

TOWARDS EVER-LASTING PEACE & HAPPINESS

We are passing through difficult times and the pressure of stress on individuals seems to have become the order of life. There is hardly any person who can claim to be free from stress. Young students are affected by the stress of studies and examinations; players in the competitive world of sports are stressed for a major portion of their careers instead of being allowed to enjoy the beauty of their games. Stressful living is resulting in the breakdown of relationships and increase in separations and divorce rates. Professionals from all backgrounds are stressed having to remain abreast of the ever-changing latest technology in the demanding rat race. Medical scientists too find themselves victims of stress as they care for members of the ailing society. Global warming, unstable global monetary system and changing political set-ups are becoming the cause of widespread upheaval

and uncertainty at the market places and in managing nations.

These desperate situations continue to alert us to become aware of the scenario around us, and find ways and means to counteract this stress-menace through simple, affordable educational systems and public instruction. The Brahma Kumaris have been experimenting with applied Spirituality and Easy Rajyoga Meditation that empower individuals of any background, and of all age groups, to face challenges, manage stresses and eventually gain a firm hold over being stress-free.

The year 2008 has proved beyond doubt how God, the Supreme, has been awakening and guiding millions throughout the world on the path of enlightenment. Many new solutions have been adopted at Global Forums to arrest the downfall and decay of environ-

mental fronts. New treaties have been discussed and adopted for implementation within the coming decade at the United Nation Agencies and other International Conferences because the fear of global doom seems quite evident. This has compelled many Nobel Laureates and other researchers in the scientific field to look for the answer of global survival through the Second Big Bang Experiment. The scientists involved in that great experiment were exhilarated at the onset and there was every hope of getting the final answer within a short time. However, due to failure of some equipment they now have to wait for some more months to get their answer even though the speed of the proton travelling per second goes into thousands of kilometres per second. Nonetheless patience pays in the long run...

Science power helps human beings understand many phenomena of this universe from the physical point of view. But there is one dimension which remains unaddressed and unexplored to find the answer behind the

betterment of humanity. It is a very subtle but powerful and significant aspect of existence of living beings, especially humans. It is possible to know what kind of vibrations we spread consciously, sub-consciously or unconsciously or super-consciously, as this has been explored deeply and widely by Spiritualists and the Yogis (of the past and present eras).

The focus of the true yogi has always been to establish a very strong link or bond between the individual spirit (soul) and the Supreme Being. This practice over the centuries has enabled individual seekers and yogis to experiment with the inner journey and fathom the depths of peace within the self. Lately the need has been felt to create a very powerful vibration in the atmosphere to overcome the evil effects of the negative forces of corruption, violence and war. There is the desire to experiment with collective, unified efforts. This effort to create an atmosphere of tranquillity all over the globe needs direct guidance, inspiration and wisdom from the Supreme Source.

Transforming human consciousness is a huge task. There is no other species which affects the subtle vibrations of the environment as human beings do by retaining and improving or destroying the same according to the quality and direction of their consciousness. Deep contemplation would allow for a true understanding of the root cause behind present day problems and turmoil that continue to ravage the world. Who else can bestow that true understanding or reality other than the One who remains ever-above the influence of change on different levels? God, the Supreme. As has been rightly said, God's ways are unique...

Once human beings try and elevate their consciousness, there would be new perceptions, new understandings about the supreme truth including truth about the individual self or inner spirit, truth about God and truth about the unlimited creation. This further would reveal unto us God's power of wisdom that transforms

human consciousness from the present semi-negative state to that of complete positivity and purity. Once the individual being or soul realises this truth and elevates its consciousness, a new vision would get reflected throughout the world. Human beings would thereby realise the beauty of their existence and richness of human relations which offer the experience of inner peace, the pure and real happiness, and the power of love.

It is God's power of selfless love for human souls that acts as a catalyst to transform human consciousness completely and forever so that we return to our original, natural state of being. Harmony in relationships and within communities and cultures becomes the basis of ever-lasting peace and happiness in the world. This is possible only when we experience God's power.

