

AUSPICIOUS NEW YEAR 2010 MESSAGE

from Dadi Janki, Chief of Brahma Kumaris

To the extremely affectionate souls blessed with immortality by continuous intake of the nectar of Godly knowledge, dearest divine brothers and sisters,



We are witnessing enormous changes in the world at all levels and passing through transformational times where history is being shaped once again. It is ever clear now that we need to strengthen our will, spirit and determination if we are to create a better world and embrace the changes around us.

God, the Almighty, the Bestower of Peace and Happiness, the Ocean of Love is ready and available to help, if we would just reach out and open ourselves to His Light and Might. God is not distant; He is only a thought away.

As children of God, we are all One Family. The greatest act of charity at this time is to share compassionate love with all our brothers and sisters on this globe; to donate our pure feelings and good wishes to each one.

The scores of calamities and crises happening at every moment around the world are far too great for the earth to bear. The human race does not deserve this. It deserves much better. But in whose hands is it to implement this change? Ours; all of us together! Hand-in-hand, step-by-step, we will move forward making the right thoughtful choices at every moment, being kind and considerate towards matter and soul.

It is truly the time to shed all the vices such as lust, anger, greed, attachment, ego and that have been burning up all the strength and energy in the soul; it is time to become free and fly. Let us remember who we are; powerful, pure and peaceful souls with a mighty purpose, which is to share virtue with all.

At every year end, we take stock. And so let us take stock of the internal account. What have been the souls' 'profit and loss' in this first decade of the new millennium, the century we welcomed with great optimism? And whatever remains to be changed; let me complete that within this final year of this decade.

Victory is guaranteed! Success is guaranteed! And so what remains? From the depth of my heart as I sit here with God, in stillness and calm, I send you loving vibrations and good wishes of peace and love.

– Your Divine Sister

BK Janki

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Editorial

WISH YOU A VERY, VERY HAPPY AND SPIRITUALLY PROSPEROUS NEW YEAR 2010!



On the auspicious occasion of the beginning of New Year 2010, we have received wonderful and extremely precious greetings from all over the globe. Our invaluable divine family has showered the touching sentiments, which will continue to enrich every moment and every thought of our Brahmin life.

The most wonderful experience emerged when divine greetings were conveyed from the Highest on High, our Supreme Mother and Father, at midnight of 31st December, when the bells rang out the previous year and ushered in the new one. Everyone waited for that glorious moment holding one's breath when the bells sounded and the Divine Message by Avyakt BapDada for the New Year was shared in a fully packed Diamond Hall. Uplifting and beautiful greetings were shared as expected to the deafening applause of a 25,000-strong gathering of spiritual swans from all over the world. The live broadcast must have reached all corners of the world and instantly enlivened each and

every listener with sentiments of joy and happiness. We were blessed by the Bestower of Blessings and Boons not only for the New Year but for the New Age and beginning of the New Cycle of Time as well, as seen below:

“It is not simply Happy New Year for you, but a ‘Constantly Happy New Year’. Every day of the Confluence Age is a festival. It is always a festival since there is constant enthusiasm in your lives. As is the New Year, so should there be new sanskars. Bid farewell to the old sanskars and welcome new sanskars. This will ensure constant cheerfulness now and forever. Every year is beneficial for all of you since each year takes you forward in your spiritual efforts, and enables to help others to move forward too. Therefore, there is nothing but happiness in life.”

If we were to spend a little time appreciating our roles at the most auspicious Confluence Age, we would fly high with the subtle and pure experience of being in the double-light stage,

and then shower petals of spiritual feelings and spread rays of hope for a very, very bright future on all of humanity. The entire Divine Message of 31st December 2009 is a reflection of God's love and concern for every individual soul on earth in His role as Supreme Parent, Supreme Teacher and Supreme Satguru.

It is not possible to find the appropriate language or words to express our feelings of deepest gratitude and love for the Ocean of Love, God. However, the best way to appreciate those blessings would be to become the embodiment of the same and help our brother-souls recognise and realise the eternal relationship with the Benefactor of all souls. The direct support from the Almighty Father and Mother, the Supreme Teacher and Holiest Satguru would empower His spiritual children and make them worthy of fulfilling that eternal relationship with Him. Now is the time to live by this concept and glorify our Supreme and Eternal Father...

In the following columns, we wish to share the heart-warming greetings received from the divine family in Bharat and abroad so that our readers may benefit from the power of good wishes and blessings:

Wishing you a year that brings you
the gift of seeing beauty in little things and
anticipating the joy that comes with small treasures, just waiting to be discovered...
May the New Year be filled with everything, bright and beautiful for you.

A New Year is here with its new Promise and beckons you to set Sailing on yet another voyage And a journey which will bring
all your distant Dreams closer to you

The colours of the rainbow, the warmth of sunshine, the breeze so cool, the stars that brightly shine,
hope they all shower their gifts on you forever, making you truly happy in the New Year.

May this year be for you among the most enchanting days of all...

A New Year Thought for You: Think of lovely things that bless our lives each day, little joys to cherish that come along the way – The birds' sweet song, the budding flowers that bloom, happy sunbeams peeping in to brighten up a room – For each of these reminds us,
Though troubles and cares may come our way, There's a little bit of joy in every single day.

Treasure your experiences and achievements
For they are the true lift and gift that Only stormy challenges can present to you

True prosperity is to prosper with inner treasures of Wisdom, Virtue and Vigour

I wish you love, I wish you the understanding, I wish you ease that all flows well
because you have been consistent, dedicated and giving to all with your entire life.

May the Almighty always guard you from the evils of the world and

I wish you follow His directed path with grace.

Fragrant days are waiting to unfold, bringing your way happiness and sweet surprises untold... Hope your every budding day successfully blooms into a beautiful flower.

Have a prosperous New Year filled with moments to treasure.

May each day of this New Year be a gift for you,
as you unwrap choicest opportunities of success, and experience innumerable moments of happiness and fulfillment creating cherishable memories.

Wishing you a very Happy, Enthusiastic, Colourful, Prosperous and Unique New Year 2010!

May this year bring you closer to God and fulfill all your dreams!

May you enjoy every moment of the New Year with fathomless treasures of God's love, wisdom and virtues and happiness!

– B.K. Nirwair

The editorial staff of 'The World Renewal Magazine' wishes all its readers, and their family and friends, a very happy and spiritually-enriching New Year 2010!

ADI DEV BRAHMA

– Late B.K. Jagdish Chander Hasija

Eighteenth January brings with it the sweet memories of Brahma Baba who, on this day, in the year 1969, left his mortal coil and took the angelic form as to work, side - by - side with Shiv Baba, for the spiritual rejuvenation of mankind without any physical and worldly bondage.

The year 1936-37 had proved a turning point in the life of Baba. Until then, he had been doing diamond and jewel business in Calcutta, Bombay and Karachi and had also been worshipping Shri Narayan, studying the Gita and attending religious congregations. But in the year 1936, when he was a

little less than sixty years, he became more introvert and practised spiritual contemplation more devotedly.

Baba had divine visions and 'Surrendered' to God

During this period, he had a number of divine visions. One of these was about the forthcoming destruction of the present Iron-aged world. Baba saw, in that vision, the world shaking badly because of severe earthquakes, certain continents burning and going deep down under the water because of nuclear catastrophe and a lot of blood being spilt in India because of communal frenzy. Baba felt terrified and saddened. He then had a vision of the new, coming world order of *Satyuga* or Golden Age when there will be perfect law and order and love and unity and purity, peace and prosperity. Baba was ordained by the Divine to be His corporeal medium for the re-

establishment of *Satyuga* – the era of world peace. Baba willingly and immediately surrendered all his worldly belongings and his physical, corporeal medium to Shiv Baba, became the founding father of Brahma Kumaris Institution.

Prototype of a Dev and unlike the 'gurus'

Baba was unlike the saints and founders-of-religions of the past and the gurus and 'god men' of the present. Incorporeal God Shiva had given him the name Prajapita Brahma because through him the whole world was to be spiritually created. He was also known as Adi Dev of the future, Golden-aged world. By practising intense and loveful meditation, Baba has completely enlightened, purified and divinised but he now has the rare privilege of working in union and unison with God Shiva from this realm of angels for the good of mankind.

Baba's contribution to understanding life and cosmos

If we evaluate a person's life in terms of his noble actions and the service he did to the mankind, and if we assess a person's creativity and mental life by taking into account what ideas he contributed to the understanding of the cosmos in



(Bro. Jagdish ji in Baba's Room, at Pandav Bhawan, in Mount Abu)

general and the human life in particular, or what he did towards enhancing the value of life and bringing peace to the strife-torn world, then Baba's life stands out supreme. Baba did so much in all these realms as none else has ever done. Shiv Baba explained through him what was, heretofore, a deep mystery. He gave many deepest facts of life. Man's understanding of the self, of God and of the Universe was never before so clear as he made it now, nor had the ideal of a virtuous and holy life been so clearly set unto mankind as Baba did it now. None had earlier been able to say anything final on the questions of the form of the universe, the duration of the World Cycle, the origin and the end of the World History, the goal of human life, the nature of the self and its relationship with God, the source of Thought and the method of controlling or divinising it. Shiv Baba through His corporeal medium—Brahma Baba had touched on topics of eternal and the timeless interest and he made the pursuit of this knowledge worthwhile. Heretofore, only provisional theories had been offered by sages of the yore or thinkers of the present but Baba set on many new facts a seal of

finality. He imparted definitive knowledge on those questions which had stirred the chord of curiosity in man. Now there remained no vagueness, doubt, mystery or ambiguity about them. Everything was as clear as a crystal.

Discovery of new continents of thought and islands of truth

It is a rare fact of history that revelations of Baba have not only received the attention of common people but they have impinged on the learned people also. Their influence has overflowed into very much wider areas and indeed they have ramified beyond the field of scholarship into the field of science and the sphere of public affairs. What Baba explained is not being highly appreciated by physicists, astronomers, geologists, scholars of history, philosophy and aesthetics, medical practitioners, neurologists, psychiatrists, psychologists, jurists and eminent men of other disciplines. He has made a deep imprint on civilisation and culture, nay; he has given it a new direction.

