q&A - GLOBAL RETREAT CENTRE, OXFORD

In this morning's murli Baba said: Love everyone...

This is the work that we need to do – there is nothing more than this. I personally, don't know how to do anything else. If you share love with anyone then neither will others give you love nor will Baba give you love. You have to give even more love than Baba gives you. With love you make a good exchange with people. When you share knowledge some will not be ready to accept or hear it, everyone accepts love. If I share love and bring them close then eventually they will be prepared to hear knowledge.

Loving everyone is supposed to be easy. Why is it so tricky? Why do we hurt ourselves and others? We sometimes seem almost afraid to love. How do we make it simple?

We make small things big by thinking about them and even bigger by speaking about them. Because of this we become dry of love. If you learn the art of 'making big things small', you'll have endless love flowing. Even a big thing can be made small by thinking of it as such. Whenever we came in front of Brahma Baba, we would experience how there was nothing we needed to say any more. Baba would simply say: 'Child you have to become the conqueror of sinful action (vikarmajit), karmateet and a conqueror of the world.' And we would reply: 'Yes, Baba, we will.' We are unable to love, because we see other people's negativity and shortcomings and, when we do that, our own negativity and shortcomings emerge. We had finished our karmic bondages but when we see negativities in others, they re-merge and then we cannot feel love. To see someone's negativity or defect is like drinking poison. It

is this that makes the well of our love dry up. To see goodness and qualities is to drink nectar, and to drink nectar is to have eternal life.

It is time now to become complete is here. You have to become that so that others can be inspired. You may have done a lot of service but many haven't let go of the habit seeing something negative in others and then thinking about it repeatedly. You always think about how others see you instead of looking at yourself and thinking: how am I looking at others? You must see others with a pure vision, with a divine intellect, then automatically we experience love and truth in our interactions with others. I am not a teacher. I never think of people as 'my student'. They are Baba's children. My Father is my Father, Teacher, Satguru and my Companion. If you truly want to listen to what Baba is telling you, listen like Mama. Mama would merge what she heard inside and become the embodiment of that at once. All you have to do is pay good attention, then you will become free from tension forever. When you are available for service, you're able to pay greater attention to yourself. When you have truth and humility, you'll be able to remember Baba more. I don't do anything; Baba does it all.

If, for instance, you made a mistake, thinking about it causes a further loss. From the copper age on we've experienced the consequence of our actions. The confluence age is the time to destroy what still remains of the negative actions we've performed over thousands of years. Baba doesn't give blessings but has a lot of compassion; He is very merciful. I didn't tell Baba about other's mistakes but about my own. I would write to him about a mistake but when I went in front of him to tell him personally, Baba said: 'Child, why are you repeating

this? Forget it now.' If you don't forget and tell Baba honestly about the mistakes you've made, you'll continue to make them; then you won't be able to experience Baba's love and will get disheartened. Instead, instantly ask forgiveness and say, 'OK, Baba, I won't do it again' and forget it. Maharathis should not make even a small mistake. For instance, if somebody tells you something that isn't accurate, don't listen or show the slightest interest. These little mistakes are what lead to depression. The sickness of depression is not good – it stops me having yoga, being happy and doing service – and I'm overwhelmed by unnecessary thinking. So be cautious and alert about this.

Could you say more about those subtle mistakes and the subtle ways in which we are not so honest, which prevent us from having the happiness we should?

I'm not going to think about the subtle mistakes as such. The answer really is to be introverted and look at yourself very carefully. Because we don't become concentrated and introverted and look at ourselves but instead are extroverted and look outside ourselves, we allow negative things to come inside and we then think about them. We listen to things and tell others about them, encouraging them to agree with us. These are all big mistakes. If something isn't right, instead of thinking and talking about it, why don't I just help to put it right? One who is introverted won't do this; they wouldn't dream of speaking about it to others. Whoever comes in front of them will become introverted and peaceful too.

Baba told me once: 'Your yoga is not good.' I didn't mind Baba telling me that but what did he mean by it? Baba then took my hand and

Dadi Janki – 14 May 2011

Q&A - Global Retreat Centre, Oxford



took me into such an experience of bodilessness, that I realised what it really meant to have yoga. One is to be soul conscious, the second is to be bodiless (ashareeri) and the third to be beyond the body (videhi). Soul conscious means never to have any arrogance of the body as I walk, move, eat and speak. For example if I'm body conscious whilst interacting (moving along), I'll get upset if someone insults me. The various types of arrogance and ego inside me don't allow me to stay happy. Whilst performing actions, I should check: am I performing actions in the awareness of being a soul? If so, I will be able to remember Baba. Then when there is this remembrance of Baba in my activity, I will very easily and gradually become free from body consciousness. But this is not sufficient.....

