

|| From the mighty pen of Sanjay ||

## Dussehra and Diwali in Present Context

### SIGNIFICANCE OF DUSSHERA

The festival of Dusshera is celebrated to commemorate the victory of Ram over Ravana, a devil having ten heads as believed. But devils or demons are none other than vices in human beings and there cannot be human being with ten faces. It just signifies the predominance of five vices in each male and female. The killing of Ravana, therefore, means simply to remove them from the mind.

#### Ram's army of monkeys

No army of monkeys was in fact deployed by Rama for killing Ravana. This again is an allegory. Human beings have been compared to monkeys because monkey, among all the animal-kind, has lust, anger, greed and arrogance to the highest degree. Hanuman is considered as the chief of the army of monkeys. 'Hanuman' means one who conquers the evil tendencies in mind through God's remembrance and to surrender in His service.

#### The story of Kumbhakarna

*Karan* means ears and *Kumbha* means pitcher. The ones having pitcher like ears unable to grasp the content of what is said and to act accordingly, even the knowledge of the Creator and the Creation falls flat and remain deaf to the warning of world destruction are veritable Kumbhakarnas.

#### Fireworks, Crackers and Explosives

On the concluding day of Dussehra, fireworks are displayed. All these are symbolic of war, resulting in destruction of the vicious world of Ravana.

#### Dussehra related to Confluence age

The festival of Dussehra relates to the 'Confluence Age', the end of Iron Age and the beginning of Golden Age, when God re-establishes the World of Purity.

#### Errors Regretted

- ▶ 1. Please read Mrs. Gursharan Kaur in place of Mrs. Gurcharan Kaur in title page one of September Issue.
- ▶ 2. Read Mrs. R.S. Gavai instead of H.E. R.S. Gavai in photo No. 6 of title 2. The errors are deeply regretted.

(...Contd. on page no.31)

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## CELEBRATING GOD'S DESCENT FOR THE GOLDEN ERA



Over the recent months, we have been exposed to some TV programmes revolving around 21st December 2012, the day when the Mayan Calendar ends. Different people, especially 'Jyotish Acharyas' (astrologers) have been giving their own interpretations. A positive person who envisions a bright future for Bharat in particular, and the world in general, would celebrate the news of the end of the Mayan Calendar in a big way as it would mark the beginning of a new calendar for the entire world. What would you like to call the new calendar? By streamlining our thoughts in a logical way, we would realise that after Maya bids goodbye to this world, we would see the end of negativity, strife and war. No more chaos and no more problems on any level. It would be a new beginning for the entire human race.

In fact, when human beings have an elevated thought system or belief system, it helps them rejuvenate themselves morally and spiritually, which in

turn transforms everything back to its best. Human souls evolve by making sincere spiritual endeavours and by looking towards the Supreme. This gives birth to a wave of positive outlook and actions that charges up the global environment. Human actions become just and righteous. New attitudes start developing among the masses. A spiritual awakening marks the beginning of a new era. All traces of Maya, meaning the negative tendencies in human consciousness, would bid goodbye from this world. This is possible only when human souls realise that they were 100% pure, divine and virtuous, completely devoid of all kinds of negativity, in their original state of consciousness. When this highest stage of the self is accepted to be our aim, then only the desire and inspiration would motivate humanity to rise again and inculcate the highest values in day-to-day life. This would signal the dawn of a new Golden Age or *Satyuga*.

Supreme Father God Shiva, Knower of the three aspects of the Time Cycle, reveals to the

world the top secret of transformation of the world into Golden Age. But this happens only once in the entire cycle and that time is *now*. To reveal this truth to the world, to benefit one and all, Brahma Kumaris worldwide have been spreading the word through different events and programmes. The latest among them was "**Celebrating God's Descent for Golden Era**" Conference held at Shantivan, Abu Road (Rajasthan), from 1st-4th October 2010. This was attended by nearly 3000 participants representing the intelligentsia from all parts of Bharat and Nepal. The subjects discussed included:

- ▶ The Time for God's Descent
- ▶ God's Wisdom for Health, Wealth and Happiness
- ▶ God's Gift: The Golden Era
- ▶ Human Role in making the Golden Era
- ▶ Gita Sermonizer: Incorporeal or Corporeal? etc. etc.

Godly wisdom was openly shared in abundance by super-divine personalities: Revered Dadi Janki, Revered Dadi Hriday Mohini, Revered Dadi

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Ratan Mohini, Divine Sisters BK Dr. Nirmala, BK Pushpa, BK Usha, BK Sheilu, BK Shashi, BK Gita, Brothers BK Mruthyunjaya, BK Mohan and others. Hon'ble Mr. Kanshi Ram Rana, MP and former Union Minister, BK Shivani and Sister Kanupriya from *Awakening with Brahma Kumaris* (Aastha Channel), Madhurvani Group with BK Satish in the lead brought tremendous benefit to the aspiring participants. The participants showered flowers of gratitude in the form of loud

applause from time to time having benefited from this august gathering of a unique Conference. We are sure that each one would definitely remain attuned to his/her higher self and the Supreme, and help usher in the Golden Era for which reason Almighty God Father Shiva descended on earth 74 years ago to enact the Story of Eternity with us.

Here are His invaluable elevated versions for your benefit: **These invaluable jewels for invaluable life are received from the spiritual**

**Father. He says, "This is the true story of immortality (*Amar Katha*) for returning to eternity. You are purifying yourself for returning to the Land of Immortality (*Amar Puri*). How can impure and unrighteous souls go to the Land of Immortality? People go on the pilgrimage to Amarnath on the path of *bhakti*. Golden Age or Heaven is also known as 'Amarnath Puri'. God leads all souls to that Abode of Eternity. Know thyself: you are all souls, spiritual children of God...."**

## **Congratulations to the Youth Service Wing for 25 years of unlimited service!**

Youth are the pride of any nation, and spiritually-empowered youth are undoubtedly the light-houses of any nation.

The grounds of Brahma Kumaris' Complex, Shantivan, brimmed with high positive energy and enthusiasm between 23rd-27th September 2010, as the Youth Service Wing of Rajyoga Education & Research Foundation celebrated its Silver Jubilee of spiritual service in the presence of the Revered Dadis, seniors of the Brahma Kumaris family, and about 7000 youth who have been members of the Youth Wing and Brahma Kumaris for years, involved in

various Youth Service activities.

**Dadi Janki**, Chief of Brahma Kumaris, shared powerful insights at the inauguration on 23rd evening: *"Today people point fingers at youth for misbehaviour and ill-advised actions; great numbers of present day youth are trapped in addictions and are wasting away their lives. The will-power and physical strength of the youth is no less and should be utilised in the establishment of a new Bharat. However, the youth need to let go of habits and lifestyles that are ruining society and play an active, committed role in*

*transforming Bharat. Our ideal lifestyle will definitely create an ideal Bharat"*.

The 4-day celebrations consisted of a wide spectrum of activities:

- ▶ Youth Walk: the 3-km walk around Shantivan and Manmohini Complexes of the Brahma Kumaris (Abu Road) was a spectacular scene of youth dressed in the traditional attire of their respective states; some portraying the history and traditions of India. The youth presented an image of peace, harmony, universal brotherhood, love for all religions and cultures. The

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Walk was flagged off by **Dadi Ratan Mohini**, Chairperson of the Youth Service Wing, **Mr. Ashwin Garg**, Chairperson of Municipal Corporation and other senior BKs.

- ▶ Blood Donation Camp for about 1000 youth donors
- ▶ 5 competitions: Speech, Dance, Drama, Painting and Singing.
- ▶ Honouring Ceremony for the original members of the

Youth Wing and those who participated in the first Youth Walkathon in 1985

- ▶ Series of lectures by distinguished senior BKs, workshops and Meditation Sessions
- ▶ Fair with several stalls depicting arts and crafts by the youth, their experiences of transformation after leading a spiritual lifestyle, history of Youth Wing activities etc.

The backbone of the Youth Wing, Dadi Ratan Mohiniji and BK Chandrikaben (National Coordinator of Youth Wing), were overjoyed at hosting the event, and shared encouragement and inspirations for future service projects.

Over 100,000 youth are currently associated with the Youth Wing and Brahma Kumaris, leading balanced, successful and happy spiritual and professional lives.

### **Vibrant & Colourful Opening Of 19th Commonwealth Games, Delhi, 3rd October 2010**

Millions around the world watched the Opening Ceremony of the 19th Commonwealth Games at Jawaharlal Nehru Stadium, New Delhi, on the evening of Sunday, 3rd October 2010. The rich cultural heritage of Bharat was showcased in the august presence of the Prince of Wales, Prince Charles, and his wife, the Duchess of Cornwall, Shrimati Pratibha Patil, President of India, Dr. Manmohan Singh, Prime Minister of India and other dignitaries. Renowned singer Hariharan rendered the soul-touching song 'Swagatam' while hundreds of school children attired in tricolor welcomed the thousands of participants and audience to

the Commonwealth Games 2010 with an extraordinarily brilliant performance. Around 60,000 spectators including Indian VVIPs and foreign diplomats rejoiced in the performances of about 7000 artistes through the evening.

A few members of the Sports Wing of Rajyoga Education & Research Foundation are acting as Volunteers during the Games for 2 weeks, while a small group of Sports Wing Members was also present at the Opening on 3rd evening. It was an extraordinary feeling of camaraderie and unity, not to mention a great honour to witness the genuine efforts by various Committees, Sports and

Government officials, Army and Delhi Police, and more than 15,000 Volunteers. Apart from the skilled and innovative performances, the object of spellbound attraction was the massive white helium balloon of almost the size of the stadium's inner field, which rose above the stands marking the beginning of the celebrations. The sides of the oblong balloon functioned as a 360-degree screen on which the show was projected.

A heart-warming feature of the Opening was not just the display of India's modern achievements and strengths, but more emphatically the ancient roots, traditions and principles that are the oxygen of Indian life and reasons

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behind the growth of the largest democratic nation in the world. The most memorable moment was the entry of the 650-strong contingent of India into the stadium... Much before the country 'India' was announced, the audience was

up on its feet cheering and applauding our sportsmen and women with vigour and pride!

Before the inauguration of the Games, the controversy-marred build-up aside, International Olympic Committee President Jacques Rogge expressed gracious

words saying, *“India has set a good foundation stone for an Olympic bid...”* India has come of age and can take up the challenge with confidence. Well done!

– **B.K. Nirwair**

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## **The Future Of Power Dialogue** Indore, 3rd October 2010

“The Future of Power” is a Brahma Kumaris initiative aimed at helping society’s leaders cope with the tough challenges involved in exercising power in today’s complex world. A series of high-level one-day dialogues is being held in major cities across India, with the outcome being shared in each case at a public programme.

The latest was in Indore, Madhya Pradesh, on Sunday, 3rd October. Thirty four people from Madhya Pradesh, Chhattisgarh and abroad, including politicians, scientists, healthcare professionals and educationists, met at the Fortune Landmark Hotel. Exploration of the topic was felicitated by Caroline Ward, a leadership coach based in Chile, South America, with keynote contributions from Rajyogini Dadi Janki, Chief of the Brahma Kumaris, and Didi Sudesh, BK European Director.