Anyone who studies impartially God's revelations made through Baba, he will reach the conclusion that his work led him to many new

discoveries – discoveries of new continents of Thought which were no less important than the discovery of America by Columbus or India by Vasco-de-Gama. Baba's voyages into meditation and his sojourn in spiritual thought have given to man the knowledge of many new islands of truth. If we ask the question whether a man who has chosen to dedicate his life to the pursuit of knowledge qua knowledge and to ideas qua ideas, ever made an impact on the minds of the men in general, Baba's life would provide the answer that ideas do travel from the meditation hall of a Rajyogi over the wide world around.

But this should not give the impression that Baba was an ivory-tower thinker, philosopher or theoretician. No. He was practical without doubt. He first practised and only then preached. He had no value for mere theories that were not practised or that brought stillness in life. He himself was so dynamic. He gave religion and spiritualism new dynamism and vigour.

Man of myriad qualities

He was spontaneous and required no study or preparation for his lectures. He gave anecdotes and quoted practical instances to explain various

philosophical or knotty points. His wealth of knowledge and understanding was truly amazing; it was seemingly inexhaustible. Solutions to problems occurred to him at the spur of the moment. He kept his audience deeply absorbed and interested. He was frank, witty and fearless. There were no taboos in his mind. The clear light of his reason swept away every doubt and ill-feeling. His anecdotes of 'The frogs croaking', 'The monkeys yelling', 'The sheep convention', etc., brought smiles or peels of laughter. He had the wonderful sense of good proportion that comes with good humour. He nudged more people into self-realisation and purification with a sweet smile, a healthy joke or a kind look than were ever forced in through fear and long-faced piety. He expressed himself fearlessly even on topics which another man would consider sensitive. He was un-phased by any event or happening so far as his daily discourse and meditation class was concerned.

As ideal Godly student

He was able to impart the words of profound wisdom – this despite the fact that he did not have much formal education. Perhaps, this proved an asset,

for his mind received no indoctrination and false conditioning and had no vanity of being a highly educated man or a scholar. He always considered himself a student – a Godly student. He happily said: "Godly student life is the best." He was an ideal Godly student, for he followed God's teachings wholeheartedly and sincerely.

He was not like an orange-clad or saffron dressed guru, selling a short-cut to Liberation or a recipe for meditation in Indian metropolis or in foreign countries by making jaunts in jumbo-jets. He did not believe in the philosophy of being tucked away in the bowels of the red wood forests, besides a stream, away from all. In fact, he disapproved all this and advised to be natural. He was a practical World Teacher. He knew that the salvation of an individual would not solve the problem, for the whole world is in agony and is crying in pain. He, therefore, worked for the purification of one and all.

He considered critics as friends

Purity and Meditation, knowledge and virtue were his main lamps of life. He was an embodiment of tolerance, compassion and forgiveness. His opponents relentlessly tried

to malign him but he never allowed hate to enter into his mind. He wished all people well and considered his critics to be his friends, for they drew his attention to certain points and thus kept him on the alert.

Baba's main lesson and message

His main lesson is pithily expressed in his last discourse which he delivered on the night of 18th January, 1969. He asked man to become *Nirakari, Nirvikari and Nirahankari*, i.e. incorporeal soul, and to be viceless and above all, to give up all pride, ego and body-consciousness. He further asked to have loveful and conscious link with God, for that alone is capable of absolving the soul of all its rust of past moral deformities, and of eradicating all sorrows and sufferings.

Baba's message was the message of love, compassion and universal brotherhood of man, under the Fatherhood of God. His this method has brought real integration among people of different races, nationalities, castes and creeds and has given hope and peace to the agony-stricken world.

His formula for health

The cardinal rule of health professed by him was: "Lead a pious and carefree life, firmly

established in the belief in the non-violable law of Karma or the set plan of the world drama, be calm and contented; train yourself in the habit of meeting emergence with calmness, never giving way to brooding and worry. And it is very important that you avoid, as poisonous and suicidal, anger, fear, gluttony and sex-lust.

His method and aim of work

Baba had proper blending of harmony and balance with functionality. He had a strong sense of direction. Whatever he did, he did methodically, resolutely and with a purpose. Type was his forte. Whatever he did was for the general welfare. There was no selfish motive behind it. Baba always wanted to give and to bless. He tried to bestow good luck on all by inspiring them to engage themselves into good action. He considered all as his spiritual children and always felt happy to see them rise as a teacher or father feels happy when his students or children rise in life.

The value he gave to Time

He understood the value of time as no one else did. He often explained how this particular life, being last in the World-cycle, is valuable and how time, usefully spent in spiritual endeavour and in

service of mankind can give us a happy future for twenty-five centuries. "Our present body", he said, "though, born of sex-lust can be a very useful instrument for raising ourselves to be deities." He, therefore, advised one and all to take care of the body as God's property and as a trust and to do no evil, hear no evil and see no evil through it, for God will not give to man a thing for being misused. However, when it was time for doing Godly service, he counselled all not to say 'No', for Baba would help one with a healthy feeling if one would happily devote the self to service.

Flights into the spaceships of Godly remembrance

Baba was a man of infinite charm. His words could achieve miracles greater than man's going into space or landing on the moon. He could inspire souls to counteract the forces of worldly attraction and also the pull of the body and to fly beyond space, mentally, into the Soul World. He called this as *Yad Ki Yatra* – Mind's pilgrimage into world of God on the spaceship of intense love for and remembrance of God. The souls could do this easily through a moment before they had considered this 'impossible'. Baba did not believe in miracles

nor did he consider the materialisation of ashes or watches etc., by means of occult powers, a good thing. He called this '*pai-paise ki cheez*' – a worthless achievement, for it gave man no lasting benefit. He emphasised that unless man purified the self by means of God's knowledge and loveful meditation, he could never attain any lasting and noble result.

He loved and used art for elevation of mankind

Baba's aesthetic tastes and sense of appreciation were highly developed. He used music during meditation and interpreted songs to give a start and a touch of art to his discourses. He sometimes said that the songs were the Gita. He appreciated poetry. In the early days of the institution, he even composed some songs so as to be recited by the spiritual children. Yet he considered silence as superior to songs and, gradually, led the children into soundless stage. In fact, he had great love for all fine arts. He wanted these to be used for the elevation of souls. He understood how effective these could be in conveying Godly message in an interesting way. He instructed for making good paintings of Godly knowledge – illustrations, charts and all. He pointed out that arts have the

potentialities to raise man to spiritual heights and these have also the capability for bringing man's downfall. He, therefore, wanted man to see that, in the name of beauty, there was no vulgarity and that beauty was blended with goodness, that *Sundram* was accompanied by a wish for Shivam.

A Pillar of strength and tower of light

Above all, he was the greatest Rajyogi of all times. Anyone, who sat in this presence, experienced peace and withdrawal from the body. There was divine grace in his acts. He radiated vibrations of spiritual calmness. He had attained the mental quietude and constancy under situations of stress and in face of

vicissitudes. He was noble-hearted and had become, by means of practice of intense meditation, a powerhouse from which a great multitude of men, women and children drew their spiritual strength.

In the strife-torn world, he brought peace to many homes, hopes to many dejected souls, spiritual strength to those who considered themselves too weak to attain worthy goals of purity, and he blessed many souls with the gift of self-realisation and happiness. He is now doing this divine work in the angelic form of Avyakt Brahma. He and Shiv Baba, who are in constant company, are together called Bap-Dada. If poet Rabindra Nath Tagore were alive today, he would

pay his homage in these words:

*O serene, O Free,
In thine immeasurable mercy
and goodness*

*Wipe away all dark stains
from the heart of the earth.*

*Man's heart is anguished
with the fever of unrest*

*With the poison of self-
seeking,*

*With a thirst that knows no
evil.*

*Countries far and wide
flaunt on their foreheads*

*The blood-red mark of
hatred.*

*Touch them with thy right
hand,*

Make them one in spirit,

*Bring harmony into their
life,*

Bring rhythm of beauty. ■

THE CALL OF OUR TIME

"Today we stand at the confluence of the old and the new. Transitional moments such as these are very auspicious. The beginning of a new year is like a dawn. It is a time of new possibilities. If we use this time for reflection, we can bring to the highest level of awareness and create real newness.

Ask what is the most elevated vision I have for myself in this New Year? What are the gifts I have within me that I can use to bring light to the world? How can I bring new meaning to my relationships with others and a new feeling of respect to the way I connect with the natural world?

Let me make this a year in which I realise the greatness that is latent within me and witness the brilliance of those around me. I may be only one person, but my elevated thoughts and pure feelings can radiate out and touch 100,000 others with light and might."

– Dadi Janki ji

CALL OF TIME – STRICTLY FOLLOW FATHER



– B.K.Surendran, Bangalore

We all know how the transformation of one individual has led to the transformation of about nine lakh people in the world at present. Perhaps, the transformation may not be to cent per cent level, but the transformation has taken place and has been going on at a faster pace. This process of transformation has come to convince all of us that the world is decisively poised for a major positive transformation in the near future.

We also know that various religions were established by different prophets at different times. They nowhere mentioned that they had come to establish religions. Their thoughts took shape in the form of a religion not during their life time, but much later. But, here the transformational process is given lot of emphasis to carve out better human beings through regular study. The teacher is the Lord Himself. This fact has been announced in advance and has been repeated time and again which makes all the difference. Even though the

force behind the transformation is that of the Lord, but real efforts have to be made by the spiritual aspirants. God, as the teacher of humankind has been teaching us, but it is our responsibility to study.

God Shiva selected Brahma Baba as the right student to have access to the lessons on self-transformation because of his higher qualities among the multitude of human beings in the world. Brahma Baba occupies the unique position for being the corporeal father of humanity. Therefore, the studies to become the real Brahma– the Brahma Dev, as has been named and recorded in the scriptures, assumes unprecedented potential and significance. Brahma Baba set an example for other students to follow. His life and his words of wisdom remind us of his sterling qualities which enabled him to become the first student of the Lord and ultimately the best student in the history of the world. Similarly, he became the first and the best godly servant of the Lord. His actions always projected the Lord to the world

and not himself.

The ascension day of Brahma Baba celebrated every year on 18th January gives us an opportunity to re-locate our position of spiritual endeavour and resolve resolutely to catch up with him. Here is a bird's eye view of his efforts and his attainments.