Thereafter, there is the bodiless stage whereby whilst sitting in one place; it's as if the soul become separate from the body. There should be such practice that it's as if, the body is sitting down here and I the soul am sitting in Paramdham with Baba alone. On the path of devotion they say 'If you remember God, He will take care of your work!' Baba has given us practical experiences of how when you have this type of bodiless remembrance – this truly happens. We would go to Baba for something. He would tell us to sit for yoga – the task we had left would be temporarily suspended. But then somehow someone else would have the thought to complete the task. Some however, become so absorbed and engrossed in service.

The power I receive from the bodiless stage automatically works inside you – it fills you with strength. So much so that when I then come into action, it is that power and strength that is at work. My body

and mind are then healthy and everything else works well too – but I am bodiless. This is what it is to be an incognito yogi who is co-operative (sahayogi) by doing this. Such a soul receives co-operation and becomes co-operative with others. Some times you put out a sign saying 'Do not disturb'. Nothing disturbs you, when you are bodiless. To be disturbed or to disturb others is a sign of sorrow, of body consciousness. Take great care not to get absorbed in actions or relationships.

Be set on the seat and then do the work (perform actions). This will be natural when we have had experiences of the bodiless Stage. When I think of the bodiless stage Brahma Baba, I remember Brahma Baba.

Then after this there is an even higher, more elevated stage – to be videhi (beyond the body), liberated from the body.

Shiva Baba is. When I think of this stage, I remember Brahma Baba, as the one who was both snehi (extremely loving) and videhi. So first I have to become so lost in love. The subtle aspect of this is that Shiv Baba is videhi, Brahma Baba is loving. When the two combine and are in front of us – it shows us how to be.

Whenever the body is in pain and there's service to do, I practice the videhi stage so that the pain goes. There's no need to speak about it. By practicing this stage I'm able to do service and keep myself right. Some fluctuation will come in the body due to climate and other changes, but that's OK. If I have attachment to my body, or someone else has attachment to my body – I will never be able to be bodiless. Even if I'm unwell and doctors give me medication, it won't work. Doctors perform surgery by first

making you 'bodiless' and then performing the operation. So no matter how difficult the situation, let me become bodiless, then I'll be able to say 'Yes, Baba'. Why should my pain disturb anyone?

What is the place of Brahma Baba – BapDada - in our remembrance? Can I be with BapDada in the angelic stage in meditation or should it always be just the Point? How does Dadi remember God to become bodiless?

When we sit in silence even a new person will automatically sit like that too. Yoga means to stay in silence. When we sit in silence it's with the awareness of the knowledge I've received from Baba: that I am a soul and the Supreme Soul is my Father, that the Supreme Soul is resident of the Supreme Region and that it's now the confluence age and the time of destruction is ahead. Yoga means when my connection and relationship with Baba is such that I don't have to make effort to remember Baba. Because we switch between remembering and forgetting, Baba said: 'Don't call it yoga, call it remembrance.' I remember Shiv Baba because Brahma Baba comes in front of me first; the two are together. But I do recognise the two of them properly: that Shiv Baba comes into the body of Brahma Baba and speaks through his mouth and makes me into a Brahmin. In other words, I'm able to have a spiritual birth, when I have this understanding. Then, when I consider myself to be a Brahmin who is born again spiritually, I'm able to have yoga. Sometimes we don't even remember our Brahmin life. When I'm battling inside, I'm a warrior and if when I'm sitting in yoga I'm fighting within myself, I won't experience peace and love. The state of

Continues on page 16

DADI JANKI – 15 MAY 2011 (WORLD MEDITATION HOUR) – LONDON

HOW TO ACCUMULATE THE POWER OF FAITH

There is great benefit when we recognise the value of World Meditation Hour and use the method in a practical way.

Dadi has always had the one deep thought that her final moments should be very good and in the remembrance of One. I also have the concern that you should have this thought and commitment for yourself, too. If you do, God will be your Companion and will be there in front of you. You will have tied God in the thread of love. Although Baba gives love to all, you will receive God's help not just at the end but throughout the whole kalpa.