H.E. Mrs. Urmila Singh, Governor of Himachal Pradesh, was the chief guest at the public programme, which took place at the renowned Ravindra Natya Grah Auditorium and was attended by 800 invited guests.

BK Om Prakash, who started service in Indore in 1969 and has overseen the establishment of more than 500 Brahma Kumaris centres, and BK Brij Mohan, Secretary of the Rajyoga Education and Research Foundation and Editor of “Purity” magazine, both addressed the gathering, emphasizing the spiritual foundations of the kind of power that lasts and is most highly valued by society, as opposed to the short-term exercise of power for limited ends.

This was the third event in the series, which is to cover more than 30 cities. The previous two

were in Hyderabad and Chennai.

As well as providing immediate inspiration and support, the aim is to build up a picture of how the right kind of internal power, drawing on God’s love and wisdom, will eventually recreate a powerful new world of truth.

Bro. Nizar Juma, a Nairobi-based businessman who chairs more than 40 companies, is playing a central role in the series. He said, “Participants are invited on the basis that they have all successfully demonstrated some form of ethically responsible leadership in their own field. You could say that they exemplify a shift from love of power to the power of love”.

The next event takes place in Bangalore on 18th-19th December.

# SPINNING THE DISCUS OF SELF REALIZATION



– B.K Sukanya, Saket, Indore

An eternal being of light I am  
Freestanding in the world of  
radiance  
Powerhouse of Light and Might  
A divine star with unmatched  
brilliance

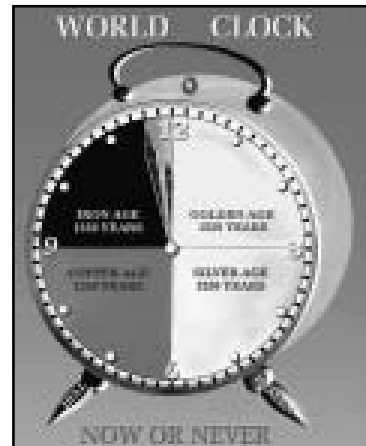
Under the canopy of my beloved  
Father  
Sheer bliss and joy is what I  
gather  
Enveloped in golden-red light  
An enchanting aura of power  
Eternal love and absolute delight  
He bestows upon me mirth and  
contentment  
My Baba, constant source of  
ethereal merriment!

He bequeaths royalty of Golden-  
aged kingdom  
Where each soul highest in piety  
and wisdom  
Deity souls there embodiment  
of true religion  
No distinction based on caste,  
creed or region  
Man and Nature both in highest  
state of purity  
Matched by exquisite golden  
palaces  
Blossoming gardens add to lush  
beauty  
Ah! The golden age is so much  
eagerly awaited  
There lovingly rule Lakshmi-

Narayan with divine aura  
Bedecked with diamonds and  
jewels would be their tiara

I, the eternal soul, am a deity  
with virtues divine  
To invoke whom ardent  
devotees throned the shrine  
They come as if pulled by a  
divine magnetic charm  
With sheer benevolence,  
wishes pure and calm  
I bestow upon them blessings  
through pure vibrations  
Fulfilling their dreams,  
endeavors and aspirations!

Daughter of Brahma at this  
auspicious confluence age  
I'm an elevated bird that's just  
been freed from a cage  
Whilst living among friends and  
family members  
It's only Baba this soul truly  
loves and remembers  
Our permanent home  
Madhuban invokes us all  
With care, affection and  
serenity to top it all  
Intense efforts in churning the  
wonderful knowledge  
Powerful yoga and selfless  
service should be our pledge  
'Follow the Father' and 'finish  
all vices'  
Imbibing these we finish our



entire crisis!

Away from this mundane world  
of illusions and miseries  
There exists the subtle region,  
a mystical land of fairies  
My beloved BapDada and I are  
set in our angelic stage  
He emanates rays of peace,  
happiness and purity  
Salvaging me from all physical  
bondage  
I merge in the ocean of peace  
and love  
Extracting bountiful joys and  
vivacity from His treasure trove  
As His messenger, He sends  
me back to the physical world  
With the motto 'Love all and  
Serve All'  
I, the divine angel, look into His  
eyes—loving and pure  
Only to find compassion, care  
and adoration for sure

\*\*\*\*\*  
**(This is for all the beloved  
children of BapDada who are  
spinners of the chakra of 84  
births...)**

# CELEBRATING GOD'S DESCENT



– B.K. Surendran, Bangalore

**W**e are aware of human efforts in planning and executing many projects to improve the living conditions of the people all over the world. The Governments of the world and also the private agencies have been engaged in this task. Due to lack of political will, there is no scope to involve one and all in the planning process and make everyone to participate in the developmental process. Further, due to natural calamities and man-made sabotage and destructions, the lofty ideas and ideals, are stalled in many ways. Further, global slow down on the economic front, the global warming effect on the environment, the global drought and flood conditions have again slowed down the process of development and welfare measures initiated by the governments and other agencies. International dealings have also been influenced by greed, egoistic attitude, self centredness, lopsidedness and arrogance of different superpower nations. They try to control and regulate situations

in other countries of the world. This again puts pressure on the economy and social life of such nations by creating fear and insecurity among their citizens. Countries of the world continue to resort to proliferation of warheads consequently; there is an unprecedented upward trend in the defence budgets of many countries of the world. Thus, the present world scenario is appalling, dismal and uncertain. The day breaks and closes with ambiguity and anxiety, and no-one knows what is going to happen the next moment.

## URGE FOR CHANGE

Many people have come to the conclusion that some far reaching changes are necessary in the world. But, no-one knows, who will bring about such a change. All are baffled. There is no world leader capable of handling the problems of the world by uniting all people under one banner. Many have come to the conclusion that it is humanly impossible to change this world by human beings. Some divine intervention is necessary. All religious texts have been

emphatic that this is the time for world destruction; the 'doomsday' is close-by. It is also widely believed that the present time is the end of Iron Age and no-one knows what is beyond the Iron Age.

## GOD DESCENDS

In normal times people in general are not serious about God, worship or prayer. But, it is particularly noticed that in times of crises, people remember and worship God, ask for solace, happiness and peace. Even though people worship God in different ways, people in general agree that there is a Supreme Power. When something does not exist, the thought relating to that can never come. God is a reality. He very much exists. This world is neither an orphanage nor is the human being an orphan. This world has an owner – *malik*. To unite people, to create peace and harmony in the world is the job of God. He is the ocean of all goodness – peace, happiness, bliss, love and purity. He cannot remain in hiding forever. Over the years, many prophets, *rishis*, *munis*, pundits, scholars and scientists have appeared in this world. But, nobody has given to the humanity a vision to create a new world of plenty and prosperity or a world of heaven or paradise. God does this

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important job and He also guides and leads the humanity to realise such a vision. But, such a vision is now projected and promulgated by God, Who unequivocally has declared that He also descends to reveal the truth of creation and has a definite role to play in creating a new world order. The Supreme Power is on earth now manifesting through the medium of Prajapita Brahma, revealing the truth of creation and also about Himself. He reveals Himself that He is a self effulgent Light, the Supreme father-mother, teacher and guide of humankind. He descends only once in a *kalpa* (5000 years) in this fashion. Until then nobody knows about Him. Since nobody knows about God, all of us have been worshipping God in our own images, faiths and beliefs. Even then, when we earnestly pray to Him in distress and crises, we get little bit of solace and peace for the time being. He clarifies that if we go in search of Him, He would not be found. His appearance, His presence and His actions have a relevance which should be at the appropriate time i.e. in *Sangamyuga*, at the end of *Kaliyuga* and beginning of *Satyuga*, and for the specific purpose of purging the souls of

their sins, to transform them and the world. **God authoritatively asks us to remember Him and Him alone in soul-consciousness and remember Him in *Paramdham* which is His abode. He also makes another unprecedented announcement that He has come to take the souls back home as the present act of drama is going to conclude and a new world order of peace and plenty is being created.**

#### **Consequences of God's Vision and Mission**

God's vision is projected, publicised and practised by innumerable people in the world now irrespective of caste, creed, religion, region and race. Those who are exposed to the sermons of God and mentally connected to Him receive the power and blessings, which again corroborates the presence of God. Consequently, a sizable mass of people all over the world has emerged victorious over vices and leading a virtuous life. God is known as the bestower of luck, bestower of divine intellect – wisdom, giver of liberation and fruition, giver of boons, giver of all powers. These epithets, similes and praises attributed to God are not a fabric of imagination, but are a reality. These are not

attributed to any human beings. God's power and blessings have the energy to purify not only the human souls, but the animals, the living, non-living entities – the five elements also.

#### **Rajyoga Meditation – The Miraculous Tool For Transformation**

Over the years, soul which has been enacting its various rules through the body has falsely identified itself with the body. Body-consciousness is like the rubber coating in an electric wire which doesn't allow us to experience the presence of God and consequential benefits of peace and happiness. When He descends, He Himself teaches the human souls as to how they can become soul-conscious and connect to Him through loveful remembrance mentally, intellectually and heartily. There is not only a human touch, but there is also a supreme divine touch intensely flowing down to the soul. An individual experiences super-sensuous joy. This is Rajyoga meditation taught by God Himself. *This is, in fact, a combination of the greatest worship, the highest spiritual effort-making, the holiest spiritual peregrination, the unique vrata and tapa.*



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## The Greatest Celebration Time

A new breed of virtuous people is emerging in the world from all continents. They are face to face with God and are being sustained by the Godly versions and spiritual powers. Such people have unconditional good wishes and pure feelings for others. They are *tapaswis*. Their thoughts and deeds are adding momentum to the vision and mission of God to usher in an era of Golden Age. This is practically evident, going by the huge number of people, who celebrate the descent of God, conveying the good news that **God is on earth now**. It appears stranger than fiction. But it is a hard fact that this has been practically happening in this world since 1936. The life of such people who are exposed to the sermons of God is the practical testimony. It is an invitation to inherit the God fatherly birth right of purity, peace and prosperity from God. ●

## WHY DO WE FEAR?

Most fears are nothing but movements of thoughts. A thought is a language that we give for words, pictures and feelings. Put in a different way, a thought is just a movement of word, picture and feeling... You interpret a thought in your mind in a language that you are afraid of, and you experience fear.

In a state of deep sleep there are no thoughts, and you experience no fear at all. If there is no thought, there is no fear.

Fears that are physical in their origin arise from a threat perceived in our immediate physical surroundings. For example, you may be in the jungle, and you know there are tigers in the jungle. You will genuinely be afraid. Even then, you can turn that fear into an enjoyable experience, what advertisers of adventure sports call an “adrenaline-pumping” or “hair-raising” experience. Such fear also has great survival value. It is fear that keeps professional hunters and experienced trekkers alert and it is alertness that keeps them alive.

