

# Global E-newsletter

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“  
The best way  
to **FIND YOURSELF**  
is to lose yourself  
in the **SERVICE** of others  
Mahatma Gandhi ”



## Beautiful Prayer:

God when I lose hope, Help me to remember that your love is greater than my disappointments & Ur plans for my life are better than my dreams.

## Greetings from your Global Hospital family!

It gives me great pleasure to present our first e-newsletter detailing recent developments at Global Hospital. This communiqué will ensure that we'll be regularly in touch from now onwards. I also hope that in time, we receive your feedback on our services.

As you may be aware, we trace our beginnings to the year 1991, when the Brahma Kumaris, a global socio-spiritual organisation having its international headquarters at Mount Abu (Rajasthan), established J Watumull Global Hospital and Research Centre. The hospital was envisaged as an endeavour to fill the existing lacunae in health services for residents of district Sirohi, and especially for the local community of Mount Abu. We also expected the hospital to cater to medical emergencies occurring during conferences and retreats organised by our parent organisation, the Brahma Kumaris, at its complexes at Mount Abu and Abu Road.

It's been a long journey ... we've been serving the community going onto two decades now.

During these years, we've staunchly respected every patient's right to receive free consultations. Last year, our out-patient

clinics rendered free consultations to 83988 patients.

Our branch units at Abu Road, the P C Parmar Foundation Global Hospital Eye Care Centre and the Radha Mohan Mehrotra Global Hospital Trauma Centre saw 39301 and 27401 out-patients respectively. In all, we served 150690 out-patients, for no charges. We also extended our services to 3252 indoor patients, of whom 2049 patients were treated for free and 1203 were treated for charges that are much below the rate-list of city hospitals.

We thank the senior members and worldwide family of the Brahma Kumaris and other donors for their patronage – your support allows us to continue to fulfil our mission to serve humanity and ease the suffering of people.

All good wishes,

Dr Partap

**WE** ARE SERVING  
COMMUNITY SINCE  
**20 YEARS!**

# GHRC News Updates

## GHRC Services

- » ENT
- » Ophthalmology
- » General & Laparoscopic Surgery
- » Obst. & Gynecology
- » Medicine
- » Diabetes Clinic
- » Cardiac Clinic
- » Plastic Surgery
- » Dentistry
- » Pediatrics
- » Neuropsychiatry
- » Physiotherapy
- » Aurveda,
- » Homeopathy

## GHRC Facilities

- » Pathology
- » Blood Bank
- » Ultrasonography
- » T.M.T.
- » X-Ray, Mammography, C.arm
- » Gastroscopy, Endoscopy
- » Color Doppler
- » 2-D Echo
- » Computerized EEG
- » E.M.G. Biofeed back
- » Digital OPG

Dentistry has advanced by leaps and bounds over the last decade. An OPG (full mouth x-ray), for instance, though still considered a luxury in private dental practice, is an immensely useful tool for dental diagnosis and planning the line of treatment. Considering this, Global Hospital recently invested in a PLANMECA Proline XC with Dimax3 OPG. A lot of details not visible on a small dental x-ray become apparent on an OPG x-ray.

Since ours is the only machine in districts Sirohi, Pali and Jalore, we have established an independent department catering to OPG x-rays. Simply put, that means that even if patients choose to have dental work done at another practice, we would be happy to take care of just their x-ray needs to facilitate their treatment.



## Launch of Vision Centre

In December, thanks to support from the P C Parmar Foundation, we commissioned the second Global Hospital Vision Centre at village Kalindri in district Sirohi. We launched the first such centre in Raniwada (district Jalore) a year ago. Both the

vision centres function as well-equipped rural eye clinics providing eye care in the remote villages.



**GHRC** OFFERS MEDITATION,  
LIFESTYLE CHANGING AND POSITIVE  
THINKING COURSES...

# PATIENT'S Stories



A 36 year old drunk youth was brought to the hospital with complaints of severe abdominal pain. Investigations revealed that he had pieces of a shaving blade lodged in his abdomen. Since he was drunk, he was not in a state to narrate a proper account of what had transpired but doctors were slowly able to put the story together – he had gulped down the sharp pieces with alcohol, in an attempt to commit suicide.

Once in the know, our team of surgeons Dr Digant Pathak, Dr Sanjay Varma and surgical registrar Dr Nabajyoti rushed the patient to the operation theatre. There, an endoscopy of his intestine revealed not one but seven pieces of blade in patient's abdomen. Laparoscopic surgery followed during the course of which the blades were removed with minimal harm to the intestine. Finally, after the surgery was over, the patient was declared to be out of danger.

