

DADI JANKI - NEWS AND GEMS FROM MADHUBAN

every task and interaction. How are decisions made? It is through using the powers that decisions are easily made. I use the power of tolerance, the power to merge, the power to accommodate in situations, then when I sit quietly, the decision comes. So when we enter the field of karma and interactions, we need to make the powers our friends.

Although there are many things that I have to manage - the body, personal things, work, I always make time to sit in meetings - why? Because there is the feeling that when spirituality enters, there is success in every task.

I need to become so clean and clear inside that the loving good wishes of Baba and my ancestor souls work to bring others close. This is service through the mind.

30 October 2010

Dadi met with a Dutch Rabbi and a film crew this-morning and had a loving chit-chat. They asked Dadi to share a message for the youth and these were some of the salient points that emerged:

Youth have an abundance of energy. When they accumulate spiritual energy, a deep attitude shift can happen, that will allow vibrations and therefore the atmosphere to change and become powerful. Its this energy that can contribute towards world transformation. Its important never to allow your zeal and enthusiasm to lessen. If we allow ourselves to become disheartened then

we also become tired. Tiredness is dangerous, so look after yourself.

Science has given us so many facilities and made things easy for us - can the power of silence not do the same? Silence enables us to overcome difficulties easily without being affected by them. How do we go into silence. We first go deep inside and become introverted, then our energies become concentrated. When we are in a state of concentration then there is the experience of sweet silence. As we go deeper, we experience dead silence - a silence in which we don't feel that we are doing anything but God, the Supreme is enabling things to happen around us.

We need to draw the power of peace, love, purity, peace and happiness from our connection with God. Through this we can develop the humility, honesty and hope to bring about harmony. God's power finishes all conflict, peacelessness and sorrow and heals hearts and minds. This is the energy we need to bring into our lives and the world. Dadi always feels that she is holding the globe in her hands and allowing God's light and might to envelop it.

We need to keep an internal state of pure feelings and good wishes (bhavna) constantly and then we will be able to trust (vishwas) that whatever happens in the drama is good and will be beneficial. We mustn't let our self belief or faith in the intellect, (nischay) shake at all despite any adverse circumstances - goodness is guaranteed.

Om shanti

MEETING WITH CENTREWASIS

continued from page 9

Remember that your face speaks and tells how much you are earning. Learn to keep your face sparkling! The blessings we receive do a great deal of work. Your face will sparkle when you remember that you are playing your part with God at this time. If you keep this in your mind, you will be one who plays a part with the soul of Brahma throughout the cycle.

above everything and experience true ecstasy. If you want to experience real ecstasy then connect your heart to the Comforter of Hearts and you will have such experiences that you will never get attached anywhere else. Wherever there is an internal blockage, there is pain. Now stay in the operating theatre and let Baba remove all your blockages!

Om Shanti

No matter what happens, don't allow your zeal and enthusiasm to decrease. This is time to remain



Om Shanti till next issue

IN THIS ISSUE:

- 1 HAPPY DIWALI ON THE DAY OF THE SATGURU
- 2 SERVE WITH PEACE, LOVE AND AN ATTITUDE OF SELFLESSNESS
- 3 SPIRITUAL CHIT CHAT
- 4 LEAVE NEGATIVITY AND BECOME TRULY FREE
- 6 WHOSE REMEMBRANCE IS THERE IN EACH ONE'S HEART?
- 6 SEE THE SELF AND BABA ONLY
- 7 WITH 1500 BKS FROM DELHI AT ORC
- 8 CHECK YOUR ACCOUNT OF PROFIT AND LOSS
- 9 MEETING WITH CENTREWASIS
- 10 USE THOUGHTS AND TIME IN THE BEST WAY POSSIBLE
- 11 BRAHMA BABA IS A MIRROR FOR BRAHMINS
- 11 DADI JANKI - NEWS AND GEMS FROM MADHUBAN



DADI JANKI – 4 NOV 2010 - MADHUBAN

HAPPY DIWALI ON THE DAY OF THE SATGURU

Om Shanti to Gyan Sarovar, Om Shanti to London and the world. On this day of the Satguru I am meeting everyone. Every Thursday I say hello to everyone... wherever I am in the world, I always phone through to the London class. Baba has given this blessing that although Baba only comes in Madhuban, Baba gives so much love to everyone everywhere. The Day of the Satguru and Diwali are together today. Be happy and share happiness. I ask myself, from where is the happiness coming from. I am telling everyone my secret... the more I am remembering Baba, the more Baba is giving me love and light. If I forget Baba even for one second then it becomes a big mistake. Baba says do not make this mistake.

Once in a night class in the History Hall, Baba asked, 'Did anyone make a mistake today?'..... and we all said 'no we have not made a mistake'...Baba replied, 'For how long did you remember Baba.....did you make the mistake of forgetting Baba'.....in this one mistake we make many mistakes. We must be very careful to have full remembrance: 1) We have to check all the time, am I in Baba's remembrance? If I think that I am

not, I must immediately link myself again with Baba and He will give so much love. 2) Baba sees whether my attention is towards the study, all four subjects...because if even one is lacking then Baba is not happy with me. 3) We must check that I am satisfied with myself and others are satisfied with me and then Baba will give extra love from His treasure store. Today is Diwali and It is time to check the self and change. 4) When I have love for everyone in the family then too, Baba gives me so much love. When I am sharing love there is power and Baba's love gives us extra power.

Always stay happy, Baba will be very happy, and the family will be happy. If I am happy then everyone will be happy. So let me be happy first in whatever I am doing. Then I am contented and want everyone to receive what I have received, not out of attachment, but out of altruistic love for everyone

to share in what I have received. Once we have renounced something then the mind should never be pulled to that. If I renounce something and think that I have renounced it is like a sin, it is like taking it back. Things which don't belong to me, are not good for me... only what Baba gives me is good for me.