You can work on reducing or eliminating your fear. If you have a fear, first understand the nature of the object that arouses it. What you really fear is the uncertainty that surrounds events yet to happen. By living totally in the present and by planning ahead, you can reduce the uncertainty and fear. You can take the guidance of consultants and counsellors. Learning the art of enjoying too reduces fear.

At times, even when we are thinking positively, negative thoughts and images intrude. In order to know how to prevent this, let us begin with an analogy. You have a computer and you switch it on. Windows 98 comes on. You don't want Windows 98. You get angry. You switch off the computer, and switch it on again. Still you see only Windows 98 on the screen. Then you buy a new computer, and that also displays only Windows 98. All the computers of the time work on Windows 98. Switching the computer on and off repeatedly will not change the situation. For, the built-in programming environment is Windows 98. You have to change the programming.

Similarly, the psychological programming inside you, your subconscious mind, should change before any real change can happen. Your subconscious mind comprises engrams – mental traces that have been created over life experiences. These consist of both positive and negative associations and act like computer programmes. So long as the programming remains the same, the computer will function only in the manner dictated by that programme.

Similarly, we have to change the programming of our mind. Wise thinking leads to discrimination of the good and the bad. When you have changed your programming, you start perceiving and acting positively. So it is wise thinking that holds the key to a positive frame of mind.

– **Swami Sukhabodhananda**

# DR. ABDUL KALAM'S LETTER TO EVERY INDIAN

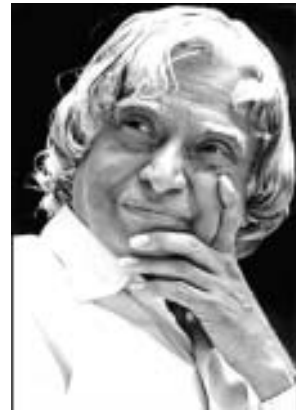


**W**hy is the media here so negative? Why are we in India so embarrassed to recognise our own strengths and achievements? We are such a great nation. We have so many amazing success stories but we refuse to acknowledge them. Why? We are the first in milk production. We are number one in remote-sensing satellites. We are the second largest producer of wheat and rice. Look at Dr. Sudarshan; he has transformed the tribal village into a self-sustaining, self-driving unit. There are millions of such achievements but our media is only obsessed in the bad news and failures and disasters.

Once I was in Tel Aviv and was reading the Israeli newspaper. It was the day after a lot of attacks and bombardments and deaths had taken place. The Hamas had struck. But the front page of the newspaper had the picture of a Jewish gentleman who in five years had transformed his desert into an orchid and a granary. It was this inspiring picture that everyone woke up to. The gory details of killings,

bombardments, deaths, were inside in the newspaper, buried among other news. In India, we only read about death, sickness, terrorism, crime. Why are we so negative? Another question: Why are we, as a nation so obsessed with foreign things? We want foreign TVs; we want foreign shirts. We want foreign technology. Why this obsession with everything has been imported? Don't we realise that self-respect comes with self-reliance? I was in Hyderabad giving this lecture, when a 14 year old girl asked me for my autograph. I asked her what her goal in life was. She replied that she wanted to live in a developed India. For her, you and I will have to build developed India. You must proclaim: India is not an under-developed nation; it is a highly developed nation.

You say that our government is inefficient; our laws are too old; the municipality does not pick up the garbage; the phones don't work; the railways are a joke; the airline is the worst in the world; mails never reach their destination; our country has been fed to the dogs and is the absolute pits. You say, say



and say. What do you do about it? Take a person on his way to Singapore. Give him a name – 'yours'. Give him a face – 'yours'. You walk out of the airport and you are at your International best. In Singapore, you don't throw cigarette butts on the roads or eat in the stores. You are as proud of their underground links as they are. You pay \$5 (approx. Rs. 60) to drive through Orchard Road (equivalent of Mahim Causeway or Pedder Road) between 5 p.m. and 8 p.m. You come back to the parking lot to punch your parking ticket if you have overstayed in a restaurant or a shopping mall irrespective of your status identity. In Singapore, you don't say anything; do you? You wouldn't dare to eat in public during Ramadan in Dubai. You would not dare to go out without your head covered in Jeddah. You would not dare to buy an employee of the telephone exchange in London at 10

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pounds (Rs. 650) a month to see to it that my STD and ISD calls are billed to someone else. YOU would not dare to speed beyond 55 mph (88 km/h) in Washington and then tell the traffic cop, 'Do you know who I am? I am son of so and so. Take your two bucks and get lost.' YOU wouldn't chuck an empty coconut shell anywhere other than the garbage pail on the beaches in Australia and New Zealand. Why don't you spit betel leaves on the streets of Tokyo? Why don't you use examination jockeys or buy fake certificates in Boston? We are still talking of the same you. You who can respect and conform to a foreign system in other countries, but cannot do so in your own. You, who will throw papers and cigarettes on the road the moment you touch Indian ground. If you can be involved and appreciative citizen in an alien country, why cannot you be the same here in India?

In America every dog owner has to clean up after his pet has done the job; same in Japan. Will the Indian citizen do that here? He's right. We go to the polls to choose a government and after that forfeit all responsibility. We sit back wanting to be pampered and expect the government to do everything for us whilst our contribution is totally negative. We expect the government to

clean up but we are not going to stop chucking garbage all over the place nor are we going to stop to pick up a stray piece of paper and throw it in the bin. We expect the railways to provide clean bathrooms but we are not going to learn the proper use of bathrooms. We want Indian Airlines and Air India to provide the best of food and toiletries but we are not going to stop pilfering at the least opportunity. This applies even to the staff who is known not to pass on the service to the public.

When it comes to burning social issues like those related to women, dowry, girl child and others, we make loud drawing room protestations and continue to do the reverse at home. Our excuse? 'It's the whole system which has to be changed; how will it matter if I alone forego my son's rights to a dowry.' So who's going to change the system? What does a system consist of? Very conveniently for us it consists of our neighbours, other households, other cities, other communities and the government, but definitely not me and you. When it comes to us actually making a positive contribution to the system, we lock ourselves along with our families into a safe cocoon and look into the

distance at countries far away and wait for a Mr. Clean to come along and work miracles for us with a majestic sweep of his hand or we leave the country and run away. Like lazy cowards hounded by our fears, we run to America to bask in their glory and praise their system. When New York becomes insecure, we run to England. When England experiences unemployment, we take the next flight out to the Gulf. When the Gulf is war-struck, we demand to be rescued and brought home by the Indian government. Everyone is out to abuse and rape the country. No-one thinks of feeding the system. Our conscience is mortgaged to money.

Dear Indians, the article is highly thought-inductive, calls for a great deal of introspection and pricks one's conscience too..... I am echoing J. F. Kennedy's words to his fellow Americans to relate to Indians.....

**'ASK WHAT WE CAN DO FOR INDIA AND DO WHAT HAS TO BE DONE TO MAKE INDIA WHAT AMERICA AND OTHER WESTERN COUNTRIES ARE TODAY'**

Let's do what India needs from us.

Thank you,

**– Dr. Abdul Kalam**

# AN EXPERIENCE OF YOGA IN EARTHQUAKE



– B.K. Neena, New Zealand

**A**t around 4.35 a.m. on September 4, my husband woke me up nudging me. When I opened my eyes, our house was already shaking violently. He said he heard a loud rumbling sound before the movement, and that woke him up. My first instinct was to get out of the house; so I got out of bed right away (in a panic) leaving him behind. As soon as I stood, I thought of Baba and saw His light shining and protecting our house. It only happened in a second, and then I remembered my mom (BK Ellen) because I know how nervous she could get when it comes to natural calamities. It was impossible to run, but I managed to run going to my mom's room to check on her and ask her to get out of the house. I found her kneeling on the floor, holding our images of devotion cult because they were going to fall. After knowing that she was alright, I just stood there on the door and waited for the earthquake to stop. It lasted for 40 seconds but it felt like a lifetime. It was shaking for so long that I began to wonder if it

would ever stop. The thing that made it worse was that after 5-10 minutes it started shaking again and it was like that for the first hour, it would shake almost like after every 10-15 minutes... it felt like destruction day. During the first hour, my mom, my husband, and I did our yoga (meditation). It was the hardest yoga I had ever done. My mind was stabilising but my body was shaking and my knees felt weak; I am not sure if it was because of cold, as it was 13 degree temperature inside my mom's room, or because of the adrenalin rush. Whatever the reason was, my body kept pulling me down from yoga... So it was really a struggle. I now have an idea on how hard it's going to be like when destruction comes and we have not had enough practice of yoga with God. Practice, practice, practice! Is this how God, i.e. Shiv Baba gives exam to his favourite children? Or a rehearsal perhaps; a rehearsal for his child who is still hiding behind the curtain! Every time we meditate, it would quake and my heart would pound so

loudly as I could feel it. It only means that I am not detached yet, not stable, and I'm still affected. One night because I couldn't sleep, I decided to meditate with my eyes closed so that Baba could help me in my sleep. I had not reached Baba (in Incorporeal World during meditation), yet we already felt a strong aftershock (5.4 magnitude). I opened my eyes and checked my surroundings. Then I realised that I should not have done that! I should have stayed with Baba! I said, "OK Baba, one more time and let me try this again." After 15 minutes during meditation, the ground shook again! And again, I opened my eyes and got distracted watching the room shaking. Oh dear, I failed again. The good thing is, because it keeps on happening, I find that it's becoming easier to go back to meditation and just let it pass. So, I guessed my grade for that examination was a C+, but we Brahmins are aiming for an A+. Oh dear, I've got a long way to go. I'm not affected anymore by the quake and its aftershocks, unless they are really strong ones that jolt me from sleep. I know that Baba is with us and everything He does is GOOD, indeed it is, but the body and Maya can be so powerful sometimes and we're

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still learning to beat them.

The next day (Sunday) to make things much worse, we were to expect a storm wind of 120-130 kph enough to topple down damaged buildings and debris. Multimillion thanks to Baba as it did not rain that day and gust of wind didn't fully touchdown. There was a time when anger and fear would cross my mind because the quake just wouldn't stop and it seemed like it did not have any plans of stopping. Without spiritual knowledge, I don't think we could survive from this calamity...it could be so traumatic really. I have been receiving Murlis from Baba since May this year and reading those Murlis, in which Baba has given us so many warnings but I didn't really listen, thinking that I still have a lot of time. Now, I am beginning to realise that it is possible that tomorrow might never come and it is always best to begin NOW. My mom and I continue to read Murlis and make discussions and share our experiences about Baba. We continue to do Godly service and remind each other how wonderful Baba is and how He has taught us a lot through this experience. Only a few people

get to have an examination or a rehearsal like this from Baba. And He has really shown us that He is here with us and that we are protected. I cannot begin to tell you how Baba has protected us from this earthquake because the list is long. Some houses were torn in two, microwaves ending up in fist tanks, broken appliances, road cracks are 5 ft. high, houses moved meters long from their original place, volcanic soils and underground water flooding the streets, people lost their businesses and houses etc. But inside our house only one bottle fell... everything was in place like nothing happened. My jars, which I have placed on the edge of our cupboards, did not even move an inch! Most of the city doesn't have electricity and water; we had all those throughout this calamity, and Baba's frames and pictures did not move an inch as well.

