

## Sr. Mohini's visit to Toronto – April 12-18, 2011

It was our great fortune to have Sr. Mohini with us shortly after her return from Madhuban. Everyone felt that Sr. Mohini is becoming more like Dadi Janki inspiring and encouraging souls to do intense effort and remain close to Baba.

Sr. Mohini and Bhumi ben arrived in Toronto on 12<sup>th</sup> April, the weather was and still quite cold but nevertheless Brahmins are beyond the effect of nature, and so they took every opportunity to be present at all the programs.



Sitting in Baba's room on Tuesday in the noon hour Sr. Mohini had the touching that we now have to instil the

Sanskars of being Akarmi, the one who is in the pleasure of attainments. We know we are settling our old Karma, as well as creating Sukarma (good karma) by doing service and elevated actions, but now is the time to be in the awareness and experience of all the attainments received from Baba and our fortune.



In the evening was a lovely welcoming class and chit-chat with Brahmins and this inspired them to be present and take maximum benefit for themselves. She was asked whether Challenges and Obstacles are the same and how to identify and overcome them. She went into depth and many received understanding the difference between the two. Please find her classes attached to this service news.

It was our great fortune to have Sister Mohini with us for BaapDada's surprise meeting, after the transmission Sr. Mohini shared how it is very important to be close to the Yagya, she said the Toronto BKs are quite old in gyan. She emphasised that it is our Yagya and regardless of what happens we have been holding Baba's hand and the proof of that is that we are all sitting in front of her.

Wednesday evening, the new Brahmins met Sr. Mohini and had spiritual chit-chat.

**On Satguruwar** (Thursday) we had the wonderful opportunity to experience the Subtle region as Sr. Mohini offered Bhog. In the evening Sr. Mohini visited the Scarborough sub-centre, it was the Tamil New Year and she offered bhog and brought a lovely message from BapDada.

Every morning we had uplifting churning classes with Sr.Mohini. Friday Sr.Mohini visited Uncle and Aunty. She was very warmly welcomed by Aunty with a big



hug and Uncle-Aunty presented Sr.Mohini an Easter bunny-basket of Tulips. The scene was worth seeing. Uncle Steve was dressed in white as if he was meeting BaapDada in Madhuban. Sr. Mohini offered Bhog. Uncle was radiant as ever. In all the excitement Aunty forgot to tell Sister Mohini it was their 67 anniversary on that day. So this was indeed a very



special gift Baba gave to them.



**Friday evening** Sr.Mohini had a meeting with the trustees of the departments and inspired them to continue with feelings of love in serving the yagya. Saturday morning was dharna class on the disciplines. She emphasised the importance of being regular and punctual in all Baba's Shrimat.

Saturday evening was an IP program, A Heart to Heart Conversation, "What value do you feel needs to be nurtured within you, so that you can respond constructively to the worlds present situation?". About 40 contact and new souls took part in this very informative and enlightening conversation. This conversation was facilitated by Brother Eric, NC Canada and our old and golden Brother Anthony.

**Sunday morning** was very special for Brahmins as Bhog was offered in honour of the first anniversary of the new center. There was inauguration of the Bhandara and Bhandari.

Om Café for young adults was held on Sunday afternoon and about 20 attended including three from Montreal.

Sunday evening there was a public program, "Feeling Great No Matter What" which was well attended. This session was conducted by Brother Eric in a very yogic atmosphere and all left with a smile on their faces which revealed ...no matter what...



## **Tuesday 12<sup>th</sup> evening Chit-Chat with Brahmins:**

Obstacles come in remembrance and that is the challenge and through remembrance obstacles are removed. Obstacles shouldn't become obstacles in remembrance. One is *vihgn* but it should not become *rukawat* (Stopper). One's hobby should be of remembrance.