Brahma Baba was in search of the Lord, greater wisdom and higher life. When he received the first divine vision itself, he started constructively pondering over the reality. He started receiving the teachings in good faith, not raising any questions. He came to discriminate and judge the teachings in their right perspective. He was able to perceive and realise the truth that God had descended on him and was teaching him. He came to have the highest regard for the Lord and also for His teachings. Therefore, he implemented the directions of the Lord on a day-to-day basis. Excited, intoxicated and thrilled, he firmly believed that he was going to be the praiseworthy and worshipworthy Shri Narayan in the Golden Age in his next birth.

Brahma Baba came to be a great thinker and practitioner of Godly knowledge. His thoughts were like a fast flowing river. The delivery was fast, with lot

of contents that generated power and enlightenment. Each and every word had its own value, for which there was no parallel in any of the world's literature. He followed the teachings in letter and spirit. He would wake up at *amritvela*, early in the morning, and others also followed him. He was a *tapasvi-brahmarishi* to the very core. He never missed the class because he was aware that he himself would be the first beneficiary of the teachings. He made himself available to the Lord for conducting the class, irrespective of his being physically fit or otherwise.

He had set specific time for practising soul-consciousness though he remained aware of his own soul-conscious existence at all times. He had set specific time for churning Godly knowledge and separate time for conversing with the Lord and practising subtle existence and traversing to the subtle regions, experiencing the angelic stage. Due to this practice, he was able to show to the world the effect of soul-consciousness. People used to see his eyes as two powerful bulbs burning with spiritual light. Similarly, people had the vision of a shining star in between his eyebrows. They also had the vision of the Lord while looking

into his eyes. Many people had practically seen a crown of light on his head. Those with bad intentions and vicious propensities got transformed when he simply looked at them. When trans-messengers used to go to the Subtle World, they would see Brahma in his complete form in the subtle region. He had similarly set time for *karmana seva*—service through action. He had personally performed all types of *karma* and set an example for others to follow wherein he combined yoga with action. He even demonstrated that while playing also one can be in yoga.

Brahma Baba had none else to follow who had earlier treaded such spiritual path. But, the enlightenment bestowed by the Lord prepared him to dedicate himself—*samarpan*—his body, mind, and wealth—in favour of God's mission. It was an adventure—with a difference, something nobody else had ever done before. He did not think what was going to happen to him tomorrow, what would happen to his family and what the world would think of his course of action and so on.

His courage and dedication led to innumerable individual tests as well as general tests while administering or managing this unique spiritual

institution. His unlimited patience and tolerance in the face of mud-slinging, personal vilification, criticism, picketing, murderous attempts, court cases, media ire, replenished unlimited spiritual power within himself to fulfil all affairs of God's mission with renewed force.

In the midst of the opposition and mudslinging Brahma Baba was not disturbed, instead, he generated lot of good wishes and pure feelings for such souls. He had unstinted faith in the Lord and he followed the *Shrimat* (elevated directions of the Almighty) in letter and spirit. He had deeper conviction that these were side-scenes on the way to a higher goal. The goal would be reached at any cost at the right time, as the leader is the Lord. He had firm faith in the consequence of his actions. He had an attitude of instrumentality and constructiveness in the face of fierce opposition, unfavourable situations and circumstances. He had no ill-will towards anybody. He looked at everyone as his child, irrespective of the fact that he was in his favour or was a sworn enemy.

Brahma Baba's spiritual endeavours began after 60 years of his physical age. He

was a natural *tapaswi* whether in action or in rest. He was not a time-conscious yogi but always combined *karma* and yoga. That was why he could attain the angelic stage. His life was a mirror in which others could easily see and experience the spiritual fragrance of bodiless, egoless and viceless levels of life.

Brahma Baba's slogan was, "Whatever I do, others will observe and follow me; let I be cautious and watch how I think, speak and behave". This was a great lesson which transformed many lives. He had proved that while performing ordinary actions, one could give the experience of being a worship-worthy image. His language was *alokik* and not ordinary. 'Son shows father' is a common adage being used by the Lord. Brahma Baba was an epitome of this adage. His actions, behaviour and face automatically revealed the Father. He was highly simple yet spiritual to the core. His speech, behaviour, actions and interaction with others had divine touch.

He knew in advance as to when he was going to leave his mortal coil. The time of his departure from this mundane world was known to him in advance and that is why he had decided as to who were to be present at the final hour. He left his body on his own volition with prior knowledge, as has been taught by the Lord. The Lord – our Supreme Teacher is very emphatic and particular that all of us should leave our mortal coil on our own volition. Brahma Baba was the first Godly student to become complete and attain perfection, as taught by Supreme Father Shiva. Thus, he rightfully attains the sovereignty of the forthcoming Golden Age. ■

BRAHMA BABA — ANGEL AND BENEFACTOR

– **B.K. NEENA**, East Delhi

Brahma Baba, 'Prajapita' – Father of Humanity
Human medium of God, Creator of Brahmin
Posterity

'Adi Deva', first Adam of Paradise

In **Golden Age**, as First Prince, you reside

Seated in the hut of **Thy** forehead

We liquidate the problems of our Heart and Head!

As a Benefactor, unflinchingly give **Thou**

Your *Avyakt* Sustenance

With your benign Benevolence

Transforming Human souls into Deity souls

Pulverising our Mountain like problems to Moles!

A Philanthropist extraordinaire

Thou transfer your legacy so rare

To the Brahmin genre

Through your Lotus-mouth

As *Bhagirath*—fortunate Chariot

Thou bestow **Baba's** invaluable Treasures

Lest should we digress the Divine pastures!

Brahma Baba, you uplift the women downtrodden

The unsung mothers and destitute

Empowering them for ultimate Beatitude

Indeed, a crusader unflappable – Egoless and
Vice-less

Brahma Baba, we cherish your memories timeless

And salute thy Angelic self

On the day of your Ascension

With Profound Reverence!

BRAHMA BABA – THE KOHINOOR

– B.K. Parimal, Ahmedabad

In the annals of history of humanity, many have attained great name and fame because of their exemplary endeavour. Amongst them were saints, scholars, gurus and spiritual preceptors. Among these great personalities, we regard religious preceptors the highest, as messengers of God. Among them Brahma Baba stands at the pinnacle of achievements and attainments, unparalleled in the history, as he becomes an instrument to convey God's message directly to humanity at Confluence Age. He is a role model, the Kohinoor. Kohinoor means the mountain of light. Brahma Baba becomes a 'Tower of Light' to convey and disseminate God's message.

The Saga of Brahma Baba

A boy named 'Lekhi' was born and brought up in a village in the province of Sind, in Western India, now part of Pakistan, in the year 1876, to the Kriplani Hindu family. His father was a school headmaster. Deeply religious and an erudite scholar, he was

highly loved and respected by the people of the village. This boy had inherited the intelligence, honestly, nobility and an aptitude for perfection, from his father. He was loving, affectionate and cooperative, with a high moral and pious temperament.

Lekh Raj had an impressive and attractive personality—unobtrusively keen eyes, broad forehead that indicated to absorb and transmit creative, positive energy. He was unparalleled in interpersonal relationships and had insight to predict and foresee circumstantial events. With humility, selfless love and a philanthropist mind, he had endeared himself to all. These qualities were naturally woven into his life and he came to be known as Lekh Raj Babu. He was also affectionately called Dada Lekhraj.

To possess virtues but to possess all virtues in their full and complete abundance and ability to manage with proper balance in a befitting manner, are the indications of a great mind and these lift the man almost to the level of the Divine.

As his life was full of integrity and humility, he was chosen as a befitting instrument to serve as corporeal medium of the Highest Soul of all, God, for His incarnation and descent on planet earth and in India in particular.

Above all, Brahma Baba's uniqueness was not merely in possessing the highest virtues but about his ability to bring out those virtues in the souls with whom he came into contact. He presents us with an inspiring spectacle of man, who proved that it was possible to become perfect, to become a master over the mind and emotions, and to take charge of one's own destiny.

When he turned sixty years of age, he had a deep divine urge for self-realisation as well as God-realisation. He started utilising more and more of his time in contemplation and thinking. He wanted to fully understand the mysteries of the Universe. He developed an irresistible yearning for union with the Supreme.

It was at that stage of development in Dadaji's life that God, the Supreme Soul, chose to incarnate into the body of Dada Lekhraj (as the Supreme Soul is beyond birth and death, i.e. *Ajanma*). This was as per the promise mentioned in Bhagvat Gita, Chapter 4, Slokas

7 to 8. God named him 'Prajapita Brahma' and started through His medium Brahma, the prestigious task of transforming ordinary, vicious *Kaliyugi* souls into sacred divine deities of *Satyuga*. He showed Brahma the way to develop spirituality in life by His teachings of Divine knowledge, the principles and practice of Rajyoga meditation, the *Shrimat* to be followed and the method of service to humanity. He showed Brahma several revelations, trans-visions including those of catastrophic destruction of the world through atom bombs (though the atom bombs had not been invented by then), and also through incessant and heavy rains and floods, most destructive earthquakes, etc. He showed Baba the creation and establishment of a new world order, and an enshrined value-based society filled with peace, harmony and happiness. He indicated and instructed to Baba 'You have to do the work of world upliftment by establishment of the new world order'.

On getting such a clarion call, a straight forward order from Almighty God, he renounced all his flourishing diamond business and also all his worldly belongings at one stroke and formed a trust and handed over the trusteeship to a committee of Brahma Kumaris solely for the purpose of spreading God's message. All these developments led him to the incorporeal, egoless, completely vice-less state. He became complete with the divine attainments and a spiritual legend.

Prajapita Brahmakumaris Ishwariya Vishwa Vidyalaya was formed as a group of like-minded and dedicated Rajyogis engaged in accelerating the momentum for spreading Godly service around the globe. God's all time teachings are 'Be incorporeal, egoless and completely vice-less, completely pure'. Inspired by the Godly teachings millions of people, around the globe, forgetting their differences of caste, creed and worldly

relationships, have dedicated themselves for creating a new world order.