Until now, we are still experiencing aftershocks for 5 days now. It did not lessen in intensity but only in frequency. In all, Canterbury has received 270 aftershocks of magnitude 3 to 5.4 so far since Saturday's quake; people would have felt about 150 of them. One of

Baba's great miracles during this calamity is that in spite of the strong earthquake.... no one died and there were only 2 major casualties. No one was really badly hurt physically but psychologically people here are traumatised. Post traumatic stress will be raising its ugly head for many adults and children. Every night, since Saturday, we have been playing commentaries and meditation music the entire night to help us sleep and to calm us down whenever an aftershock strikes at night. A lot of people here are not able to sleep; they become anxious at night, and up until now most are still bunking in their lounge. Truly, whatever happens in Drama is GOOD. Baba has given so many warnings which I did not heed but he still protected me; He's preparing us for destruction; He is always there, and His love is overwhelming!

Our ordeal here might not be over yet; we are still learning from our mistakes, continuing to make effort and do service, and always remembering what Baba said "Study and become clever. If you do not study now, you will have to look down when the results are out." ●

**Bridging the gap between what we do and what we are capable of doing would suffice to solve most of the world's problems.**

# LIFE BEGINS AFTER....

– Collection by **B.K. Ramesh Rao**,  
Thane, Mumbai

**G**od's love opens the doors to a true peaceful and blissful life.

Knowing and realising the true self: "Human species is the most superior of all forms on this planet. We are distinct from all other species with regard to our intelligence. Human life is considered as the most valuable opportunity to evolve and achieve perfection".

But today, human beings have become much worse than animals. On one hand, we are immensely advanced race scientifically and technologically but on the other hand, we are also witnessing a steep decline in moral and ethical living.

The root of all human crises is the Identity Crises. Everything that humans are doing is centred on the consciousness of 'I' and 'Mine'. Each one of us is trying to assert our self-identity through the different activities and roles we are playing. However, due to spiritual ignorance, we have become body-conscious and rule-conscious.

We think of ourselves as

physical bodies instead of souls and material possessions and physical relations as our assets instead of spiritual values and spiritual identities are temporary. This creates insecurity, fear and lots of other negative feelings and conflicts within human psyche.

To live in awareness of our true identity – is essential to effect a real transformation of the human world. There is a lot of intellectual understanding about soul and Supreme Soul. However, very few people are able to translate it into a daily experience and share it with others.

In order to graduate from knowing to experiencing and having our true identity, we need to step aside and stay in the cave of introversion which means to withdraw the mind from all pulls and attractions outside and to introspect our thoughts, attitudes and feelings. When our attention is directed inwards, we experience the power of silence and we realise that we are souls who are the children of God. We are innately pure, peaceful, loving and

blissful like Him.

Through periodic and regular checking of the quality of our thoughts, we can quickly change negative thoughts into positive thoughts without letting the mind get entangled in any addictive patterns of thinking.

This practice will develop controlling power, ruling power, and will power of the souls. We will be able to direct our thoughts at will. Such a person becomes a Master of the self, a real King or Ruler. He gains complete self-mastery.

Living our true identity or being soul-conscious will automatically develop divine virtues in the soul, which are expressed in actions, as natural nature. Attaining self-realisation requires courage. God helps those who help themselves. When we take the first step of courage to look within and transform ourselves, to live in our true identity we experience God's help through His love, blessings and power.

Determination and positive thinking are the keys to success. When we are determined to live truly and when we positively believe that we can do so, it will open the doors to truly peaceful and blissful life. Life begins after realising that we are rich souls, blessed with an abundant wealth of goodness.

# PHYSICIAN, HEAL THYSELF FIRST

– Dr. Dilip. V. Kaundinya, M.D. (Ex-professor & Head, Dept. of Microbiology), Sir J.J. Hospital, Mumbai

In Bhagavad Gita, God tells us, “Your thought forms the seed of your karma and destiny.” Two articles, “Come back doctor” by Mr. Hattikudur and “Education System – is it so bad?” by Ms. Archana Hemmady, provoked a thought-storm. The resultant karma created this article as destiny.

When penicillin was discovered, it was labelled as magic bullet because of the miraculous disappearance of the severe infections. Subsequent discovery after discovery of newer and more powerful “Magic Bullets” lured us away from 1500 years old system of education and health which focused on Whole Person Medicine and acquiring the qualities of an elevated human being. Today the doctors have developed a tubular vision. They address the patient as “A case of kidney, heart or liver”.

Today, the doctors are at the receiving end of Consumer Protection Act and frequent assaults by frustrated relatives of the patient. Noble profession of once, which conferred a God-

like status to doctors, has become ignoble because of the greed, ego, fear, jealousy and frustrations in the doctors due to cut-throat-competition.

Ego is the greatest barrier between a patient and the doctor. Gone are the days when the patient used to be half cured by the kind and supportive words of the doctor. Today we have doctors who greet their patients with a sentence flashing on their laptops, “**Do Not Talk to the Doctor. He is Very Busy.**” To add insult to the injury after a hefty fee, the patient is handed over a prescription chit, which boldly tells the patient, “If you are not happy with this doctor, you can change him”. Such doctors do not realise that a patient, who has entrusted his life to him due to his expertise, does not want to change him. All he wants is that the doctor should change his *Vrutti*. Ego-affliction called Stiff-neck and swollen-head syndrome a very common amongst doctors today.

Several hundred years ago, Hippocrates, the father of the

modern medicine, grieved by ‘The Cause and Effect Theory’ of Descartes, had to caution, “Of the greatest error today, is that the physicians do not take soul into account for therapy.” Today, physicians are committing the same mistake. Bhagavad Gita, a 5000 years old scripture, gave the precise definition of the soul which remains unchallenged even today. Psychiatrists all over the world call Bhagavad Gita as the most powerful book on psychotherapy, and Arjuna as the prototype case of sordid depression. Soul consists of three components – mind, intellect and traits (*Sanskars*). The latest branch of modern medicine, Soul-Mind-Body-Medicine (psycho-neuro-endocrino-immunology and psycho-oncology) has shown that the alarming rise in the so-called incurable and chronic therapy-resistant diseases is because of the attitude in which one’s heart thinks more and more and remains out of control. It is this heart that gets affected by lust, anger, greed, jealousy, fear, frustration or the omnipresent and omnipotent Stress. Even AIDS first arises as a negative thought in mind. HIV comes much later in the picture. It is the heart that does not allow the acceptance of healthy lifestyle modification.

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So is it not a surprise that a Mind-Centric Strategy is not present to supplement the existing condom-centric, cardio-centric or diabeto-centric strategies? HIV-AIDS clearly proves the **Karma Theory of Two Alternatives** in Bhagavad Gita. Repeated Bad thoughts give a bad karma under propitious circumstances. Repeated bad karma becomes a habit and a **Bad karmic Burden (BKB)**. A hardened habit becomes our **Vrutti** or nature. Deep-seated nature becomes a trait, a **spiritual genome** that is carried to next birth as destiny. This is how we can explain the pain and suffering a neonate undergoes due to interventions even though it has not performed any bad karma in the present birth. The present suffering is the result of bad karma in the past birth.

Thomas Babington MacCaulay has given a hitherto extended legacy of an aberrant mind-set (MacCaulay-pathy) to the Indians by his education system. Not long ago in 1837, he told British parliament in his speech, "I have travelled the length and breadth of India. I have not seen a single person who is a beggar or a thief. Such huge wealth I have seen in this country, **Such High Moral Values**, people of such calibre that I do not think we would ever

conquer this country unless we break the very backbone of this great nation which is her **Cultural and Spiritual Heritage**. Therefore, I propose that we replace her Ancient Education System and Her Culture, for if the Indians start thinking that all that is British or Foreign is good and greater than their own, then it shall break their Self-Esteem and Native Self-Culture. India then shall become truly dominated nation". The damage to our ancient health and education system continues even today. Patanjali Kriya Yog 2500 years ago promised the conquests of ageing and diseases by regular *sadhana* of *Sutras*. So the strong and well-built Indians enjoyed a 150 years long life full of peace, health, happiness, harmony and prosperity. But the **DHYANA** of Patanjali became an evidence-based medicine for the Indians after Dr. Richard Davidson, professor of psychiatry, Wisconsin University, baptized it as Mindfulness Meditation. **Shavasan** and Supra-conscious State of Mind became a scientific entity after Dr. Herbert Benson, the founder of Institute of Mind-body medicine, performed a sort of western ablution and called them as "Biological Relaxation response" and "The Zone".

Both states achieved by Rajyoga meditation, play a great role in health promotion and performance enhancement due to the release of recently discovered rejuvenating hormones from the brain. Not the micro-nutrients or anti-oxidants but these hormones and the herbs formed the backbone of **HEALTH-PROMOTION** in *Charka Samhita*.

Not long ago, the physicians used to arrive at a reasonably correct diagnosis by clinical examination alone. The patient and his pocket did not have to undergo the painful "**Draining Experience**" because of the state of art expensive investigations and interventions. The doctor himself or his compounder used to dispense some murky liquid from an array of bottles and the patients used to become alright within a reasonable period of time. Today, Dr. Emoto showed that the magical outcome with lowest budget, single-window therapy was due to the God-like belief and faith for the doctor. Belief and faith activate recently discovered **Ultradean Rhythms** in brain which are akin to the *pranik* healing mechanisms in the scriptures. Dr. Emoto proved that even if a doctor in whom the patient has faith, gives mere plain water as



the latest molecule, the patient gets a cure. This is **placebo** effect. Today's doctor, for his personal gain, creates **voodoo like fear of death** in his patient so that he easily agrees to costly intervention against his financial capacity. Though the coffers of the pharma companies get filled in this process, the homes get devastated. An ongoing **Abu Healthy Heart Trial (AHHT)** initiated by the former President Abdul Kalam in 1998, gave a 100% disappearance of **100% blocks in heart vessels** within 3-6 months of **Rajyoga meditation**. The findings were accepted for publication in American heart journal after a lengthy debate in World Cardiac Congress at Singapore in 2004. Today, in 2010, the article remains unpublished due the influence of drug mafia. After all, if the Indians start getting healthy by **Anulom-Vilom of Ramdev Baba or Rajyoga**, then the huge Indian market for stents and interventions shall be lost. In this context, **ARCHAEMEDES MODEL**, by Dr. David Eddie, professor of cardiac surgery, Stanford University, is an eye-opener. This virtual model of human body with all of it's physiology was used for assessing the different

interventions. The results were quite startling. **Trillions and trillions of dollars spent on interventions raised the life-expectancy by a mere 3 per cent**, the rest came from proper rest, nutrition, sanitation and **a tranquil state of mind** achieved through Rajyoga meditation. Omnipresent and powerful stress elicits a lethal **TH-2 immune response** which gives increased toxicity (very high 106F fever in malaria or fatality in dengue), immunopathology causing severe allergies and extensive tissue-damage and un-responsiveness to vaccines. **Rajyoga** has been proved to be a powerful stress-buster.

