

## **Brahma Kumaris felicitate senior citizens on World Elder's Day!**

**~Present at the function were bollywood actor Prem Chopra and actress Anita Raj along with BK Meera, director of Brahma Kumaris Santacruz centre~**

**Mumbai, October 1, 2010:** Old age is a time when love and care of our loved ones are needed the most. However, in our country some old people are put in homes for the aged and are conveniently forgotten by their children. To instill compassion and pay respect to old age elders, Brahma Kumaris organized an event based on the theme 'Think young & Live young' especially for the senior citizens of Bandra, Mumbai.

Elder members of Laughing Club Association, Senior Citizen Association, Yoga institutes and others were invited for this get together. The elders danced, sang, played spiritual games and meditated. A talk on 'Think young & Live young' was imparted and tips on healthy and happy living was also shared.

**Bollywood actor Mr. Prem Chopra, actress Ms. Anita Raj and renowned builder G.L. Raheja along with Rajyogini Brahma Kumari Meera graced the event and shared their wishes on this occasion.**

**Brahma Kumari Meera, Director, Santacruz Branch of Brahma Kumaris** said that, "Moral Values today around the globe are depleting, to sustain the culture of respecting not only elders but each and every soul is needed and hence such get-togethers help us spread and instill the message of brotherhood, humanity, regard and harmony amongst all."

Please find enclosed the press release and images of the event.

For further details connect me on this id.

Thanks & Regards,  
BK Heena  
Santacruz, Mumbai