Shiva Baba was giving gyan but Brahma Baba had to understand for the Yagya and for that the link had to be always there. The current had to be there. Baba's face was always cheerful because he never had any doubt. He knew that he will be victorious. Our effort should also be like Baba's. Never lose faith because of any reason

*Nischaye ka Bal Nischaye ka vijaye* Both has to be 100 %. The foundation is important, as much faith you have that much power you will have. Every moment stay relaxed with drama. We have deep relationship with drama. At confluence age subtle region (Akari world) is our home. In incorporeal world Baba cannot do anything. All the meetings, plans etc. happens in subtle region, it is like Baba's working place, office. Subtle world is also my office, I will get clear vision. This nature and capacity to go to subtle region, with this attention, lots of time and energy is saved. First is personal vision (self vision) and then collective vision. Be with Avyakt Baba in subtle region take from Baba, subtle energy is pure energy and then connect with others through this energy. Then minimum effort, more return Integrate nirakari (incorporeal) and sakari (corporeal) into akari (subtle)

## **Wednesday after Murli class Sr.Mohini reflected on Spiritual and Divine actions:**

-Spirituality is within and divinity is in your actions & your vibrations. Divinity is through your face (cheerful, divine), Baba says your every action should be like an art. Spirituality is soul consciousness and looking at others as souls, Divinity is virtues, holding on to the virtues. If you remember Baba, then it should be visible-how do you conduct yourself. Divine virtue-*devi goun* Divine maryada-*devi kul Marayda*

## **Satguruwar Bhog Message:**

On this auspicious day, Baba's day, Satguruvar day I took love and remembrance and went to Baba. We know that satguru Baba is invoking us, special after yesterday (Baba's surprise visit) Baba was giving dristi to all of you in silence. Then it was my turn, for few moments there was beautiful experience of sparks coming from Baba. One is sparkle (rays of light) and the other is sparks (chingari) and that makes little sound, I said Baba I have brought bhog and Baba with lots of love accepted.

Baba's light and might is very powerful and when I focus it on my negative sanskars, the sanskars will burn. When you burn something then there is sound and sparkles. This is an easy way to burn the strong sanskars (without smell or sparkle). The best way to burn is to focus Baba's energy on the sanskars (Baba's rays, light and might)

Baba also took up Sahyog-Coordinator means cooperation (sahyog). I am available in whatever capacity. Coordinator means you need to have currency of cooperation in your pocket.

Three things are important: **1)** At every step when you become sahyogi that much your yoga will become easy (sahaj yogi) the main effort is to become sahyogi.

**2)** When you become sahyogi then Baba's attention is on you and Baba is giving you dristi.

Because when you have yoga, you want Baba's attention (dristi)

3) For such souls time also becomes sahyogi. At the right time right things happen.

They will experience the blessings of the confluence age.

Those who find cooperation (sahyog) from time will find everything easy (sahaj)

4) Then everyone will cooperate with such souls

Take this method of receiving blessings :

-Self effort, on being sahyogi, receiving blessings at confluence age and also you saathi (companion).

Every moment of confluence age I am blessed by Baba and I become a bestower.

Capacity to bestow comes from what we receive from Baba

### **Friday Morning after Murli Sr. Mohini revised 10 points from the Murli:**

-Knowing properly will allow you to experience, when you experience then there is temptation to do more.

-Following shrimat accurately will bring that joy and happiness

-As a brahmin we are vaishnavas and we should not touch anyone's sanskar with our eyes. Because when we do that we are shudras

-When vices are fighting why should I fight? (clashes come because of vices e.g. ego, anger)

Let me use the virtues/powers e.g. someone is not tolerant let me use patience.

### **Sunday afternoon, world Meditation hour combined with public program:**

Br. Eric welcomed the gathering saying one little light in a dark room will allow us to move around in the room, similarly, one Meditation centre in the city would create an atmosphere of Peace in the city for people to breathe some peace. The gathering was given an experience of meditation with live demo on the stage along with the guided commentary of being light.



Sr. Mohini was asked how one can feel great under the pressure of circumstances. Coming from the



core of her life-experience, Sr. Mohini said we are on journey, being traveller, anything can happen anytime. But my agenda is to leave this place with happiness. When one travels we prepare in terms of map, gas station, destination, etc., but the possibilities are many. The Parsthithi (the state of affairs of the external world), the situation may be anything but Manosthithi (state of my

mind), one need to be stable. What really helps is staying in self-respect. It's not just love, but in self-respect there is always lot of inner strength. Use that strength and create a stable mind, and then you'll feel great. You'll never feel that this situation is the worst one. A good swimmer always won't sit thinking about gone tide, but look forward for the coming bigger tide to move further, looking it as an opportunity. One good slogan is 'whatever is happening is good and whatever is going to happen is going to be better'.

Feeling of greatness comes from quality. When you see someone in need of help, you feel compassionate and feel great to help with whatever you can. One of the factors to feel great is not to attach to any result.