Even after having left his mortal coil on January 18, 1969, Brahma Baba is still functioning as a benefactor in angelic form to the humanity. He is really the one *Kohinoor* of mankind and the homage we can pay to his memory is to follow his footsteps. His wish is that we all should become *Bap-Saman*, i.e., like the father. ■

(On Remembrance Day)

A LOVING TRIBUTE TO PITASHRI BRAHMA

– BK I. Kishan Rao, Warangal, AP

Shiv Baba, the Supreme Father Is
Chancellor of this World Spiritual University
Brahma Baba is Vice Chancellor
And lifetime counsellor of Universality

Brahma Baba sponsored vicelessness
And Godly wisdom.
As the Rector of elevated actions
Director of divine directions

He is the most elevated form of generosity
Of caring and nurturing nature
His sterling character, respecting everyone
Fully detached from physical relation

He was so divine
Yet so humane
The Great Father of mankind
And progenitor of humanity

His *Avyakt* role will continue
Till all souls and elements become pure
Let us take inspiration from his life
And strive to become Master Brahma

To hasten the task of Universal
Transformation
Possible through Personal Transformation
A Real tribute to that great soul
Shall be to accomplish his Cherished Goal

STORY OF A NOBLE SOUL, SAINT AND ANGEL

– B.K. Shyam Sunder, Miyapur,
Hyderabad

The story of this great doyen dates back to more than 72 years. The entire globe owes it indebtedness to such a saint, angel and a great human being, who struggled till his last breath for the upliftment of society. Born in 1876 in Sindh (now in Pakistan) he treaded the path of humanity, selflessness and altruism when the globe had been devastated by two World Wars. Brahma Baba, usually known as Dada Lekhraj, was a very prosperous diamond merchant, who led a very simple, devout and contented life, as any normal person. Despite the wealth and luxuries around him, he was always free from ego. He left all luxuries and donated his everything one fine day for the sake of society around him. He was one who dreamt always for the weakest segments of the society. He was sociable to all, from a beggar to an officer, a prisoner to a

jailer, a servant to a master and so on. Because of this kind of endearment, he was called Dada (elder brother), who became Dada Lekhraj later on.

He meandered through the darkest tunnels of misery, hardship, opposition and various other obstacles for creating a wave of spirituality and happiness in the lives of humanity across the globe. Through his meditation, he solved many obstacles and mundane problems which came his way.



He had great reverence for and unflinching faith in God. Because of his spiritual strength, he would kick all the fears that used to come his way. Through his strong meditative power, he became the human medium of the Almighty. After the descent of God into his body, he was given a new name, Prajapita Brahma, or Adi Dev (the first deity). Later, it became new term, Brahma Baba. By this he inculcated an inspiration to create a spiritual institution named Om Mandali. By that, millions got benefitted and a spiritual atmosphere developed everywhere.

The two words ‘dependence’ and ‘failure’ could never occupy the dictionary of this great soul. Not only did he cremate these two, but also asked the entire world and his students to erase these words from their books. Slowly from Om Mandali, through his great endeavour, it became Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya. He had bright students who have been the strong pillars of this spiritual organisation, e.g., Jagdamba Saraswati (Mamma), Dadi Prakashmani, Dadi Nirmal Shanta (Daughter of Brahma Baba), Gulzar

Dadi (Baba's chariot) and Janki Dadi (also known as Pavan Putra Hanuman because of her never tiring and flying activities), and so on. In 1950, the Headquarters of Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya moved to serene and green surroundings of Aravali Hills in Mount Abu, Rajasthan. Brahma Baba, assisted by Dadis, B.K. brothers and sisters, accomplished this spiritual task. Presently there are about 8,500 centres across the globe, doing wonderful services for spiritual and social upliftment of humanity.

The only motto of this Godly university is that none should be left without getting Godly knowledge so that our society is totally free from all kinds of negativity, e.g., Lust, Anger, Greed, Attachment, Ego, Jealousy etc. These negativities have totally handicapped our society, desiccating peace. The main teaching is that God is not omnipresent; He resides in Paramdham and meditation is the only way to reach Him. As we are all aware that it is the end of *Kaliyuga*, God has descended in the human body to impart education for entering the Golden Period (*Satyuga*).

On 18th January, 1969, Brahma Baba left his mortal coil and ascended to the subtle

world. His death anniversary every year is celebrated as *Smriti Divas* or *Avyakt Divas*. It is 40 years since he left us. But the memories left by him are still fresh as these have been inspiring millions of human hearts.

My heartfelt Salutations to such a noble soul!

I have been following this knowledge for the last 10 years and have met Avyakt BapDada eight times. When I was told about the sacrifices made by Brahma Baba, tears rolled down my eyes. On January 18, 2007, when I was there at Abu on *Avyakt Divas*, Dada Narayan Dass (Son of Brahma Baba) had also come. He is a carbon copy of Baba due to his resemblance with him. It appeared as if I was sitting right in front of Brahma Baba. He was also very simple like his father. In the present day world, any person earning lakhs or crores of rupees would certainly befriend ego, selfishness and other vices. But Brahma Baba was away from these maladies. On January 18, 2010, let us all take a pledge to inculcate all his virtues in us. By this way only, we can tread the path shown by our dearest Brahma Baba. Share this story with the fellow brethren how a saint became an angel and earn blessings of the Almighty. ■

TRIBUTE TO THE MESSIAH

– B.K. Nirakar Pattanaik,
Manama,
Kingdom of Bahrain

Our Loving father
Adi Dev, father of humanity
You give us inheritance of
heaven
Your vision is unlimited and
even!

Respected teacher
You are not only a preacher
But also an embodiment
You teach us which nobody
ever taught!

Revered Preceptor!
You show the path of
liberation and fruition
Gateway to heaven
Break the vicious circle of
karma
Being a true messenger of
God

Loving mother!
You eliminated the tears for
years
Your eyes became the
mirror
Reason of our spiritual birth
The greatest messiah ever
on earth!

ATTACHMENT

—Prof. B. K. Banshidhar Sahu,
Bhubaneswar

Attachment is like a disease for the aspirants on spiritual path. It is an acquired habit. When a child is born, first he develops his love and attachment towards his mother and then towards his father. Slowly, attachment towards other relations—brother, sister, friend, aunt and uncle is developed. He calls them “mine”.

Attachment is different from spiritual love. Mother is the primary caretaker of a child. The child requires consistent loving response to his needs for food, sleep and comfort. It is the process of bonding between the child and primary caretaker—the mother. As the child grows, so does the bond of trust with the mother. This is the love which has a lifelong effect on growth, development, trust and relationship. It is the duty of the parents to give love and affection to the children so that they may grow to be the human beings with divine qualities. But love is converted to attachment if too much bodily love is given.

For any small illness, if the mother cries throughout the night, gives a sleepless night to others, then it is attachment. Sometimes the father wants that his son should be an engineer, but the child has no inclination towards science or engineering, then tug of war between the father and son starts which may continue further. This is the attachment of the father which he should avoid and allow his son a freedom of choice.

The attachment towards materials also attracts him. He claims “It is my home; my scooter; my car”. Once he thinks ‘mine’, the attachment increases. In a lifespan of a few years, one hundred and thousand things are attached to life. He forgets that his body is not his own, it is given to him by his parents. Also when he departs from this world, he leaves his bodily apron here. All the materials as well as relations are left behind in this world. Therefore, it is said that “You have come with bare hands and you have to go empty handed.” Alexander, the Great, before

his death had asked his friends that when he would die, they should take his body through his kingdom with both of his hands open and empty indicating that Alexander, the Great had conquered the whole world, but he could not take anything with him when he died.

Attachment turns love into fear and peace into anger. It distorts our attitude and action towards others and blocks our divine energy from radiation. To get rid of attachment, it is necessary to shed body-consciousness and to remain soul-conscious. Body-consciousness brings waste thoughts that waste our precious time. It is necessary to check the self up to what extent you have controlled your thoughts. Even ordinary thoughts cannot make you free from attachment. By simple walking one can reach the goal late, but by flying one can reach in a twinkle of eye. Ordinary thought can make one tired; one cannot enjoy the beauty of flying, the green firmament and soothing air. It is said that idle mind is devil’s workshop. Therefore, one should have powerful thoughts. He should remember that it is the Confluence Age where the blessing and guidance of Almighty Supreme Father are available at hand. Our thoughts should be embedded with divine

love and positive attitude so that waste thoughts can be deleted.

Regarding time, Supreme Father says that a fraction of a second in this Confluence Age is equivalent to one year in the world cycle. It is also said that time and tides wait for none. As everyone knows that if a student does not prepare well for his examination, he has to lose one year. If an athlete in Olympic game is trailed by a fraction of millisecond, he cannot win the Gold medal. Time is so precious that one should not waste it. One should remain soul-conscious while performing actions in drama, acquiring divine virtues, and keeping in view the secrets of *karma*.

The spider procreates the net, but it becomes imprisoned in its own net and dies in that net as it cannot come out from the net it procreated. Attachment is like the net, once engrossed in attachment, one cannot come out of that and cannot walk on spiritual path.

Attachment to one's relatives or any articles, cloth or food makes one's life immensely sorrowful. Reality of life will come to the forefront when the demise of some near and dear ones would occur due to accident or disease. The mental bond between two persons causes the attachment and they

join in the three-legged race. They cannot win the race and the beauty of life is lost in the desert. Attachment towards the caste and community or language or nation causes the people to divide themselves into the fighting fractions and thereby making the whole world as a boiling cauldron.

But all these are called attachments which work like the AIDS in the spiritual uplift. All know what AIDS is. It is a dreaded disease—Acquired Immune Deficiency Syndrome. An estimated 32.7 million people are now living with this dreaded disease worldwide and World Health Organisation has reported that AIDS has killed more than 25 million people since it was first recognised on June 5, 1981 making it most destructive epidemic in recorded history. In 2005 alone, AIDS claimed an estimated 2.4-3.3 million lives, of which 570,000 were children. This disease spreads through the virus named Human Immunodeficiency Virus (HIV). When a patient comes to know that he is suffering from this disease, he counts the days for his burial in the coffin. Life seems to him of no value; it may be asserted that he dies from the very day he hears about this disease. Though

antiretroviral treatment, medication may delay the death, it remains only a hope against hope for survival.