Someone asked Dadi: 'How can you tell when you have firm faith and how do you know when Baba is touching you?' When you have faith 1) you will have no attachments, 2) you will have deep love for Baba, 3) you will be present for service, class and yoga and 4) you will never shake; you will be strong. I have faith in all of you but you have to have faith in yourselves. If a situation or question arises, just go into silence; be with Baba and Baba will tell you what to do or what not to do. You are of that quality that you will catch Baba's touching. Baba will either give you an answer or He will say: 'Wait and see.'

We asked Avyakt Baba, 'We've survived till now on the basis of shrimat and taking advice from Sakar Baba. How will the new children know what to do?' Baba gave the signal; Ask those who are following shrimat themselves.' You can come and check any thought you might have a get an answer. Once you get the answer, don't think about it – just accept it and do it. My intellect needs to have catching and touching power, so that I can catch Baba's touching. If the thread of my life is in Baba's

hands, I will know when Baba gives a signal and I'll respond to it and do what He wants.

When the intellect has accumulated the power of faith, Baba will give you touchings

He will work through them and make you dance. So let there be total faith: I, the soul, belong to Baba. Drama is fixed and victory is also fixed. Baba has said it will happen – it's fixed. It's the power of faith that brings victory in any situation and that is what makes the soul 'faith-full'. I have seen how Baba's versions and the power of faith take shape in many ways. Baba has many instrument souls. Baba is doing it and each child is doing it through the power of their faith and creating their fortune. Continue to serve Baba with love and you will become 'faith-full' and 'trust-worthy'. When others are able to have trust in you, you will influence them with the colour of your company.

Let your concern be to prepare before the next season –not that you are 'getting ready' but that you are ready for destruction. Let jewels be found in every corner of the world. For this it's not a case of 'It will happen' or 'Wait and see'. This has to happen now. People in the world are so desperate; they are searching for truth. Now find these souls and share all Baba has given you with them and people will say: 'These are angels who have come to serve us.'

Just keep watching the beautiful game of God. It is said that at the end people will say: 'Oh, God your game is wonderful.' They will say this with regret, whereas we will say it with happiness, in the recognition of all the benefits we have experienced. Let the sound of 'Oh, my Baba!' emerge from your heart naturally. Don't be attached to any bodily being, don't be dependent and don't worry about the future or your personal possessions. Souls will then emerge very quickly. Let your bed shake and make you do service!

A doctor once told me that his work prevented him from hearing the murli. I said to him: 'How can you do your work properly if you don't listen to the murli?' Since then he has never missed amrit vela or murli. The power of the murli helps you to face obstacles that come. Keep the aim of never being late. Keep your record accurate, then Baba will give you love and the family will give you regard. Fix your seat in class. There is 1) your chart, 2) your register and then 3) your record. I would give Baba my accurate accounts - income, expenditure and savings – but once Baba asked: 'Where is your register of who and how many come to class?'

Let there be the deep power and motivation to do service – this is what is to have faith in the intellect. Then you are carefree and the seniors will be carefree too, knowing that you will fulfil your duty, and say: 'Yes, Baba, it will happen.' Believe this and it will happen. Each one of you has to create your fortune individually. So don't keep anyone's story in your mind or your memory – that will just waste your time and make your actions inaccurate.

Om Shanti.

DADI JANKI – 17 MAY 2011 – GLOBAL CO-OPERATION HOUSE, LONDON

WHAT DO YOU SEE? WHO DO YOU SEE?

Baba's concern is that we should be happy. People spend so much on external happiness. Baba is giving us internal happiness. Seeing this, others should become happy and will want to know where they can get that internal happiness too.

Our stage should be so good that there is no discrimination on account of colour, caste, creed or language. In the world and even within families there's conflict of opinions. People find it difficult to accept what someone else says these days. If one says something and another agrees, that makes them both enlightened souls; they give each other regard and this brings super-sensuous joy. When there's harmony, you don't need to say or ask much. You are always together. Say 'yes' to everything that Baba says.