My discipline is to go to Baba's Room before going out anywhere. Disciplines are very important. Baba also says: Don't compare yourself to anyone, this wastes time. See only Baba, and take drishti from Baba....only then can we become elevated (purshottan). Today on the day of the Satguru, take the godly gift from Baba to be absorbed in Godly love...take this gift and then Baba's love will make the mind peaceful and the intellect fresh. I have everything and don't want anything.

OM SHANTI

Welcome to the online Dadi Magazine. The purpose of this publication is to bring to you classes by the Dadis in publication format. This issue features classes leading up to and including Diwali.

We also have an iPad (Tablet) and an iPhone or Android mobile phone edition. For more information or to subscribe please send us an e-mail at dadimag@gmail.com

Editor

DADI JANKI - 28 OCT 2010 (PM) - GYAN SAROVAR SERVE WITH PEACE, LOVE AND AN ATTITUDE OF SELFLESSNESS

We are sitting in the Lake of Knowledge (Gyan Sarovar) in remembrance of God and so how can we have any worries? We are sitting in Harmony Hall and we remain living in harmony. When we maintain humility we can live in harmony. Before this can happen there needs to be truth in the soul. When there is the power of truth inside, the soul has the feeling to remain in a gathering with an attitude of co-operation. Such a soul feels that its future is good and others also feel that soul is good. The Supreme Soul has freed us from worry and concern. He fills with the treasures of happiness. Ask yourself: Do I personally have the treasures of peace and happiness? If you have these treasures it becomes easy to perform elevated actions. After being trapped in the consciousness of the body, the soul became influenced by the 5 vices. These 5 vices penetrated inside the soul. There are vices in the attitudes of souls and vices in the actions of souls. Following God's directions we become free of those vices and He teaches us to perform karma in the awareness of the soul. He tells us to connect with Him and perform elevated karma.

We have the opportunity now to check the self and change. Do you have the deep feeling of wanting to change? If you really have the feeling of wanting to transform then you will know what you have to do. In the consciousness of One we can accomplish a great deal. If you pay attention on One you will be able to develop the power of concentration. First I need to step inside, become introverted and then I will be able to concentrate. I can then go up above and connect with the One. The soul can then be detached from the body and bodily relationships. Learn to hear but not hear, to see but not see. When you are detached and self sufficient

with Baba then you will not get the feeling of being insulted. If you still get insulted you will not feel to stay in this gathering and do service. Our task is to come together to serve quietly.

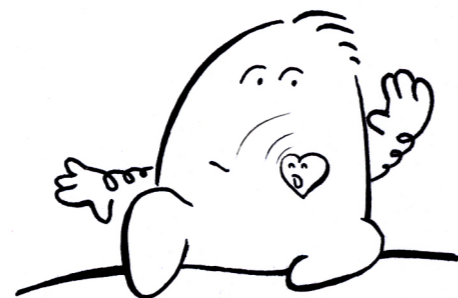
The first type of service is to give time to the self internally. I have to finish the sorrow that has accumulated in the heart. I have to make myself clean inside and make my intellect pure. I have to serve myself in this way first. Brahma Baba used to remind us that charity begins at home. Then, whatever I accumulate inside I can share with others. When I share that, I can really remain peaceful internally and I will feel very fortunate. The energy that then accumulates is a very useful energy. We create such an energy that we can feel we are in heaven already. Service is just an exchange of love. The main aspects are truth, love and an attitude of selflessness. When there is this energy in service people will feel inspired.

In the world nowadays there is so much upheaval, congestion, traffic - there are so many people! When we come to Madhuban we feel the atmosphere to be so good. We feel that there is true peace here and we just want to remain in that atmosphere that we are creating in remembrance of Baba. Create such an atmosphere wherever you go and see how much service takes place. Look at all the places of worship in the world - why then is there not peace in the world. We have so many centres in the world, now we just have to become the images of peace of love so that people can get experiences and see the path through us.

Baba has told us that we need to become yogis for a long period of time. I once asked Baba about the ones who come later. Baba told

me that if someone comes late but keeps their effort constant then they can achieve a great deal. Baba told me that when the Gardener sows a seed it will germinate at the right time. All of you have come at the time when you don't even have to eat fruit but you can drink the juice of the fruit! Through that nourishment we receive a lot of strength which dispels all sorrow. In fact, all we have to do is to follow what He says. Brahma showed us how to live spiritually. If you study attentively in the morning you will pass the tests that come during the day. However, if you are under the influence of your old character and sanskaras, you will fail. Now, reflect, think deeply and churn gyan. When the mind receives something good it becomes peaceful. It is not a matter of suppression. God has shown us the path back to our original religion of peace. There is nothing else as valuable for us to do now. I have to make myself such that nothing negative remains inside and I have to emerge my original, true sanskaras of peace and love so that I am completely ready to go to home and then to go to satyug. Make yourself such that the thoughts of others quieten when they come near you.

Om Shanti



DADI JANKI - 7 NOV 2010 - TINSUKIA, ASSAM BRAHMA BABA IS A MIRROR FOR BRAHMINS

If someone wishes to experience deep peace, then honesty is essential. If you want to benefit the self then remain truthful and remain peaceful.

Baba makes us instruments and we are the ones who benefit from that. If I take the initiative and do good, others will be inspired to do the same. If you want to keep your heart happy, then let just Baba, Murli and Madhuban reside within. Baba has seated us next to Him in the Dilwala Temple. There is no other temple in the world where the Father and the children are portrayed together, seated side by side.