Attachments of various sorts gradually detract the spiritual aspirant from the spiritual path. Neither can he concentrate, nor can he meditate on Supreme Soul. All these empty him inside. When he sits for meditation, first the bodily relations will be flashed in his mind's eyes and then the material which he loves most will come to his intellect. He may seat in the lotus seat, but the time he spends goes in vain. Neither his time is successful nor are vices through meditation destroyed. He may claim to be a yogi of 40 years, but the loads of vices still are on the head. As in AIDS, the virus eats away the strength, power and vigour of the man every moment; these attachments also eat away the power of soul day-by-day. Mind is hollow; intellect is filled with "me and mine." What he has promised to Supreme Soul that he will offer his body, mind and wealth on Godly service are forgotten. His attachment towards body and money distance him from spiritual goal. He even does not get any time for self introspection. He becomes the prisoner of his own deeds like the spider.

A South Indian story appropriately describes how greed and attachment cause a monkey to be the prisoner. The people cut a small hole in a coconut just large enough for a monkey to put its hand in. Next they fix the coconut in the tree

and fill it with a sweet. The monkey smells the sweet and finds that its fist does not fit through the hole. The last thing the monkey will think of is to let go of the sweet and it holds itself prisoner. Nothing could be easier for human beings who

come and catch it.

Let us shed the chain of attachment which is the barrier on the spiritual path and get light and might in this Age of Confluence and valiantly tread this spiritual path. ■

DADI JANKI at the Parliament of the World's Religions in Melbourne

On 9th December, 2009, Dadi Janki (Chief of Brahma Kumaris) invited as a major speaker at the Parliament of the World's Religions in Melbourne, addressed the closing plenary together with Dalai Lama and other religious leaders. She shared the following message with the 4,000 – strong gathering:



Om shanti – a greeting of peace to my brothers and sisters. I, the soul, am child of the Supreme Father, the Supreme Soul, the Ocean of Peace. It is time to consider that the drama of life is coming to a close and it is time to return home. Each faith and spiritual tradition has sought to bring peace on this Earth, and now it is the time for Divine Himself, the Remover of Sorrow and the Bestower of Peace, to give us this message, that it is now time to return home.

God's hope for humanity is for each and every soul to experience truth, love and mercy and to be responsible to share that vibration with the rest of the world. To do this we need the practice of performing elevated actions, of experiencing God's power. To take power from God, we need a relationship with the Supreme. Taking Light and Might from God is taking our inheritance from the Divine – the inheritance of happiness, bliss, peace and love. This is not only for oneself but for donating to others. God is our Mother, Father, Teacher, Friend and Guru. With such a companion there is no need for any worry. I keep myself safe from worry and also make sure that others are free from worry and experience peace. Om shanti.

Dadi Janki's presence was felt at the Parliament as the main woman spiritual leader and because of her magnetic spiritual presence. As she moved around the Parliament, Buddhist monks, Rabbis and priests opened their hearts to her. In addition to her own presentations and master classes, Dadi was invited as an honoured guest speaker by several faith communities who wished to hear her wisdom and be moved by a profound experience of peace in her presence.

INTERVENTION VERSUS MEDITATION

—BK Dr. Dilip V. Kaundinya,
Mumbai

Dr. David Eddie, Professor of cardiac surgery, Stanford University, devised a virtual model, Archimedes model of human body with all of its physiological processes for assessing the value of different interventions. The results were baffling to the Scientist mind. Trillions of dollars spent on the interventions increased the life expectancy by only 3%. The rest came from sanitation, proper nutrition, proper sleep and **a tranquil state of mind**. Ability to sustain a tranquil, peaceful state under all life-circumstances comes from meditation.

Today the highly intelligent mind has more faith in science than in the faith itself. He believes more in logical essays than in belief and faith. He believes in the techniques of satisfying pleasures more than in love. A demand for scientific proof for everything, even for the existence of GOD, is the legacy of the scientist mind. The Spiritualist mind functions on belief and faith. Susan

Kobassa's hardiness concept in AIDS, and the placebo and nosebo-effects in therapy add strength to the belief that even mere faith can move the mountain and bring miracles. In fact, neuroscience has shown that a strong belief and faith that nothing can go wrong with my body or with my worldly affairs activate some hitherto unknown healing-mechanisms in our body. They bring about a miracle of impossible cures or maintain good health under impossible situations. They awaken an inner giant which **provides easy solutions to apparently impossible problems**. Scientist mind simply cannot believe this because the man has forgotten that he is a BMSO, Car manufactured by the Supreme Creator Shiv Baba. BMSO has four main components – body, mind, soul and organism. So at every step of progress in medical science, a man knows only a little more than what he already knew. History of Medicine reveals that the progress in science takes the man from areas of

greater errors to those of lesser errors; but whatever the stage of progress, an area always remains unknown to him. This is the **DOMAIN** of the Supreme Surgeon, Shiv Baba, where miracles happen through remembrance or meditation. Not long ago, a lymphocyte was regarded as a phlegmatic spectator gathering at the periphery of an inflammatory focus, watching the intense life and death battle between invading bacteria and defending polymorphs. The same lymphocyte became a revered Brigadier after the discovery of powerful interleukins. Human body harbours so many such wonders which become revealed to man at a precise pre-ordained point of time according to the most precise Divine Plan. Saying 'I discovered it' is meaningless. It was pre-ordained to be discovered. '*God gets things done as acts Himself forms the point of light and He is ocean of virtues*' (*Karan karavanhaar Ek Baba Hai Jo Roop Mein Bindu (Point) Lekin Guno Mein Sindhu Hai*). In fact, whole of human body shall become functionless and pointless without the existence of several points – Supreme soul, drama and soul. The receptors are the points where bacteria and viruses, or

hormones and enzymes or the antibiotics or antibodies interact to produce the related effects. Days are not far off when the knowledge about the points or receptorology shall replace all varieties of logics like cardiology or diabetology to provide a permanent cure in all the four-dimensions of health.

Patanjali Kriya yoga, which has been integral Indian yoga for around 2500 years, promises conquest of ageing and diseases by regular practice. This yoga consists of *yama, niyam, asana, pranayam, dhyana, dharana, pratyahaar and Samadhi*. This *Sadhana* requires nearly two hours, an impossible luxury for the Extremely Busy Persons (E.B.P.) of today. Supreme Surgeon Shiv Baba made every thing easy and deleted the difficult Hath-Yoga from *Sadhana*. *Dhyana* (Meditation), *Dharana* (inculcating values and *shrimat*) and self-transformation came into focus. **Today meditation has become a scientific technique for cure and maintaining health. It is no more a matter of mere belief and faith.** Dr. Richard Davidson, professor of psychiatry, Wisconsin University, has termed *Dhyana* as mindfulness meditation. Long ago, when the medical

profession functioned under a gross illusion of “The Cause and Effect Theory” created by the great microbiologists like Louis Pasteur and Robert Koch, Hippocrates, the father of modern medicine, was compelled to warn the medical profession **“of the greatest error today is that the physicians do not take soul into account for therapy.”** Today, the medical profession is committing the same mistake. So, in spite of magical discoveries, the different diseases are on the rise and assuming pandemic proportions. Somehow the different centric strategies are not directed towards the root cause, the mind. The great wheel of time has turned a full circle and an ancient Indian concept of holistic health and intrinsic healing, has appeared on the horizon in the form of Soul-Mind-Body-Medicine. Negative thoughts which cause disease of the soul translate into various diseases of the body. They sap and leak the ‘*pranic energy*’ from the soul and have become the potent weapons for self-destruction. Today lust, anger, greed, ego, hatred and repulsion have joined forces with stress, tension, anxiety, worry, fear and frustration for the destruction of the mankind. Anger or

frustrations are two predominant toxic emotions two hours before a heart attack. Stressful state of mind brings about a lethal and destructive TH-2 immune response in tuberculosis. On the other hand, a ‘Happy State of Mind’ brings about healing TH-1 immune response. That is why Supreme Surgeon, Shiv Baba tells us, “*khushi Jaisi Khurak Nahi* (There is no diet better than happiness).” **So remain happy under all circumstances. The strength for achieving such a stable and unshakeable state of mind can be derived only by remembrance or meditation.**

There are more than 200 types of meditation that are available today, in this era of mass-confusion called extreme *Kaliyuga*. Some of them come in costly commercial packages. But Supreme Surgeon Shiv Baba, Who is ocean of love for us children, has come to us from Incorporeal World to give us knowledge, free of cost, about a simple three-step technique which is both laboratory-proven and easy. The **blocks in** heart vessels have disappeared in C.A.D-regression project in more than 4000 cases. The first step involves focusing our consciousness on a

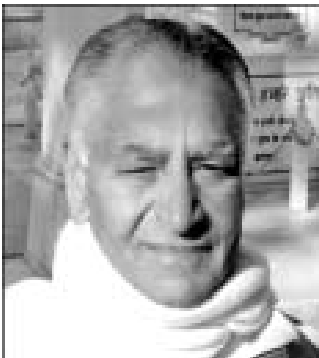
metaphysical conscient point of light on the centre of the forehead and notice a reduction in the speed of thoughts allowing one to discern between negative and positive ones. Give repetitious auto-suggestions that negatives are getting deleted from the corrupted C.D. of your mind. Assume a “Let Go” principle for developing attitude of an observer towards your thoughts. At one particular moment, the negative thoughts actually get deleted and your consciousness internalises. This becomes known to you with the feeling of super-sensuous joy, which neurophysiologists label as Biological Relaxation Response (B.R.R.). This state is necessary for any auto-suggestions to sink into the inner self. In this state, E.E.G. uniquely in Easy Rajyoga only shows delta waves of rejuvenating deep sleep.

Secretion of stress hormones stops. Instead, certain ‘Miracle Hormones’ get secreted. Secretion of these is responsible for the magical cure of the so-called incurable, chronic and intractable diseases. Enkephalin restores the internal balance ions, lipids and sugar, the milieu interior that has been disturbed by stress and is the real cause of disease. A reverse transport of cholesterol from heart vessels brings about the miracle of “Bypass without Bypass”. Endorphins elevate the mood and ameliorate pain. Melatonin controls sleep-wake cycle and cures insomnia. Brain-Derived-Neurotrophic Factor (B.D.N.F.) gives the miracle of neuro-genesis and provides cure for depression. It may be the answer for Alzheimer’s and other forms of dementia or memory loss including that due to ageing. **The dictum in newer**

branches of medicine, Psycho-neuro-endocrino-immunology and psycho-oncology says that the incurable disease means whose cure lies within. That is why our Supreme Creator Shiv Baba promises in His *Murlis* “If we remove the rust on soul through yoga power, then we will become ever-healthy, ever wealthy and ever happy. The third step is Cosmic Communion in which we, the souls, talk to our SUPREME CREATOR in an soul to Supreme Soul trans-personal transaction, just as is mentioned in Ken Wilbur’s “**Trans-personal psychology**”.