To stay happy you have to talk to Baba. If you do, your yoga will be good, for Baba will teach you how to talk to Him. Stay peaceful and, if anyone asks you something, go into silence and Baba will give you the answer. People worry that I get tired and that I am too busy to give you all time. I consider that an insult. We've never said that Baba was too busy; you can come to Baba any time. Whatever it is you benefit from, you will want to stay connected with that and also want others to benefit from it too. Be the one in between and experience the happiness of that. Someone asked Dadi: 'What do you do?' I replied that I have an agency and I get commission from both sides – I get power from the One who gives and blessings from those who receive. Baba doesn't give blessings, even if He is asked but He gives power and is happy, if you serve with an honest heart.

The Almighty Authority is my Father, so there should be no talk

of 'I don't have power' and nobody should say that I am weak. All eight powers should be always with me. If I don't have the power to merge, I'll go into a lot of expansion, make things complicated and get involved in a lot of things – and then I won't have the power to cooperate, decide or discern either. I won't see that it's my fault and I'll blame others – even thought it's I who lack the power, because I'm not doing things accurately.

Go beyond body consciousness and become a real, honest, truly serviceable soul.

Go beyond body consciousness and become a real, honest, truly serviceable soul. Inside something may not be right but you're not aware of it; you think you are right. I thank wonderful Baba from my heart for all the signals He gives me. The song: 'Baba, my heart says thanks to You' is other people's words but my experience.

That feeling enables so much service to happen. Sakar Baba would say that children create their fortune and the fortune of others through the Bestower of Fortune and this brings such happiness. Start by creating your own fortune: See the Father and follow the Father.

If you let a karmic bondage pull you, someone else will go ahead. Have the faith that you can become a ruler of the Golden Age. Don't let doubt prevent you from seeing and thinking about your future.

Faith in the intellect brings victory in everything. Keeping faith in the intellect is our entire effort. Remember Baba alone and none other, otherwise everything is lost. Devotees thirst for drishti. Baba is making the children into those who create visions, so be alert to receive His drishti – then you'll have such beautiful experiences. Baba said that we should have amrit vela in the early hours of whatever place and time zone we are in. We go beyond the limitations of time – there's no day and night in Paramdham, after all. Baba's heart is open. He is making such a lot of effort on our behalf: 'I am your Everything. I am in front of you day and night.'

Look at yourself in the mirror and see where you are at: to what extent am I a renunciate and a tapaswi? The difference between glass and a mirror is that you look through glass at things outside. Externally you may have everything but are you able to see your own weaknesses? To be introverted is to look in the mirror and see yourself. Just look at yourself and see the Father.

If you've no intention of following the Father, you won't see Him. Don't keep Baba's priceless treasures hidden away in some cupboard – share them. Let others see you change, see God and so transform themselves. Another song goes: 'Baba is cleaning the mirror of my heart.' Just keep your heart clean. Sit in silence in Baba's room for an hour or even just a few minutes and Baba will speak to you. Remind yourself: Baba belongs to me, He is mine, He is listening to me and is never busy. You just need an honest heart to be close to Baba – and then whoever looks into your heart will see the Comforter of Hearts.

DADI JANKI – 13 MAY 2011 – GLOBAL CO-OPERATION HOUSE

EMBODIMENT OF KNOWLEDGE MEANS THE EMBODIMENT OF LOVE

Where do inner peace and inner power come from? When the soul keeps nothing but goodness inside then the power of peace will make the soul the embodiment of love. When there is love, there is also peace. When there are both love and peace the soul receives power. So when there is love, there is peace and power inside. What does it mean to be the embodiment of knowledge? It means to be the embodiment of love. When knowledge comes into our form, we become the form of love, the embodiment of bliss and the embodiment of power. If you don't become the form of love then you cannot experience peace on a deep level.

This is my family. Each one is my brother or sister. I need to emerge love and become the form of that love. An important aspect is that I should have equal love for each one. If there is less love for someone it means knowledge is lacking. If you say you don't have love for someone then ask what you are like yourself! To think that someone is like that and then looking at them with wrong vision is a big mistake. If you are doing this it is a type of extroversion. Become introverted and check and change the self. If you are looking at, thinking of and speaking about people negatively it means that you will never really be happy yourself. In fact, there is only true happiness in speaking that which others will never forget. What will they never forget? They will never forget it if you speak in such a way that allows them to remember the Supreme Father.

This knowledge is such that every soul can take something. They may not go into liberation in life but they will definitely claim their path to liberation. They can do this when I stay in remembrance of the One when I am speaking.

Wherever bhog is prepared and offered with love, Baba is present. Many souls have come to Baba on the basis of the power of bhog. We offer bhog to the souls who have departed because this is a family. It is our last birth and many have left and continue to leave their bodies.