In Baba's world there is no confusion. Why not? Because Baba has told us clearly what we need to

do. After waking up in the morning, sit in front of the cycle and tree. Maintain the intoxication of being the mouth-born creation of Brahma. The experience of Brahma Baba's drishti soothes and comforts the soul. Could Madhuban be Madhuban without Baba's Room?! Even today Baba sustains us in an unlimited way.

Cleanliness keeps the mind healthy. Effort is required to keep the mind clean, and attention is needed to keep the heart clean. Baba will enter the temple of your mind only when it is kept clean and pure. If the priest of the temple doesn't take care, who else would keep the temple clean? Baba has come to make us worthy of worship from worshippers.

It is in the mirror of Brahma Baba, that we are able to see ourselves. We can see what we were, what we are and what we are becoming. Baba's tapasya is actually helping us to eradicate our sins: He is pulling us towards our home and the subtle region having bound us with the thread of love.

Now learn to churn on the Trimurti: experience the stages of establishment, destruction of the old and sustenance of all that is pure. Baba is teaching us elevated aspects of gyan; see that you don't get stuck mid-way. God has bestowed each Brahmin with divine vision and a divine intellect, so now make effort in a way that even Dharamraj has to bow down to you!

Om Shanti

DADI JANKI - NEWS AND GEMS FROM MADHUBAN

My dear family in Bharat and around the globe.

Sweet greetings from the holy land!

The past two weeks have been packed with various meetings, classes and sessions with around 2200 double foreigners. Baba's home is happy to host the global family as always.

Yesterday we began Diwali festivities with the first celebration at Peace Park. The coming week up till Diwali Day, 5th November, will host celebrations at Baba's various campuses and promises to be a joyous time for the global family.

Dadi has been having beautiful conversations over the past two days and would like to share the same with you:

29 October 2010

What is the difference between dehiabhimaan (arrogance of the body) and dehbhan (body consciousness)? Is it through mansa seva that we can transform our sanskaras?

We know that we are souls and belong to God but don't have the practice of staying in that awareness

of beyond of the body, with Baba, (beyond the consciousness of the body - dehbhan se pare) - this is why the ego uses us from time to time especially when we perform tasks or enter into relationships with others.

Sanskars will only be transformed when I have practiced going beyond the body over a long period of time. Ego is such that it brings subtle thoughts of disheartenment 'I don't think I can continue, or be successful' - such thoughts make us tired. I shouldn't get tired nor should others be tired with me. No matter how many obstacles or variety of personalities came in front of Baba - I never saw him get tired.

Therefore we have to check deeply inside, check the ego - is it using me in any way? There should not be the slightest feeling of insult or ill feelings because they will finish your energy - drain it. Our truth and humility should work wherever there is a need - at the right time and right place.

On one side, I pay attention that I don't have any weakness - through the connection with Baba, I finish weakness (it is weakness that brings waste, disheartenment and tiredness). On the other side, I pay attention that I am drawing all powers for Baba to use in

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DADI GULZAR - 23 OCT 2010 - SHANTIVAN USE THOUGHTS AND TIME IN THE BEST WAY POSSIBLE

Do you keep the aim of becoming equal to Brahma Baba? Or are you happy with just receiving a little? If you wish to become equal then you have to check yourself throughout the day. It is very easy to follow the father. Before going to sleep at night give your chart to Baba. Do this whether you feel your chart is good or not. If you have made a mistake then ask for forgiveness from Baba. If you ask for forgiveness then you will not have to experience the punishment of that aspect in front of Dharamraj. My experience is that whatever thoughts we think and whatever we do throughout the day, stays with the soul and it can emerge in dreams. This is why we need to clear everything in front of Baba. If you go to sleep having cleared everything you will feel 2 hours sleep to be equal to 4 hours sleep. Check your thoughts and actions. If you feel that Baba did not do something then don't do it yourself. If he would not have thought something then don't think it yourself. So first think and then act. Check: Are my thoughts and words really equal to Baba's?

Baba is drawing our attention to two aspects: Firstly He tells us to keep the importance and value of the confluence. Secondly, He tells us to pay attention to our thoughts. This is the time to become the most elevated human being. There is no other time as great as the confluence. The return of what we do in this birth is guaranteed for 21 births. Each second of the confluence is invaluable and this is why Baba is trying to draw our attention to this aspect again and again. To waste one second of the confluence is equal to wasting many years. No other time is as important as this time. This is the time for us to meet God. We don't just meet Him but we attain Him. At this time we are experiencing the fruit of our

bhakti in the form of knowledge. Remember 'time flies'. To waste 15-20 minutes of the confluence age is not a small thing because it is now that we have to attain for the whole cycle. Do you keep this awareness? Pay great attention to your thoughts and time! Am I using them in the most worthwhile way? It is only now, in this age, that I can experience the bodiless stage and maintain a connection with the Supreme. If you find yourself having waste then have the discipline to churn and you will find your mind returning to the right path. This is the effort we need to make.

We are effort makers so we don't have a lot of negative thoughts but there are a lot of waste thoughts. Remember that thoughts are the foundation of my life so see if your thoughts are powerful or wasteful. If you have waste thoughts then you also waste your time. If you really understand the importance of time, you will not allow yourself to have waste thoughts. Baba has told us to pay attention to service through the mind. If you keep your mind occupied then it will be safe from waste thoughts. Through *mansa seva* you can reach souls and their blessings will help you keep your thoughts powerful. Baba tells us again and again to serve through the mind. If you keep busy serving through the mind, other thoughts cannot come and you will be able to remain beyond the pull of the senses. There is power in doing what Baba says as soon as He says it.

Remember: Once the time is gone it will not come back to you. Whatever time you spend in waste thoughts of 'why, what...' etc. will not come back. Not only that but when you waste your time in this way then any attainments you had accumulated finish. This is the only time we can accumulate.