The Supreme Surgeon also cautions us against having any doubts about what He is telling through His *Murlis*. So let your meditation be regular; all of your doubts and fears shall disappear miraculously. ■

OUR HOMAGE TO DADA CHANDRAHAS



One of the prime jewels of Brahma Kumaris World Spiritual University (erstwhile Om Mandali), Dada Chandrahas, popularly known as Babuji, who became God’s special child during organisation’s initial years in Hyderabad Sindh (now in Pakistan), left his mortal coil, at the age of 86, at Shantivan Complex on 27th December 2009. He used to record and send Baba’s Murli to all B.K. centres. He was regular and punctual in Murli class and yoga even during his last days. The entire team of ‘The World Renewal’ pays its homage to the great child (soul) of our most beloved Bap-Dada.

THE SPIRITUAL PATH



– Manasi, Indore

People generally think and understand that religion, rituals and customs are of utmost importance to move on the spiritual path. I will not say they are not; they definitely are, as they are the first guide to direct you and tell you the right and wrong. However, to seek true Spiritual Path, we need to have a clear conception of our aims and goals to be successful on this very path.

We need to look within ourselves and see what we actually wish to become. Our tongue says, “I wish to search for the wealth of Spirituality” but our heart speaks the other way. Our intellect says, “Spirituality is a good thing and I should get it”, but our mind wanders and is absorbed in the body and physical needs. Oh! What confusion, what a state of affairs this is? One who really wishes to untangle the mystery of life, should first become a man, a good human, in the true sense of the word. It is not the appearance of a man, but the true qualities of compassion, contentment, charity, forgiveness, truthfulness,

gentleness, simplicity, continence, purity, and above all love for God and His creation, which make him a man in the true sense of the word. These prime qualities of the seeker, adorned with such virtues can occupy a high place among men.

Only a man with a compassionate heart can have good moral conduct. He is tender-hearted and cheerful. Kind thoughts emanate from him and he cheerfully forgives the mistakes of others. One who knows how to forgive and love again with no malice can hope to be forgiven by God for his faults. Contentment is also essential for moral conduct and spiritual progress. When a man is contented with what he has, he is not disturbed by the prosperity of others. He has no resentment, no envy and so remains happy and as contentment enters his heart, desire leaves. As desire leaves, truthfulness comes to him and one who is truthful is definitely fearless, dauntless. Courteousness, gentleness and a cheerful disposition are other traits, which have a happy effect

on others, making him loving and lovable at the same time. He should have an attitude of love for all, because this is the secret of true and eternal happiness in this life and hereafter.

Cleanliness and purity are other essential qualities for the seeker of God ready to walk on the spiritual path. The body, the clothes should be clean, but real cleanliness should be internal. Inner purity is of utmost importance. Spiritual realisation cannot come without complete purity which means pure conduct, pure food, pure dealings and pure thoughts. And, so, one needs to have a look inside first, inspect the self thoroughly. Important is to be aware of oneself not as what one wants to be...because that is fictitious, idealistic, unreal, but as what one is – ugly, beautiful, wicked, mischievous and this should be an unsympathetic inspection which only an alert mind can do free from all the beliefs, all idealisations, because ideas and beliefs can actually taint and pervert our perception. If one truly wants to take the spiritual path, he should use his own creativity, his originality. It is with this pure heart and soul that one gets the love of God and His creation. ■

HOW COULD WE HAVE EVER FOUND OUR WAY IF HE HAD NOT WALKED AHEAD OF US IN THE SNOW

(Brahma Baba - The Walking Tree - The Man In-Charge of a Secret Army)



–B.K. David, Paignton, England

The tree stands outside, as usual, as always. It cannot come in out of the rain as we can. It cannot sit down and have a cup of tea as we can when we are out in the cold for too long. This huge, elegant, noble tree inside the hospital grounds stands proudly each and everyday, each and every night, giving and giving. This tree gives and also takes. It takes all the rubbish and pollution we all create in the air, takes it and turns it round into something good – fresh air!

This tree takes a problem and transforms it. It gives out health, beauty, life. It looks to be doing nothing other than just standing there blowing in the wind occasionally. But there's a secret going on before our eyes, and we can't even see it; such is the remarkable industry and business of a tree. You would not even be able to read this if it were not for the tree.

How many things in life would we not do if it were not for the tree? Read, learn, write, and of course, without trees, we'd all be dead! Trees, like

sugar, make the world go round.

HEADACHE MAN

The grandeur of this ancient tree is just too immense to explain – it's like a great, great, great, great grandfather looking over us. This tree is just so wise all of the time. This tree is never wrong. To stand under this tree next to its trunk and look up through its branches makes one feel privileged. Never mind standing under the tree, most cannot even see the tree; never mind seeing it, most do not even know of its existence. Some are lucky enough to actually eat the fruit of the tree. They just sit under the tree and the fruit just falls in their laps. Who are they? – the ones, who always remain happy and keep smiling. The rest of us have to make an effort to catch the fruit as and when it falls. Some even have to throw sticks (make so much effort as they keep making the wrong effort) at the tree. If you see someone tired and unhappy, you can also see their stick of ignorance in their hand or on their head. They hit others or themselves everyday.

MAN'S ABC BOOK OF LEARNING

There is more history under this tree than all the history books put together in the world. They know of only one page, and this tree knows the whole book, as this book 'The Complete History and Meaning of Life' is made from its paper. Of course, it is written by God, the Seed. He borrowed the pen of Brahma Baba to write it (He has not got a pen of His own). This tree has seen and lived through much, and yet tells the person below – "You are very important. Today is the most important day in all history. Today we share that day".

This tree simply lives by a natural law, the law of giving. It must have been doing it for 5,000 years, judging by its size. We could all learn a lot from this great old tree. We can learn from any tree, whether young or old.

Brahma Baba is that huge tree from which we can learn and learn, as he just gave and gave all the time. He must have learnt the secret of the tree

(life) when he sat in its shade long ago.

THE GREAT DONATOR – THE ELEPHANT

A tree is so helpful, so beneficial that it treats all the same. Have you ever seen a tree favouring someone? A tree does not give more shade to a king than to a beggar. Have you ever seen an elephant refusing to give someone a ride because he/she was not wearing gold? If an elephant and tree can give to all without judgement, why can't we? Or are the tree and elephant greater than you? How great are you?

A POCKET FULL OF WEED SEED FOR THE LEGLESS

You can learn from 'givers' and this learning will make you so strong. You can also learn from 'takers' but this will make you weak eventually if you do not learn the lesson of ignoring them. If you learn from a 'taker' that their way is not the answer or way forward in life, then you have learnt a very good lesson and you should congratulate yourself and consider yourself fortunate as most have not learnt this lesson at all. You can take this from a 'taker' without him ever-knowing or getting upset. Yet to learn how to 'take' from a 'taker' is a curse, for it's like

spreading the seed of a weed everywhere you go. And these weeds will follow you and grow around you wherever you go. Slowly the weeds of selfishness will strangle anyone who carries these seeds around with them. Ignorance is the only water they need to grow, and with their sunlight of satisfaction eventually, they will not be able to move in life as they will become so tangled up.

Everyone loves a flower (a giving nature, like my *lokik* mother whom everyone loves so much) and flower seller (a happy person) and his flower stand (stop, look, smell and enjoy). In fact, it is amazing just how many people pride themselves on not 'giving'. But then this is like being proud of the fact you are blind, have one leg, no arms and a dodgy heart. Who could be proud and happy with such a body? Maybe only when these seeds they carry round which are miniature time bombs go off in their pockets will they realise their error. But by then they will be legless, hopeless and helpless. One day soon the world will be full of those in wheelchairs being pushed along by the enlightened ones. What seeds are in your pocket today? Have a look.

BRAHMA BABA – AND HIS SECRET ARMY

Brahma Baba's arms created many a healthy tree and leaves with its seeds. Those who loved Brahma Baba kept the seeds of love he gave them in their pockets and in turn, grew somewhat like him and so planted those seeds themselves wherever they went and gave them as a gift, creating a hidden forest of trees over the world.

Brahma Baba taught his spiritual army not to ever ask why, for a 'Y' changes everything. You have the word arm which is good, and with man's 'Y' added to it, it is changed and becomes man's army! When Brahma Baba heard the word 'why' – he immediately thought 'why not' create good thoughts and a good world. "It's in our fortune and future is to become better people and make a better world".

BRAHMA BABA – THE TREE WITH MANY BRANCHES

Brahma Baba's fruit only had the seeds of love and hope inside them. But then it was God's tree and it was watered everyday by His children, so its fruit and seeds were very healthy and nourishing. Eat God's fruit and you'll grow to

be a giant, just like Father Brahma did.

ATTENTION (HIS STORY - HISTORY)

Brahma Baba was the first man in whom all history can be known and traced. He is a walking tree under which everyone on earth has walked and tasted his fruit. Some have passed-by quickly whilst some have climbed his tree and lovingly sat in his branches. A few even built a tree house in its canopy; such was their closeness and love for Brahma Baba. Some hugged the tree and then got called away or distracted. But many just walked under the tree, admired its grandeur, trunk and foliage and then completely forgot about it, oblivious to its importance and beauty. For a few, the tree made such an impression on their hearts as it has been carried within them for all history.

LOST IN THE FOREST

Brahma Baba is responsible for every tree (person) you see. The kinder, the more spiritual the person, the closer they are to him. These trees will create the new world of health and vitality. And to think, this new world will come about by just one man, Brahma Baba, who used to sit under God's tree of love. What delicious fruit he must have tasted back then.