Little thing can make us upset, like an elephant being affected by an ant. We have to be quick in making a shift in the mind. Stay with the reality, it is what it is. We all have the capacity, enjoy what is there in front. One word comes it let me be consistent, we don't want to be peaceful, and then upset and then peaceful again, no, be consistent.

Human nature is full of desires and expectation. Use your strength, ability and love and make others feel great, it is easy to feel great within.

There are once written in an article that seven habits does not allow you to be happy, one of them was comparison, another is complaining. Once Dadiji said 98% is alright and only 2% is not, so look at the 98% and not towards the least. When we focus on 2%, then we forget to appreciate. Even if someone has 98 weakness and 2 qualities, then look at that and appreciate it. We still have the capacity to see beyond weakness, the qualities and feel great about it. So look at your 2 good qualities and secondly remain happy.

Ego and ignorance won't make you feel good for long time. Reflect on greatness so that we feel great. Well being means, take care of your body and mind together with that we have to take care of our world too.

The evening was concluded with another guided meditation and with Br. Anthony thanking everyone for making it possible to feel great.

### **Sunday morning Bhog Message & class:**

This morning when I went to offer bhog to Baba, Baba's heart is always full with lot and lots of love to each child. Baba was giving dristi to each one. It was so interesting that giving dristi for the gathering, it was he was focussing on each one. It was like the link-thread was visible. The light was so vast rays. After few moments I also got my turn to share dristi with Baba, Baba said you have come from the gathering of Holy Swans. This morning Baba is looking at each child, as a very beautiful swan. Children know the speciality of swan. First is the power to discern and then power to sort-out and then third is you take it, what has to be picked. Children are sensible, they know what is good. They have good practise to discern, sort out and then take what is good. I said it was one year, special Bhog. I said

thank you Baba you gave us this gift, that at least family can sit comfortably. Baba was just smiling and said you are thanking me and I want to thank all the children, it was the pure thought of each child. Everyone from the pure thought and from the heart gave sahyog(cooperation). Because of that sahyog, in whatever way, then lot of sahyog comes from Baba, you received this place. If Baba becomes sahyogi first and you will not become then you will not be able to receive it. Baba is bestower, but you will not be able to experience it. You come with a very lovely stage and receive lot of love and blessings from Baba. First you have to bring something to Baba then Baba showers with a lot. Baba said children are sahyogi, you always experience sahyog from Baba, you also give sahyog all the time.

Baba was asking within one year how many lessons you all have learnt? When you are in a big place, it's then a promotion, and then your study becomes even higher. And when study becomes higher, tests also will become higher. Whenever there are tests that's when you study more attentively. Baba was asking is there anyone who thinks I didn't pass test? Or did you all pass? How many of you pass with honors? Pass with honor means one who didn't had even one thought: why? What's this? Only the thought came is "*isme kalyan hai*"(there is benefit in this). Whenever there was a test, the one who had just the thought of kalyan(benefit), now how many of you pass? When there is this thought of benevolence, immediately next thought would be Baba will provide it, Baba will take care. It's like your heart will be singing the praise of Baba.

Remember the word **Pass** all the time. There are 3 meaning of pass. One pass is its past, second pass is close, near. Third pass is to pass like in pass-fail. Which pass comes first, so that other two comes. It is staying pass means close-together then you are able to make past as past and pass. Closeness with Baba, just stay with me, I am almighty. Then you are able to pass with honors. This is your big gift for one year completion. Then the fourth pass is password. When you pass with honors Baba will give you the secret password. Fifth is Passport, an ID. Sixth is the pass, a VIP entry pass. Baba added these 3 more pass with pass. Baba gave temptations, if you use pass, you will get other passes, Password, Passport & entry Pass. Baba was happy that at least children were able to pass the tests.

Today Baba wants children to one is to make effort and receiving blessings and other is using blessings and effort based on those blessings. Baba said, make your quality of effort very good. Always churn on blessings. Then you'll experience the fruition (*Pralabd*). Fruition means golden aged Sanskars, being embodiment of attainments. One word is used as blessings in the world; 'Kalyan ho' (may you be benevolent).

Time is going fast. Even if you are giving gyan, let them experience fruition. Then your deity image will emerge. Now it is the time for moving from confluence into golden-aged.

Baba is responsible, you children are sahyogi. This way Baba gave lots of love, lots of remembrance, heart to heart.

\*\*\* Om shanti \*\*\*