There are 3 ways to accumulate. The first is through our own effort. The second is that those who we come into connection with should be content with us and we should be content with them. Thirdly, is from the service we do. When souls experience benefit from us we definitely receive the return. If you don't do service of souls then they will complain to you at the end. This is sorrow in the whole world and it is our duty to serve souls. Baba is telling us to be happy and share that happiness. On a daily basis, Baba tells us what we should do. He tells us every day what to pay attention to in all 4 subjects. I have to accumulate so much happiness that happiness stays with me through the whole day. What is the doorway for happiness to leave? Wasteful thinking and thoughts of the past. Someone may something to you and you get upset. You cannot then stop thinking about it. While they are sleeping, you are thinking about what they said. These are the gates through which happiness leaves. Now close the door! Stop thinking of the past! Stop following your own dictates and the dictates of others and your happiness will remain constant. Baba has told us that our faces and activity should not only reveal ourselves but should reveal Baba. Our faces should reveal what we have received from God! Our faces should now reveal who is teaching us.

Om Shanti



DADI JANKI - 3 NOV 2010 - DADI'S COTTAGE, GYAN SAROVAR SPIRITUAL CHIT CHAT

How can I create the obstacle free stage? Go into silence in a second. Learn to keep within totally and then remember Baba. People may put obstacles in my way but I have to pay attention to remaining obstacle free. There are omens and there are obstacles. When a soul is under bad omens it is as if whatever it does doesn't work out. When there are omens it is as if something different from what we want happens. To overcome this requires deep *sadhana* and charity. To free myself from such omens I have to give true donation. Giving donation frees the soul. Remember that there are 7 days in a week and I have to pay attention every day.

The more we churn, the more we experience happiness. It is not a matter of forcing the self to churn. Get into the habit of churning gently. If someone tries to give me sorrow and I take it, it is my mistake. Check your chart of giving and taking sorrow. There is the chart of remembrance and also the chart of character. Baba sees both. My character should be such that I am content and others remain content with me. If I create such a stage I can become obstacle free and I can help others to become obstacle free. If I want to be truly content in life, I have to be totally honest. Not just honest in relationship but honest in all dealings. I have to be honest with money to the last penny.

Another aspect to check is my record of being attracted and being influenced. I should not be attracted to nor influenced by anyone. Not attracted or influenced by a sister nor a brother. It is the time of the last chapter of the *Bhagwad Gita*; I have to now leave all attachments. Neither should I be distressed by any relationship, nor should I be attracted. Do you take notes when Baba is speaking the *murli*? We

are sitting in front of God and I have to pay attention. In every *murli* Baba draws us attention to different aspects. If someone says the *murli*s are the same, they are not paying attention and they will find many obstacle

Baba has told us that wherever we are in the world Baba is present for *amrit vela*. Whatever happens I am present for *amrit vela*. Even if I don't sleep all night I will be present for *amrtvela*..

Q: How can we distinguish between self respect and ego? First I have to pay attention to being bodiless. By remaining in the the bodiless stage, even the hidden ego which may try to use me sometimes will finish. The hidden ego may even try to prevent me from remembering Baba. One or another thought will come and go because of this subtle ego.

If we don't stay in true self respect based on soul consciousness then ego comes. If there is a subtle desire then it is the result of ego. Who can stay in self respect? One who doesn't do things with a desire for a return - not even a desire which you hide within yourself. A soul who has true self respect serves without any desire for a return - not even subtly. Remember that God has said that this is all His work. Why then should I think that I am doing anything? I shouldn't think that I am doing anything and neither should I expect a return.

If a soul has a lot of love for Baba, He pulls that soul into the bodiless stage. If you make Brahma Baba and Shiv Baba happy, you will feel bodiless. If I have even a little ego then I cannot be useful to Baba. Ego takes my time and wastes it. If you want to be useful to Baba then leave ego. Actions based on ego create a burden on my head and

I now have to be totally light. To become bodiless I have to become the conqueror of sinful actions. I have to become such that I don't even make one mistake - even in my thoughts. If you talk about waste or negative things then your sins cannot be burnt. In fact, to talk about waste, negative or things of the body and physical world means that you will accumulate more sins.

Baba has told us that these bodies are old and they will get sick. However, we should not keep thinking about karmic accounts. I am Baba's and He is taking care of me.

Some souls have the habit of being unhappy. If you allow yourself to create the habit of being unhappy then that habit will control you. If my words are such that they create a heavy atmosphere, who will accumulate a burden? Whatever room I stay in, the vibration should be powerful. If the vibration is not powerful then others will be influenced. To create a powerful and loving atmosphere is a subtle type of service and Baba is telling us to do this type of service through the mind. When you shift into the bodiless stage then everyone will get vibrations from you. If any of us get involved in useless gossip then Baba will show a stern eye. Now forget about others. Look only at yourself, your effort and your stage. Make yourself such that others experience benefit through you and from the atmosphere you create. I have to become right, light and full of might. To do this, I have to be totally obedient. I have to be a soul who holds a torch in front of me and shows others the way.

Baba needs such hands that do whatever He wants and whatever is needed. He needs such hands that move wherever He needs them to be. Such hands who move as He

continued on page 5

DADI JANKI - 29 OCT 2010 - OM SHANTI BHAVAN LEAVE NEGATIVITY AND BECOME TRULY FREE

We say 'Om Shanti' three times. Firstly, in order for us to remember to point my finger inwards and to ask: Who am I? Secondly, we look up above and connect with the One above. Thirdly, how do I have to be and what do I have to do in this world?

It is the time to become totally free. What do I have to let go of in order to become free? I have to let go of the ego and attachment that lie within the intellect. If ego and attachment finish then anger will also disappear. How then can greed remain? It is those who recognise themselves as the children of God who will really make effort to free themselves from the vices. There are many souls who are now looking for ways to free this world from negativity and from deception. Baba has told us that many souls of different religions will come to us and will get deep experiences. They will fill themselves with the power to do something good in the world.