Trees really do more than just blow in the wind. Brahma Baba really did a lot more than just hand out *toli*, wear white clothes and get up early. Brahma Baba stood firm amidst the storms and spread seeds of goodness on the winds of purity that emanated from within his shawl that in time would create a new world. He followed God's nature of giving and giving.

We have to look at these two trees and copy them in everyway. Try and stand constantly in between their trunks under their canopies and catch their seeds of truth and purity which they drop everyday. ■

EASY ... GREATNESS

Easy to judge someone's mistakes.
Greatness is to recognise our own mistakes

Easy is to talk without thinking.
Greatness is to refrain the tongue

Easy is to hurt someone who loves us.
Greatness is to heal the wound...

Easy is to set rules.
Greatness is to follow them...

Easy is to show victory.
Greatness is to assume defeat with dignity...

Easy is to stumble with a stone.
Greatness is to get up...

Easy is to enjoy life everyday.
Greatness is to give its real value...

Easy is to promise something to someone.
Greatness is to fulfill that promise...

Easy is to criticise others.
Greatness is to improve oneself...

Easy is to make mistakes.
Greatness is to learn from them...

Easy is to think about improving.
Greatness is to put it into action...

Easy is to think bad of others.
Greatness is to give them the benefit of the doubt...

Easy is to receive
Greatness is to give

Easy is to keep the friendship with words.
Greatness is to keep it with meanings.

LIFE AND ACHIEVEMENT

– B. K. Suyash, Gumla, Jharkhand.

The world is a beautiful place to live in. With all the oddities of human beings and all the eccentricity of pain, there are too many things to live for. Life isn't all about 'the bigger, the better'. As Johnson says, in small proportions, we just see beauties; and in short measures, life may be perfect. One doesn't need to be overly intelligent, or rich, or handsome to lead a perfect life. It lies, as it were, in a sense of achievement that you derive from your life.

Now, then, an achievement may mean different things to different people depending on their frame of reference. Some seek it in fame, some in wealth and others in peace perhaps. Everyday millions are born and millions die. But who weeps for those who die? Hardly a few friends and family members. It

indicates very clearly how much worthy our life is. Being a part of the crowd is the easiest thing to achieve, but then its satisfaction value is zero. And the sense of achievement is as unlikely as horns on a donkey's head. You should lead the crowd instead of following it. You should try to be a man with a difference, a man less ordinary.

Everyone lives for himself, even the animals. But we are ways ahead of them on moral and intellectual grounds. We ought to live for others. The achievement is in giving, not in taking. If you can wipe someone's tears, or can restore the smile of somebody, do it and never count the cost. And as the saying goes, do it in such a way that even your left hand shouldn't know that your right hand is doing an act of charity.

Moreover, maintain humility all the while, for humility is not a wasteful luxury, but a sound investment. Mark my words! This is sure, if not the shortest path towards a perfect life. And the sense of achievement will be of colossal proportions.

Now, a few words for the sceptics (it's a shame that anyone should be sceptic on so profound a matter). Life doesn't always look like a blessing. When the grief and melancholy take possession of you, then the moonlit summer sky looks like the murky sky of August. You may well argue that darkness is ever so horrible, but I will always disagree. There is no bliss in perfection. It leaves you to a standstill well and truly. Without the scope for betterment, there is no fun in the game. Life is a game, isn't it? And the difference lies in the fact that how keenly, how whole-heartedly you play it. After all, the genuine players can always derive a sense of achievement out of it. ■

THE ONE WHO IS DETACHED IS THE ONE WHO IS LOVING TOO.

The lotus flower is both detached and loving. It is untouched by the dirt while being surrounded by it but is beautiful and loving at the same time. In the same way, whatever the situations or the people around us, we need to be untouched by their negativity. Then we will become the ones who are loving too. When we are faced with a negative situation, instead of blaming the situation, we need to work at our own inner strength. The problem could be created by someone else, but we have to make effort in bringing about the solution. Then we will be able to make things better without having negative feelings towards anyone.

QUEST OF THE SELF

– B.K. Dr. Pritti Kakati, Guwahati

The question “Who am I” has baffled the spiritual aspirants since time immemorial. For finding the answer to this question, many have left their home and hearth. This was the question haunting me for a long time since my childhood. Initially, I had thought that I could get the answer to it in some psychological books at college level. So I used to study such books with great interest but, every time, I was disappointed to know that it was not really the subject I was looking for. Whenever I got a chance, I used to discuss this matter with my friends and elders but no one could quench my thirst. There was some kind of unrest growing inside me as I was not satisfied by any of the answers given by them.

Later, when I got admission in the MBBS course, I was initially delighted to know the different anatomical structures. I thought that while dealing with living people, I may get the ‘real’ answer to my question. I had special attention on the subject of psychiatry which mostly deals with mental conditions. I studied many books regarding

this and also asked my professors but still could not get the answer to the question ‘Who am I’. With the passage of time, my attention got diverted to many other things and I got busy with my life, patients etc. But the same question kept on disturbing me now and then.

One day, suddenly I saw the banner of “Rajyoga Centre” near my house. My interest grew steadily towards it and finally I convinced myself to go there and see for myself what it actually was. As soon as I entered the centre, I was warmly greeted by a young sister clad in a white sari. I asked her whether I could get the answers to ‘who am I’ and ‘who God actually is’. Her response was positive but she requested me to come to the centre at least for 7 days and get all the answers. I started doing the course and at the end of those 7 days, I felt immense happiness and internal peace which I was looking for my whole life. The puzzle of life seemed to

have found the right solution. More amazing was the fact that we could have all attainments from the Supreme Being by recognising the self as His spiritual progeny.

I sincerely thank my Supreme Father, Incorporeal God Shiva, for giving me my real identity and making me a part of this grand family of Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya. ■

IN THE SUBTLE REALMS

– B.K. Shreshtha,
Panchkula

There is a beautiful place
High in the sky
But no human can reach there
‘Cause we would have to ‘fly’

A man with white clothes
White hair and white rose
Is sitting between fairies
And eating with them cherries

People say that he is God
But my opinion is very odd
I regard him as my brother
And he is related to my mother

He is loving and sweet
Really cute and very neat
He is the master of all
And is like a sweet doll

THE HINDU TRINITY OF BRAHMA, VISHNU AND SHANKAR

– B.K. Khem Jokhoo, Trinidad,
West Indies

The picture of Trimurti God Shiva captures the three divine acts of God Shiva when He fulfils His promise in Gita c 4 v 7&8 that when there is unrighteousness and lawlessness in the world, He will descend and embody himself to protect the virtuous, destroy the evil and re-establish a pure Golden-aged world of righteousness (*dharma*).

God Shiva, the Supreme Soul, is beyond the cycle of birth and death, nor does He take birth through a mother, as do human beings. He is not subjected to the bondage of actions (*karma*) or physical experiences of the world (*Abhokta*). God says in Gita c9v11 **“Fools, not knowing my supreme nature, think low of Me, the Lord of creation who have put on the human body. That is, they take me, who have appeared in human garb through my *Yogamaya* for the deliverance of the world, to be an ordinary mortal”**. (Also See Gita c7v24-25; c8v9 &c10 v3).

Today, people are confused

as God Shiva, the incorporeal bodiless One (*Nirakaar*), the point of light shown at the top of the picture, has been inadvertently or innocently omitted from the Hindu Trinity and only Brahma (creator), Vishnu (Sustainer) and Shankar (transformer) are shown.

God Shiva and His Three Divine Acts

1. The first divine act of God Shiva is to embody Himself by using the body of Brahma to impart the knowledge of the Shrimat Bhagavad Gita to destroy the five vices – lust, anger, greed, attachment and ego. These five evils are known as Ravan, Satan or *Shaitan*. Deity Brahma is one aspect of God’s three divine acts and should not be confused with the word “*Brahm*” which is the sixth element of light that pervades *Nirvana* (*Brahmlok*), the supreme abode of God. Brahma is known as the “special son” of Heavenly God Father Shiva because he surrendered mind, body and wealth towards the establishment of the new world

order of the Golden age. For this, Brahma is known as the master creator and called ‘Bhagirath’, the lucky chariot. The picture in the Gita of Arjuna in the chariot with God holding the reins of the five horses is the memorial of this auspicious event, hence the name the ‘lucky chariot’.

An important aspect of Brahma in Gita c9 v1 quote **“To you, who are devoid of the carping spirit, I shall now unfold the knowledge of Nirguna Brahma along with the knowledge of *Sakara* Brahma by knowing which you will be freed from the evil of worldly existence”**.

Sakar Brahma in the above verse is Prajapita Brahma in his earthly human form and role whereas Nirguna Brahma is his angelic (*Aakar*) role as *Adi Dev* Brahma in a subtle body of light residing in the angelic world. The Gita in c9v2 says that this knowledge of Brahma is a sovereign science, a sovereign secret, supremely holy, most excellent, directly enjoyable, attended with virtues, very easy to practise and imperishable.

The Spiritual Meaning of “*Brahma Astra*”

In ancient warfare, the *Brahm Astra* is a missile said to be set in motion by divine force. It is an unfailing weapon that hits and destroys its target.

It was the *Brahma Astra* that was used by Ram to completely destroy (burn and cremate) Ravan when all other missiles could only make Ravan unconscious, giving Ravan a chance to get up and attack again. **In the path of knowledge**, the *Brahma Astra* is not a physical weapon, but it is the combined might of *Gyan* and *Yoga* of the Gita to destroy the vices and the evils of the world.

2. The second divine act is the role of Shankar as the form of perfection of soul-consciousness. This is the method to become the destroyer of the five vices as well as the master of the five senses of sight, sound, smell, touch and

taste. The role of deity Shankar is only one divine aspect of God Shiva. God Shiva's is distinct and separate from that of deity Shankar, as He is separate and distinct from deity Brahma. Shankar is the memorial of Brahma's perfect stage of renunciation and intense meditation. Hence the reason Shankar is shown in meditative posture.

3. The third aspect is that of Vishnu, the Sustainer. When God Shiva re-establishes righteousness (*dharma*) of the Golden age through Brahma, Brahma then takes rebirth as the first prince of the Golden age known as Krishna. Krishna then gets married to the first princess of the Golden age named

Radhey and this ceremony (*Swayamvar*) leads to their coronation as the first Emperor and Empress of the Golden age. Their names then become Lakshmi and Narayan who then represent the family path of the deity civilisation. Their role is to **rule and give sustenance to humanity**.