The surgery was performed for no charge since the patient hails from a poor family. "What's more important in such cases is not only the person's life but also the future of his dependents," opined Dr Partap Midha, director of J Watumull Global Hospital & Research Centre, about the case.



## Touching Lives...

Eleven years ago, when Anita Saini, then a widowed mother of a one year old child, experienced severe stomach pain, she visited a local doctor. He gave her some pain killers to take, which lessened her pain somewhat, but only temporarily. The pain worsened over time. Anita was then advised to undergo a sonography – that revealed a

small tumour for which she was advised surgery. But there was no way she could afford to be hospitalised – Anita earned barely Rs.1000 per month. So she refused surgery and instead, visited another doctor with the hope of getting treated without surgery. Doctors would simply prescribe more pain killers. All along, the tumour in her stomach kept growing.

When Anita was finally brought to Global Hospital by her neighbour, the mass weighed 1.5kg. Our gynaecologist Dr.Saurabhi Singh successfully removed the tumour –she was operated on as a 'free' case.

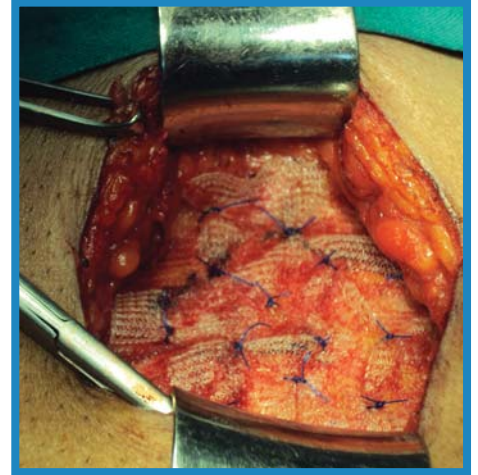


**GREAT** CHALLENGES  
FACED BY THE HOSPITAL ARE TURNED  
INTO SUCCESS STORIES...

# HERNIA

“A stitch in time saves nine”

Dr. Digant Pathak, MS, MCH  
PAED. Surgery  
GHRC



Hernia is a common surgical problem affecting more men than women. Although it usually happens in the latter part of life, it can even occur in a newborn or an infant. Simply put, hernia is a protrusion of abdominal organs, like the intestines, through weak abdominal muscles. Any swelling which appears or increases on straining, coughing, laughing, crying could be a hernia. If a hernia is suspected, a doctor should be consulted and if the diagnosis is confirmed, surgery should not be delayed. Timely surgical correction helps avoid complications like the injury of organs.

Most hernias occur in the region of the groin (junction of trunk with the lower limbs). It can also occur at the site of a previous surgery because of muscular weakness. Surgery is the only line of treatment for a hernia. Still, surgery performed on elective basis is not considered major surgery – the operation itself takes less than an hour and most patients are fit to be discharged after 48 hours. They can also resume their duties after 3 to 4 days though they should avoid lifting heavy weights. Patients diagnosed with hernias should not avoid surgery since it can lead to life-threatening complications as well as increase the time it takes to operate on and recover from the condition. It also compromises the results of the repair surgery. The common saying, “a stitch in time saves nine” holds good for most hernias.

## Announcement

Joint replacement surgery programme will be held from

26th to 29th March, 2011

For registration contact:-  
09413240131

### The Department of General Surgery offers the following services:

- » Regular consultation and treatment for gastro-intestinal diseases by laparoscopic surgery and upper G.I. endoscopies.
- » Laparoscopic surgery of gall bladder, hernia, appendix, tumours in the intestine and cysts in the ovary.
- » Upper gastro-intestinal endoscopy for complaints of acidity, chronic pain in abdomen, vomiting of blood and blood in stools.
- » Surgery for different types of cancer of the gastro-intestinal tract like stomach, pancreas, gall bladder, small and large intestines.
- » Surgery for cancer of the breast, uterus, ovary and kidney.
- » Treatment for diseases of the liver and pancreas.
- » Surgery for stone in the kidney, ureter and urinary bladder
- » Prostate surgery.
- » Surgery for piles, fistula and fissure-in-ano.
- » All types of surgery related to trauma.

FOR ENQUIRY  
CONTACT

09413775349

OUR MOBILE CLINIC  
SERVES THOUSANDS OF PEOPLE  
IN REMOTE VILLAGES