The book, "**Spirituality And Mental Health**" by Indian Psychiatry Society and R.E.R.F. has shown that psychiatrists all over the world have recognised the

importance of **the spiritual dimension of health**. America, U.K. and others have introduced teaching and training of spiritual practices in the medical curriculum in 2001. But in India there is no headway in this direction. So the foremost task which the **task force of Indian psychiatrists** has undertaken is to introduce teaching and training in spirituality in medical curriculum.

So let us pray to the Supreme Soul ( Param-Atma) for a **Divine intervention** that shall delete the MacCaulay affected mind-frames in India i.e. Bharat so that a fresh and positive input about **ancient Indian wisdom** could be made. Then the days shall not be far off when Indian doctors shall start prescribing Rajyoga three times a day, in addition to the latest molecule of Pharma Companies. ●

#### MOTIVATIONAL QUOTE

'Constantly decorate yourself with the ornaments of virtues'.

Give love and take love

Give Respect, get respect.

Go beyond the stars; keep thoughts higher than the sky and abundance of patience like the earth.

Let spiritual love be in your eyes'.

There is a reason for everything and a purpose to every life.

***"There are two primary choices in life: to accept conditions as they exist, or accept the responsibility for changing them."***

# AN UNFORGETTABLE VISIT TO MOUNT ABU

— Capt. Madan Lal,  
Commander, Air India, New Delhi

It is a golden opportunity to visit International Headquarters of the Brahma Kumaris, lovingly called Madhuban, situated at Mount Abu. I am one of those lucky persons who have been benefited by pious and serene environment of this spiritual pilgrim place. I would like to extend my gratitude and thanks to my friend B.K. Ranjit Fuliya; but for his help and inspiration this trip would not have been possible. He, so managed the things, right from Railway reservation to the other necessary arrangements, that the trip was very comfortable.

My wife and my eight year old daughter Alpna also accompanied me. We started our journey at night from the old Delhi Railway station and reached Abu Road the next afternoon. We were warmly welcomed by B.K. Yogesh and B.K. Chander Shekhar at Abu Road Railway Station.

After an hour of hilly journey, we reached Madhuban. B.K. Sister Rukmani had made our stay arrangements at Sukhdham. As the name

suggests, it was really an “Abode of comfort and Happiness”. Like a mother, she was very keen for our meals and stay. The four-day trip came to end and we didn’t know how time slipped away.

I happened to meet Dadi Nirmal Shanta ji, some fifteen year back, at the Brahma Kumaris Centre in Bangur Avenue, Kolkata. After meeting this divine soul, I had experienced a unique sense of peace, purity and happiness. I felt as if she was incarnation of a goddess. That divine meeting with Dadiji had left me mesmerized. So, having got an opportunity to visit Madhuban, I also had an intense desire of meeting with Dadiji there.

Guided by B.K. brothers, we visited all major tourist spots of Abu—Dilwara Temple, Toad Rock, Peace Park, Nakki Lake, Gyan Sarover and J. Watumull Global Hospital etc. This Hospital is a landmark in the service of masses and it is run by Prajapita Brahma Kumari Ishwariya Vishwa Vidyalaya. By seeing the service of doctors and other staff, we realised how

the work becomes easy when it is performed in God’s remembrance. I was lucky to see the place where Brahma Baba and other inmates stayed for the first time when they had come to Mount Abu from Sind. The managers and employees of that building showed us the place with keenness and politeness for which we express our gratitude to them. I heartily thank all those brothers and sisters who guided us to all the departments and buildings of Pandav Bhawan and other places and briefed us about them.

My sweet little daughter Alpna still cherishes this small trip which left an indelible and spiritual impact of Godly knowledge on her tender mind. She still remembers the special love she got from all the B.K. sisters and Dadiji. As is the tradition, no one returns empty handed from God’s house. We received Godly gifts from Dadi Nirmal Shanta ji with lots of love. With sweet memories of Madhuban, we departed for Delhi after visiting Shantivan . We shall forever remember this trip. It will inspire us to obtain Godly knowledge which is available only in this Confluence Age.

[Translated by Neelam Saini,  
Lecturer,  
Govt. College, Panchkula]

# MEERA'S LOVE FOR GOD

(A Tribute)

– BK Shweta, Borivali, Mumbai

**T**hat morning too, I saw her with her usual serene smile on her face, but without life in her body. She seemed to have left her mortal coil with complete peace. The expression on her face displayed to the world that she had won over death, agony of suffering. I realised that I would miss Sister Meera.

Doctors had given up hope this time; my husband and I gathered some courage to meet Sis. Meera once again, about 20 days back. We were very fond of her, for she was a very sweet, loving and royal child of God. She had been in and out of cancer for almost 4 years (in honour of her gracious state of mind, I did not mention “suffering” from cancer since she never looked like she “suffered”). I have known her for the past 11 years and have always seen her smile sweetly; she spoke very little in class. Since then till date, in spite of her severe recurring illness and strong medications, she was just the same sweet child of God. When we reached her home, in

spite of the effects of strong medicines and chemotherapy, she acted as a wonderful host. Whilst swinging gently in the little swing in her living room and cutting vegetables, she enquired about our welfare, praised the Brahmin family’s support that she was receiving in various ways through the BK teachers and fellow-students, spoke to us about her family’s support and understanding; but not once did we notice a line of discomfort or pain on her face. Even when she mentioned a little about the pain, her expressions were void of grief or suffering. She seemed detached and in full control of her situation. She was glowing and was all praise for God Shiva or Shiv Baba’s love towards her. She shared her methods of meditation and her conversations with BapDada, i.e. God Shiva and His corporeal human medium Prajapita Brahma. Despite being aware of the doctor’s prediction, she was sure that she would live a long life (she was around 47) and had plans to serve other

cancer patients through Godly service. When we left wishing her good health, we were light at heart. My husband and I were quiet all our way back home, wondering whether we visited Sis. Meera to offer her comfort! But instead she filled our mind with lot of love and peace.

Before meeting her, I had only heard and read inspirational tales of famous devotee Meerabai, who loved Lord Krishna deeply and overcame every obstacle in her devotion with love and faith. But here, in my life I met another Meera, whose deep faith and love for God Himself made her worthy of spreading joy in others’ lives, even during the days of severe trial too. Now I know very clearly what Baba means when He expects us to be “Real Gold”.

Now, I’ve realised that we are graced by God, that He has placed such a beautiful example of a worthy soul in our life. Such souls prove to be true children of God, who display His strengths and virtues in every phase of their lives.

BapDada must have bejewelled His crown with this wonderful, sparkling diamond before He exhibits her somewhere else in this vast world. ●

# DEVASTATION FREE SOCIETY



– B.K. P. Shyam Sunder,  
Miyapur, Hyderabad

**D**evasiations, confrontations, quarrels and many negativities have become part and parcel of the present day's chaotic world where might is right, 'mine' and 'thine' have become accepted norms. These have disturbed and damaged the important fabric of our society, i.e. peace. Many untoward incidents have taken place in the society with mammoth destructions and bloodsheds all across the globe.

The incident of 26/11/2008 was one such ghastly incident. India, which was considered as a Golden Sparrow and a great peace lover ages back, has now become a victim of extreme foreign invasion and interference. Mumbai, which was one of the loveliest cities, famous for peaceful co-existence, has of late become a victim of some dastardly incidents.

The incident of 26/11/08 stamped the city with worst ever trauma and arson, the city which was termed 'Never Sleeping' and 'Peace Loving', suddenly shook to the worst tragedy in its

history. Many innocent persons fell prey to the destructive designs of terrorists in many parts of the city. Whether it was firing at Taj Hotel or VT Station, the nefarious designs of various terrorist elements trounced humanity, fraternity and brotherhood of the nation. But hats off to our great soldiers like Hemant Karkare, Ashok Kamte and Vijay Salaskar, who fought bravely and sacrificed their lives for a great social cause.

This is all the result of lack of knowledge about presence of the Supreme power on this globe. Soul-consciousness has been replaced by body-consciousness which is the root cause of vices. The globe has certainly been plagued by 5 great negativities, i.e., Lust, Anger, Greed, Ego and Attachment. There's lot of pollution in the society we live in. There is no place for Love and Peace. The disputes arising out of property and money matters very often result in murderous quarrels in families.

Thus, the vices have dismantled the positive character of the society altogether. Lust

has poisoned all the relationships, because of extinction of purity in the relationships, viz. brother and sister, husband and wife and so on. Anger is always just one alphabet short of danger – Anger multiplication is so sky rocketing that within no time not only person, but society gets burnt away because of its fire. Within no time a saint becomes terrorist and a priest becomes thief. Ego has let down even top most billionaires to beg for peace in many instances. Ego finally results in creation of isolation even from one's own blood relations.

It is our appeal to all souls-brothers and sisters across the globe, to help eliminate the vices and negativities so as to safeguard sanity, sanctity and serenity of our society. Let the globe be free from hatred, animosity and bloodsheds. The fragrance of Peace, Purity and Prosperity should spread to every nook and corner of the globe, for the creation of which Incorporeal God Shiva has reincarnated into a human medium. God has been bestowing His most auspicious knowledge through the corporeal medium of Prajapita Brahma to transform this hell-like world into heaven. So let us transform the self; do it now before it is too late. ●

# IS THERE ANYONE OUT THERE? “YES, AND MY NAME IS SHIVA”

(Never Argue With A Bus. Thank God For Your Shoes - And Horizon)

– B.K. David, Paignton. England

Life is full of cars and buses and you'll never win an argument with one; so best indicate and simply peddle on past and keep your cool and final destination in mind and in front of you and with a clear vision. If you wish to get ahead in life and be successful, this is the only attitude that will move you forward – and keep you sane.

## **If We Let Them**

Sure, you can shake your fist at the bus driver for almost knocking you off your bike or cutting you up in your car, but you'd be wise to just smile, shake your head and move on as quickly as possible. The bus driver is not bothered, the passengers are not bothered and in the scheme of things of life, in the bigger picture, it really is nothing. We have to learn not to become bogged down in the small trivial matters in life which if we let them, can hold us back, draw our attention and waste our time and energy – if we let them.

## **'Bus Moments'**

We all have our 'bus

moments' everyday (conflicts with individuals, disagreements, flash points) where we feel we are treated badly or unfairly or where life is just not going our way. In the past, I've had 'bus moments' on my bike where the bus knocked me off my bike and thankfully, I survived and still here to ride again. We all get those bus moments in life, be it in the safety of our home or office, and they can be as challenging as my encounters with the buses, but maybe not quite as life threatening as that.