The combined form of Lakshmi and Narayan is known as

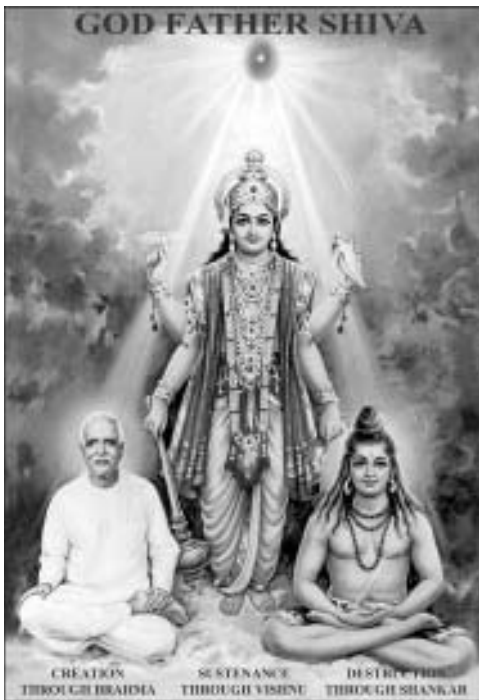
Vishnu, the sustainer of the world. Vishnu is shown adorned with the Eternal World Drama Wheel (*chakra*) on the index finger of the upper right hand. The Mace (*Gada*) is held with the lower right hand that depicts both self-sovereignty (*Swaraj*) as well as world sovereignty with peace, prosperity and happiness. The Conch Shell represents the dissemination of Godly knowledge and the Lotus Flower represents complete purity in thoughts, words and actions.

The female aspect of Vishnu is Maha Lakshmi shown standing in a one-hundred petal white lotus flower giving material wealth as well as blessings.

In essence, therefore, Brahma, Vishnu and Shankar are subtle deities who assist God Shiva to transform the old iron-aged world into the golden-aged world of heaven during the auspicious Confluence age (*Purushottam Sangamyuga*), the last 100 years of the Iron Age (*Kaliyuga*).

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GODLY SERVICE REPORT

MOUNT ABU (Gyan Sarovar)

A retreat 'Peace and Inner Power' was held in Gyan Sarovar from 18th-23rd November 2009. The retreat brought together 57 guests of varied backgrounds and ages from Bahrain, Canada, Dubai, Indonesia, Iran, Kuwait, Myanmar, Singapore, South Africa, Thailand and UK. More than half of the guests attended *Amritvela* (meditation). Attendance at all sessions was high and questions asked were indicative of their keen interest in the spiritual topics.

AHMEDABAD (LOTUS HOUSE)

Saint Sadhram, the respected and famous saint of Pakistan was in Ahmedabad on his two-day visit. Shri Sadhram along with his 300 disciples visited Brahma Kumaris centre on invitation. Many of the elite class people of the Airport Area in Ahmedabad joined him and visited B.K. Centre on 23rd November. He also invited B.K. Sis. Sarla to visit Pakistan. He was surprised to see such a sacred

institution being run by Brahma Kumari sisters selflessly. Many souls who came on the occasion felt that their ultimate destination was this place of God.

PARALAKHEMUNDI (Orissa)

The Jagannath Institute of Technology and Management (JITM) invited B.K. Sis. Sudesh, Germany, B.K. Sis. Martha, Berlin and B.K. Sis. Mala, Paralakhemundi, to speak on Stress Management. Bro. D.N. Rao, Director and Sis. Parvati, Principal, welcomed the sisters. Students of Engineering and MBA presented a song and Bro. Dr. G.C. Patro, Director of MBA, offered vote of thanks and Bro. Jagannath Rao, Trustee, presented mementos and certificates of appreciation. More than forty teaching staff of both Engineering and MBA along with 300 students got benefitted.

ABROAD

AUSTRALIA

At the World Parliament of the Religions held in Melbourne on December, 2009, BKs were

involved significantly in three events. In the afternoon, a session entitled "Come into the Presence of God!" was facilitated by Rev. Stephanie Dowrick. The event was presented by Bro. Robin Ramsay. Bro. Charlie opened the afternoon session, inviting souls for meditation.

Simultaneously, at another event entitled "Religious Leadership in a Global Perspective" B.K. Sis. Maureen said that the revolution, started by Brahma Baba by empowering women to be spiritual leaders and teachers, was with the foresight that the qualities of women were needed in the world at a leadership level.

On the morning of 7th December, there was session in the morning with Didi Nirmala and Sis. Gopi Elton on 'The Tree of Humanity and the One God of All Religions'. A joint reflective session was facilitated by Marcus Baybrooke, President of the Worlds Congress and Sis. Maureen. The workshop offered an opportunity to pause and ponder how interfaith involvement could enrich their personal lives and an opportunity to spend time in silence. Dadi Janki, who had arrived in the morning, addressed the group on how to experience and use the

power of silence. Dadi also had a personal meeting with Auntie Joy – an aboriginal elder who had a private ceremony with Dadi to welcome her along with Mr. D.R. Kaarthikeyan, former Director General of the National Human Rights Commission, India, Zabrina Santiago – PWR Deputy Executive Director and Partner Cities Director, Andrew Cohen, a spiritual teacher and Swami Chidananda Saraswati, the spiritual head of Paramarth Niketan, one of the largest spiritual institutions in India.

In the evening, Dadi went to meet Dada J.P. Vaswani. They had a very sweet meeting; Dadi and Dada Vaswani had known each other since childhood. Many of Dada's followers were also present during the sharing of spiritual gems between the two.

COPENHAGEN, DENMARK (Climate Change Conference)

The UN summit on climate change started on 7th December, with delegates from 192 countries. Some scientists described it as the most important conference the world had ever seen.

On 6th December, there were 17 members of the delegation in all from diverse countries. The B.K. delegation

consisted of: Sister Jayanti, Head of delegation, Sisters Julia, UN office in New York; Sonja, National Coordinator of the Danish Centers; Patricia, former government Climate Change negotiator, Peru; Brothers: Renaud, Quality Security Environment Manager, France, and Arnold from the Netherlands.

The BKs' message read the following:

▶ Clean energy solutions from matter will be created from the clean energy source of our minds.

▶ Solutions to climate change in the world are being sorted with questions of how we can organise the production and use energy in a way that is both equitable and sustainable. To adopt the solutions needed and bring into reality any shared vision, we will need to use the energy of pure thoughts and simple lifestyles.

▶ We are specialists in creating a harmonious and peaceful atmosphere. We should pay special attention to our thoughts and feelings so that stressful debates and negotiations can be resolved.

It is important to realise that we are the ones who, with God's directions and power, are creating the new world and we are creating the *sanskars*

needed for the new world now – in the Confluence Age – these *sanskars* of pure thoughts and simplicity are being created now at the Confluence Age.

Christiana Climate Bottom Meeting – Windows of Hope

This was a meeting that was parallel to the Climate summit, primarily taking place at Christiana – an alternative living area in Copenhagen, started in an abandoned army barracks in Copenhagen, in 1971 as self-proclaimed autonomous neighbourhood, the current government was not particularly sympathetic with the aims and achievements of Christiania, since soft drugs had been part of the experience.

Sister Jayanti was a speaker under the day's theme "World-view, Culture and Spirituality".

Victor Andes from Brazil spoke of "The Relation between Ecology and the South American Spirit" on the importance of a positive vision and to take inspiration from the values of community living of some of the South American traditional ways of life; such as sharing, helping one another, renewal and love.

All the presentations opened up the perfect "window of insight" for those present. **B.K. Sister Jayanti** told everyone

that our true identity was of spirit and not matter. That with this recognition we would have the power to make the changes necessary; with the power of our minds, our pure thoughts, we could transform matter. She then led everyone in a powerful meditation.

Evening Programme at the Centre – “The Spirit of Service”

Here, Sister Jayanti spoke on how to provide help to others, managing our time without using up our own energy — taking power from God and being an instrument. Rasa, the Ambassador of Lithuania to Denmark and part of our ‘Call of the Time’ network, spoke afterwards of how helpful and practical she found the talk. About 50 people attended the programme.

PHILIPPINES (Dr. Nirmala’s Visit)

On the evening of 26th November, the small proscenium theatre of RCBC Plaza was delicately lit. Some 350 guests had come for “Tolerance and Non-Violence”, a programme mounted by the Brahma Kumaris in celebration of the United Nation’s International Day for

Tolerance.

The selected crowd included new contacts from the UN White Helmets of the Philippines and UN Youth Association of the Philippines; Hubert d’Aboville, President and CEO of Paris Manila Technology Corporation (concurrently president of the European Chamber of Commerce); First Secretary Ahimsa Soekartono of the Indonesian Embassy; and representative from the Embassy of The Netherlands. Familiar faces included former Miss Universe Margie Moran-Floirendo.

Sister Becky Ortega presented the Brahma Kumaris’ work in the United Nations to bring peace awareness to various countries. She stressed on the urgency of cultivating tolerance and non-violence, especially in these times.

The two speakers for the evening were then introduced: Carmencita Abella, president of the Ramon Magsaysay Award Foundation, Asian equivalent of the Nobel Peace Prize; and Dr. Nirmala Kajaria, BK Regional Coordinator in Asia-Pacific.

Dr. Nirmala emphasised: “Intolerance creates violence.”

Violence is the fruit of “subtle vices of the soul,” she said, such as greed and ego. Speaking from her experience as a meditation practitioner for 40 years, Dr. Nirmala explained that meditation allows people to positively work on themselves and makes the impossible, possible.

‘Experiencing Inner Power and Protection’

Some 65 guests came to the Centre for Spiritual Learning for the programme, “Experiencing Inner Power and Protection” on 29th November in Tagaytay. Among them were the faculty and staff of the Union Theological Seminary, Catholic nuns of the Good Shepherd Convent, seminarians of Joseph Marello House, and professionals from a bank and a local restaurant. Didi Nirmala stressed that power should not come from the outside, but from our inner sense as who we really are – as spiritual beings, children of the Supreme.” She shared the experiences of some Rajyogis in various countries, who went through difficult situations but felt the protection of a divine power because of their accurate and constant link with God. ■

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