When there is the consciousness of being one family, the soul is able to fill itself with power from God and all the various types of duality that exist in the world such as caste, creed, colour etc. finish. God is filling us with the power of peace, love and happiness and through that power all negativity is dispelled. God's desire is that all His children become angels. The feet of angels stay above the ground. Previously,

we held out our hands to beg. Once we have experienced peace, love and happiness from God, we fold our hands together. We have received everything we need. What do we actually need for the body - just food and clothes to wear. Brahma Baba inspired us to wear white clothes so that we all look like angels. Once we let go of limited desires then we able to receive whatever the One up above gives.

Go inside and check yourself: How elevated are my thoughts, words and actions? The words that come from our mouths can either break or mend hearts. In the world today, the hearts of many have shattered into pieces. We have to now bring those pieces together again so that they become peaceful. However, in order to do this, I have to become peaceful first. This is a subtle aspect. The words, actions and negative thoughts of people have created today's world. Human beings destroy the value of their own lives through their negativity. By becoming positive, we can recreate the value of our lives.

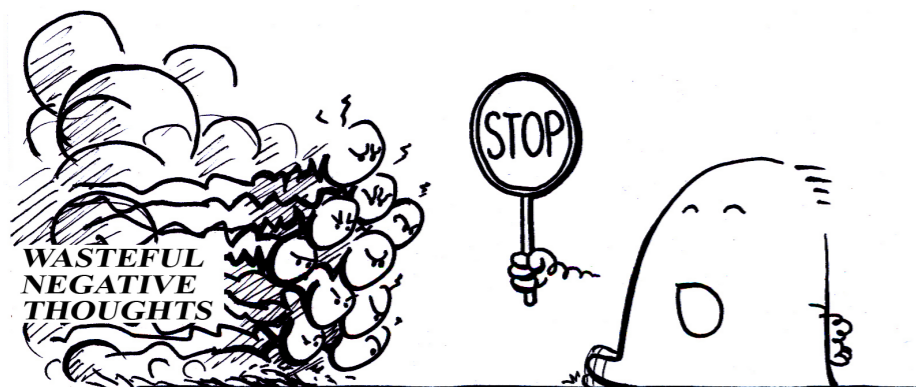
“The Father has now come to teach us how to change.”

He gives us the understanding and

the power to change from negative to positive. However, we have to change first and only then we can speak to others about these aspects. First make these teachings practical and then you can speak about them. We have to also care about each other. Care, share and inspire! We have to remain careful in all aspects and care about each other. We should be able to sympathise with the situations of others with love and share with them. We can create a feeling of belonging with one another. Even if a soul leaves the body, the connection remains because our connections are spiritual.

We take the power of peace, love and purity from God and use that power to inspire each other. In one minute we can become peaceful and create an atmosphere of peace for others to benefit from. In fact, all we have to do for this is to look inside and then look above to that One who fills the soul with the power of peace.

Now leave two words, 'but' and 'try'. Also leave the phrase 'it takes time'. Time is inviting us to transform! It is the time to change. Remember: When I change, the world changes. Others become inspired when they see a positive change in us. Some also ask, 'Do you think this is possible?' Everything is possible! Remember who is with us here! He is the Almighty, the One with all powers. The art



DADI JANKI - 27 OCT 2010 (PM) - GYAN SAROVAR MEETING WITH CENTREWASIS



Some have asked me how to create a good life. Firstly, keep the aim to be a good example. Baba is the Father, Teacher, Friend and Satguru. Others should see the influence of these relationships with God in my practical life and become inspired. Here there are no copyright laws. Look at Baba and follow Him. However, if you give excuses Baba will not give you His company.

Never think of yourself as a teacher. In fact, we are all students. If anyone thinks of themselves as a teacher they will have to think what to teach. If you think of yourself as a student you will enjoy life. If you put all of Baba's teachings into practical life, you will enjoy life a great deal. Check your chart: Do I have any defects within? Have I developed all virtues? If you develop virtues then others will learn to be virtuous by being in your company.

If I want to come in the 8 then what do I have to do? I never thought of myself as one of the 8 but Baba once wrote to me and told me that I am one of the 8. What are the qualifications of one who will come in the 8? Even the effort of the 108 is numberwise. My Teacher wishes that I will bring all the teachings He gives into my practical life. The 8 powers will definitely co-operate with one who is one of the 8.

If I need any of the powers it should be available to me instantly. If I need the power to tolerate or pack-up it should be available immediately. I should not have to battle to emerge it. A swan will be able to discern situations very easy. Baba gives us understanding power but I need to have the discrimination power to see what is right and what is wrong, what is true and what is false. If you ask 'why, what, how' etc. you will definitely come down from your flying stage with a bump.

Baba has never given us the work of being a lawyer. A lawyer spends a lot of time thinking of what will happen and how it will happen. Neither should I become a lawyer, nor should I be one who makes mistakes. If I make a mistake then everyone's vision will be pulled to me. Before gyan we may have made mistakes but after gyan if I make a mistake it is a big thing because we are in Baba's home and others will definitely notice.

I should make myself such that others don't find it difficult to stay with me, nor do I find it difficult to live with others. Baba tells us to stay in the gathering. If I just do whatever I like then let alone the 8, I may not even come in the 108 or the 16,108! The destination is very high and see we have to be very careful. If you start making effort now then you can still come in the 8! God speaks: You can be part of the 8.

Obedience, loyalty and honesty bring a great deal of happiness. The Father gives advice, the Teacher gives teachings. As a friend Baba gives company and we can hold hands with Him. With your hand in His hand you can become the observer and you will enjoy life a lot. You will then find everything to be easy.