It is important that the soul leaves the body in a very peaceful and good way. If there is even a little attachment that will affect the soul when it is ready to leave. This is why it is important to make good effort. We will carry the karma we have created in this birth with us.

The actions Brahma Baba carried out in his sakar form are still bringing benefit to many even now.

The actions Brahma Baba carried out in his sakar form are still bringing benefit to many even now. He continues to give sustenance in his sakar form. I saw the stage Baba created for himself. Baba has taught us how to create an entertaining nature for ourselves. A soul can be entertaining when it finishes all sorrow inside.

It is He who has taught us to finish all sorrow in our lives. No-one in the world knows how to finish all sorrow in life – only Baba could teach us this.

When destruction happens some will go quickly whilst some will stay behind. What do I have to

do now then? I have to make my stage perfect in a second! It is that simple! The drama is continuing to move and you may not even be aware that it is moving. We cannot order the drama to change. We cannot say that someone cannot do something. No, my task is to stay in Baba's orders. I have to be quiet and follow what Baba is saying.

Now pay attention. Each one of us is free of bondage but we sometimes tie ourselves into bondage. We sometimes tie ourselves to things. Now see yourself as a detached observer and see what you are doing.

Sit for a couple of minutes: I am Baba's and Baba is mine. In this awareness there is no bondage. Some create bondage and seem to enjoy being in that bondage. It is as if they don't want to be free. They don't realise the beauty of being totally free. If you are totally free then Baba will really take care of you. When the soul is free in bondage it can really follow Shrimat.

If you tie yourself in bondage, the intellect does not become totally elevated through Shrimat. When the soul makes itself free, the intellect becomes of such a quality that the soul then has realisations of what to do and what not to do. It is as if the soul can then catch the signals of Baba. Now take time to check if you are tying yourself into any type of bondage.

Learn to practice each and every aspect of gyan and you will really enjoy yourself! Don't become tired on practicing! In fact, if you really practice with honesty you will get experiences and those experiences will take away your tiredness.

DADI JANKI - 15 MAY 2011- GLOBAL CO-OPERATION HOUSE

THE DESTINATION IS VERY HIGH, YET VERY CLOSE

Baba has awoken us and said good morning. He then says 'Children, to go to the golden age, become a diamond now'. This new birth is a spiritual life and one in which we play with the jewels of knowledge. Yet we become careless and go into waste, even though we are awake. Listen to Baba's Murli with a lot of attention today. We have to become unshakeable and not fluctuate, because many situations will come. Maya is very clever; sometimes she is fearsome and sometimes attractive. Sometimes we are very good and sometimes it is as if we have wilted. Be cautious and clever and become the conquerors of Maya. We have to check ourselves very subtly. To make your stage very good, do whatever you need to do now. My stage is my honour - no matter what happens. Baba has said He is sitting in front of us. I saw Brahma Baba in the sakar form, playing his part as the mother and father, with such an attitude of disinterest and renunciation. He embodied the complete and perfect avyakt stage and it was easy to see him as Narayan. Baba is so sweet, lovely and innocent. Baba is also the Almighty Authority, the Purifier Father, the Ocean of Knowledge and Love. We don't just sing this praise; He is teaching us how to becoming worthy of this praise too. If I want to become yogi, then I need to embody Baba's teachings. Imbibe 'I am a soul'. Don't forget Baba - forget the body and bodily relations and remember Baba. We ask 'How can we create a good stage?' Listen to knowledge. Whilst walking and moving along I keep Baba is in front of me at every moment. In sakar form, Brahma Baba explained so well and now he is avyakt he is teaching us so that we can reach an avyakt stage. Then no matter how big a situation may be, it becomes small. Has Baba told you to keep a burden on your head? He says, 'I am here to take care of everything; you just have to remember Me'. To this extent, Baba

is our protector. How? By imbibing His teachings. Those who don't imbibe do not have the experience of His protection, while others say what good care Baba takes of them.

