

Bahrain Conference - News Report

Bahrain Meditation Centre for Self Development presented its First International Meditation and Self Empowerment Conference

Awakening Your Inner Power and Potential

Kingdom of Bahrain

11-14th Jan, 2011

Bahrain Exhibition and Convention Centre

The energy in the Bahrain Meditation Centre (AKA Brahma Kumaris Centre) leading up to the Conference was different from the usual quiet meditative tone... it was ecstatic, euphoric and one of excitement as they prepared for their First International Meditation and Self-Empowerment Conference, Awakening Your Inner Power and Potential, 11th – 14th January at the Bahrain Exhibition and Convention Centre (BECC), Kingdom of Bahrain.

The Conference was held under the patronage of His Excellency Sheikh Khalid Bin Abdullah Al Khalifa, Deputy Prime Minister, Kingdom of Bahrain.

The Opening Ceremony held in the Palm Hall of BECC on 11th Jan night, brought together the Deputy Prime Minister, Minister of State for National Security, Undersecretary for Administration at Prime Ministers Court, Prime Minister's Advisor for Media and Press, Members of Parliament, Undersecretaries from some Ministries, few private sector executives, President of Chamber of Commerce and Industry and three of his Board Members.

The Conference attracted expert speakers and professionals from around the world, and also featured an array of topics so that people could have an opportunity explore and develop their skills and, practice the many diverse methods of self improvement on offer.

Key Note Speaker at the Conference: Dadi Janki, Head of Brahma Kumaris

Other Speakers included:

BK Jayanti – Spirituality and Meditation

Dr Nemoto (representing Dr Emoto) - Scientist

Ken O'Donnell – Business and Industry

Charlie Hogg – Meditation and Fine Arts

Diane Tillman – Education

Dr Sarah Eagger – Health and Well Being

On 12th January, the Conference began promptly at 9am with Plenary Sessions in the early part of the morning, and panel discussions and interviews in the latter part. After a scrumptious vegetarian lunch, there were breakout sessions in the afternoon until 4:30pm.

It was a delight to see just around 500 participants attend the three days promptly and regularly. More surprisingly, was the variety and mix of participants, from literally all walks of life. This is visible through the pictures attached.

Parallel to the Conference was a Health and Wellbeing Expo. Bahrain Meditation Centre had a sponsored stand and also a quiet room which had a steady flow of people throughout the day.