We, people of Bharat, are very fortunate to continually relish the beauty and boons of God's powers with regular celebrations of different Indian festivals. This year, the month of October is most

auspicious for all of us as we celebrate victory of good over evil, Navratri and Dusshera, as well as the Festival of Lights, Deepawali. For centuries these festivals have helped keep alive our hopes for peace and happiness at all levels. This appears to be a lasting reality as we are experiencing God's power practically and collectively throughout the world.

“Experiencing God's Power” is the flagship project of Brahma Kumaris world-wide for the year 2008-09 that is drawing an unexpected tremendous response from the intelligentsia as well as common people.

The month of September in Shantivan Campus (Abu Road) has been a time to host the ***Scientists & Engineers Conference, Media Conference, Conference for Business persons and Industrialists***, while Gyan Sarovar (Mount Abu) has hosted Retreats for hundreds of ***Dentists and Surgeons***; Om Shanti Retreat Centre (near Delhi) has served hundreds of ***Cardiologists***; Images & Voices of Hope for Media professionals took

place in Peace Village (near New York); Revered Dadi Jankiji, Chief of Brahma Kumaris, completed a successful tour of ***London, Oxford, Muscat and Dubai*** where she met a broad spectrum of professionals and dignitaries, and served at many Brahma Kumaris public events for peace. These are but few of the many, many other phenomenal service events that have taken place around the globe, and the response has revealed how deep the human desire is to solve the prevailing, ever-increasing tormenting problems.

We share with you a few of the inspirational themes that the participants have contemplated and conversed on, particularly during the recent '**International Conference on Experiencing God's Power for Peace & Happiness' from 3rd-6th October 2008 at Shantivan:**

- ▶ 1) Better Governance through Spiritual Wisdom
- ▶ 2) Silence Power for facing present Challenges
- ▶ 3) Power of God, Science, Religion & Politics in

creating a New Era

▶ 4) God's Plan & Commitment for a Golden Age

It appears that these events have created new hope for transformation in the offing. Until it is realised that each individual human soul is responsible for creating *Kaliyug* or *Satyug*, collective efforts of individuals for bringing about change for the better can never take place. The ever-increasing suffering today has compelled and inspired all sections of society to explore new approaches towards dealing with daily problems by addressing the spiritual quotient as well. God's guidance and power helps us to see the problems with great clarity and farsight from the spiritual angle and apply spiritual solutions individually and collectively. Let us remain attuned to that invigorating power of God and re-establish a new environment of peace and happiness which would indeed be the true celebration of Dusshera and Diwali as we live in the stage of enlightened human beings with inner harmony and global harmony.

INAUGURATION OF MANMOHINIVAN COMPLEX

The power of determination and cooperation always brings definite results. The global cooperation of the Brahma Kumaris divine family with their regular contributions, the sincere and tireless efforts of the responsible team of architects, engineers, supervisors, contractors, and artisans duly inspired by Avyakt Bapdada's messages through Dadi Hirday Mohiniji, the powerful vibrations and inspirational words of Dadi Jankiji have all resulted in the realization of a dream.

Thursday, 9th October 2008, would be celebrated as another day of victory ('true Dusshera') by the BK divine family when we join together and celebrate the inauguration of Manmohinivan Complex. BK sisters and brothers from various countries are to join the Dadis and senior brothers and sisters on this auspicious occasion that begins at 10.30 a.m. The new complex will provide very comforting feelings to all the aspiring souls who would visit Madhuban during the season, and for other programmes from October 2008 onwards, and enable them to enrich themselves with Godly experiences.

We take this opportunity to express our gratitude to every BK divine brother and sister in Bharat and foreign lands, and other philanthropic well-wishers, who have shared the responsibility of this gigantic task by offering the treasure of pure and good wishes as well as contributions. It is indeed a great example of the *Govardhan*-like Mountain being lifted with the help of everyone's finger of cooperation. We are sure you must be feeling elated and spiritually uplifted as a reward from our most beloved Supreme Father & Mother.

– **B.K. Nirwair**