Dadi has nothing else to do except remind you of Baba. There is such pleasure in saying 'Haji' (Yes) to Baba. It is very simple to become a good sample. Many see the example in front of them and become like them. We learn through seeing others. One who has the aim of becoming good has no other desires. Have the desire to become so good that no matter what situations arise, your face keeps sparkling. People comment on how we are not affected by situations. Some ask: 'Are they like stone?' Yes, a divine touchstone, so that whoever comes into our company becomes divine too. The Lord of Divinity makes iron into gold through His company. Baba makes those who have the sanskars of kalyug into real gold. We are not sitting in the silver age or the copper age. We are sitting in the diamond age in order to go to the golden age and we keep the golden age in our consciousness. Check that there's no alloy mixed in the gold. Have special yoga for this, so that others will trust that this one is real gold. It is not a big deal to be real gold.

If we make excuses and forget the Father and remember the situation instead, it is a big mistake. To overcome this there has to be the practice of becoming bodiless. Attachment is very subtle and is not easy to detect. We have to become the embodiments of awareness; then we will become conquerors of attachment. The slightest attachment won't allow us to stay in remembrance of God, because there will be no space inside. So keep the final stage in front of you and be a real, fast effort-maker. I shouldn't remember anyone nor should anyone remember me. Who am I and whom do I belong to? The

mind needs to become so powerful that others seeing me belong to Baba. Baba is thinking about all of us. A sensible child will have such a good stage at the end, knowing all the benefits of remembrance. Make a list of these benefits, and become like a mine and an ocean of experiences. You have to go deep down a mine to find the real gold. The deeper we go within, the more the truth will emerge. The One who knows how True Baba is will become sensible and truthful and there will be no love for falsehood.

Sometimes we need one power and at other times another. With the power to merge, learn how to not go into expansion. Realise the power to discern and this will bring great benefit. If we don't have this power, we can deceive and be deceived. Maya is very deceptive. Our time is valuable. It is the time to say past is past and learn to make the future very good through the present. The future is in our own hands, because the present is in our hands. It is with elevated actions that our present is very good. Each second is important. From thought to word to action. See your subtle thoughts and if there is a trace of waste, because that will prevent us from performing elevated actions. The destination is high, yet very close. We simply must prepare. Baba said yesterday in the Murli: 'All souls will fly.' Will I also do this? The parts will be over in the drama. Think about the difference between claiming a royal status and claiming the status of a subject. Baba is giving us so much as His inheritance; we just have to take it. We are not giving to each other. If I make honest effort, no one can steal this from me. So please be cautious, alert. Do not be slack in your effort. Who is my helper to perform good actions? Who will be my companion in making real, honest and true effort, the kind that Baba wants us to see? 'Baba says, just see Me.'

Om Shanti.

DADI JANKI – 22 MAY 2011 – GCH ATTITUDE, VISION AND AWARENESS

On the occasion of 75 years of service in Bharat and 40 years of overseas service, BK's from the south of the UK were invited to GCH this morning to celebrate. Over 1,140 souls attended Murli and Dadi Janki's class. Some 94 guests from 34 countries were in attendance. The auditorium at GCH was packed: those who couldn't be seated watched and listened to the programme in the Conference Hall and Seminar Room. Sister Mohini read Murli after which Dadi came to meet everyone.

Our happiness has reached the tops of our heads! How could it not when we are accumulating happiness at every step! Baba is so wonderful: We receive the right Murli at the right time and there is nothing else to say. Our Baba speaks the truth and our only task is to go into the depths of that. Our Father is the truth and His knowledge is the truth. The sustenance we have had has been through the truth. Forty years of foreign service have passed. It is the Platinum Jubilee (75 years) of service in Bharat. It is the wonder of God's vision,

His words and His divine activity which have enabled this to happen. It is through Brahma that we could meet the invisible one. They have changed our face and activity completely. Baba has taught us not to suppress anything but to do service through our sense organs. Lust, anger, attachment, greed and ego are all visible through the eyes. It is the eyes which deceive the self and others. Dadi has never wanted her sense organs to step out of order. I need to have great attention on my attitude and my karma. One of the most important aspects in life is to learn to be honest.

If someone is satoguni then their eyes are not drawn anywhere. Their attitude and vision will be first class. When a soul is rajoguni then their attitude and vision will be ok sometimes but not at other times. First comes my attitude. It is knowledge that first changes my attitude. My vision then changes and I develop a new awareness. When this happens it means I am achieving success in my effort. My attitude should be free from desire. My attitude should be according to what Baba likes. We need to go deep into these three things, attitude, vision and awareness. My

intellect should not be caught up in the web of the body and world. The one which will make my mind and intellect make intense effort is the heart. Thus, there should be no desires in the heart. When someone has a good attitude then the soul creates a good atmosphere. A good attitude creates good vision, which first does work on the self and then does a lot of work on others.