Baba is making us into ones with a broad intellect - that is very sensible. One who is sensible will understand everything very easily. When the intellect is connected with Baba it becomes divine and it starts to work very well. When I say 'my intellect' there will be subtle desires or subtle influences. Baba made us belong to Him and He now watches our intellect.

The first mantra Baba gives is 'Manmanabhav'. He doesn't tell us to be His through the body or

wealth but through the mind. We have to pay attention in yoga. Sit with attention and take benefit. Learn to take benefit from everything that is happening. Remember that the confluence is very short and there is a great deal of attainment available. Be greedy in the aspect of taking from Baba. Take everything as your right, in an incognito way. Baba is sitting there all day and night to give to us, so just keep taking!

Baba is helping us to sit up above with Him and to see everything that is happening below. We can stay above with Baba and do service. Come into action, just for the sake of performing action. Brahma Baba stayed up above even whilst walking, talking and eating. We always felt he was above and just performing action down here. Baba gives love to a soul who draws power from him.

Dadi Gulzar keeps the awareness of being Baba's chariot. She never behaves in a gross way - laughing, talking loudly etc. She keeps very quiet. She doesn't comment but she gives drishti and through that drishti people and situations become good. She surrenders herself to Baba to such an extent that Baba can use her as an instrument.

Baba comes and speaks the murli and goes back above. He tells me how to be seated on His heart-throne and calls me to come and sit there. When a child is sensible and virtuous he can remain seated on the heart-throne. When you are seated on the heart with stability you can become part of the garland around His neck. One who is going to be one of the 8 will always feel Baba to be merged in him and that he is in Baba's drishti.

continued on page 12

DADI GULZAR - 1 NOV 2010 - EVENING CLASS AT ORC DELHI WHOSE REMEMBRANCE IS THERE IN EACH ONE'S HEART?

Whose remembrance is there in each one's heart? – "My Baba". When you say this how much authority does one feel? There is so much happiness. Do you realize how much Baba loves me? I have love for Baba and Baba too has love for me. In the entire Kalpa no one has the fortune of being masters of the 3 thrones. We have been singing praises (mahima) of God on the path of devotion but we never even dreamt that someday God will sing our praises. Baba gives us yaad pyaar everyday, no other father in the whole cycle not even Laxmi Narayan do so. What do we need to do as a return of this? It is our aim and this is what Baba also wants that each child of mine should become equal to the Father (Baapsamaan). The one whom you love from your heart – is it difficult to forget him or to remember him? Why do we forget? Maya takes our paper and sometimes we fail.

Just remember your self respect that we stay with Baba in Paramdham. I am an elevated soul who resides in the soul world and from there I come down into the Golden age as a deity. In the copper age I'm in the worship worthy form whom the devotees worship. In the confluence age we become Brahmins. You are experiencing the greatness of Brahmin life in practical now. Where there is self respect one always is in a cheerful state. For this Baba has given us three thrones

and so many swings to swing. The deepest mud is that of the ego of the body. In order to always remain soul conscious it is important to keep checking oneself from time to time. Everyone knows that I am a soul but the effort is to become an embodiment of the awareness. Baba repeats this so many times in everyday's Murli – consider yourself to be a soul and remember me. This point is our basic foundation. You should never let go of your happiness. Baba is now drawing our attention towards both thoughts and time. This is the only time when we meet God. It's the time for elevated attainments as well. You create your fortune for half the cycle in so little time now. Such is the importance of every time. Don't think its only 2 minutes, now according to time 2 minutes is also very valuable.

Baba says that children don't have many negative thoughts but there are a lot of waste thoughts. Who does why, what (ke – ke) all the time? The crow. When a crow comes and starts crowing we immediately shoo it off. Having such thoughts is not good. Baba has specially underlined there 2 aspects now. If you give importance to these two (thoughts and time) then you are the one who has a right to elevated attainments! Where there is attention, no tension exists, you are then able to become tension free. Just have a determined

thought to do what Baba has told us. You can become tension free of you never forget one word "Baba". Don't say maya-maya, maya bothers us. No, it is not maya, it's a test paper. Pass the paper and you will be promoted to the next class. Papers will come, be happy because only then will you be able to move forward.

Become the authority of experience in all 4 subjects. Let Maya come or even Maya's father come. Where there is the authority of experience there no other authority works. Check do you have this authority? Majority of the guests in Peace of Mind Retreat have had good experiences. We are seeing that souls who are coming to Madhuban have now started experiencing rather than just listening. There is no margin to ask any questions in front of one who has had an experience. If you become the image of experiences and continue to move forward with the authority of experience then success is guaranteed. Baba tours around the whole world and visits every child during Amrit Vela. He gives us power, we just need to be receptive to take that power. It is no less fortune that God himself tours over us. You remember someone on the basis of 1) Relation 2) Attainments. The greatest attainment we get from Baba is the guarantee for 21 births!

Om Shanti



DADI JANKI – 31 OCT 2010 GUJARAT SEE THE SELF AND BABA ONLY

Dadi has been reminding everyone over the past few days to check their own individual effort and see whether 'I am' worthy to be remembered, praised and worshipped, and granting visions. Ask the self – what effort do I need to make? Do not complain about any-

thing. Just imagine what someone who complains would be worthy of. Each one should check the self and not anyone else...just see Baba, in your dreams, your thoughts and your words.. Just see the self and Baba. Those who are sitting in Madhuban, those who haven't been

yet, everyone to look at themselves: throughout the 24 hours: Check – Am I just looking at Baba or anyone else? I have received such wonderful news that service is happening with everyone's co-operation, no one alone is doing service, and this is true isn't it - >>>

Om shanti

DADI GULZAR & DIWALI CELEBRATIONS WITH 1500 BKS FROM DELHI AT ORC

SEE THE SELF & BABA ONLY

we cannot serve by ourselves. Service is successful with everyone's cooperation and it is very good to make everyone cooperative. In order to make everyone cooperative we need to remain in our self-respect in an incognito way and just giving that respect to others.