## **Out Of The Blue Came You**

I think everyone at some point has a 'bus moment' where out of the blue comes a situation which is that 'moment' that catches you off guard and almost knocks you off your bike and into the road – or under the bus. There you are, happily going about your business walking along enjoying the sun and trees and along comes the number 11 bus from nowhere and hits you from behind. 'What happened', you think. If you are not alert and in control, you are

easily knocked off your bike (balance) and could end up under the bus or in serious trouble. Life has a habit of throwing the unexpected our way and causing us problems – small or large. We all have had huge problems in the past to deal with; we have them now and we shall have them in the future too.

## **Picture Perfect**

Life really is one huge jigsaw puzzle of one problem after another but the trick is how we deal with it – and solve it. We can take our time and create a picture (life) of beauty or panic and rush and create a picture in which our life is not enjoyable. We all have a jigsaw puzzle to do everyday (problems to deal with, places to go and people to meet), but it's how we put it together, how we approach it, what we create for ourselves, what kind of picture we create out of it that is important. Ask any artist, and he will tell you that it takes time to create a picture that is picture perfect. Ask any successful person in life and he will tell you that he works

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hard at building a good life, taking his time, is patient, plans well, has self control, self awareness and self discipline. He makes his own luck through his own effort. It's not just luck that a cricketer hits a 'six'; it's all down to his practising before hand in the sun and rain when he got dust in his eye and the ball hit his knuckle and he just missed the last bus home.

### **Thank God For Your Shoes – And Socks, And Legs.....**

At least he was not on the road on the bike which the bus had hit earlier in the day. In time, there can often be a hidden benefit in everything if we care to look and see it. He may have a sore finger which is far better than a broken neck and leg in hospital. We should all count our blessings everyday, as my mother often says. You have food, water, a roof over your head, warmth and a good life, if you can stop and see it. Many in Africa and India struggle everyday just to eat and live, survive the day and heat; let alone play cricket, hit sixes, take leisurely walks in the woods and gaze up at the stars and thank God for what they have. I know someone with crippled legs who cannot go outside easily. I know a few people with cancer. I know someone with a bad back

(me). I know a lonely old man with no relations. I think if you really look at your life and see what you have, you'll say that you have a wonderful life.

### **How's Your Reaction Time?**

How do you react to an oncoming bus (problem)? Are you stressed-out and put your hand out to stop the bus (act without wisdom)? Do you hide from the bus (arguments, confrontation)? Runaway, perhaps? Or do you fight the bus everyday? There is only one winner when you fight a bus (better sometimes to turn your back on a problem, wait, and find a different way). Sometimes you have to stand in the road and face the bus if it's important enough (reference Gandhi). Some problems are like a bus and some like a kite (just watch with amusement and do not get involved).

Ultimately, the success or downfall of your life boils down to 'how you react' to what is in front of you. Your mental stability can easily be measured by how you deal and cope with being hit by a bus. Overreact and you'll fall down, and not react in time or not at all or with the right solution and you'll still fall down or be run over. If the bus in front of you (person) does pull up sharply, it may well be

because the cyclist in front of the bus was not being careful and not driving responsibly (living with due respect for others and within the laws of nature), and nearly causing an accident, had the bus not reacted quickly.. Life's a minefield best viewed from up a tree. If you get involved with a bus, you'll be made to pay dearly for your fare. We pay a hefty price today for not solving a problem or making a mistake or creating a problem for ourselves.

### **Monkeys And Crocodiles**

So self control is often the order of the day and will save you much mental stress if you can learn not to 'snap at someone' even if 'snapping' at someone seems justifiable (they are wrong); it still makes you a crocodile, whichever way you look at it. Who wishes to be a crocodile in life? I'd sooner be a monkey up a tree looking down with amusement with a smile on my face than down there snapping at everyone all the time. A monkey can have fun times, a crocodile can't.

### **Napalm Juice**

I think the reason behind much of mankind's problems and reactions to life lies within his Napalm juice that he consumes everyday. This

concoction of cigarettes, alcohol, sex and meat has slowly made the world's people evil. There is no city, town or village where you cannot find evil people. I see evil people all the time. Many are fuelled by napalm juice and beneath their new clothes, deodorants, perfumes, make up, false gestures and words and behind their walking sticks lies very unstable and impure minds. This juice destroys all goodness in them and reduces them to crocodiles in clothes. Their new clothes and deodorants can fool, and do fool.

**Torpedo Run And The  
Hospital Of No Return  
(ComSubPac)**

Mango juice sustained man for two and half thousand years, and Napalm juice destroyed humanity in the same time. This, with their diet of flesh, bone and blood, sent humanity to this hospital of no return. Their Napalm juice sank their mango boat of happiness with torpedoes of beer cans and bottles of whisky. Man will have a lot to answer for – at the bottom of the ocean. Man is doomed to sink with his heavy belly of poison dragging him down and his lifestyle tying his hands.

On a happier note, God has given us the eyes to see past this horizon of pollution and crocodiles, to a land of mangoes as big as football and giant trees with swings.

## **BABA – I SING YOUR GLORY**

– **B.K. Neena**, East Delhi

**Oh Baba – my sweet Baba**

I sing Your glory – You are mine,  
I belong to You!  
With the rise of the morning dawn  
I think of you, basking in the new sunshine  
Of the coming *Satyuga*  
The dreams of the Golden Age dance before my eyes  
My joys know no bounds – I rejoice  
You come like an Oasis  
In the desert of my otherwise desolate life  
Gently caressing my tresses!  
I smile from within, dispelling away my blues  
And surrender my mind to you  
In return, you promise me  
Golden Aged Sovereignty anew!  
All my sorrows, worries get dissolved  
The storm of *Maya* comes to a halt  
With your sweet remembrance  
My past sins get absolved!  
The soul no longer wanders in wilderness  
And pines not for togetherness!  
With the setting of the crescent moon  
I ascend with you in the subtle zone  
Embracing the pristine pure beauty  
Of the quietude of the placid moon  
My thoughts no longer restive  
I reside there as a native  
And sing your glory  
Oh my sweet **Baba**, you are mine  
I belong to you!!

# FOLLOW THE LEADER OF THE NATION



– Seema Mishra, HR Consultant, Kolkata

**M**ahatma Gandhi is the most famous person of this century. Gandhiji had so many facets: the traditionalist, the religious innovator, the leader of Indian national liberation, the social reformer, the visionary, the revolutionary, the international human being and then, toward the end of his life, the secularist. Many Indians have recognised and understood only a few of these aspects: the traditional religious Gandhi and Gandhi as leader of the freedom movement. Once freedom was achieved, however, his leadership of the freedom movement was a thing of the past and therefore his role as social reformer would surely have become ever more important, had he not been assassinated.

Gandhiji was a courageous seeker of the truth. It is clear that he had risen above religion since during the riots he felt that if the rioters turned atheist, at least they would not fight in the name of religion. He changed the saying, “God is Truth” to “Truth is God”. He advocated

developing a casteless society. His “*satyagrah*” or non-violent struggle became very popular and is being followed even today.

From the human relations point of view, Gandhiji wanted to promote the power of decision-making among the people. He helped in developing self-help groups who spun khadi. He was a real well wisher of the poor and the downtrodden section of the society. He even expressed his wish to be reborn as an untouchable so that he could experience their plight and endeavour to free himself and his brethren from that condition. His beliefs were that in a free India, the poor must enjoy the same power as the rich. He predicted that there would be a bloody revolution unless the rich shared riches and power with the poor.

Gandhiji was a true leader of the masses. In corporate circles these days, he is being taken as an example of an exemplary leader and a master strategist. His leadership style is being termed ‘follower-centric’. In

the book, ‘Count your Chickens before they Hatch’, Arindam Chaudhuri has written extensively about Gandhiji’s leadership styles.

Gandhiji had realised that the economic policies of the then rulers were aimed at promoting the businesses of foreign countries. Hence he taught self-dependence by teaching people to spin the ‘charkha’ and wear the ethnical garb and even encourage others to wear it, so that our national small scale industries could prosper. Treading the right path is also one of the things the Mahatma taught us. He spoke the truth and wanted that all human beings should live amicably in an atmosphere of goodwill.

Gandhiji has left a legacy of *ahimsa* i.e. non-violence, self-dependence and righteousness which we should follow. Apart from ourselves being non-violent, it is our duty to look around us and see that no violence is being propagated in society. We must ensure that children are not ill-treated by relatives, neighbours and teachers; women are not tortured by their in-laws and husbands as well as other external factors in society and the employees are not exploited by unfair employers.

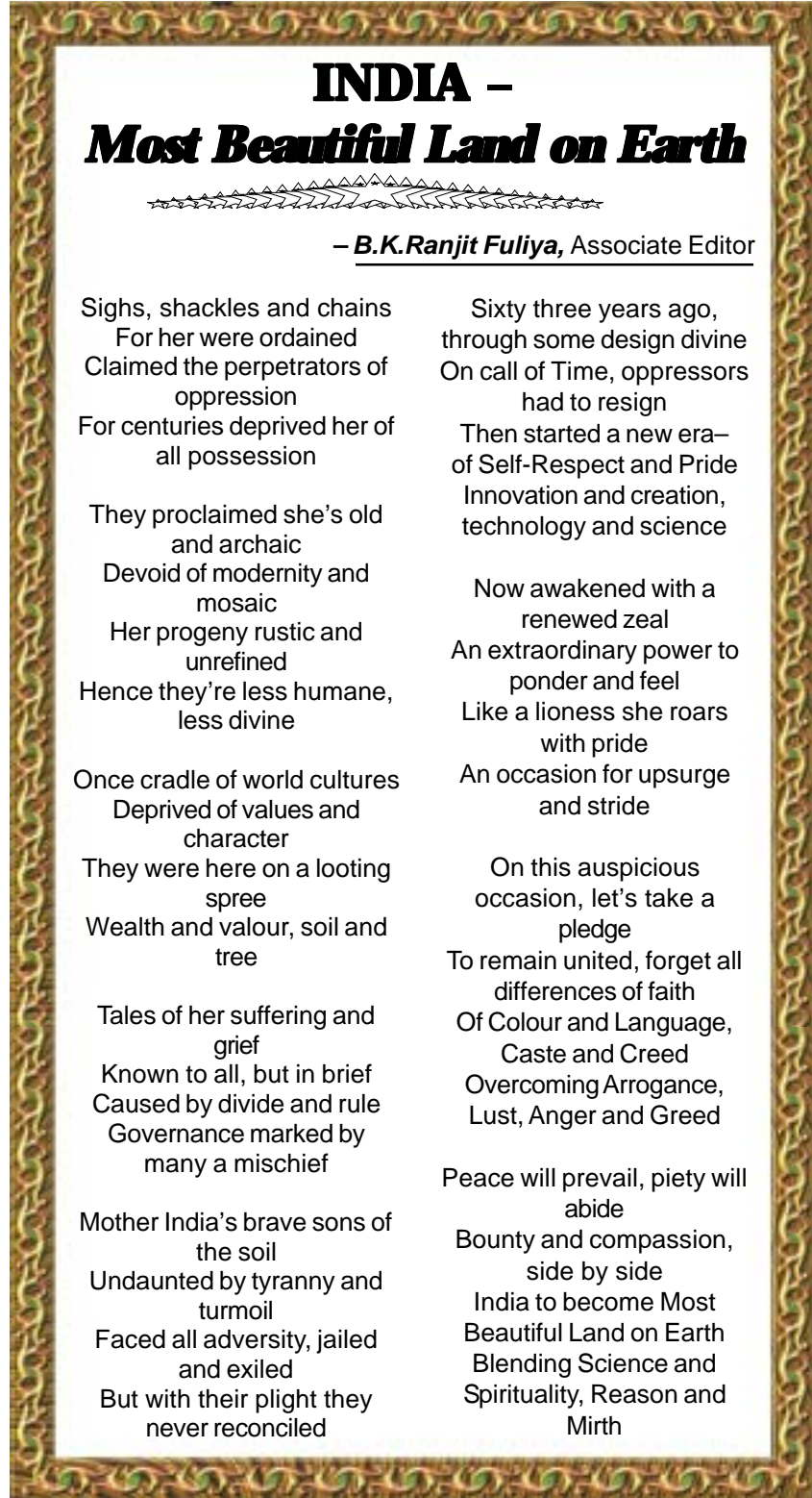
We, as spiritual aspirants and those on the path of divine



knowledge, should make a pledge on the 142nd birth anniversary of this great Father of the Nation that we will follow his principles and try to make a better life for ourselves and for others in society. We are fortunate to have had such a great soul among us who was instrumental in achieving freedom for the country and who taught us how to live a better life.