It is vital to stay in self-respect. To stay in self-respect I first have to remain tension free and for this I have to pay attention on myself. Maintain inner peace, happiness, love and power. Create your attitude on the basis of these qualities. Remember that Baba is doing everything and that everything that is happening now has happened before. Everything will be good when I stay in the gathering. It is a mistake to doubt whether something will happen or not. When the intellect stumbles in this way the soul becomes tired. One who has the sickness of tiredness cannot be alert or accurate. When someone remains positive they realise that every situation will change and pass and things will become light. If you compare yourself with others then you will never be happy. Service happens through our attitude and vision. Things happen on the basis of this, not on the basis of our speaking.

Om Shanti

DADI JANKI – 16 MAY 2011 – GCH LONDON BE AN IMAGE THAT GRANTS VISIONS

Jayantiben's birthday was celebrated on the stage at GCH today with a great deal of love and appreciation for her. There were beautiful flowers, a beautiful cake, cards, gifts; heart felt poems and words spoken by those who are particularly close to her on behalf of all of us.

Jayantiben then gave thanks to Baba, Dadi Janki and the Brahmin family.

Dadi then said: Is drama good, is Baba good or are all of us good?

Is drama good, is Baba good or are all of us good?

There are four different types of love. There is the love that is only there sometimes but not all the time (pyaar). There is prem - the love of the gopis. The third type of love (prit) is the loving intellect (prit buddhi), which leads to victory and there is being lost in Baba's love (sneh). This love takes us beyond this world. When this connection with Baba is so strong



then no one else can enter; no one can interfere. To stay up there is to be in a place of safety.

Dadi asked Mama what effort she made. Mama effort was to keep the intellect plain.

Regardless of what is happening, there is no need to use the intellect unnecessarily. If the yoga of the intellect is good, if it is accurate, then it doesn't matter how much others try to shake us, we

DADI JANKI – 20 MAY 2011 – GRC

HAVE I BECOME GOD'S RIGHT HAND?



It is time to forgive and forget – to let go. Whether it is a BK or anyone else, the condition of someone who does not learn to let go will never be good. Have you learnt to let go? Have you become experienced in this? There should be such intoxication of what Baba has given to the soul that whoever knew you before you came to Baba can recognise what Baba has made you into.

Wherever you set foot, everyone should recognise you as a special soul. I have come onto this Earth as an incarnation to play my part. Shiv Baba incarnated on this Earth through Brahma in order to play this part. It will not take long for people in the world to recognise Shiv Baba but it is a great fortune if someone recognises Brahma Baba and his role.

Our role is to help others connect with God and finish the files of karmic accounts they have. We have finished our own files of accounts and we now have to help others do this. To do this work is to help God with His task. Imagine how many people's files God has! There are the files of the people of the whole world, files of those who are in contact and our own files!

To help Him to clear those files is such an elevated task! Think about it! It is the task of the right hand of God to do this work. I should not be one who submits any more files of accounts to Baba. If I want to be the right hand of God I cannot allow my intellect to be engaged anywhere else. I should be available to God whenever He needs me. Important people don't allow their phone to be engaged for long. Let the telephone of my intellect not be engaged anywhere that God would have to search for me.

Remember that the Kingdom of Satyug is being established and so every aspect of my own personal kingdom should be in order. No matter how big my task is, I should be totally free as well. What will the maharaja and maharani of Satyug be like? We will live to 150 years... Think about these things... Is my face revealing the intoxication of that kingdom?

We cannot afford to let ourselves get tired. We are changing the whole world and so we have to do one thing after another after another... without tiredness. Drama is already fixed: It is happening. What do I have to do? Service will

be done - I just have to remain light. Lightness comes with purity. Truth brings power whilst when there is humility, everyone co-operates. If you speak loudly to anyone, they will not come to work with you again.

My job is to take care of my own head. Never allow yourself to think too much because it will make your head heavy. Sensible ones do not think too much. It is my fortune that God's hand is on my head, His hand is in my hand and, in order to help me move forward, His hand is on my back too.

There should now be no shadows or influence of others. It is the time to walk under God's protection only.

Baba sent a message to Dadi Janki. Dadi Gulzar wrote it down and it has been sent in a letter along with news to all centres. Dadi would like to share those things Baba said with you.