Today's murli Baba has taken up the topic of self respect and to go into the depths of this there are 4 methods to maintain self-respect:

- 1) Always continue to stay in the awareness of the soul, and be in the state of remembrance naturally.
- 2) Have all relationships with-Baba, and check the self day and night. Ask the self continuously: Am I experiencing Baba's power of all relationships?
- 3) To have such Bhavna that at any moment I come in front of Baba,

Baba is able to give me such deep love and affection. When we remember Baba with an honest love, Baba gives a certain kind of power and when we are the embodiment of dharna then Baba also gives a different type of love that is filled with respect.

- 4) When there is honesty and humility in the service we are doing Baba is pleased. Don't make the sort of mistakes that others complain about me; nor complain about anyone else.

Baba shared a message for Dadi personally and was telling her to keep attention on thoughts, words and actions so they are the same as Baba's, and each one to be doing this too, paying attention to thoughts, words and actions so they are like Baba's.

Everyone was watching the Cultural performances. While seeing the dance were you too dancing the dance of joy, happiness and love?

How does Baba give love and remembrances? My long lost and now found, lovely, sweet children! Is it difficult to remember the one who you love or difficult to forget him? There are 3 main relations in life – Father, Teacher and Satguru – to remember them separately is difficult. It is easy for us because all three are in One. The teacher comes everyday from so far away, how many miles? First lesson that He teaches us is Om Shanti (3 times) i.e. Father, you and Drama. This frees you from all questions and you start dancing in happiness. The Father says be happy and the more you share happiness with others the more it increases. The experienced ones are sitting here – you would know how it increases. Father has given the title "Cheerful ones". We receive yaad pyaar from the Father daily. We are specially celebrating Diwali today. Do you remember that our kingdom is about to come?

It was the British Rule when we were in Pakistan. When we used to go to the sea shore, on seeing us Indians the small children used to say with so much intoxication that it is our kingdom / rule. Baba used to say see they have so much intoxication – how much happiness there would be in our kingdom that is about to come. Today there is so much sorrow in the kingdom of Ravan.

Today in the Murli Baba said stay in your self respect and the orders will automatically be obeyed. Check yourself – do we stay in our self respect (swamaan)? Baba has given 2 orders (farmaan): 1) Consider yourself to be a soul 2) Remember the Father. Today we have the intoxication of being live deepaks (lamps). Just think how we will celebrate

the coronation in our kingdom. Experience is the greatest authority – do you experience yourself to belong to such an elevated family?

Now have the aim to do whatever Baba says. In the latest Murli Baba said – Everyday's Murli is our homework. If we remain busy with this then there will be no waste thoughts. In the Murli, there are signals for all 4 subjects – gyan, yoga, dharna, service. In the end Baba gave the report that there is a lack of transformation of sanskars. Now pay a little attention to yourself and check – are my sanskar equal to those of the Father? What emerges from the heart – My Baba, sweet Baba, lovely Baba!

Don't ask what should I do – check if I completed the homework of all 4 subjects mentioned in the Murli. The Murli of the Murlidhar is so lovely – even in the memorials it is shown how gopes and gopis would madly run after the Murli. Now keep the aim that we have to become what Baba wants us to become. Many Many Greetings for Diwali !!
Om Shanti

Its just a process

STEP 1:
WITHDRAWN



STEP 2:
ATTENTION



STEP 3:
AFFIRMATION



STEP 4:
CONCENTRATION



STEP 5:
EXPERIENCE



DADI JANKI - 29 OCT 2010 - DADI'S COTTAGE, GYAN SAROVAR CHECK YOUR ACCOUNT OF PROFIT AND LOSS

What do we give when we serve? When we serve, we not only give knowledge but also love. It is only when knowledge and love are given together that people will want to listen. Souls may not become BKs but they will remember the love they receive from us. The wife of one BK met Dadi at a conference. She may not have become a BK but when she remembers that meeting, she has tears of love. It is necessary for us all to become both honest and loving. This is not a service - this is essential. One VIP came to meet Baba. He was so touched by the love he experienced that he changed completely. He would travel long distances by train to work every day but he never missed amrit vela. It was as if Baba had melted him with His love.

There is currently conflict amongst religions but Baba has taken us above all of this. What is important now? The most important aspect for Dadi is to focus on her stage and not to get caught up in thinking about anyone. When we sit in remembrance we are subtly connected to others and we may influence them. This is why we need to detach and not allow our thoughts to go on others.

Check this. Keep a clear account of your thoughts, words and actions. Am I really in credit? Am I accumulating? Where am I making a loss? Check if you are doing what Baba wants and if you are moving according to his directions. The three accounts of thoughts, words and actions are very important. There is a very deep connection between these three. As soon as thoughts begin to work in the mind, words and actions quickly follow. Through our attitude, the atmosphere is created. When we come together with pure feelings the atmosphere becomes powerful and

we receive strength form such an atmosphere. This strength will in turn increase service. This is what mansa seva is.

Whilst serving through the mind, if we really make the past into the past then what we receive from Baba brings about deep changes in the soul. If we do not leave the past and instead question or doubt, thinking 'this should not have happened' etc. then what type of stage will be created? If you speak about what someone has done to you or what they are doing in general then you are developing a karmic account. Dadi is very strict with her own self in this matter and slaps herself to keep herself in line! We need to stay alert and caution ourselves. Every day Dadi sees many things that are not according to the Marayadas but at that time Dadi tells herself not to see it and to remain peaceful. Is it my work to keep thinking about others? No. We have to caution ourselves.