Another very important contribution of Gandhiji was in spiritual field. He propagated purity in human relations and set an example by practising celibacy in personal life. His personal experiences on various aspects of life in his book 'My Experiments with Truth' are really a true guide for the entire humanity. Incorporeal God Shiva, in the divine versions spoken through the corporeal medium of Prajapita Brahma, many a time eulogized this brave son of Mother India.

Let us Follow the Leader of the Nation.



## **INDIA – Most Beautiful Land on Earth**

– **B.K.Ranjit Fuliya**, Associate Editor

Sighs, shackles and chains  
For her were ordained  
Claimed the perpetrators of  
oppression  
For centuries deprived her of  
all possession

They proclaimed she's old  
and archaic  
Devoid of modernity and  
mosaic  
Her progeny rustic and  
unrefined  
Hence they're less humane,  
less divine

Once cradle of world cultures  
Deprived of values and  
character  
They were here on a looting  
spree  
Wealth and valour, soil and  
tree

Tales of her suffering and  
grief  
Known to all, but in brief  
Caused by divide and rule  
Governance marked by  
many a mischief

Mother India's brave sons of  
the soil  
Undaunted by tyranny and  
turmoil  
Faced all adversity, jailed  
and exiled  
But with their plight they  
never reconciled

Sixty three years ago,  
through some design divine  
On call of Time, oppressors  
had to resign

Then started a new era–  
of Self-Respect and Pride  
Innovation and creation,  
technology and science

Now awakened with a  
renewed zeal  
An extraordinary power to  
ponder and feel  
Like a lioness she roars  
with pride  
An occasion for upsurge  
and stride

On this auspicious  
occasion, let's take a  
pledge  
To remain united, forget all  
differences of faith  
Of Colour and Language,  
Caste and Creed  
Overcoming Arrogance,  
Lust, Anger and Greed

Peace will prevail, piety will  
abide  
Bounty and compassion,  
side by side  
India to become Most  
Beautiful Land on Earth  
Blending Science and  
Spirituality, Reason and  
Mirth

# SHOULD YOU STAND FIRST?

– **B.K. Wicky**, Matale, Sri Lanka

**W**hat the world actually needs today is love; rather accurate and correct understanding of love. True love is based on understanding, mutual trust and respect, not simply emotions. Love is being in balance, i.e. being in harmony with the self, God and our fellow brothers and sisters. It is one of the original attributes of a soul. We must allow this true love to flow out in and around us, which is selfless.

Let us understand the same with the help of a true incident, which illustrates the team-spirit and selflessness. Eight young girls participating in an athletic event started running, after the sound of the toy pistol had just marked the start of the event. Hardly had they covered ten to fifteen steps when one of the younger girls slipped and fell down. Due to bruises and pain, she started crying. When the other seven girls heard her cry, they stopped running, stood for a while and turned back. They all ran to help her.

One among them, bent down, picked her up and kissed her

gently, inquiring how she was. They then lifted the fallen girl, and began to pacify her. Two of them held her firmly while other seven joined hands and walked together towards the winning post. ....There was pin drop silence in the spectators' stand. The officials were shocked. Soon, slow claps multiplied into thousands as spectators stood up in appreciation. Many eyes were filled with tears. Yes, this happened in Hyderabad, India recently.

The event was conducted by the 'National Institute of Mental Health'. All these special girls who had come to participate in this event were spastic children. Although the girls were mentally retarded but what they taught the world is Team-work, Love, humanity among all! Successful people help others who are slow in learning so that they are not left far behind. Likewise, Godly message of Peace, Happiness and Love should be given to all as no one should be left out without listening to it.

This is really a great message for all of us from those children.

Why don't we show such courage and empathy towards others? Is it because of what we call brains? Isn't it because we are conditioned from the day we attend school to stand first in class? We are taught to outdo others and, thus, a spirit of competition is built amongst us. However, such a spirit can be both healthy and unhealthy. It can stimulate us to work harder and score more marks. But it can also make us want to do better than our peers and outwit them all the time.

Should you come first in class? Do you have to show the whole world that you are smarter than all others whom you work with day in and day out? If you have done your work, isn't it better to reach out and help another child who is struggling to complete his or her? Isn't it better than twiddling your thumbs on your victory on having stood first?

Each child must learn to do his or her own assignment. But there are areas where you can collaborate; Project Work is one such example. Team work is important and each child must learn as a member of a team, pulling his or her weight.

Easy Rajyoga meditation is such a technique that emphasises helping each other, especially the last and late comers to go first. No wonder

why this organisation is successful in establishment because we care for one another! It will be very interesting to note that it was God Shiva's medium Brahma Baba who always kept the children in forefront in Godly service.

There is an added reward for you when you explain a point to another; you too are improving your learning capacity. Besides, if you can put across your knowledge to other, you can also put it across in the Godly service successfully.

We are all interdependent in this world and this is clear from the above story. After all, the other seven girls could have ignored the fallen girl and run to win the prize. Isn't that what you or I would have done? It shows our collective wisdom, gathered over the years in this *Kaliyuga* can be wrong.

Each one of us has a very strong instinct for survival, honed over the years, and self-preservation has our creed. Shouldn't others become first? Helping others in distress should be our first priority. There should be no hesitation at all. If not, you will find yourself alone at the top and feeling pretty lonely. It's better; isn't it, to help others along life's way even if it slows you down? So, let's make ours a truly humane world and spread the Godly message of love and care to everyone. ●

## THE TRUE STORY OF A GRATEFUL WHALE

A female humpback whale had become entangled in a spider web of crab traps and lines.

The fifty-foot whale was weighed down by hundreds of pounds of traps that caused her to struggle to stay afloat. She also had hundreds of yards of line rope wrapped around her tail, her torso and a line tugging in her mouth.

A fisherman spotted her just east of the Farallone Islands (outside the Golden Gate) and radioed an environmental group for help. Within a few hours, the rescue team arrived and determined that she was so bad off; the only way to save her was to dive in and untangle her – a very dangerous proposition. One slap of the tail could kill a rescuer.

They worked for hours with curved knives and eventually freed her. When she was free, the divers saw that she swam in what seemed like joyous circles. She then came back to each and every diver, one at a time, and nudged them, pushed them gently around – she thanked them. Some said it was the most incredibly beautiful experience of their lives.

The guy who cut the rope out of her mouth says her eye was following him the whole time, and he would never be the same.

May you, and all those you love, be so blessed and fortunate to be surrounded by people who will help you get untangled from the things that are binding you!

And, may you always know the joy of giving and receiving gratitude!

### “PURITY SPECIAL”

*January 2011 issue*

It is informed to our esteemed readers that January issue of The World Renewal will be special issue on Purity. Those interested in sharing their views on Purity in Thoughts, Words and Deeds can send their articles/experiences/ poems etc. latest by 15<sup>th</sup> December 2010. – Editor

# SOUL AND WORLD-CYCLE

– B. K. Vijay Bhasker, Bhubaneswar

**O**m Shanti means I am a soul or spirit whose nature is to be calm and peaceful, just like sweetness in sugar, saltiness in common salt, fragrance in flowers etc. I am a divine soul at first; I have taken this body named as Vijay Bhasker, son of so and so or brother of so and so, to enact some role in this Eternal World Drama.

When we meet a person, we normally say – “Hello or Good Morning; I am so and so etc.” We ask for the introduction of the person we meet. Saying “Om Shanti” means, introducing the self as a Peaceful Spirit to another Soul which is also a Peaceful Spirit. It is the process of remembering that the Self is a Soul and at the same time reminding the other one also that he too is a Peaceful Soul and not the physical body. While body is mortal, soul is immortal.

Soul is subjected to the cycle of birth and rebirth. Every time it takes a new body with new features and different qualities that is

decided by its Thoughts, Words and Actions in previous life. For this, a simple rule is adopted – “As you sow so shall you reap; good for good and bad for bad.” There is no deviation from this Law; it is a Divine Law. Even God cannot interfere in this. There is no excuse for any action being performed unknowingly. The one, who puts his finger in fire either knowingly or unknowingly, gets his finger burnt. It is the nature of the fire to burn anything.

Soul = Mind + Intellect and Resolves (Inherited Nature)

When soul takes birth, it gets a new Body, Mind and Intellect as per the resolves it carries from the previous life. Resolves are nothing but the results of one’s Thoughts, Words and Actions that one performed in one’s previous birth.

The soul is at liberty to follow the directions of mind or intellect. It can listen to anyone but not both at the same time. Mind produces all types of thoughts, wishes and desires that may be good or

bad. Intellect scrutinises everything that mind produces and suggests the Soul to follow, differentiating between right and wrong, good and bad etc. Now if the soul acts according to mind’s suggestions, it may reap good or bad results or resolves. But if the Soul listens to the intellect, with all probability, it will be able to lead a good life and accumulate good or positive resolves.

From this, we come to know that the happiness or sorrow, comfort or hardships, success or failures etc. that we undergo in the present life are due to our past actions. This is unavoidable, even God (Shiva) cannot save us. He is only the witness. He neither blesses nor curses anyone. This is what we call fate. It cannot be corrected now because it has already become past.

With this knowledge we can understand that we can plan for our better future. For this we should try our best to keep our Mind under control and use our Intellect for better results. Hereafter, we must practise to avoid bad Thoughts, harmful Speech and sinful Actions. In this way, we can make our future brighter and excellent as we want. That is why the second saying

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emphasises, “Our Destiny is in our hands.” So, we become “Knower of Three Aspects of Time”, i.e. the one who is aware of the Past, Present and the Future.