- 1) Baba says, 'Children, you must keep flying and enable others to fly'. Drama says 'Remain in the sweet bondage of service and continue to say 'Haji'. Keep using your breath and thoughts in a worthwhile way.
- 2) The child who merges Baba in their heart is a true diamond.
- 3) It is fixed that you are a victorious jewel. This is certain.
- 4) Remain lost in the experience of accumulating multi-millions at every step.
- 5) Maintain the enthusiasm to use your breath and thoughts in a worthwhile way.

Dadi Janki – 16 May 2011 – GCH London

Be an image that grants visions

know, internally, that everything is OK, everything is good and that Baba is responsible.

Worshippers are not allowed to live in the temples - they stay nearby. In the temples they cook food with so much hygiene. They make bhog for God with such bhavna. Here in the kitchen care is taken to this extent.

We are sitting here to become those images of the idols in the temples

and Dadi chips away at us to make us images that grant visions

Always be happy and share that happiness.

Om Shanti.



Continued from Page 9

Dadi Janki – 14 May 2011

Q&A - Global Retreat Centre, Oxford



worry is the stage of a merchant. If I worry even a little or make someone else worry about me, I'm a merchant. I consider myself to have been born through the mouth of Brahma. Firstly, Brahma Baba is my mother and Shiv Baba is my Father. Then Shiv Baba says: Brahma Baba is your brother and I am your Father. When I have this understanding, when I have the desire to do service, I don't have the desire to do anything else.

Your place, your stage and your service should all of great honour and dignity. You may have a place but no service. You might be doing service but if your stage isn't elevated what is the quality of your

yoga? Your stage should be very high, elevated, unshakeable and immovable. Such a soul is Baba's royal child. This was Brahma Baba's personality. We could sense that Brahma Baba was going to be the highest human being, Narayan. Baba wanted us to walk downstairs like deities, to walk without a sound. I'm a Brahmin soul; I'm going to be a deity but now the moment has arrived when I'm going to become an angel. When someone sees my face, they should feel that I am the child of God.

Dadi Gulzar once said: 'People nowadays wear tight clothes, which are difficult to remove. Why don't you just dress in transparent

clothes so you don't have to waste time dressing and undressing?' Transparent clothing means to be bodiless. The clothes of the body are so transparent that you are not aware of having a body – you are a soul. Angels have a face, eyes, mouth, hands but their feet are hidden. So we have to rehearse this, don't we? You are an angel, so you can't say 'How can I do this?' It's better to be stern with yourself now, before it's the time for repentance. I look at Baba with a lot of love. It's Baba's yagya and these are Baba's children. If He doesn't worry about them, why should I? Brahma Baba says: 'Don't worry – I'm sitting here.' It's just that we don't listen.

Om Shanti.

DADI JANKI - 13 MARCH 2011 – MADHUBAN

SHARE BABA'S VIBRATIONS WITH THE SOULS OF THE WORLD.

Om Shanti three times. Achcha... who shall I praise first: Baba, you, myself? Ask this question to yourself and reflect on it. Baba often says raise your hands and now He also says, 'at least nod to acknowledge what Baba says'...Dadi now would like to see these nods!

The five elements are now showing their games. As Baba's children we have to draw power from Baba and share this sakaash with the world. People of the world hear the news and are scared. When Baba's children hear the news they share Baba's vibrations with the world, remaining beyond fear and confusion. It is our job to spread these vibrations to the souls of the world. Madhuban is each one's heart. Each one is like a tower of peace, love and power. Do you understand this? The practical proof of knowledge is peace; with peace is love and with love comes power.

Happiness is one thing but through truth, honesty, and love souls receive power. This morning's avyakt murli from 1995 is a wonderful murli. Baba is saying do not get upset...no comma or question marks, just keep applying a dot. We all need to create such a stage and claim number one.

Uncle and Auntie have sent many love and remembrances.

Very good children are coming to Madhuban and taking refreshment back home. They are leaving Madhuban with such joy, and will go home to share their experiences. Everyone's experiences make the vibrations of the place very powerful.

Love and remembrances to everyone in all four corners of the world.



Om Shanti till next issue

Trust you have enjoyed the online Dadi Magazine. We also have an iPhone and Android mobile phone edition. For more information or to subscribe to either magazine e-mail us at: dadimagazine@gmail.com

Om Shanti Editor