Spread Spirituality for Peace & Happiness - Dadi Janki

Abu Road, Oct. 4: "While physical discrimination on the basis of caste, creed, community, race, religion and language results in hatred, conflicts, tension and division in society, spirituality unites people with bond of brotherhood, love, tolerance and cooperation. Therefore, cultivate and spread the practice of spiritual wisdom, values, meditation and lifestyle for sustainable peace, progress, health, harmony and happiness in self and society."

Rajyogini Dadi Janki, the Chief of Brahma Kumaris said this at the inauguration of a three-day International Conference on "Experiencing God's Power for Peace & Happiness" organized by the institution at its Shantivan Campus here today.

Addressing the august gathering of over 1500 delegates and dignitaries representing different professions, segments and sections of society from India and abroad, she called for cultivation and strengthening of core qualities like simplicity, humility, contentment, care, compassion, truth, transparency and trusteeship in the self in spiritual communion and meditation with the Supreme Being to ensure and restore righteousness, virtuosity and better living in society.

Mr. Jagat Prakash Nadda, Minister for Science & Technology, Parliamentary Affairs, Forests & Environment, Govt. of Himachal Pradesh, speaking on the occasion as Chief Guest said that peace, tranquility and happiness which were pre-requisites for self and social development, could be obtained and sustained by enhancing inner powers through the practice of spiritual knowledge and rajyoga meditation so as to overcome tension and challenges and to bring positive and progressive changes.

He said that in order to re-establish India as world's highest centre and guru of spiritual powers and wisdom, we needed to develop the same in ourselves first by inculcating purity and positivity of mind, intention and conduct in every spheres and at all levels. "It is mental purity which can ensure environmental purity and sanity" he stressed.

Blessing the session with her words of wisdom, Rajyogini Dadi Hridaya Mohini, Addl. Chief of Brahma Kumaris exhorted all to lead a lotus-like pure, loveful, balanced and blissful life of detachment and devotion with equal dedication by increasing the powers of spiritual understanding, experience and realization through rajyoga meditation.

Justice S. N. Shukla, Judge, Allahabad High Court's Lucknow Bench, in his greetings on the occasion said that since stress & peacelessness were the root cause of major crimes in society, increasing the level of peace, poise and happiness in people through practice and promotion of spiritual and rajyoga education among masses was imperative to contain inner vices and to spread discipline, harmony and righteous conduct in society.

Rajyogini B. K. Mohini, Chairperson, Rural Development Wing of Brahma Kumaris while conducting mass meditation for the congregation, stressed on spiritual penance, values, and meditation, not material accumulation, as foundation for lasting peace and happiness in life.

Prominent among others who addressed the inaugural session were Rajyogi B. K. Nirwair, Secretary General of Brahma Kumaris; Mr. Neville Hodgkinson, Writer and Journalist from UK; B. K. Mruthyunjaya, Executive Secretary of the Conference etc.