As per Godly knowledge revealed by Supreme Soul Incorporeal God Shiva through the medium of Prajapita Brahma, human souls take maximum 84 births. The total duration for the cycle of 84 births is 5000 years. This is known as one *Kalpa*. Each *Kalpa* consists of 4 (four) epochs – *Satyuga*, *Treta Yuga*, *Dwapur Yuga* and *Kaliyuga*. As per our scriptures, the total period of one *Kalpa* is said to be millions of years. *Kaliyuga* itself is said to be of 40,000 years and that now it is still in its infant stage which is incorrect. In the year 1947, India's population was only 30 crores which is now about 115 crores, i.e. in 63 years the population has gone up by nearly 4 times. Now itself the cost of living has increased beyond common man's reach. One can just imagine, what may be the situation after a few thousand years, with such an abnormal rate of population growth all over the World? So it is not the infant stage of *Kaliyuga* but the ending stage. The

cycle of 5000 years is almost getting completed.

The World is now again passing through the transitional phase from *Kaliyuga* to *Satyuga*. This period is just like Dawn, ending of night i.e. Darkness or Ignorance and the beginning of day, i.e. Brightness of Knowledge. This present time of the down in the cycle of 5000 years is known as auspicious Confluence Age. This period commenced in the year 1936, i.e., ever since reincarnation of Supreme Soul Incorporeal God Shiva through the corporeal medium of Prajapita Brahma. This is our last birth, may be 84th or 83rd at the most. That is why our lives are full of hardships, sorrows, physical and mental illnesses. We have to undergo the fruits of our past *Karma* in this very life and make our balance nil. It is the time when we have to make ourselves Pure and Loving in our Thoughts, Words and Deeds in this last life, in order to become refined and reformed persons, i.e. Worship-worthy souls of *Satyuga*. This can be achieved only by constantly remembering God Shiva with the feeling of love, for He too has the same feelings towards

all of us. He is the Master of this whole Creation. He is beyond birth and death. He is the Beginning and the Source. He is the One; God is one. He is a point of light, so small and minute that He cannot be seen by the gross eyes. He has to be realised by our mental eye only. All the souls are His children. He is our Spiritual Father and Mother, the Supreme Teacher, Guide and Liberator and everything. He does not have any physical body like ours. He is Supreme Soul (Spirit); that is why we pray or worship Him in the form of a *Lingam* (a symbol) for convenience. All others who are worshipped such as Ram, Krishna etc., are human beings with divine qualities. They have parents of their own. They are called deities or lords but not God. God Almighty is one for all. Hindus call Him “*Jyotir-Lingam*”, Muslims call Him “Noor-E-Allah”; ‘*Noor*’ means light and Christians call Him “Yahova” which means “Point of Light”.

No human being can explain about God, but He Himself has to tell us. For this purpose, He needs a body like ours, with a mouth to speak through. Since He doesn't take birth as we do, He enters

into an ordinary human being's body (i.e. Prajapita Brahma, as already mentioned above) through the medium of which He reveals the Knowledge (Wisdom) of Creation, Creator, World Cycle, Karma Philosophy etc.

This is the most important event in the entire *Kalpa* of 5000 years, which took place in the year 1936 in Hyderabad of Sindh Province which is now in Pakistan. God Shiva revealed this knowledge through Dada Lekharaj, a very pious man, at the age of 60 years. He was a famous diamond merchant, a multi-millionaire of his time. God Shiva renamed him as Prajapita Brahma and started giving true Gita sermons through his mouth. Those who listened to him in the beginning used to go in trance and experience the presence of God Shiva in him. They started living a new divine life as per His Directions with the belief that God was directing them at every moment of their lives. They are called the real Brahmins – Brahma Kumars and Kumaris. These Brahmins follow the life of Purity and Celibacy and take

pure food prepared by them. They have surrendered their lives for the establishment of Peace, Love and Righteousness in the world. They are named by Shiva Baba as 'Pandavas' and 'Shiv Shakti Sena'. They help God Shiva Who descended on Earth to re-establish Heaven through Prajapita Brahma. When the number of these pure souls reaches 9 lacs, the total annihilation or destruction of the present vicious world takes place and the new Virtuous World dawns on the earth. This New World is called Paradise, Heaven, *Swarg* or *Sukh Dham*, a fully viceless world of deities. These Brahmin souls, the children of Prajapita Brahma, are reborn in this New World as Deities. This is the beginning of a new Golden Era, known as *Satyuga*. This Era lasts for 1250 years and the total World population would be only 9 lacs in the beginning of *Satyuga*. Therefore, there would not be any wants or desires in life. Peace, Love, Purity, Food, Health and Wealth would be in abundance. It is the beginning of a new Time-Cycle of 5000 years,

consisting of four main eras, as mentioned above including the short Confluence Age, i.e. the confluence of *Kaliyuga* and *Satyuga*. Now God Shiva is directly giving the true knowledge to us Brahmins, about the self, i.e. the soul, the world, His relationship with us, Eternal World Drama and deep philosophy of Karma. So it is our esteemed duty to follow His teachings meticulously and be born as deities in *Satyuga*. ●

**HOW MIRACLES HAPPEN?**  
– BK Radha Rani,  
Srikakulam

- ▶ A strong and positive attitude creates more energy than any other thing because life is 10% how you make it, but it is 90% how you take it...!
- ▶ When one failure is a stepping stone to a Success, then 99 failures is a heap of stones to a Miracle....!
- ▶ Don't work too hard to give yourself the best of everything instead make a greater effort to give God the best of yourself....!
- ▶ Positive, Honest and pure thoughts build a bridge to travel a life through the Miracles....!
- ▶ God's power, energy and grace are the other names of Miracles....!

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— (... Contd. from Page No. 1) —

Dusshera is celebrated year after year since *Dwapur Yuga* to commemorate this. The effigy of Ravana is burnt every year. Ravana can be killed only

with the power of Godly Knowledge and fire of Yoga taught by God. Therefore, the belief is still prevalent that Ravana could not be killed by *Rishis* and *Sadhus* but by Ram (God) alone.

Thus, the real way to celebrate Dusshera is to burn the Ravana which is present in everyone in the form of old *sanskars* and vices.

### SIGNIFICANCE OF DIWALI

Just 20 days after Dusshera, the festival of Diwali is celebrated all over India with lots of devotion and jubilation. It is celebrated in the memorial of coronation of first empress and emperor of Golden age called Sayuga – Shri Lakshmi and Narayan. In this context, God says:

“Dear Children! The history as it is available in the human hands today, throws no light as to how the Sovereignty of Shri Lakshmi and Shri Narayan, thousands of whose images are worshipped here, was established. Today, the biographies of Shri Sita and Shri Ram of Treta- Yuga are taught in Indian schools (although, of course, there biographies are not all-true), but the books of Shri Lakshmi and Shri Narayan who preceded Shri Sita and Shri Ram do not mention much about the first emperor and empress of Satyuga, i.e. Golden Age. Is it not a matter of great surprise to dignitaries and the masses of a country, where lacs of images and idols of Shri Lakshmi and

Shri Narayan are daily worshipped, do not know the biography of these deities?

“Children! If Indian people light up, now-a-days, earthen lamps on the occasion of the celebrations of their freedom (which is only nominal), it can be imagined how gloriously and joyously the people of the epoch of *Satyuga* celebrated the ceremony of anointment of Shri Narayan. The very tradition of celebrating the day of coronation has its origin at the time of Shri Narayan and the celebration of the enthronement ceremony of Shri Ram also was just according to the aforesaid tradition.”

#### **Huge contrast between Diwali then and now**

But there is a huge contrast between Diwali as celebrated then and now. At that time, Shri Lakshmi and Shri Narayan and Shri Sita and Shri Ram were personally living and their respective Sun and Moon Deity Dynasties also were in existence. Today, however, the face of Bharat has altogether

been changed. Where are the deities today? Now only the temples and not the deities themselves, remain. Today, the character and living of the masses of Bharat bears no comparison with that of ancient times wherefore that period was called *Satyuga*, whereas the present period is called *Kaliyuga*. Now-a-days, deities are only tattooed on arms or tabooed by Pay Commissions and merely outward cleanliness is observed and that also for a day or two on occasions like Diwali etc. All this shows that, otherwise, people are negligent about maintaining cleanliness, inward purity and virtue. What a wonderful abode of excellent purity, peace and prosperity Bharat was during that age, of which it is said in allegorical form that rivers then brimmed with milk and ghee!

Therefore, a brief and retrospective review of the history should show that if the people of a county are righteous and ontological and if their habits of living are good and

divine and their 'selves' are enlightened by manes of Godly knowledge, then disquiet, misery, poverty and slavery cannot stay there at all. And, if India is disquiet today, the single main curse of this is that its people are *Tamsic* and impious and the men running the governments are also irreligious and *Bhogis* – not Yogis.

Thus, getting a proper understanding of the significance and origin of Diwali, one should think seriously over the problem: 'How can purity, outward and inward, and peace and prosperity be brought about, the poverty, misery and corruption be ousted and how can the self in the human temples be lighted by means of Godly knowledge so that the Dark Phase (*Krishna Paksha*) may end and *Satyuga*, the Light Phase (*Shukla Paksha*) may ensue.

### **How was the Sovereignty of Shri Lakshmi and Shri Narayan established:-**

“Children! The question now is that the sufferings, the disquiet, the corruption and pseudo-religions which exist in the present *Kaliyuga* must have existed Kalpa 5000 years ago also; then, who destroyed that vicious world and, in its place, who re-established the Golden-aged, religious, righteous, lawful, peaceful and prosperous world? I re-establish that Heavenly Abode of the deities through *Adi Deva Brahma* and *Saraswati*”.

### **Auspicious Godly Greetings**

“Children! You should, therefore, tell the people at large that this period of 'Confluence of the end of Iron Age and the beginning of Golden Age' is very auspicious. It is the most appropriate time for you children to greet each other because it is within this short period that the Godly work of re-establishment of the New, Ever-happy, Ever healthy, Ever-peaceful and Ever-prosperous Golden-aged world shall be accomplished and the souls shall close their old account of past vicious actions and open 'New Account', so as to say of their virtuous actions in the light of the knowledge and Yoga being taught by Me, and shall, thereafter, enjoy *Diwali* in the Heavenly Abode.” ●

## **O MY GOD FATHER**

**– BK Sapna, ORC**

I am yours  
Your powerful awareness  
Gives me force

I am a soul  
A point of Light  
Your sweet awareness  
Gives me might

I am Your son  
That is sure  
O my God Father  
I am yours

This world is a drama  
And I am a hero  
My part is beautiful  
I am not zero ( fail )

I am Your child  
Strong and mature  
O my God Father  
I am yours

We are souls  
We all are brothers  
You teach me unity,  
Co-operation and manners

I am a pure soul  
Not impure  
O my God Father  
I am yours

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