Shiv Baba is a resident of the soul world but Brahma Baba had to practically look after everyone. Once when we were living in Brij Kothi we didn't have anything to eat. Baba told us that we should not worry - if we received something it was ok, if not it was also ok.

Baba told us that it would be good to awaken at 2am and have yoga in a V shape. On seeing the red light on at night, the neighbour who lived opposite us thought something suspicious was going on. His wife explained that we were having yoga. The man was opposed to us but on seeing our sadhana he took some money from the safe and gave it to his wife to bring us immediately. He thought that if he did not send it immediately, he might change his mind! When she passed the money to Baba and received his drishti, she went into trance.

Those who love the murli are loved by Baba. Sometimes Baba would speak a murli full of strong cautions. Baba would relate the murli and then come and sit down. When Dadi would say that Baba gave a good murli Baba would say, "I do not know what I spoke". Brahma Baba had a great deal of intoxication. When he entered class he would say, I am bringing Baba with me. We would know when Shiv Baba was there as He would make us bodiless.

In the History Hall we used to create such an atmosphere that whoever would sit would melt. Ask yourself: Do I have yoga in such a way that the vibration transforms the intellects of others? Let me check the account of my own efforts, my charitable actions and blessings. Am I doing what Baba wants me to accurately? If I give reasons not to do something then I lose out. If I do not move according to the Marayadas then I experience a loss. Let my stage be such that it supports others in creating their stage. In your account of blessings check if others experience help and cooperation from you. Mama didn't laugh loudly but her nature was not dry. She would smile when we went in front of her. Internally let your nature be of a very high quality. No one should say to me that this one's nature is like this. I should never say I cannot change my nature. If Baba were to hear this then what would he say? To say this is a type of ego and it means that you don't have the habit of remaining beyond the consciousness of the body. Always be happy. The happiness of the confluence age is very, very valuable. If we make a mistake then happiness goes away and it doesn't easily come back again. When we are experiencing true happiness then anyone who meets us will feel that.

Om Shanti

LEAVE NEGATIVITY AND BECOME TRULY FREE

of meditation is for us to learn to draw all powers from the Supreme. That then influences our attitude and through our attitude we can create a powerful atmosphere. The vibrations that are created through our attitude can reach thousands of miles away. Now pay attention to the time. The time is telling us to do it now and the Father is showing us what we need to do and how to do it. Pay attention not to create any negativity through your thoughts, words and actions. Go deep in your thinking. Ask yourself what type of thoughts I need to create. They need to be pure, positive and peaceful. Such thoughts clean the intellect and the hurt that was in the heart is healed - the heart becomes strong. I can then ask for and receive forgiveness from God. Until then, I will feel the sins of my past pinching inside. So first forgive your own mistakes and the mistakes of others and only then will you be able to forget. Only an elevated and charitable soul will be able to forgive. One who is trapped in body consciousness will not be able to forgive and thus cannot forget. Such a soul will experience God's power and that power will allow the soul to forget. Once he has been able to stop recalling that negative memory, he will be able to forgive. I saw this many times in Brahma Baba. Whatever has happened - leave it. Maintain the feeling that nothing has happened. Don't keep repeating it - even in your mind. God is teaching us how to make true spiritual effort but if I keep looking at others mistakes, repeating them in my mind and speaking about them to others, I am committing a sin. Baba once told me that whatever someone tells us is what they are collecting inside. If they are saying negative things it is because they don't have anything good inside to play with. Since that time I have paid a great deal of attention to what I listen to and speak. What are these eyes, ears and mouth for? If I engage in negativity and continue play-

ing with that inside then how can I become an angel? An angel is one who has the deep desire to bring benefit. An angel has wings of good wishes and pure feeling to fly and helps others to fly. The One up above is giving and angels have the feeling to give to others.

We have to look after the heart, the mind, the intellect and the conscience. We have to go deep inside and examine each of these. Look at your conscience - it tells you what is right and wrong - it speaks to you! However, the ego often doesn't allow the soul to listen to the conscience. This is why Baba tells us to check carefully: Is there still any ego hidden inside me? If there is, it will not allow you to become truthful or your vision to see what is good. Learn to see only what is good. If you know that someone or something is not good then keep the awareness that they will become good tomorrow. This is important because our vision creates our attitude. The world can only change when we change. The sound of transformation can only reach the world when we truly awaken our own transformation. This gathering helps us to transform because we can check ourselves and realise what still needs to be transformed inside and then we sit in remembrance of God to take the power to do that internal work. However, if I still look at the weaknesses of others I will get infected by thinking about those weaknesses. How then can I do my own internal transformation work? God is giving us such an injection that in one second we can create beautiful vibrations of purity, truth, honesty and peace. We can fill ourselves with those vibrations. We can then spread those vibrations for all souls. This is bhavna - to create such pure vibrations and spread them. It is the time to do this work for ourselves and for all souls of the world. If we do this can we really feel great!

Om Shanti

SPIRITUAL CHIT CHAT

continued from page 3

wants them to move. I should be so simple that I don't have the awareness that anything is mine. Dadi pays attention that when she goes to any centre she leaves only with what she arrived with. When there is body consciousness then you will think that this item is nice and you want to wear it, whereas you don't like that one! You will have many preferences.

Didi taught me to be totally accurate with money. This is our bhavana. We have to really know how to use everything in a worthwhile way. If you become a great donor nothing will be lacking in your life.

Baba is my toy and I am His toy! If you feel like this then service will feel like a dance to you and everyone will want to join in that dance. Now keep God's versions in your head and in your heart and do His service through your hands.

Om Shanti

